



SwimFest 2018
Presented by
The Lake Forest Swim Club
June 9-10, 2018

SANCTIONED BY: Wisconsin Swimming, Inc.

SANCTION #: WI2018—214S

All USA Swimming and WSI rules apply including safety rules that will be strictly enforced. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. *The Wisconsin Meet Reservation System will be used to secure entry into the meet.*

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue anytime athletes, coaches, officials and/or spectators are present.

DATES	June 9-10, 2018		
LOCATION	Rec Plex Aqua Arena, 9900 Terwall Terr., Pleasant Prairie, WI 53158		
	Entrance to the building for all Spectators, Coaches, Athletes, Officials, and Meet Personnel is located on the south side of the building - west entrance.		
HOST CLUB	Lake Forest Swim Club 555 N. Sheridan Rd Lake Forest, IL 60045		847.735.5372 LFSC@sswimlfc.org www.swimlfc.org
MEET DIRECTOR	Laurel Liberty	<div style="border: 1px solid black; padding: 5px;">NOTE: send all correspondence to the address above. DO NOT address to Laurel! The Lake Forest College mailroom will not recognize our Meet Director's name.</div>	847.735.5372
ENTRIES	Laurel Liberty	lfscentries@swimlfc.org	847.735.5372
ELIGIBILITY	All entered swimmers must be current (2017) athlete members of USA Swimming. All coaches and officials must be non-athlete members under current USA Swimming rules and policies.		
MEET REFEREE	Bob Edwards		bedwardsii@comcast.net
ADMINISTRATIVE OFFICIAL	Laurel Liberty		coachlaurel@swimlfc.org
FACILITY	The competition pool is an 8, 9, or 10-lane 50 meter course ranging from 7' 0" to 7' 1" in depth. Lanes are 7' 4" wide with 6-inch Kiefer Wave Eater Lane Lines and Kiefer Elite Starting Platforms. Colorado timing system and display. The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming. Changing into or out of swimsuits in areas other than the locker rooms is prohibited.		
MEET SCHEDULE	Morning session Afternoon session	Warm-ups: 8:00am Warm-ups: TBD	Meet: 9:00am Meet: TBD
	Warm-up for the afternoon session will begin immediately following the conclusion of the morning session. Events will begin 60 minutes after the start of the warm-up period. Please visit the LFSC website (www.swimlfc.org) after June 4, 2018, for the afternoon warm-up schedule and to check seeding for heat limited events.		

Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with the recent change to Policy 4.5.2(a).



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- ENTRY FEES** \$5.00 per individual event, \$12.00 per relay entry. Deck entries will be accepted if open lanes are available, entry fee is \$10.00. A Wisconsin Swimming surcharge of \$3.00 and a RecPlex facility surcharge of \$4.00 per swimmer entered in individual events must be included with entry. **Make checks payable to "Lake Forest Swim Club"**.
- ENTRY DEADLINE** All entries must be received at the swim club office by Tuesday, May 30, 2017, 5:00pm. Please submit all entries *via* email to LFSCEntries@swimlfc.org. Send forms, waiver and fees to Lake Forest Swim Club, 555 N. Sheridan Rd., Lake Forest, IL 60045
- EVENTS, ENTRY LIMITATIONS and SEEDING** An event schedule for this meet is included with this meet announcement. Swimmers may enter and swim six (6) individual events plus relays each day. Please submit LCM entry times.
- All events will be conducted as pre-seeded timed final events swum slowest to fastest seeded heats. Swimmers competing in heat limited events are required to check-in and positively declare their intent to swim for each event. Swimmers who do not check-in will be scratched from that event. **Special seeding procedures will be used for disability athletes (see USA Rule 202.2.13).**
- The following events *MAY* be limited to three heats based on submitted entry times:
- 8 & under 100m events
 - Sr 400 free, 800 free and all 200m events
 - 12 & under 200 IM and 400 Free
- Heat limitations will *only* be imposed if necessary to manage the timeline. It is our intent to swim as many heats as possible. All swimmers entered in heat-limited events **must** provide a seed time. To check seeding for heat-limited events visit www.swimlfc.org after June 4, 2017
- AWARDS** Awards will be given for 1st – 10th place in individual events for 8 & under, 9/10, 11/12 and 12 & under age categories.
- DECK ACCESS and CREDENTIALS** Only contestants, coaches, volunteer meet support, timers and working meet officials will be granted access to the competitive area. Current USA Swimming membership card must be continuously displayed while on deck.
- SWIMMER SUPERVISION** Each team or coach is responsible for the supervision of his or her swimmers. The meet and/or facility host reserves the right to remove from the meet any swimmer entering an unauthorized area. In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in the locker rooms is prohibited.
- SPECTATOR ADMISSION and HEAT SHEETS:** Spectator seating will open 60 minutes prior to the scheduled start of each session.
- | | |
|-------------|----------------|
| Adults | \$7.00/day |
| 10 & under | no charge |
| Heat Sheets | \$3.00/session |
- COACHES MEETING** Coaches meetings will be held if determined necessary by the Meet Referee.
- MEET RESULTS** Meet results will be posted online at www.swimlfc.org
- PARKING:** Parking is available at the RecPlex facility.



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Saturday, June 9

WOMEN'S EVENT		MEN'S EVENT	
1	50 Free	2	100 Free
3	100 Breast	4	50 Breast
5	100 Fly	6	200 Breast
7	50 Back	8	50 Fly
9	200 Back	10	200 Fly
11	200 IM***	12	100 Back
13	800 Free***	14	400 Free***

Sunday, June 10

WOMEN'S EVENT		MEN'S EVENT	
45	100 Free	46	50 Free
47	50 Breast	48	100 Breast
49	200 Breast	50	100 Fly
51	50 Fly	52	50 Back
53	200 Fly	54	200 Back
55	100 Back	56	200 IM***
57	400 Free***	58	800 Free***

Saturday, June 9

WOMEN'S EVENT		MEN'S EVENT	
15	9/10 50 Free	16	9/10 50 Free
17	Mixed 8 & under 50 Free		
19	11/12 100 Free	20	11/12 100 Free
21	Mixed 8 & under 100 Back		
23	9/10 50 Breast	24	9/10 50 Breast
25	Mixed 8 & under 50 Breast		
27	11/12 100 Breast	28	11/12 100 Breast
29	9/10 50 Fly	30	9/10 50 Fly
31	Mixed 8 & under 50 Fly		
33	11/12 50 Fly	34	11/12 50 Fly
35	Mixed 8 & under 100 Free		
37	9/10 100 Back	38	9/10 100 Back
39	Mixed 8 & under 50 Back		
41	11/12 100 Back	42	11/12 100 Back
43	12 & under 200 IM***	44	12 & under 400 Free***

Sunday, June 10

WOMEN'S EVENT		MEN'S EVENT	
59	9/10 100 Free	60	9/10 100 Free
61	Mixed 8 & under 100 Free		
63	11/12 50 Free	64	11/12 50 Free
65	Mixed 8 & under 100 Fly		
67	9/10 100 Breast	66	9/10 100 Breast
69	Mixed 8 & under 50 Breast		
71	11/12 50 Breast	72	11/12 50 Breast
73	9/10 100 Fly	74	9/10 100 Fly
75	Mixed 8 & under 50 Fly		
77	11/12 100 Fly	78	11/12 100 Fly
79	Mixed 8 & under 100 Breast		
81	9/10 50 Back	82	9/10 50 Back
83	Mixed 8 & under 50 Back		
85	11/12 50 Back	86	11/12 50 Back
87	12 & under 400 Free***	88	12 & under 200 IM***



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SUMMARY OF ENTRIES

INDIVIDUAL EVENTS _____ Women _____ events X \$5.00 = \$ _____

_____ Men _____ events X \$5.00 = \$ _____

TOTAL INDIVIDUAL EVENTS \$ _____

RELAY EVENTS _____ Women _____ events X \$12.00 = \$ _____

_____ Men _____ events X \$12.00 = \$ _____

TOTAL RELAY EVENTS \$ _____

SWIMMER _____ Women x \$7.00 = \$ _____

SURCHARGE _____ Men x \$7.00 = \$ _____

TOTAL MEET FEES \$ _____

All entries must be received at the swim club office by Tuesday, May 29, 2018, 5:00pm. Please submit all entries via E-mail to LFSCentries@swimlfc.org. Send forms, waiver and fees to Lake Forest Swim Club, 555 N. Sheridan Rd., Lake Forest, IL 60045

Club _____ Code _____

Coaches attending _____

Mailing address _____

Contact for entries _____

Phone Day () _____

Eve () _____

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In consideration of the acceptance of this entry, I, intending to be legally bound, do hereby consign, waive, and release any and all rights and claims which may accrue against USA Swimming, Wisconsin Swimming, the Lake Forest Swim Club, the RecPlex Aqua Arena, their representatives, employees, directors, officers, successors, for any and all injuries suffered by me or any contestant or representative of my club. I attest that all athletes listed on this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

SIGNATURE (Club Representative) _____ DATE _____