

Loucks Top 10 All-Time List - Women

<i>Perf.</i>	<i>Name</i>	<i>School</i>	<i>Location</i>	<i>Place</i>	<i>Year</i>
100 METERS					
11.83	Brenessa Thompson	Medgar Evers	Brooklyn, NY	1	2015
11.85	Stacey Minott	New Rochelle	New York	1	1994
11.90	Desiree Moorer	A. Philip Randolph	New York, NY	S	2001
11.90	Natasha Hastings	A. Philip Randolph	New York	1	2004
11.92	Moorer			1	2001
11.93	Hastings			H	2004
11.93	Trisha Hawthorne	Alexander Hamilton	Elmsford, NY	S	2007
11.97	Thompson			1	2014
12.00	Diane Adkins	Malverne	New York	1	1987
12.01	Lynne Layne	New Rochelle	New York	1	2005
200 METERS					
23.60	Shana Cox	Holy Trinity	Hicksville, NY	1	2003
23.69	Juanita Broaddus	William Penn	Philadelphia, PA	1	2001
23.73	Natasha Hastings	A. Philp Randolph	New York, NY	2	2001
23.82	Tiandra Ponteen	Washington Irving	New York, NY	3	2001
23.82	Broaddus			2	2003
23.86	Michelle Munday	H.D. Woodson	Washington, D.C.	1	1994
23.94	Broaddus			S	2001
23.98	Kadecia Baird	Medgar Evers	Brooklyn, NY	P	2012
24.12	Symone Darius	New Rochelle	New York	P	2014
24.13	Baird			1	2012
400 METERS					
52.62	Kadecia Baird	Medgar Evers	Brooklyn, NY	1	2012
52.67	Precious Holmes	Hillhouse	New Haven, CT	2	2012
52.82	Zola Golden	Arlington	Lagrangeville, NY	1	2014
53.48	Sammy Watson	Rush-Henrietta	Henrietta, NY	1	2016
53.59	Watson			1	2015
53.66	Olivia Baker	Columbia	Maplewood, NJ	1	2013
53.69	Baird			2	2013
53.83	Heather Hanchak	Ellis School	Pittsburgh, PA	1	1996
53.92	Nadonna Rodriques	Boys and Girls	Brooklyn, NY	1	2007
54.09	Rodriques			1	2008
800 METERS					
2:03.34	Mary Cain	Bronxville	New York	1	2012
2:06.44	Alexis Panisse	Benjamin Cardozo	Queens, NY	2	2012
2:06.61	Sammy Watson	Rush-Henrietta	Henrietta	1	2016
2:06.97	Sabrina Southerland	Benjamin Cardozo	Queens, NY	1	2013
2:07.81	Stacey Ann Livingston	Boys & Girls	Brooklyn, NY	1	2001
2:08.21	Claudia Francis	Benjamin Cardozo	Queens, NY	1	2011
2:08.42	Olivia Baker	Columbia	Maplewood, NJ	1	2014
2:08.73	Watson			1	2015
2:08.77	Sage Hurta	Hamilton	New York	2	2016
2:08.87	Danae Rivers	Wilbur Cross	New Haven, CT	3	2016
ONE MILE					
4:47.23	Sabrina Southerland	Benjamin Cardozo	Queens, NY	1	2013
4:48.95	Josette Norris	Tenaflly	New Jersey	2	2013
4:49.43	Katelyn Tuohy	North Rockland	Thiells, NY	1	2017
4:49.47	Annie Heffernan	St Ursula	Cincinnati, OH	1	2015
4:49.62	Danae Rivers	Wilbur Cross	New Haven, CT	1	2014
4:51.14	Kennedy Weisner	Elk County Catholic	St. Mary's, PA	2	2014
4:51.44	Maegan Doody	Oyster River	Durham, NH	1	2016
4:51.54	Bethanie Brown	Waterville	Maine	3	2013
4:51.78	Rivers			2	2015
4:52.08	Maddy Berkson	Classical	Providence, RI	3	2014

One Mile/1600 Meters Combined

4:42.06c	Aisling Cuffe	Cornwall	New York	1	2011
4:45.56c	Alexis Panisse	Benjamin Cardozo	Queens, NY	1	2012
4:47.23	Sabrina Southerland	Benjamin Cardozo	Queens, NY	1	2013
4:48.21c	Anima Banks	Mamaroneck	New York	2	2012
4:48.26c	Kelsey Margey	Friends Academy	Locust Valley, NY	3	2012
4:48.95	Josette Norris	Tenafly	New Jersey	2	2013
4:49.43	Katelyn Tuohy	North Rockland	Thiells, NY	1	2017
4:49.47	Annie Heffernan	St Ursula	Cincinnati, OH	1	2015
4:49.62	Danae Rivers	Wilbur Cross	New Haven, CT	1	2014
4:49.75c	Shelby Greany	Suffern	New York	1	2009
4:50.84c	Eileen Ellig	Rutland	Vermont	1	1984

Section 1 One Mile

5:07.19	Jade Sessions	Carmel	New York	1	2017
5:14.29	Caroline Pennacchio	Briarcliff	New York	1	2013
5:14.60	Angela Castronuovo	Carmel	New York	2	2017
5:17.41	Kassidy Ayres	Tappan Zee	Orangeburg, NY	2	2013
5:18.82	Charlotte Stevens	Mamaroneck	New York	3	2013
5:19.46	Helen Clapp	Scarsdale	New York	1	2014
5:19.95	Lauren Fernandez	Nanuet	New York	2	2014
5:20.12	Maggie McDermott	Rye	New York	3	2014
5:20.45	Marykate O'Meara	Nanuet	New York	4	2013
5:20.48	Emily Lederman	Yorktown	New York	5	2013

3200 METERS

9:56.16	Aisling Cuffe	Cornwall	New York	1	2011
9:59.62	Kelsey Chmiel	Saratoga Springs	New York	1	2017
10:05.71	Jacqueline Gaughan	Exeter	New Hampshire	2	2017
10:08.19	Cuffe			1	2010
10:12.57	Caroline Alcorta	West Springfield	Springfield, VA	1	2014
10:14.63	Molly Huddle	Notre Dame	Elmira, NY	1	2002
10:16.19	Samantha Nadel	North Shore	Glen Head, NY	1	2012
10:19.39	Chmiel			1	2016
10:20.70	Hannah Debalsi	Staples	Westport, CT	1	2013
10:21.32	Emily Lipari	Roslyn	New York	1	2009

100 METER HURDLES

13.83	Alyssa Sandy	Paul Robeson	Brooklyn, NY	1	2016
13.85	Joyce Bates	Simon Gratz	Philadelphia, PA	1	1996
13.94	Sandy			P	2016
13.96	Shenae Dawkins	New Rochelle	New York	1	2002
14.02	Janice Jackson	Middle College	Long Island City	1	2009
14.02	Ashley Wiggins	New Rochelle	New York	1	2014
14.14	Brandit Copper	William Penn	Philadelphia, PA	1	1994
14.17	Wiggins			1	2013

400 INTERMEDIATE HURDLES

59.84	Dalillah Muhammad	Benjamin Cardozo	Queens, NY	1	2008
60.26	Emma Gallagher	Benjamin Cardozo	Queens, NY	1	2015
60.49	Tasha Whitted	F. W. Ballou	Washington, D.C.	1	1988
60.65	Dotrine Jacobs	Newburgh	New York	1	2010
60.73	Alyssa Sandy	Paul Robeson	Brooklyn, NY	1	2016
60.75	Camille Hendrix	William Penn	Philadelphia, PA	2	1988
60.75	Gallagher	Garden City	Garden City, NY	1	2014
60.98	Christina Smith	William Penn	Philadelphia, PA	1	2002
61.20	Jamillah Wade	Simon Gratz	Philadelphia, PA	1	1996
61.20	Oreoluwa Akinpelu	Liverpool	New York	2	2014
61.35	Shenae Dawkins	New Rochelle	New York	1	2000

2000 Steeplechase

6:52.22	Alex Harris	North Rockland	Thiells, NY	1	2016
6:52.56	Laura Leff	West Genesee	Camillus, NY	1	2013
6:52.74	Leff			1	2011
6:54.36	Kara McKenna	Suffern	New York	1	2004
6:56.96	Mary Kate Anselmini	Ward Melville	East Setauket	1	2009
6:57.16	Samantha Jorgensen	Pawling	New York	2	2011
6:57.56	Shelby Greany	Suffern	New York	1	2006
6:59.80	Erin Demchko	Pearl River	New York	1	2003
7:00.23	Jamie Sweeney	Saratoga Springs	New York	1	2002

400 METER RELAY

<i>Perf.</i>	<i>School</i>	<i>Location</i>	<i>Place</i>	<i>Year</i>
46.57	Medgar Evers	Brooklyn, NY	1	2012
46.65	Mount Vernon	New York	2	2012
46.81	Medgar Evers		1	2015
46.85	New Rochelle	New York	1	2014
46.92	William Penn	Philadelphia, PA	1	2003
46.95	North Rockland	Thiells, NY	1	2016
47.04	William Penn		1	2002
47.06	Medgar Evers		2	2014
47.237	Paul Robeson	Brooklyn, NY	2	2016
47.240	Windsor	Connecticut	3	2016

1600 METER RELAY

3:40.55	A. Philip Randolph	New York, NY	1	2001
3:42.73	Boys & Girls	Brooklyn, NY	2	2001
3:44.88	William Penn	Philadelphia, PA	3	2001
3:45.13	Medgar Evers	Brooklyn, NY	1	2010
3:45.88	Columbia	Maplewood, NJ	2	2010
3:46.28	Benjamin Cardozo	Queens, NY	1	2009
3:46.69	Columbia		1	2013
3:46.70	Mount Vernon	New York	2	2009
3:47.07	Samuel Tilden	Brooklyn, NY	1	1988
3:47.54	Boys & Girls		1	2007

3200 METER RELAY

8:57.90	Bronxville	New York	1	2003
9:02.13	Suffern	New York	1	2006
9:08.85	West Springfield	Springfield, VA	1	2014
9:09.44	Bronxville		1	2009
9:09.83	Bronxville		1	2002
9:11.85	Northport	New York	1	2013
9:12.28	Suffern		2	2009
9:12.62	Columbia	Maplewood, NJ	3	2009
9:13.11	Boys & Girls	Brooklyn, NY	1	2001
9:13.20	Bay Shore	New York	1	2012
9:13.26	Garden City	New York	1	2011

East Coast Distance Medley Relay

11:39.49	North Rockland	Thiells, NY	1	2016
11:41.57	Saratoga Springs	New York	1	2017
11:42.49	Bay Shore	New York	1	2004
11:45.04	Suffern	New York	1	2015
11:46.56	Mamaroneck	New York	1	2013
11:46.72	North Rockland		2	2015
11:46.96	Suffern		2	2013
11:48.21	North Rockland		2	2017
11:49.18	Holy Names	Albany, NY	3	2013
11:49.46	Suffern		1	2009

Non-Scoring Relays

Nick Panaro 1600 Meter Relay

3:55.72	North Babylon	North Babylon, NY	1	2013
3:57.43	Ward Melville	East Setauket, NY	1	2005
3:58.98	Half Hollow Hills East	Dix Hills, NY	1	2004
3:58.35	North Babylon		1	2014
3:58.60	Mount Vernon	New York	1	2011
3:59.94	Columbia	Maplewood, NJ	2	2003
3:59.68	Newburgh	New York	1	2015
3:59.21	Mount Vernon		1	2003
3:59.55	Newburgh		1	2009
4:00.54	Suffern	New York	1	2012

Section 1 1600 Meter Relay

3:58.60	Mount Vernon	New York	1	2011
3:59.21	Mount Vernon		1	1995
4:00.54	Mount Vernon		1	2003
4:00.99	Suffern	New York	1	2012
4:01.56	John Jay East Fishkill	Hopewell Junction, NY	1	2010
4:02.11	Mount Vernon		1	2007
4:02.22	Irvington	New York	2	2014
4:03.17	White Plains	New York	2	2011
4:03.29	Suffern		1	2010

Nick Panaro 3200 Meter Relay

9:21.25	Ward Melville	East Setauket, NY	1	2009
9:22.08	CBA	Syracuse, NY	2	2009
9:33.46	Nanuet	New York	1	2012
9:35.19	North Shore	Glen Head, NY	1	2007
9:36.88	Greenwich	Connecticut	2	2012
9:38.56	Bronxville	New York	1	1988
9:39.08	Shoreham Wading River	Shoreham	2	2007
9:41.38	Suffern	New York	1	2010
9:41.47	Huntington	New York	1	2005
9:41.86	Brewster	New York	1	2016

Section 1 3200 Meter Relay

9:33.46	Nanuet	New York	1	2012
9:38.56	Bronxville	New York	1	1988
9:41.38	Suffern	New York	1	2010
9:41.86	Brewster		1	2016
9:42.49	Mount Vernon	New York	2	2010
9:43.06	Nanuet "B"		3	2010
9:44.05	Ursuline	New Rochelle, NY	1	2013
9:44.60	Carmel	New York	4	2010
9:45.25	Bronxville		2	1988
9:45.62	Nanuet		1	2011

Open Distance Medley Relay

12:13.90	Ridgefield	Connecticut	1	2015
12:16.07	Ursuline	New Rochelle, NY	1	2013
12:17.82	Bay Shore	New York	1	2016
12:22.64	Hackley	Tarrytown, NY	2	2016
12:23.14	Mepham	Bellmore, NY	1	2008
12:23.43	Ridgefield		1	2014
12:24.60	Westerly	Rhode Island	1	2017
12:24.94	Hunterdon Central	Flemington, NJ	2	2008
12:25.66	Pearl River	New York	3	2016
12:27.93	Nanuet	New York	2	2013

Frosh/Soph Distance Medley

12:23.24	Bronxville	New York	1	2009
12:28.19	Washingtonville	New York	2	2009
12:31.13	Burnt Hills-Ballston Lake	Ballston Lake	1	2010
12:33.25	Niskayuna	New York	1	2016
12:34.67	Bronxville		1	2006
12:35.65	Monroe Woodbury	Central valley, NY	2	2010
12:38.82	Ridgefield	Connecticut	1	2017
12:39.80	Bronxville		1	2013
12:40.72	Nanuet		3	2010
12:40.19	Monroe Woodbury		1	2014

Frosh/ Soph 1600 Meter Relay

3:59.74	New Rochelle	New York	1	2014
4:01.33	New Rochelle		1	2011
4:03.67	Paul Robeson	Brooklyn, NY	1	2013
4:06.57	Paul Robeson		1	2017
4:07.44	New Rochelle		2	2017
4:07.66	Shoreham Wading River	Shoreham, NY	2	2014
4:07.70	Elmont	Elmont, NY	2	2013
4:07.85	Elmont		3	2014
4:07.94	Elmont		1	2016
4:08.34	New Rochelle		3	2013

Perf.**LONG JUMP**

	Name	School	Location	Place	Year
20' 2.25"	Jennifer Clayton	Suffern	New York	1	2009
20' 2"	Tomi Rucker	Coolidge	Washington, D.C.	1	1981
20' 0"	Brianna Duncan	Rindge & Latin	Cambridge, MA	1	2016
19' 11"	Leah Moran	Holy Names	Albany, NY	1	2015
19' 8.25"	Joann Gray	Deer Park	New York	1	1986
19' 8"	Keyon Soley	Uniondale	New York	1	1998
19' 6.5"	Lynette Wigington	Mattituck	New York	1	1997
19' 6"	Rucker			1	1982
19' 4"	Lynda Tolbert	F. W. Ballou	Washington, D.C.	1	1984
19' 3.5"	Kaylyn Gordon	Ramapo	Spring Valley, NY	1	2014
19' 3.25"	Kiara Stallworth	New Rochelle	New York	1	2017

TRIPLE JUMP

41' 0.5"	Michelle Hickman	A. Phillip Randolph	New York, NY	1	1996
40' 9"	Marie-Josée Ebwea-Bile	Benjamin Cardozo	Queens, NY	1	2015
40' 5.0"	Kaylyn Gordon	Ramapo	Spring Valley, NY	1	2014
40' 2.25"	Jodi Schlesinger	Clarkstown South	West Nyack, NY	1	1999
40' 0.5"	Tsian Haywood	DeWitt Clinton	Bronx, NY	1	2011
40' 0.5"	Leah Moran	Holy Names	Albany, NY	2	2015
39' 11.50"	Sharline White	Clarkstown South		1	1992
39' 11.50"	Schlesinger			2	1996
39' 11.25"	Nicole Dixon	St. Francis	Queens, NY	1	1991
39' 11.0"	Zakiah Modeste	Mount Vernon	New York	1	1995

HIGH JUMP

5' 9"	Dakota Dailey-Harris	LaSalle	Providence, RI	1	2012
5' 8.5"	Janelle Clayton	Suffern	New York	1	2007
5' 8.25"	Danielle LeGendre	Port Jefferson	New York	1	1986
5' 8.25"	Dawn Case	Smithtown West	Smithtown, NY	1	1987
5' 8"	Karen Hill	Wantagh	Wantagh, NY	1	1980
5' 8"	Nancy Fay	Byram Hills	Armonk, NY	1	1981
5' 8"	Lauren Biscardi	Shoreham-Wading River	Shoreham, NY	1	2004
5' 8"	Carin Knight	New Rochelle	New York	1	2005
5' 7"	Lisa Taylor	Hendrick Hudson	Montrose, NY	2	1981
5' 7"	Lynn Norwood	Scarsdale	New York	1	1985

SHOT PUT

48' 0.5"	Vanessa Stewart	North Babylon	North Babylon, NY	1	2010
46' 9.25"	Cheryl Klein	Bellport	Brookhaven, NY	1	1984
46' 0.75"	Briyah Brown	New Rochelle	New York	1	2013
44' 1.75"	Stewart			1	2008
44' 1.75"	Brown			1	2012
43' 10.5"	Stewart			1	2009
43' 9.5"	Connie Sweet	Horseheads	Horseheads, NY	1	1983
43' 7.75"	Kadine Johnson	New Rochelle		1	2007
43' 7.5"	Klein			2	1983
43' 7.25"	Kim Kessell	Longwood	Brookhaven, NY	1	1988

DISCUS

143' 8"	Kristina Insingo	Holy Trinity	Hicksville, NY	1	2015
143' 7"	Vanessa Stewart	North Babylon	North Babylon, NY	1	2010
142' 0"	Gianna LoMonaco	Half Hollow Hills East	Dix Hills, NY	1	1994
138' 5"	Cherrice Brown	Bay Shore	New York	1	2009
134' 11'	Cheryl Klein	Bellport	Brookhaven, NY	1	1984
134' 3"	Amber Jones	Shenendehowa	Clifton Park, NY	1	1996
132' 7"	Jordan Collins	Bayport-Blue Point	Bayport, NY	1	2012
132' 3"	Brienne Karow	Ellenville	New York	1	2003
132' 0"	Ashley Clason	Shoreham-Wading River	Shoreham, NY	2	2009
131' 1"	Karow			1	2002

JAVELIN

145' 1"	Leigh Petranoff	Cranston West	Cranston, RI	1	2007
144' 1"	Ellie Gravitte	Ridgefield	Connecticut	1	2012
140' 8"	Krista Vincent	Somersworth		1	2011
139' 8"	Danika Ham	Somersworth	New Hampshire	2	2007
138' 5"	Ham			1	2008
136' 7"	Krista Vincent	Somersworth		1	2009
135' 7"	Gravitte			1	2013
134' 10"	Katie Cataldo	Bishop Freehan	Atleboro, MA	2	2011
134' 2"	Ham			1	2006
130' 6"	Megan Faeth	Somers	New York	2	2008

1600 METER WALK

7:24.21	Kate Cannon	Somers	New York	1	2005
7:26.39	Crosby Tillman	Somers		1	2010
7:27.71	Danielle Opatousky	Shoreham Wading River	Shoreham, NY	1	2011
7:29.19	Annica Penn	Westhampton	New York	1	2013
7:30.10	Amelia Cuomo	Brewster	New York	1	2017
7:30.1	Jamie Yedowitz	Rye	New York	1	1999
7:31.10	Emilija Vaskyte	Valley Stream North	Franklin Square, NY	1	2009
7:31.85	Brittany O'Brian	Bay Shore	New York	1	2006
7:35.29	Ji Won Kang	Townsend Harris	Flushing, NY	2	2013
7:36.97	Penn			1	2012
7:37.13	Destiny Lalane	Bay Shore		2	2009

POLE VAULT

12' 6"	Stephanie Duffy	Washingtonville	New York	1	2007
12' 0"	Amy Linnen	Mt Sinai	New York	1	2000
12' 0"	Molly Lederman	The New Jewish School	Waltham, MA	1	2001
12' 0"	Samantha Shepard	Weston	Massachusetts	2	2001
12' 0"	Bethany Dumas	Cony	Augusta, ME	2	2007
12' 0"	Lindsey Patterson	Timberlane	Plaistow, NH	1	2008
12' 0"	Sydney Leroy	Port Jervis	New York	1	2009
12' 0"	Patterson			2	2009
12' 0"	Megan Clark	James I. O'Neill	Highland Falls, NY	1	2011
12' 0"	Emily Savage	Weston	Connecticut	1	2013
12' 0"	Maddie Schneider	Darien	Connecticut	1	2014

PENTATHLON

3318	Shayla Broughton	Medgar Evers	Brooklyn, NY	1	2015
3316	Betsey Garmick	Bishop Guertin	Nashua, NH	1	2012
3265	Angelica Reed	A.P. Randolph	New York, NY	1	2004
3216	Tiyi Boone	Newburgh	New York	1	2011
3205	Olivia Morgan	New Rochelle	New York	1	2017
3193	Frances Lodge	The Spence School	New York, NY	2	2015
3164	Emily Astarita	Ward Melville	East Setauket, NY	1	2013
3160	Shayla Broughton	Medgar Evers		2	2013
3154	Annie O'Shea	Comsewogue	Pt Jefferson Stat.	2	2004
3113	Brittany Brown	Pelham	New York	1	2009
3108	Sally Gale	Nyack	New York	2	2011

100 Hurdles

14.36	Betsey Garmick	Bishop Guertin	928	2012	(Top point total of any event)
14.77	Shayla Broughton	Medgar Evers	767	2013	
15.06	Jasmine Thompson	Cicero North Syracuse	834	2010	
15.12	Olivia Morgan	New Rochelle	826	2017	
15.12	Zaria Fuller	Uniondale	826	2017	
15.17	Angelica Reed	A. Philip Randolph	819	2004	
15.26	Treasure Glymph	Harry S Truman	808	2012	
15.52	Brianna Sims	Hillhouse	774	2012	
15.53	Katie Osborne	Cicero North Syracuse	773	2010	
15.58	Shayla Broughton	Medgar Evers	767	2013	
15.66	Brittany Brown	Pelham	756	2009	
15.66	Kristen Kalinowski	Clarkstown South	756	2004	

High Jump

1.72m	Shayla Broughton	Medgar Evers	5' 7.75"	879	2013
1.68m	Broughton		5' 6.00"	830	2015
1.63m	Courtney Hall	Cicero North Syracuse	5' 4.25"	771	2003
1.63m	Morgan Wheeler	Averill Park	5' 4.25"	771	2008
1.63m	Jasmine Thompson	Cicero North Syracuse	5' 4.25"	771	2010
1.63m	Sally Gale	Nyack	5' 4.25"	771	2011
1.60m	Brittany Brown	Pelham	5' 3.00"	736	2008
1.60m	Tiyi Boone	Newburgh	5' 3.00"	736	2008
1.60m	Jackie Cruden	Walt Whitman	5' 3.00"	736	2012
1.60m	Isabella Borini	Schalmont	5' 3.00"	736	2013
1.59m	Annie O' Shea	Comsewogue	5' 2.50"	724	2004
1.59m	Danielle Hoddinott	Northport	5' 2.50"	724	2005
1.59m	Brown		5' 2.50"	724	2009

Long Jump

5.57m	Shayla Broughton	Medgar Evers	18' 03.25"	720	2015
5.44m	Betsey Garnick	Bishop Guertin	17' 10.25"	683	2012
5.39m	Olivia Morgan	New Rochelle	17' 8.25"	668	2016
5.39m	Morgan	New Rochelle	17' 8.25"	668	2017
5.37m	Hailey Thorton	Scarsdale	17' 7.50"	663	2016
5.35m	Kenya Warner	Windsor	17' 6.75"	657	2016
5.31m	Zaria Fuller	Uniondale	17' 5.25"	645	2017
5.30m	Bridget Van Dorsten	Staples	17' 04.75"	643	2015
5.26m	Nicole Bartosch	Yorktown	17' 03.25"	631	2013
5.21m	Briana Sims	Hillhouse	17' 01.25"	617	2012
5.20m	Morgan Wheeler	Averill Park	17' 00.75"	614	2008

Shot Put

10.64m	Ashai McLean	New Rochelle	34' 11.00"	571	2009
10.41m	McLean		34' 02.00"	556	2010
10.32m	Emily Astarita	Ward Melville	33' 10.25"	550	2013
10.30m	Farath Raphael	Half Hollow Hills East	33' 09.50"	549	2008
10.19m	Morgan Wheeler	Averill Park	33' 05.25"	542	2008
10.11m	Mary Adeyeye	Lakeland	33' 02.00"	537	2013
10.09m	Marisa Kefalidis	The Dalton School	33' 01.25"	535	2008
9.97m	Amy Graceffo	Glenlawn	32' 08.50"	527	2012
9.86m	Olivia Morgan	New Rochelle	32' 4.25"	520	2017
9.66m	Amy Remmer	Londonderry	31' 08.50"	507	2006

800 Meters

2:17.70	Brittney Adams	DeWitt Clinton	855	2011
2:19.73	Sally Gale	Nyack	827	2011
2:20.82	Michelle Rotondo	Garden City	812	2008
2:21.40	Angelica Reed	A. Philip Randolph	805	2004
2:21.78	Frances Lodge	Spence School	799	2015
2:22.76	Paige Clarke	Clarkstown South	786	2016
2:23.44	Jillian Fauser	Northport	777	2008
2:23.47	Amira Yeiser	New Rochelle	777	2011
2:23.83	Payton Capes	Shoreham Wading River	772	2016
2:24.91	Joanna Bersin	Newburgh	758	2004
2:25.42	Erin Gregorek	Cornwall	751	2004

Loucks Top 10 All-Time List - Men

<i>Perf.</i>	<i>Name</i>	<i>School</i>	<i>Location</i>	<i>Place</i>	<i>Year</i>
100 METERS / 100 YARDS					
10.60	Robert Thomas	Roosevelt	Washington, D.C.	1	1985
10.63	Hank Palmer	Pierrefonds	Quebec, Canada	1	2003
10.64 (9.5y)	Willie Smith	Uniondale	New York	H	1974
10.64c	Mike Morris	Ayer	Massachusetts	1	1981
10.67	Palmer			H	2003
10.683	Anton Porter	Mount St Michael	Bronx, NY	1	2015
10.686	Rai Benjamin	Mount Vernon	New York	2	2015
10.71	Daniel Jamieson	Windsor	Connecticut	P	2012
10.72	Benjamin			P	2015
10.74	Lashawn Merritt	Woodrow Wilson	Portsmouth, VA	1	2004
10.74	Trenten Beram	Arlington	Lagrangeville, NY	1	2014
10.74 (9.6y)	Smith			1	1974
200 METERS					
21.02	Lashawn Merritt	Woodrow Wilson	Portsmouth, VA	1	2004
21.26	Ed Lovelace	Hempstead	New York	1	1986
21.31	Daniel Jamieson	Windsor	Connecticut	1	2012
21.39	Kyle Jackson	Clarkstown South	West Nyack, NY	1	1997
21.43	Eric Seely	Half Hollow Hills	Dix Hills, NY	1	2002
21.48	Trenten Beram	Arlington	Lagrangeville, NY	1	2014
21.49	James Wortham	H.D. Woodson	Washington, D.C.	1	1988
21.49	Sean Lambert	South Shore	Brooklyn, NY	1	2000
21.50	Prince Marsh	Peekskill	New York	1	2001
21.52	Chris Durant	Woodlands	Hartsdale, NY	2	1986
21.52	Carlos Bedoya	Archbishop Stepinac	White Plains, NY	2	2000
400 METERS					
46.38	Richard Rose	Boys & Girls	Brooklyn, NY	1	2014
46.67	Rai Benjamin	Mount Vernon	New York	1	2015
47.12	Andre Thompson	Spingarn	Washington, D.C.	1	2000
47.17	Benjamin			2	2014
47.40	Elzie Coleman	Newburgh	New York	1	2003
47.42	Coleman			S	2003
47.54c	David Peltier	Wingate	Brooklyn, NY	1	1982
47.61	Rob Frelow	White Plains	New York	1	2001
47.62	Randy Patterson	Newburgh		1	2010
47.64c	Peltier			1	1981
800 METERS / 880 YARDS					
1:50.29y	Mark Belger	Mephram	Bellmore, NY	1	1974
1:50.61	Zavon Watkins	Liverpool	New York	1	2011
1:50.78	Watkins			1	2012
1:51.09	Mike Quercia	Marcellus	New York	1	2010
1:51.19y	Bill Martin	Catholic Memorial	Roxbury, MA	1	1975
1:51.24c	Jeff Van Wie	Suffern	New York	1	1983
1:51.39y	John Brady	St. Helena	Bronx, NY	1	1968
1:51.44c	Teddy King	Westbury	Old Westbury, NY	1	1984
1:51.48y	Mike Hagan	Suffern		2	1974
1:51.48y	Don Paige	Baldwinsville	New York	2	1975

ONE MILE

4:09.73	Ben Malone	Pascack Valley	Hillsdale, NJ	1	2013
4:10.64y	Greg Herzog	White Plains	New York	1	1979
4:10.57	Aidan Tooker	Saratoga Springs	New York	1	2016
4:10.74y	John Tuttle	Alfred-Almond	Almond, NY	1	1977
4:11.19	Edward Cheserek	St Benedict's	Newark, NJ	2	2013
4:11.24y	Charles Logan	Bernards	Bernardsville, NJ	2	1979
4:11.66	Esu Alemseged	Rindge & Latin	Cambridge, MA	2	2016
4:12.06	Randy Neish	Glastonbury	Connecticut	3	2016
4:12.11	Liam Kimball	Timberlane (NH)	Plaistow, NH	4	2016
4:12.14y	Don Paige	Baldwinsville	New York	1	1975

-90-

One Mile/1600 Meters Combined

4:09.73	Ben Malone	Pascack valley	Hillsdale, NJ	1	2013
4:10.57	Aidan Tooker	Saratoga Springs	New York	1	2016
4:10.5c	Greg Herzog	White Plains	New York	1	1979
4:10.6	John Tuttle	Alfred-Almond	Almond, NY	1	1977
4:11.19	Edward Cheserek	St. Benedict's	Newark, NJ	2	2013
4:11.1	Charles Logan	Bernards	Bernardsville, NJ	2	1979
4:11.36 (4:09.86m)	Tyler Stutzman	Western Albemarle	Crozet, VA	1	2009
4:11.40 (4:09.90m)	Cheserek			1	2012
4:11.66	Esu Alemseged	Rindge & Latin	Cambridge, MA	2	2016
4:11.96 (4:10.46)	Matt Tooman	Deer Park	New York	1	1995

Section 1 One Mile

4:26.55	Shota Nakamura	Edgemont	Scarsdale, NY	1	2015
4:26.60	Kevin Hazelwood	Brewster	New York	1	2014
4:26.90	Alex Burke	Mamaroneck	New York	1	2013
4:27.47	Hazelwood			2	2013
4:27.48	Drew Dorflinger	Pleasantville	New York	2	2015
4:27.89	Brian Camillieri	Nanuet	New York	3	2015
4:27.92	Liam Burke	Tappan Zee	Orangeburg, NY	2	2014
4:28.11	Luke Holtzman	New Rochelle	New York	3	2014
4:28.18	Martin O'Connell	Eastchester	New York	4	2014
4:28.67	Mike Delfray	Brewster		3	2013
4:28.69	Liam Hackett	John Jay	Cross River, NY	5	2014

3200 METERS

8:42.92	Mike Brannigan	Northport	New York	1	2015
8:43.93	Alex Ostberg	Darien	Connecticut	2	2015
8:44.79	Eli Moskowitz	Souhegan	Amherst, NH	3	2015
8:46.10	Jeremy Spiezio	Greenwich	New York	4	2015
8:47.60	Noah Affolder	Carthage	New York	1	2016
8:49.27	Aidan Tooker	Saratoga Springs	New York	2	2016
8:49.75	Conor Lundy	Fordham Prep	Bronx, NY	3	2016
8:50.53	Eric van der Els	Brien McMahon	Norwalk, CT	4	2016
8:51.23	Matthew Bouthillette	LaSalle (RI)	Providence, RI	5	2016
8:51.24	Dan Curts	Ellsworth	Maine	1	2014

110 METER HIGH HURDLES

14.17	Verrol Jackson	Schenectady	New York	1	2003
14.24	Shane Saunders	Uniondale	New York	H	1983
14.29	Dior Lowry	Martin Luther King	Philadelphia, PA	2	2003
14.30	Justin Gaymon	Phillipsburg	New Jersey	S	2005
14.32	Sancho Barrett	Amityville	New York	1	2010
14.35	Rodriques Pfister	F.W. Ballou	Washington, D.C.	1	1995
14.36	Infinite Tucker	Huntington	New York	1	2016
14.37	Devon Davis	Pickering	Ajax, Ontario, Canada	1	1998
14.38	Clifford Montford	North Babylon	New York	1	1986
14.38	Antoine Johnson	Tuckahoe	New York	2	1998

400 METER INTERMEDIATE HURDLES

51.40	Derrick Adkins	Malverne	New York	1	1988
51.71	Rai Benjamin	Mount Vernon	New York	1	2015
52.41	Rodriques Pfister	F.W. Ballou	Washington, D.C.	1	1995
52.42	Benjamin			1	2014
52.70	James Manigault	Brentwood	New York	1	1986
52.77	Infinite Tucker	Huntington	New York	1	2016
52.85	Kadesh Roberts	Bay Shore	New York	1	2012
52.90	Adkins			1	1987
53.19	J. Obeng Agyapong	DeWitt Clinton	Bronx, NY	2	2012
53.53	Sherwin Sterling	Spring Valley	New York	2	1986

3000 METER STEEPLECHASE

9:12.40	Edward Owens	Packer	Brooklyn, NY	1	2011
9:14.74c	John Tuttle	Alfred-Almond	Almond, NY	1	1977
9:16.47	Jack Jibb	Monroe-Woodbury	Central Valley, NY	1	2015
9:16.88	Phil Cawkwill	Byram Hills	Armonk, NY	1	2007
9:19.91	William Vespe	Archbishop Molloy	Briarwood, NY	1	1992
9:20.23	Brendan Smith	CBA	Syracuse, NY	1	2012
9:22.68	Eion Nohilly	John Jay	Cross River, NY	1	2016
9:23.14c	Lenny Hernandez	Memorial	West New York, NJ	1	1979
9:23.74c	Brian Bradby	Mount Vernon	New York	1	1978
9:24.04c	Todd Sinclair	North Rockland	Thiells, NY	2	1979

<i>Perf.</i>	<i>School</i>	<i>Location</i>	<i>Place</i>	<i>Year</i>
400 METER / 440 YARD RELAY				
41.24c	Ayer	Massachusetts	1	1981
41.24	H. D. Woodson	Washington, D.C.	1	1988
41.59	Hackley	Tarrytown, NY	1	2016
41.79	South Shore	Brooklyn, NY	1	2007
41.81	Newburgh	New York	1	2003
41.85	Windsor	Connecticut	2	2016
41.90	White Plains	New York	1	1987
41.94	Ben Franklin	Rochester, NY	1	1993
42.04c	Thomas Jefferson	Brooklyn, NY	1	1975
42.04c	H. D. Woodson		1	1983

1600 METER / ONE MILE RELAY

3:14.15	Boys & Girls	Brooklyn, NY	1	2012
3:14.50c	H. D. Woodson	Washington, D.C.	1	1983
3:15.47	Newburgh	New York	1	2003
3:15.65	Huntington	New York	1	2016
3:16.50	Elmont	New York	1	1987
3:16.79c	Wingate	Brooklyn, NY	1	1982
3:16.89	Half Hollow Hills West	Dix Hills, NY	2	2016
3:16.90	Woodson		1	1988
3:17.19c	Mount Vernon	New York	1	1975
3:17.20	Cardinal Spellman	Bronx, NY	1	1986

3200 METER / TWO MILE RELAY

7:44.92	Liverpool	New York	1	2010
7:46.50	Liverpool		1	2009
7:46.74	Western Albemarle	Crozet, VA	2	2009
7:46.91c	Power Memorial	New York, NY	1	1968
7:47.91c	Wingate	Brooklyn, NY	1	1974
7:48.00	Arlington	Lagrangeville, NY	3	2009
7:48.85	West Islip	New York	1	2016
7:49.06	Kellenberg	Uniondale, NY	1	2012
7:49.08	Kellenberg		1	2013
7:49.10c	Jamaica	New York	2	1968

East Coast Distance Medley Relay

10:01.13	Westerly	Rhode Island	1	2009
10:01.87	Western Albemarle	Crozet, VA	2	2009
10:06.40	St Benedict's	Newark, NJ	1	2013
10:07.18	Arlington	Lagrangeville, NY	2	2013
10:07.20	St Benedict's		1	2011
10:08.92	St Benedict's		1	2012
10:09.09	Tappan Zee	Orangeburg, NY	1	2015
10:10.35	Carmel	New York	3	2013
10:11.12	Arlington		1	2014
10:11.32	Western Albemarle		1	2008

Non Scoring Relays

Nick Panaro 1600 Meter Relay

3:20.23	Newburgh	New York	1	2017
3:20.32	Newburgh		1	2017
3:23.97	St. Benedicts	Newark, NJ	1	2015
3:23.03	St. Benedicts		2	2013
3:23.57	Amityville	New York	3	2013
3:24.64	Iona Prep	New Rochelle, NY	1	2010
3:24.26	St. Benedicts		1	2011
3:25.88	Newburgh	New York	2	2015
3:26.07	Hackley	Tarrytown, NY	2	2011
3:26.10	Newburgh		1	2007

Section 1 1600 Meter Relay

3:26.84c	Mount Vernon	New York	1	1998
3:27.14	Ramapo	Spring Valley, NY	1	1994
3:27.20	Brewster	New York	1	2010
3:27.43	Iona Prep	New Rochelle, NY	1	1992
3:27.56	Mount Vernon		1	2003
3:27.91	White Plains	New York	1	2007
3:28.41	John Jay East Fishkill	Hopewell Junction, NY	1	2014
3:28.52	Gorton	Yonkers, NY	2	1992
3:29.16	Suffern	New York	1	2009
3:29.21	Mount Vernon		1	1999

Nick Panaro 3200 Meter Relay

7:58.84	New Canaan	Connecticut	1	2011
7:59.20	Pearl River	New York	1	2016
8:01.88	Haddam-Killingworth	Connecticut	2	2016
8:03.09	Bay Shore	New York	1	2009
8:04.49	Byram Hills	Armonk, NY	1	2010
8:04.75	Brewster	New York	2	2009
8:04.76	North Babylon	New York	1	2013
8:06.82	Westbury	Old Westbury, NY	3	2009
8:06.86	St Anthony's	Melville, NY	2	2011
8:07.15	Freeport	New York	1	2012

Section 1 3200 Meter Relay

7:59.20	Pearl River	New York	1	2016
8:02.54	North Rockland	Thiells, NY	1	1988
8:04.49	Byram Hills	Armonk, NY	1	2010
8:04.75	Brewster	New York	1	2009
8:07.26	White Plains	New York	1	1989
8:07.48	Arlington	Lagrangeville, NY	1	2014
8:07.48	Arlington		1	2012
8:08.11	Rye	New York	2	2009
8:08.12	Mount Vernon	New York	1	1986
8:10.15	Suffern	New York	1	2011

Open Distance Medley Relay

10:23.84	Arlington	Lagrangeville, NY	1	2013
10:26.59	Pearl River	New York	2	2013
10:27.14	Northport	New York	1	2016
10:27.65	Pearl River		2	2016
10:29.52	Pawling	New York	3	2013
10:30.356	Danbury	Connecticut	3	2016
10:30.360	Hamden	Connecticut	4	2016
10:31.19	Nanuet	New York	1	2017
10:31.59	Pearl River		1	2014
10:31.59	St. Anthony's	Melville, NY	1	2015

Frosh/Soph Distance Medley Relay

10:39.07	Western Albemarle	Crozet, VA	1	2007
10:43.61	Collegiate	New York, NY	1	2013
10:46.85	Shenendehowa	Clifton Park, NY	1	2008
10:51.03	Danbury	Connecticut	1	2015
10:51.19	Fox Lane	Bedford, NY	2	2008
10:52.38	Collegiate		1	2012
10:52.49	Danbury		1	2016
10:54.55	Marshfield	Massachusetts	2	2016
10:55.36	Carmel	New York	1	2011
10:56.60	Manhasset	New York	3	2016

Frosh/Soph 1600 Meter Relay

3:24.81	Thomas Jefferson	Brooklyn, NY	1	2013
3:25.73	Paul Robeson	Brooklyn, NY	2	2013
3:29.29	Danbury	Connecticut	1	2014
3:30.83	Newburgh	New York	1	2015
3:32.43	Suffern	New York	2	2015
3:32.71	Washingtonville	New York	1	2011
3:32.74	Benjamin Banneker	Brooklyn, NY	1	2017
3:33.35	Beacon	New York	2	2014
3:33.48	Elmont	New York	1	2016
3:33.67	Arlington	Lagrangeville, NY	2	2011

LONG JUMP

24' 9.75"	Rayvon Grey	Beacon	New York	1	2015
24' 8.50"	Dwayne Pugh	H. D. Woodson	Washington, D.C.	1	1981
24' 3.25"	Rolyce Boston	Sheepshead Bay	Brooklyn, NY	1	2011
24' 1.25"	Howard Allen	Spring Valley	New York	1	1982
24' 0.50"	Jermaine Johnson	White Plains	New York	1	1991
24' 0.50"	Devon Davis	Pickering	Ajax, Ontario, Canada	1	1998
23' 9.25"	Fred Samara	Fort Hamilton	Brooklyn, NY	1	1969
23' 9.00"	Kyree Johnson	Huntington	New York	1	2017
23' 8.75"	Adrian Cumberbatch	New Rochelle	New York	1	1995
23' 8.50"	Lucas Kerley	South Jefferson	Adams Center, NY	1	1989

TRIPLE JUMP

52' 4.5"	Sanya Owolabi	Sleepy Hollow	Tarrytown, NY	1	1978
51' 11"	Owolabi			1	1977
50' 1.5"	Neal Conner	Ayer	Massachusetts	1	1981
49' 10"	Gary Jones	Webster	New York	1	2006
49' 5.5"	Dexter France	Baldwin	New York	1	1985
49' 5"	Jermaine Johnson	White Plains	New York	1	1989
49' 4.75"	Darrell Jones	Monroe-Woodbury	Central Valley, NY	1	2014
49' 2"	Rich Thompson	Woodlands	Hartsdale, NY	1	1987
49' 1.25"	Rayvon Grey	Beacon	New York	1	2016
48' 10.75"	Zach Gillon	Peekskill	New York	1	1969

HIGH JUMP

7' 0.25"	Richard Evans	H. D. Woodson	Washington, D.C.	1	1983
7' 0"	Tim Walker	Rogers	Newport, RI	1	1975
7' 0"	Walker			1	1974
6' 10.5"	Jay Gonzalez	Lynbrook	New York	1	1978
6' 10.25"	Mike Jacob	Croton-on-Hudson	Croton Harmon, NY	2	1978
6' 10.25"	Quentin Mathews	Deep Creek	Chesapeake, VA	1	2000
6' 10"	Eldred Williams	Music and Art	New York, NY	1	1980
6' 10"	Kevin Hopkins	Our Lady of Providence	Providence, RI	2	1980
6' 10"	Robert Lawrence	White Plains	New York	1	1981
6' 10"	Erik Mueller	Carmel	New York	1	1991
6' 10"	Rudy Reavis	New Rochelle	New York	2	1974
6' 10"	Williams			2	1981
6' 10"	Rodney Heath	Roosevelt	New York	2	1983
6' 10"	Danny Renwick	Old Rochester	Mattapoissett, MA	1	2017

POLE VAULT

16' 1"	Michael Brunoforte	St. Anthony's	Melville, NY	1	2012
16' 0"	Jordan Yamoah	Arlington	Lagrangeville, NY	1	2010
16' 0"	Ryan Wilkes	Valley View	Archbald, PA	1	2015
15' 7"	Brian McGovern	Mount St Michael	Bronx, NY	1	2008
15' 6"	Ryan Herrera-Murphy	Iona Prep	New Rochelle, NY	2	2015
15' 5"	Mike Dempsey	Gates-Chili	New York	1	2006
15' 4"	Ryan Dall	North Rockland	Thiells, NY	1	1993
15' 3"	Tim Beattie	Warwick Valley	Warwick, NY	1	1986
15' 3"	Dempsey			1	2007
15' 0"	Bill Dewitt	Carmel	New York	1	1991
15' 0"	Dall			1	1992
15' 0"	Dall			1	1994
15' 0"	Jake Radzevich	Pinkerton	Derry, NH	1	2002
15' 0"	Andrew O'Connor	Archbishop Molloy	Briarwood, NY	1	2003
15' 0"	Yamoah			1	2011
15' 0"	Greg Gallagher	Iona Prep		2	2012
15' 0"	Ryan Herrera-Murphy	Iona Prep		1	2014

SHOT PUT

70' 11.50"	Nick Vena	Morristown	New Jersey	1	2011
70' 08"	Vena			1	2010
64' 11.75"	John Hickey	Tappan Zee	Orangeburg, NY	1	2005
63' 4.5"	Tony Harlin	Nanuet	New York	1	1976
63' 2.5"	Benjamin Bonhurst	Smithtown West	Smithtown, NY	1	2014
62' 11.75"	Eric Favors	North Rockland	Thiells, NY	1	2015
62' 07.75"	Robert Will	Lynbrook	New York	1	1975
62' 04"	Phil Caraher	North Rockland		1	1987
61' 11.75"	Ed Ellis	Patchogue-Medford	Medford, NY	1	1982
61' 09"	James Grant	Liverpool	New York	1	1985
61' 01.5"	Rudy Guevara	Essex Catholic	Newark, NJ	1	1970

DISCUS

186' 3"	A.J. Wolf	Hackley	Tarrytown, NY	1	2012
185' 2"	Mike Levine	Commack	New York	1	2009
180' 0"	Sal Gigante	Iona Prep	New Rochelle, NY	1	1997
179' 0"	Ed Ellis	Patchogue-Medford	Medford, NY	1	1981
176' 11"	Gigante			1	1996
174' 11"	Bob Parducci	Roselle Catholic	Roselle, NJ	1	1971
174' 4"	James Grant	Liverpool	New York	1	1985
173' 10"	Sean Farrell	West Hampton	Westhampton Beach, NY	1	1977
173' 10"	Mark Rifkin	Cherry Hill-West	Cherry Hill, NJ	1	1978
173' 8"	Eric Favors	North Rockland	Thiells, NY	1	2015

JAVELIN

197' 01"	Jack O'Brien	Hendrick Hudson	Montrose, NY	1	2013
196' 07"	O'Brien			1	2014
190' 02"	Nick Danner	Waterville	Maine	1	2012
188' 10"	Grayson Hill	Cathedral Prep	Elmhurst, NY	1	2016
188' 08"	Nate Quinn	New Canaan	Connecticut	1	2009
187' 11"	Tom Meyers	Coventry	Connecticut	2	2012
187' 09"	John Wlasuk	Newtown	Connecticut	1	2011
184' 08"	Mike Gabrielson	Hendrick Hudson		2	2014
184' 00"	Colin Knapton	Old Rochester Regional	Mattapoissett, MA	3	2014
183' 10"	Aaron Konigsberg	Hackley	Tarrytown, NY	1	2008

PENTATHLON

3349	Sean Berg	Fitch	Groton, CT	1	2003
3338	Dajon Dixon	Thomas Jefferson	Brooklyn, NY	1	2012
3333	Connor Langdon	Eastport-South Manor	Manorville, NY	1	2015
3302	Tim Murphy	New Canaan	Connecticut	1	2007
3296	Donovan Haigler	White Plains	New York	1	2005
3242	TJ Urbanik	Pinkerton	Derry, NH	2	2015
3235	Starlin Ortiz	Londonderry	New Hampshire	1	2014
3225	Najee Taylor	Clarkstown South	West Nyack, NY	1	2013
3219	Will Ackerman	Arlington	Lagrangeville, NY	2	2014
3214	Mike Blenk	Lawrence	New York	1	2006

110 Hurdles

14.91	Sean Berg	Fitch	860	2003	(Top point total of any event)
15.10	Andrew Ortquist	Beacon	837	2003	
15.20	Dajon Dixon	Thomas Jefferson	825	2012	
15.28	Andrew Omoregie	Gates-Chili	816	2006	
15.36	John Henry	New Rochelle	807	2010	
15.42	Will Ackerman	Arlington	799	2014	
15.42	Ryan Cummings	JFK Bellmore	799	2016	
15.44	Devaun Borell	New Canaan	797	2012	
15.44	Connor Langdon	Eastport-South Manor	797	2015	
15.52	Freddie Willis	Londonderry	788	2004	

High Jump

1.96m	Tim Murphy	New Canaan	6' 5.00"	767	2007
1.95m	Connor Langdon	Eastport-South Manor	6' 4.75"	758	2015
1.93m	Dajon Dixon	Thomas Jefferson	6' 4.00"	740	2012
1.93m	Najee Taylor	Clarkstown South	6' 4.00"	740	2013
1.93m	Starlin Ortiz	Londonderry	6' 4.00"	740	2014
1.90m	Joe Geatsch	Curtis	6' 2.75"	714	2007
1.90m	Will Ackerman	Arlington	6' 2.75"	714	2013
1.89m	Andrew Omoregie	Gates-Chili	6' 2.25"	705	2006
1.89m	Jawahn Santiago	Lowell	6' 2.25"	705	2017
1.89m	James Mirfield	McKee/SI Tech	6' 2.25"	705	2017
1.88m	Anthony Toro	St. Anthony's	6' 2.00"	696	2005
1.88m	Bruce Clark	Danbury	6' 2.00"	696	2005
1.87m	Matt Waters	Washingtonville	6' 1.50"	687	2008
1.87m	J.P. Hendrix	Bishop Feehan	6' 1.50"	687	2008
1.87m	Kevin Francis	James Madison	6' 1.50"	687	2010
1.87m	Taylor		6' 1.50"	687	2014

Long Jump

6.72m	Terrel Davis	Beacon	22' 00.75"	748	2016
6.63m	Tim Murphy	New Canaan	21' 09.00"	727	2007
6.54m	Donovan Haigler	White Plains	21' 05.50"	707	2005
6.43m	Sean Berg	Fitch	21' 01.25"	682	2003
6.41m	Mike Blenk	Lawrence	21' 00.50"	677	2006
6.35m	Freddie Willis	Londonderry	20' 10.00"	664	2004
6.25m	Ryan Cummings	JFK-Bellmore	20' 06.25"	641	2017
6.24m	TJ Urbanik	Pinkerton (NH)	20' 05.75"	639	2015
6.23m	Connor Langdon	Eastport-South Manor	20' 05.25"	637	2015
6.22m	Starlin Ortiz	Londonderry	20' 05.00"	635	2014
6.20m	Glen Roche	North Rockland	20' 04.25"	630	2003
6.20m	Greg Zielinski	Smithtown East	20' 04.25"	630	2007

Shot Put

13.96m	Christopher Allen	Amityville	45' 09.75"	726	2009
13.66m	Robert Caccace	Hackley	44' 09.75"	708	2012
13.39m	Aidan Fullerton	Yorktown	43' 11.25"	691	2012
13.34m	Matthew Przybocki	Burke Catholic	43' 09.25"	688	2015
13.10m	Robert Cacace	Hackley	42' 11.75"	673	2011
13.06m	Jackson Mejia	Lakeland	42' 10.25"	671	2012
12.84m	Dajon Dixon	Thomas Jefferson	42' 01.50"	657	2012
12.80m	Tyrell English	WG O'Connell-Copiague	42' 0.000"	655	2012
12.73m	Connor Downey	Bishop Stag	41' 09.25"	651	2009
12.64m	Kyle Rohrs	New Canaan	41' 05.75"	645	2009

1500 Meters

4:21.09	Joe Johnson	Sachem North	804	2010
4:23.30	Johnson		789	2009
4:23.84	Michael Panzarino	Somers	786	2016
4:24.87	Panzarino	Somers	779	2017
4:27.85	Johnson		759	2008
4:28.12	Panzarino	Somers	757	2015
4:28.48	John Alaimo	Tappan Zee	755	2004
4:28.58	Jed Turnbull	Washingtonville	754	2006
4:29.90	Andrew Klock	Nanuet	745	2011
4:33.22	Miro Romac	Valhalla	724	2012
4:33.79	Ronac		720	2013

Retired Events

<i>Perf.</i>	<i>Name</i>	<i>School</i>	<i>Location</i>	<i>Place</i>	<i>Year</i>
ONE MILE/1600 METER WALK					
6:47.8	Bill Miesenzahl	Longwood	New York	1	1991
6:49.4	John O'Neil	Rocky Point	New York	2	1991
7:00.3	Greg Warren	N.Y. School for the Deaf	White Plains, NY	1	1976
7:00.3	Joe Keegan	White Plains	New York	2	1976
7:02.9	Stephen Casarella	White Plains	New York	1	1975
7:07.2	Steve Schneider	Horace Greeley	Chappaqua, NY	3	1976
7:19.2	Dick Muro	White Plains	New York	4	1976
7:22.9	Jerry Katz	Herricks	New Hyde Park, NY	5	1976
7:25.9	Steve Kinsman	Oceanside	New York	1	1974

180 YARD LOW HURDLES

18.6	Fred Singleton	Mount Vernon	New York	1	1970
19.7	Maurice Raeford	Anacostia	Washington, D.C.	1	1972

19.7	Joe Abitante	Roselle Catholic	Roselle, NJ	1	1969
19.9	Ken Austin	Jamaica	Jamaica, NY	1	1968
19.9	Pat Keane	Chaminade	Mineola, NY	2	1968
19.9	Andrew Kappel	Archbishop Molloy	Briarwood, NY	2	1969
20.0	Kappel			3	1968
20.0	Hilton Thorpe	Andrew Jackson	Queens, NY	2	1970
20.1	Abitante			4	1968
20.1	Alex Young	Mount Vernon	New York	5	1968

330 YARD / 300 METER INTERMEDIATE HURDLES

37.4	Brain Conolly	Northport	New York	1	1981
37.6	Dean McFarlane	Patchogue-Medford	Medford, NY	2	1981
37.8	Shane Saunders	Uniondale	New York	1	1983
38.0Y	Randy Clark	Midwood	Brooklyn, NY	1	1975
38.1	Ed Lamhing	Columbia	Maplewood, NJ	2	1983
38.3	Gary Schmidt	Oceanside	New York	1	1974
38.3	David Kent	East Providence	East Providence, RI	2	1977
38.6	Charles Chisley	F.W. Ballou	Washington, D.C.	3	1977
38.9	Cornelius Addison	Mount Vernon	New York	2	1974
38.9	Art Monk	White Plains	New York	1	1976

5000 METER WALK

22:22.51	Ed O'Rourke	Glen Cove	New York	1	1980
22:47.1	Tom Magee	Monroe-Woodbury	Central Valley, NY	1	1981
22:52.4	Troy Engle	Scarsdale	New York	1	1979
23:04.1	Andy Liles	Monroe-Woodbury		2	1981
23:09.8	Brian Lein	Horace Greeley	Chappaqua, NY	2	1980
23:21.8	Bob Maffucci	Mamaroneck	New York	3	1980
23:24.0	Tom Edwards	Monroe-Woodbury		4	1980
23:34.4	Peter Brandt	Pearl River	New York	5	1980
23:44.8	Bill Lakis	Monroe-Woodbury		6	1980
23:48.8	Ken McKinnen	Smithtown West	Smithtown, NY	3	1981

880 YARD RELAY

1:27.5	DeWitt Clinton	Bronx, NY	1	1974
1:27.6	Anacostia	Washington, D.C.	1	1970
1:27.8	Andrew Jackson	Queens, NY	2	1974
1:28.4	Newtown	Queens, NY	2	1970
1:28.7	Bryant	Long Island City, NY	3	1974
1:29.0	Archbishop Molloy	Briarwood, NY	1	1968
1:29.2	Mount Vernon	New York	1	1969
1:29.4	Boys	Brooklyn, NY	2	1968
1:29.4	Archbishop Molloy		2	1969
1:29.4	Boys		3	1969

1600 METERS

1600	1 Mile Conversion				
4:09.86	4:11.36	Tyler Stutzman	Western Albemarle	1	2009
4:09.90	4:11.40	Edward Cheserek	St. Benedict's	1	2012
4:10.46	4:11.96	Matt Tooman	Deer Park	1	1995
4:10.89	4:12.39	Mike Going	Wheatley	1	1990
4:11.13	4:12.63	Zavon Watkins	Liverpool	1	2011
4:11.64	4:13.14	Chris Carrington	North Rockland	1	2009
4:11.86	4:13.36	Watkins		2	2012
4:12.2	4:13.84	Tom Nohilly	Mon. McClancy	1	1984
4:12.32	4:13.82	Chris Williams	Collegiate	1	2007
4:12.49	4:13.99	Dylan Lafond	Manchester Central	3	2012

1600 METERS

4:40.56	Aisling Cuffe	Cornwall	1	2011
4:44.06	Alexis Panisse	Benjamin Cardozo	1	2012

4:46.71	Anima Banks	Mamaroneck	2	2012
4:46.76	Kelsey Margey	Friends Academy	3	2012
4:48.25	Shelby Greany	Suffern	1	2009
4:49.34c	Eileen Ellig	Rutland (VT)	1	1984
4:50.02	Emily Lipari	Roslyn	1	2010
4:50.90	Nicole Blood	Saratoga Springs	1	2002
4:51.34	Kristin Reese	Carmel	1	2008
4:51.50	Molly Huddle	Elmira Notre Dame	2	2002
4:51.50	Julia Zrinyi	Massey (Manitoba)	2	2011

HAMMER THROW

220' 1"	Manny Silverio	North Bergen	New Jersey	1	1976
205' 5"	Silverio			1	1975
193' 5"	Gene Mancino	North Bergen		1	1974
191' 4"	Tim Bruno	Ferris	Jersey City, NJ	2	1976
178' 2"	Gary Bessette	Cumberland	Rhode Island	1	1972
175' 6"	Nick Vasquez	North Bergen		1	1978
175' 4"	Andrew Bessette	Cumberland		1	1971
173' 7"	Sean O'Keefe	Mt. Pleasant	Providence, RI	2	1975
172' 4"	John McGree	Essex Catholic	Essex, NJ	2	1971
171' 4"	Brian Burns	North Bergen		1	1977
165' 10"	Robert Black	Middletown	New York	3	1974
163' 5"	George Durgin	Rogers	Newport, RI	2	1977
160' 2"	Gary Laquaglia	Essex Catholic		2	1972
158' 8"	Vasquez			3	1977
158' 1"	Victor Jenkins	Newport		4	1974

JAVELIN (Old)

218' 8"	Tom Meyer	Lexington	Massachusetts	1	1977
214' 11"	Andrew Silberstein	North Rockland	Thiells, NY	1	1985
213' 3"	Mike Manno	North Rockland		1	1990
209' 9"	James Kirby	Essex Catholic	Essex, NJ	1	1973
206' 9"	Mike Demunnik	Orillia	Ontario, Canada	1	1991
206' 3"	Donald Fisher	Memorial	West New York, NJ	1	1970
206' 2"	Hal Campbell	Morris Hills	New Jersey	2	1977
205' 4"	John Towle	Scotch Plains	New Jersey	1	1983
204' 11"	Gilbert Gaul	St. Benedict's	Newark, NJ	1	1969
204' 2"	Ronald Yamella	Shore Regional	Long Branch, NJ	1	1972

Javelin (Old)

145' 5"	Kathleen Gillis	Chelmsford	Massachusetts	1	1991
132' 8"	Christine Mello	Fairhaven	Massachusetts	1	1986
132' 8"	Jeanne Villegas	JFK	Somers, NY	1	1985
128' 2"	Martha Wittosch	Warwick Valley	Warwick, NY	1	1988
126' 0"	Naomi Jackson	Fox Lane	Bedford, NY	1	1992
125' 10"	Valerie Ramirez	Archbishop Ryan	Philadelphia, PA	1	2003
125' 5"	Jackson			1	1990
123' 11.25"	Roxanne Bolton	Falmouth	East Falmouth, MA	2	1985
123' 7"	Maureen Best	Old Rochester	Mattapoisett, MA	2	2003

New England 1600 Meter Relay

3:58.56	3:58.56	James Hillhouse (CT)	1	2013
4:01.06	4:01.06	Lowell (MA)	1	2015
4:08.72	4:08.72	Old Rochester Regional (MA)	2	2013
4:09.96	4:09.96	La Salle Academy (RI)	1	2014
4:11.06	4:11.06	Bishop Feehan (MA)	2	2014
4:11.16	4:11.16	Bishop Feehan (MA)	2	2015
4:14.20	4:14.20	Newtown (CT)	3	2013
4:14.23	4:14.23	Bishop Feehan (MA)	4	2013
4:14.51	4:14.51	Mt Ararat (ME)	5	2013

4:14.70 4:14.70 Londonderry (NH) 6 2013

New England 1600 Meter Relay

3:27.69	3:27.69	Bishop Feehan (MA)	1	2015
3:28.93	3:28.93	Danbury (CT)	2	2015
3:30.23	3:30.23	Brien McMahon (CT)	1	2014
3:30.91	3:30.91	Windsor (CT)	3	2015
3:31.13	3:31.13	Old Rochester Regional (MA)	2	2014
3:32.45	3:32.45	Bishop Feehan (MA)	3	2014
3:34.18	3:34.18	Londonderry (NH)	4	2014
3:34.84	3:34.84	Pinkerton (NH)	4	2015
3:36.27	3:36.27	Old Rochester Regional (MA)	1	2013
3:36.78	3:36.78	Londonderry (NH)	2	2013

100 Meters (Wheelchair)

15.99	15.99	Erik Hightower	Peroia, AZ	1	2003
16.16	16.16	Alistair Patrick	Washington	1	2001
16.16	16.16	Jordan Bird	Wichita, KS	1	2005
16.32	16.32	Kevin Hosea	Loveland, OH	1	2002
16.33	16.33	Joshua George	Baltimore, MD	2	2001
16.44	16.44	Hosea		3	2001
16.63	16.63	Michael Timpa	Lake Charles, LA	2	2003
16.64	16.64	Timpa		1	2004
16.73	16.73	Nathan Taylor	LaMonte, MO	4	2001
16.74	16.74	Zachory Abbott	Portland, OR	1	2008
16.75	16.75	George		2	2002

100 Meters (Wheelchair)

17.82	17.82	Tatyana McFadden	Clarksville, MD	1	2005
18.37	18.37	Jessica Galli	Hillsborough, NJ	1	2002
19.21	19.21	Galli		1	2001
19.63	19.63	Jaclyn Daya	Matawan, NJ	1	2003
19.76	19.76	Margaret Redden	Jersey City, NJ	2	2002
19.84	19.84	Redden		2	2001
20.00	20.00	Amanda McGrory	Kennett Square, PA	3	2002
20.23	20.23	Daya		1	2004
20.24	20.24	Kaitlyn Willard		1	2007
20.32	20.32	Shirley Reilly	Los Gatos, CA	3	2001

800 Meters (Wheelchair)

2:05.71	2:05.71	Tatyana McFadden	Clarksville, MD	1	2005
2:13.48	2:13.48	Jessica Galli	Hillsborough, NJ	1	2001
2:13.88	2:13.88	Galli		1	2002
2:15.19	2:15.19	Shirley Reilly	Los Gatos, CA	2	2001
2:24.82	2:24.82	Amanda McGrory	Kennett Square, PA	1	2003
2:25.12	2:25.12	Jaclyn Daya	Matawan, NJ	2	2003
2:25.22	2:25.22	McGrory		2	2002
2:30.77	2:30.77	Kaitlyn Willard	Haverton, PA	1	2006
2:30.91	2:30.91	Susannah Scaroni	Tekoa, WA	2	2006
2:30.94	2:30.94	Kelsey Yost	Camp Hill, PA	3	2006

800 METERS (Wheelchair)

1:52.83	1:52.83	Jordan Bird	Wichita, KS	1	2005
1:53.25	1:53.25	Steven Klorer	Curtice OH	2	2005
1:57.49	1:57.49	Joshua George	Baltimore, MD	1	2001
1:57.73	1:57.73	Cully Mason	Monroe, GA	3	2005
1:58.88	1:58.88	Michael Timpa	Lake Charles, LA	1	2004
1:59.95	1:59.95	Jesse Walsh	Huntington, NY	1	2003
2:00.09	2:00.09	Walsh		1	2002
2:00.81	2:00.81	Josh Swoverland	Avon, IN	1	2008

2:01.41	2:01.41	Michael Timpa	Lake Charles, LA	2	2003
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1600 METERS (Wheelchair)

4:18.66	4:18.66	Tatyana McFadden	Clarksville, MD	1	2005
4:25.62	4:25.62	Jessica Galli	Hillsborough, NJ	1	2001
4:34.10	4:34.10	Shirley Reilly	Los Gatos, CA	2	2001
4:36.08	4:36.08	Galli		1	2002
4:41.00	4:41.00	Amanda McGrory	Kennett Square, PA	1	2003
4:58.57	4:58.57	McGrory		3	2001
5:00.21	5:00.21	McGrory		2	2002
5:01.51	5:01.51	Jaclyn Daya	Matawan, NJ	2	2003
5:05.46	5:05.46	Kaitlyn Willard		1	2006
5:05.63	5:05.63	Kelsey Yost		2	2006

1600 METERS (Wheelchair)

3:55.40	3:55.40	Jordan Bird	Wichita, KS	1	2005
4:04.30	4:04.30	Joshua George	Baltimore, MD	1	2001
4:06.04	4:06.04	Jesse Walsh	Huntington, NY	1	2002
4:06.61	4:06.61	Jerry Mitchell	Federal Way, WA	2	2002
4:09.09	4:09.09	Josh Swoverland	Avon, IN	1	2008
4:09.28	4:09.28	Steven Klorer	Curtice OH	2	2005
4:10.43	4:10.43	Brian Siemann	Lawrenceville, NJ	2	2008
4:12.07	4:12.07	Michael Timpa	Lake Charles, LA	1	2004
4:12.56	4:12.56	Klorer		1	2006
4:13.74	4:13.74	Walsh		1	2003

