

**My Builder**  
**Activity Book, Part 1**  
**Fall, 2009**



**Sample Copy**



**Rolling Hills Seventh-day Adventist Church**

# Basic Requirements

## Involvement

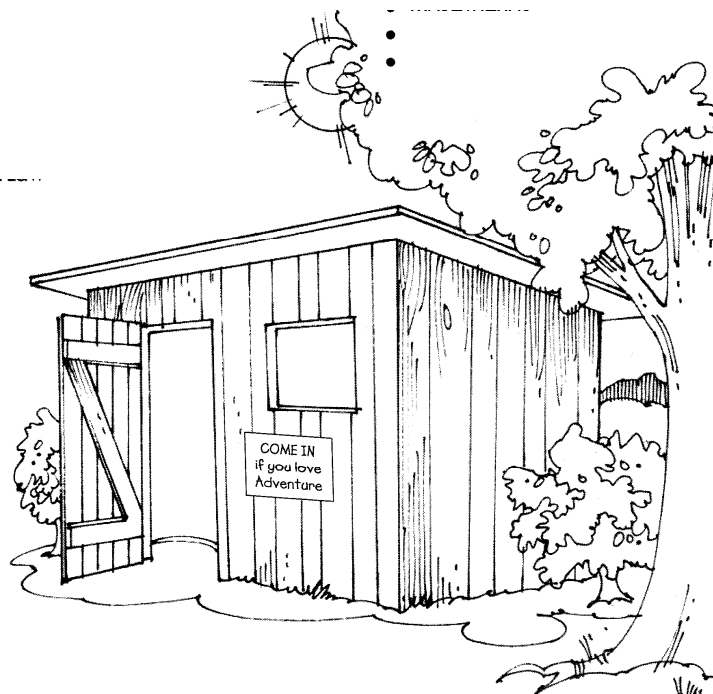


### The Adventurer Club will help you:

- Give your life to Jesus
- Have fun being a Christian
- Be a good citizen
- Develop a good character
- Grow physically
- Grow mentally
- Grow socially
- Grow Spiritually

### In the Adventurer Club, you'll:

- Get to wear a special uniform
- Earn Your Builder Pin
- Earn Awards
- Make friends
- Play games
- Learn about physical fitness
- Go on outings
- Share Your Faith
- Earn points toward  
"Adventurer of the Year"



My Name is \_\_\_\_\_

I am in the \_\_\_\_\_ grade.

My school is \_\_\_\_\_

My Birthday is \_\_\_\_\_

My Leader came to visit me at my home on \_\_\_\_\_.

## Responsibility

### The Adventurer Pledge

Because Jesus loves me, I will always do my best.

### The Adventurer Law

- Be Obedient
- Be Pure
- Be True
- Be Respectful
- Be Attentive
- Be Helpful
- Be Cheerful
- Be Thoughtful
- Be Reverent

What does the Pledge mean to me,  
and how can I apply it to my life?

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I have learned the Adventurer Pledge and Law and I will do my best to follow it at all times.

Signature: \_\_\_\_\_

# Basic Requirements

## Reinforcement

### Books of the Bible

#### Major Prophets

23. Isaiah
24. Jeremiah
25. Lamentations
26. Ezekiel
27. Daniel



#### Minor Prophets

28. Hosea
29. Joel
30. Amos
31. Obadiah
32. Jonah
33. Micah
34. Nahum
35. Habakkuk
36. Zephaniah
37. Haggai
38. Zechariah
39. Malachi

The Adventurer has mastered the memorization the above Books of the Bible.

Date: \_\_\_\_\_

Teacher or Parent: \_\_\_\_\_

### Reading

#### Read Either:

#### A. These Chapters in *The Clear Word for Kids*

\_\_\_\_\_ August  
 \_\_\_\_\_ September  
 \_\_\_\_\_ October  
 \_\_\_\_\_ November  
 \_\_\_\_\_ December

I Kings 1 - 12  
 I Kings 13 - 22  
 II Kings 1 - 13  
 Jonah 1-4  
 II Kings 14 - 25  
 Psalms 101-150

ISBN# 0-9748894-3-1

Page Numbers

263 to 277  
 277 to 291  
 292 to 307  
 688 to 690  
 307 to 320  
 461 to 482

**Note: It is expected that the parent read the Bible with their children.**

**This will help with any questions they may have.**

I have read the above chapters to my child. (Place the date completed on the line above)

Date: \_\_\_\_\_

Parent: \_\_\_\_\_



#### B. One of the following Bible Story Books

\_\_\_\_\_ The Bible Story Volume 5 by Arthur Maxwell  
 \_\_\_\_\_ The Bible Story Volume 6 by Arthur Maxwell  
 \_\_\_\_\_ Shoebox Bible Stories #4, #5, #6 by Jerry D. Thomas (Counts as one book)

\_\_\_\_\_ I have read the book(s) dated above to my child. \_\_\_\_\_ My Child has read them on their own.

Date: \_\_\_\_\_

Parent: \_\_\_\_\_



**For the optional Reading III Award, the Adventurer needs to do both.  
 See requirements in the parent information.**

# Prince the Persnickety Pony Basic Requirements

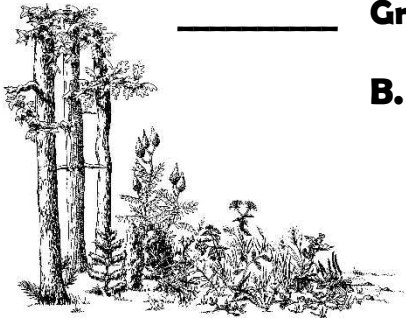
## Reinforcement

### Reading



**Read a minimum of two books. Each from a different category.**

#### A. Adventist Heritage



\_\_\_\_\_ **Grandma Ellen and Me** by Mabel R. Miller

#### B. Nature (A second selections will be required in the spring)

\_\_\_\_\_ **Lucy the Curiously Comical Cow** by VaraLee Wiggins  
\_\_\_\_\_ **Thor the Thunder Cat** by VaraLee Wiggins  
\_\_\_\_\_ **Petunia the Ugly Pug** by Heather Grovet  
\_\_\_\_\_ **Prince the Persnickety Pony** by Heather Grovet  
\_\_\_\_\_ **Prince Prances Again** by Heather Grovet

#### C. History/Adventure (A second selections will be required in the spring)

Adventist Girl Series by Kay Rizzo

\_\_\_\_\_ **Elizabeth-The Not-So-Secret Mission** (counts as 1/2 book)

\_\_\_\_\_ **Elizabeth-Old Friends and New** (counts as 1/2 book)

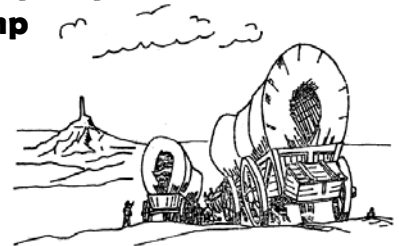
\_\_\_\_\_ **Elizabeth-Bells and Whistles** (counts as 1/2 book)

\_\_\_\_\_ **Elizabeth-Wagon Train West** (counts as 1/2 book)

Detective Zack Series by Jerry D. Thomas

\_\_\_\_\_ **Detective Zack and the Missing Manger Mystery**

\_\_\_\_\_ **Detective Zack, Danger at Dinosaur Camp**



#### D. Your Choice (It can something in your own library or any of the above books not previously read)

**Read an additional Christian book.**

\_\_\_\_\_ **Title:** \_\_\_\_\_

\_\_\_\_ I have read the books dated above to my child. \_\_\_\_ My Child has read them on their own.

Date: \_\_\_\_\_ Parent: \_\_\_\_\_



**For the optional Reading III Award, the Adventurer needs to read a book from each of the categories. This honor will also carry into the spring session. See requirements in the parent information.**

# My God Salvation

## A. Add two pictures to your Bible Time Line each month.



**August**

\_\_\_\_\_ Solomon Crowned King

\_\_\_\_\_ Solomon Builds the Temple

**September**

\_\_\_\_\_ Queen of Sheba Visits

\_\_\_\_\_ Kingdom Divided

**October**

\_\_\_\_\_ Elijah at Mt. Carmel

\_\_\_\_\_ Elijah Goes to Heaven

**November**

\_\_\_\_\_ Elisha Heals Naaman

\_\_\_\_\_ Jehoshaphat's Battle

**December**

\_\_\_\_\_ Boy King Joash

\_\_\_\_\_ Jonah and the Whale



The Adventurer has completed the Bible Timelines for each of the months dated above.

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

## B. Share your love for Jesus with someone

I have helped my child share his/her love for Jesus by doing the following:

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Date: \_\_\_\_\_

Parent: \_\_\_\_\_

## C. Learn the following Memory verses:

\_\_\_\_\_ **August**

**1 Kings 1:39,40**

\_\_\_\_\_ **September**

**1 Kings 10:1,3**

\_\_\_\_\_ **October**

**2 Kings 2:11**

\_\_\_\_\_ **November**

**2 Chronicles 20: 17**

\_\_\_\_\_ **December**

**2 Kings 12:2,4**



# My God

## Message

Taught 8/24, 8/31/ & 9/14



### A. Earn the Bible II Award.

8/24 A. Learn the difference between a paraphrase and a translation.

A paraphrase is \_\_\_\_\_

A translation is \_\_\_\_\_

B. How can we rely on the accuracy of the Bible?

\_\_\_\_\_

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_



8/31 A. Learn the names of the seven Churches in Revelation.

\_\_\_\_\_

B. In Bible prophecy what does a day stand for? \_\_\_\_\_

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_



9/14 A. Locate the Bible lands on a globe.

B. Do the following map skills: Trace two of Paul's Missionary journeys.

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

### On Your Own:

Study your Sabbath School lesson faithfully for a minimum of six weeks.

\_\_\_\_\_1 \_\_\_\_\_2 \_\_\_\_\_3 \_\_\_\_\_4 \_\_\_\_\_5 \_\_\_\_\_6

Do one of the following:

\_\_\_\_\_ Share one of your Memory Verses to a non-SDA family member or friend.

\_\_\_\_\_ Complete and turn in 2 outlines from the Pastor's sermons

\_\_\_\_\_ Participate in a skit for Family Sabbath School, Church Service.

# My God Prayer



**A. Spend regular quiet time with Jesus in prayer.**

\_\_\_\_\_ August  
 \_\_\_\_\_ September  
 \_\_\_\_\_ October  
 \_\_\_\_\_ November  
 \_\_\_\_\_ December

**I have helped my child remember to have their own special time with Jesus separate from family time.**

Date: \_\_\_\_\_ Parent: \_\_\_\_\_

**B. Choose one thing this year you want to change in your life. With prayer and planning work with your parents to reach your goal.**

**I want to change** \_\_\_\_\_

**I have prayed and planned with my child to help him/her achieve the above goal.**

Date: \_\_\_\_\_ Parent: \_\_\_\_\_



# My Self I am Special

**A. List a spiritual gift for serving that God has given you. With your parents work on improving your gift this year.**

**My Gift** \_\_\_\_\_

**Tell how you worked on it each of the months below.**

**August** \_\_\_\_\_  
**September** \_\_\_\_\_  
**October** \_\_\_\_\_  
**November** \_\_\_\_\_  
**December** \_\_\_\_\_



**My Child was faithful in improving his/her gift.**

Date: \_\_\_\_\_ Parent: \_\_\_\_\_



# My Self

## Wise Choices

Taught 9/28, 10/12 & 10/26



### Earn the Media Critic Award

**9/28 A.** What does the term "media" mean? List four examples.



**B.**

Read Philippians 4:8, 9.

How can we use these principles to help us form good media habits?

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

**10/12 A.** Discuss Media manners

I will improve by: \_\_\_\_\_

**B** After your teacher reads the beginning of a short story, make up your own ending.

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

**10/26 A.** How do the different forms of media impact the brain?

**B.** Tell why it is important not to read, listen or watch anything that puts bad thoughts in our minds.



Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

### With Your Group: Do one of the following

- \_\_\_\_\_ Perform in a skit or other entertainment of a wholesome nature
- \_\_\_\_\_ Role play media manners or peer pressure.

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

### On Your Own: Do one of the following:

\_\_\_\_\_ Make an advertising poster

\_\_\_\_\_ Other than school work, track your free time on a week-day.

Count up the time you spend with Christ-centered media as opposed to secular media. Which takes more of your time? If you are spending more free time with secular media than with God, plan to change your habits.

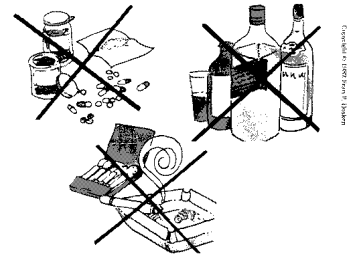
\_\_\_\_\_ Discuss with your parents their guidelines for choosing media.



# My Self

## My Body

Taught 11/9, 11/23, & 12/14



### Earn the Temperance Award

11/9 A. Why is important to take care of our bodies?

Read I Corinthians 6:19, 20 and I Corinthians 3:17.

B. What does the word temperance mean?

C. Learn why we should not use of tobacco, alcohol, and drugs.  
What do they do to our bodies? How we can choose not to use them ourselves?

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Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

11/23 A. Learn why it is important to:



Drink at least 8 glasses of water a day



Spend at least 2 hours a day out of doors in fresh air and sunshine

Get at least 10 hours of sleep



B. Memorize 1 Corinthians 6:19-20

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

12/14 A. Learn why it is important to:



Have a good diet including fruits, vegetables, grains and nuts.



Get exercise that includes endurance, strength, and flexibility.

Trust in God for good health.



B. Memorize the 8 principles of health. Nutrition, Exercise, Water, Sunlight, Temperance, Air, Rest, Trust

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

**On Your Own: Practice good health habits at home by doing two of the following:**

- \_\_\_\_\_ Trying new vegetables until you can add at least one of them to your regular diet.
- \_\_\_\_\_ Going to bed at the appointed time without complaining (Test time 2 weeks)
- \_\_\_\_\_ Spend 2 hours each day out of doors. (Test time 1 week)
- \_\_\_\_\_ Choose one health principle that you want to improve.
- \_\_\_\_\_ Spend time asking God for help and then do it.

# My Bonus Awards

Taught 8/24, 9/14, 11/9 & 12/14



## Earn the Tree Award

**8/24 A. Learn the difference between a deciduous tree and an evergreen tree.**

A Deciduous tree is \_\_\_\_\_

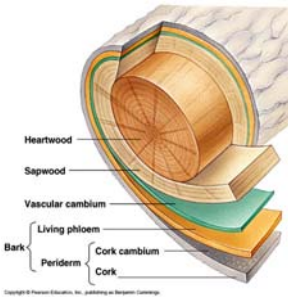
An Evergreen tree is \_\_\_\_\_

**B. Learn the parts of a tree. (Leaves, branches, bark, trunk, roots)**

What do the rings of the tree tell us?

\_\_\_\_\_

Date: \_\_\_\_\_ Teacher: \_\_\_\_\_



**9/14 A. Why do leaves change color?**

**B. Learn the difference between hard and soft wood.**

**C. Make a leaf rubbing.**

Date: \_\_\_\_\_ Teacher: \_\_\_\_\_



**11/9 A. Learn 3 deciduous trees and two evergreen trees**



a. Oak



b. Maple



c. Willow



d. Redwood



e. Cedar

**B. Learn Genesis 2:9**

Date: \_\_\_\_\_ Teacher: \_\_\_\_\_

**12/14 A. Learn 3 fruit trees and 2 nut trees.**



a. Orange



b. Apple



c. Cherry



d. Walnut



e. Almond

**B. How do trees reproduce?**

\_\_\_\_\_

Date: \_\_\_\_\_ Teacher: \_\_\_\_\_

**On your own: Do two of the following**

- \_\_\_\_\_ Collect and press 10 leaves.
- \_\_\_\_\_ Watch a tree, and tell about animal or bird visitors
- \_\_\_\_\_ Visit an arboretum with your parents
- \_\_\_\_\_ With your parents plant a tree in your yard.

# My Bonus Awards

Taught 8/31, 9/28, 10/26 & 11/23



## Earn the Astronomer Award

**8/31 A.** What is Astronomy? \_\_\_\_\_



Define the following:

Galaxy: \_\_\_\_\_

Solar System: \_\_\_\_\_

Planet: \_\_\_\_\_

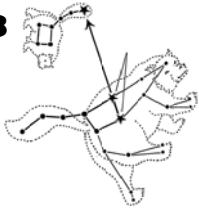
Star: \_\_\_\_\_

Constellation: \_\_\_\_\_

**B.** Learn Psalms 8: 3,4

Date: \_\_\_\_\_ Teacher: \_\_\_\_\_

**9/28**



**A.** Learn the relationship between the:  
a. Big Dipper b. Little Dipper c. North Star

**B.** Learn the constellation Cassiopeia.

Date: \_\_\_\_\_ Teacher: \_\_\_\_\_

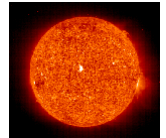


**10/26**

**A.** Learn the 8 Planets on our solar system

A. Mercury B. Venus C. Earth D. Mars  
E. Jupiter F. Saturn G. Uranus F. Neptune

**B.** What is the name of the star at the center of our system?  
\_\_\_\_\_ Where does it rise? East or West



Date: \_\_\_\_\_ Teacher: \_\_\_\_\_

**11/23**

- A.** Learn the Constellation Orion  
**B.** Learn the stars: Rigel and Belteguese  
**C.** Learn the Spiritual Significance of Orion. (Ellen White's Writings)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Date: \_\_\_\_\_ Teacher: \_\_\_\_\_

## On your own, do two of the following with your parents.

- \_\_\_\_\_ With your parents, find Orion in the night sky.  
\_\_\_\_\_ Make a constellation peep box.  
\_\_\_\_\_ Visit a planetarium  
\_\_\_\_\_ Observe the sky at sunrise, sunset and moon rise.

Date: \_\_\_\_\_ Parent: \_\_\_\_\_



\_\_\_\_\_ has successfully completed the first  
half of the Builder Pin

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

**Awards Earned**

\_\_\_\_\_ Bible 2  
\_\_\_\_\_ Media Critic  
\_\_\_\_\_ Temperance  
\_\_\_\_\_ Trees  
\_\_\_\_\_ Astronomer

\_\_\_\_\_ has completed the above dated awards.

Teacher: \_\_\_\_\_

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