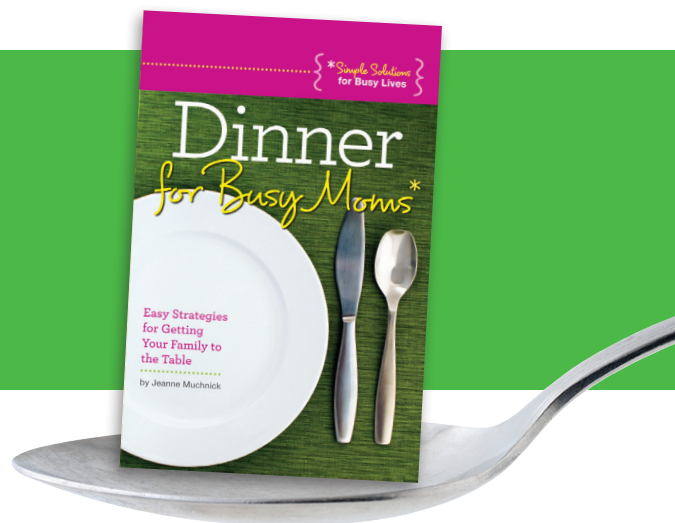


# Dinner for Busy Moms\*

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## Author Jeanne Muchnick- Bio

**Jeanne Muchnick** is a freelance journalist and the former editor of *BaBY Magazine* and *BaBY Magazine's Infant Care Guide*, two publications aimed at helping new moms deal with the physical and emotional aspects of parenthood. Muchnick also served as an editor in the articles departments at *Good Housekeeping* and *Woman's Day Special Interest Publications* and was the Travel Editor at *Woman's World Magazine*.

Since going freelance in 1999, Muchnick has published hundreds of parenting and lifestyle articles for various publications and websites including *The New York Times*, *The Boston Globe*, *Woman's Day*, *Ladies' Home Journal*, *Parents*, *Parenting*, *Child*, *Pregnancy*, *Sesame Street Parents*, *Healthy Kids*, *Family Life*, *ShapeFit Pregnancy*, *Women's Health & Fitness*, *Westchester Magazine*, *Long Island Parents & Child*, *In Town Magazine*, *Rockland Magazine*, *Endless Vacation*, *Sprout.com*, *Family*

*.com*, *FamilyTravelTimes.com*, and *MomLogic.com*.

She has also been a contributor to several books including *See Mom Run*, *The Best Places to Kiss in New York*, *The Rough Guide* series and *The Birnbaum* guidebooks. TV appearances include CNBC's *Parent's Helper*, *Steals and Deals*, *News 12 Westchester*, *Good Day New York Sunday* and *RNN*.

She considers herself to be the quintessential suburban mom, complete with two daughters who she embarrasses simply by breathing, a husband who doesn't understand why there are so many beauty products in the bathroom, a shedding dog, a lawn that forever needs mowing, and a messy house/car filled with overdue library books, clothes headed to the dry cleaners and an assortment of reusable shopping bags. She lives in Larchmont, NY. For more information, go to [JeanneMuchnick.com](http://JeanneMuchnick.com) or [DinnerForBusyMoms.com](http://DinnerForBusyMoms.com).



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