

Hello Members,

Here are the latest OSSA news updates. If you have difficulty reading this message it can be viewed at speedskating.ca in the [e-News section](#).

Looking for a coaching course? Look no further! We're offering FUNdamentals Part A or B and the FUNdamentals Leader course:

- FUNdamentals Coach Part A, August 20-21 in Waterloo
- FUNdamentals Coach Part B, September 17-18 in Markham
- FUNdamentals Leader, September 17 in Markham

You can register for the Waterloo course using our [registration form](#). Register for the Markham courses online at <http://bit.ly/SuperClinic>.

Summer camps in Ontario still taking registrations! Sign up today to avoid missing out on these great opportunities.

- **Cambridge:** [OSSA Summer Camp](#) – August 5 – 7. Click on the link for details.
- **Kitchener-Waterloo:** [FUNdamentals Speed Skating Camp](#) – August 20 – 23. Click on the link for details.
- **Oakville:** Coach Matt's popular Weekend Mini Summer Speed Skating Camp! Two Groups: Friday, August 12, 2011 - 5:00 to 8:50 p.m., Saturday, August 13 and Sunday, August 14, 2011 - 2:30 to 6:20 p.m. Please contact: Mark O'Donnell at (647) 401-1189 for Registration particulars.

The weekend became one of the hottest and most humid of the summer, but that didn't stop a group of top Ontario skaters from putting out their best effort at the 'Overland and On The Ice' training camp hosted by the Cambridge Speed Skating Club on July 8-10.



And who wouldn't when the coaches were the Overland family: not one, not two, but three Olympian siblings, with four Games and two medals between them quite apart from their successes on the World Cup circuit, world records, and national awards, and their father, a long-time nationally-renown coach. With those eight eyes on them, with all the knowledge and experience behind them, the new generation of Olympic hopefuls knew that this was no ordinary practice or camp, but one which they were unlikely to have the opportunity to repeat.

So work hard they did, both in the outdoor 'Over(-the-)land' dryland sessions and in the 'On The Ice' skating sessions, with 7½ intense hours devoted to each during the weekend. When it was over, a lot of tired, but inspired, teenagers clambered into their vehicles for their rides home to clubs across Ontario, the better for the experience.

A big thanks to Ernie, Kevin, Cindy, and Amanda for coming together to provide the skaters with this unique experience, and to the Cambridge Club for organizing the event.



Do you have photos you'd like to see on the [OSSA Flickr site](#)? Please send them to me at executivedirector@ontariospeedskating.ca!

As you may have heard the facility used by the skaters in the Yukon was a [victim of arson late last month](#). They have lost all of their mats and they won't be covered by insurance. In hopes of being able to skate when the facility opens again in January they are frantically applying for grants and looking to the community for donations. Any ideas or financial help you can send our way would be greatly appreciated. If you would like to help please contact Laini Klassen, President, YASSA: computec@northwestel.net

Please let us know if you would like to be removed from this mailing list.

Ontario Speed Skating Association

www.ontariospeedskating.ca

Find us on [Facebook](#) and [Twitter](#)!

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