



# ONTARIO SPEED SKATING ASSOCIATION

## INJURY TRACKING FORM

The purpose of the Injury Tracking Form is to provide the Safety Task Group and Speed Skating Canada with an overview of the rate and nature of injuries occurring across the province. Clubs are asked to submit a form for any injury that occurs during practice or competition (skater, coach, or other). Identifying trends will lead to improved safety measures for all. Name of injured person is not mandatory. Fill in all other information as applicable.

Initials \_\_\_\_\_ Age \_\_\_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_

Gender  Male  Female

Club \_\_\_\_\_ Facility Name \_\_\_\_\_

Role (skater, coach, other) \_\_\_\_\_

Date of Injury (dd/mm/yy) \_\_\_\_\_ Number of years skating \_\_\_\_\_

Time of Injury (am/ pm) \_\_\_\_\_ Time session commenced \_\_\_\_\_ Time since flood \_\_\_\_\_

Occurred During:  Off-ice activity  Short track  Long track

Accident/Injury Occurred in:  Training  Competition

Skater's ability:  Beginner  Intermediate  Advanced

Ice conditions:  Good  Average  Poor

First Aid or Medical attention required:  Yes  No

Ambulance transportation required:  Yes  No

Proper warm-up performed?  Yes  No

All protective equipment worn?  Yes  No

Crash mats in standard location?  Yes  No

Please describe events leading up to incident:  
 (What drills were being performed, number of skaters involved, conditions, etc.) \_\_\_\_\_

---



---



---



---

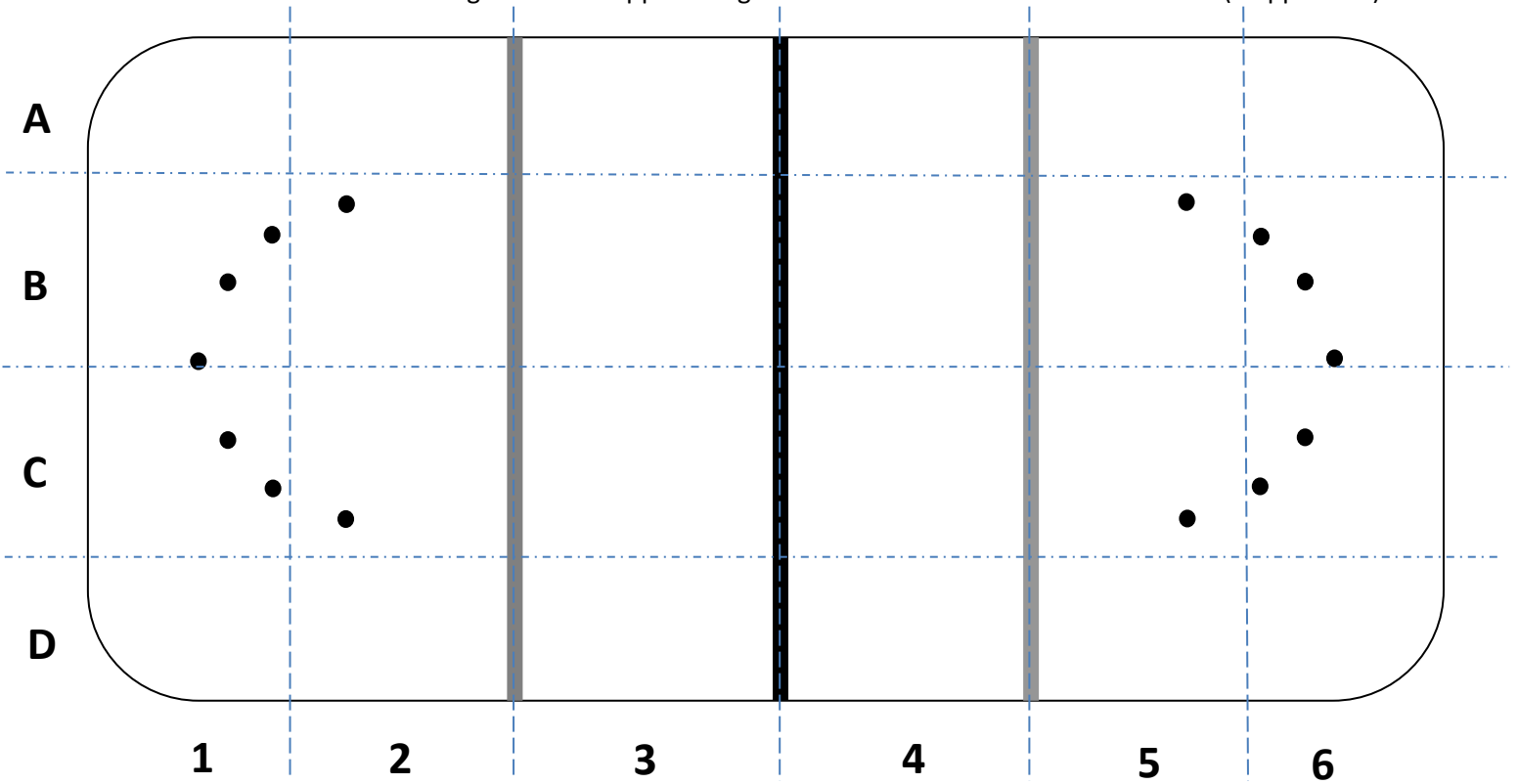


---



---

Indicate location of incident on diagram or use applicable grid to describe location in section below (if applicable):



Description of injury and anticipated return to activity:

---

---

---

---

---

---

---

---

Are there any other factors that may have contributed to the incident?  
(Previous injuries, equipment problems, etc.)

---

---

---

---

---

---

---

---

---

---

---

Were there enough resources and support to handle the injury? (manage the scene, administer First Aid, accessible and stocked First Aid kit, access to arena staff, emergency action plan)

---

---

---

---

**SEND TO:** OSSA Sport Manager (Sarah Leslie)

Email: [sportmanager@ontariospeedskating.ca](mailto:sportmanager@ontariospeedskating.ca)

Fax: 705-652-1227

Mail: PO Box 1179, 2 Queen Street, 2<sup>nd</sup> Floor, Lakefield, ON K0L 2H0