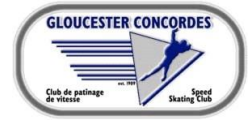




EASTERN REGIONAL MEET #2  
 Hosted by: **Gloucester Concordes Speed Skating Club**  
**Ottawa, Ontario**



ENTRY FORM

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age Class: \_\_\_\_\_ Gender:  Female  Male  
 mm/dd/yy

Helmet # \_\_\_\_\_

Please check the appropriate group below. Seed time required to skate.

Group 1 (Female and Male 15 years and older and Masters): 111m Time: 500m \_\_\_\_\_

Group 2-(Girls 11-14 years old and Boys 12-14 years old): 100m Time: 400m \_\_\_\_\_

Group 3 (Girls 6-10 years old and Boys 6-11 years old): 100m Time: 400m \_\_\_\_\_

**WAIVER**

In consideration of your accepting this entry, I hereby for myself, my heirs, my executors, administrators and assigns waive and release any and all rights and claims for damages I may have against Speed Skating Canada, The Ontario Speed Skating Association, the **Gloucester Concordes** Speed Skating Club, the City of **Ottawa**, their agents, officers, or members for any and all injuries suffered by me at the said contest to be held on **November 2, 2013** at **Ottawa** Ontario. I understand that the activity I will be participating in has inherent risks.

In witness whereof, I have hereunto set my hand and seal, this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_  
 (day) (month) (yr)

\_\_\_\_\_  
 Signature of participant

\_\_\_\_\_  
 Signature of parent or guardian  
 (if participant under 18)

**ENTRY DEADLINE:** \_\_\_\_\_ October 23, 2013