



**EASTERN REGIONAL MEET #3**  
Hosted by Quinte Blades Speed Skating Club  
Belleville, ON



Date:	Sunday, December 8, 2013	
Location:	Yardmen Arena, Quinte Sports and Wellness Centre 265 Cannifton Road, Belleville, Ontario	
Sanctioned By:	The Ontario Speed Skating Association	
Check In:	Sunday, December 8, 2013 7:30am – 7:45am at Yardmen Arena Please register and check in by Club only!	
Coaches Meeting:	Sunday, December 8, 2013 7:45am	
Officials Meeting:	Sunday, December 8, 2013 8:15am	
Warm Ups:	Starting at 8:00am. Racing to follow.	
Entry Fee:	\$55.00 per skater, \$100.00 per family Club cheque only – payable to Quinte Blades Speed Skating Club	
Entry Deadline:	Wednesday, November 27, 2013 at 10:00pm. LATE ENTRIES WILL NOT BE ACCEPTED.	
Entries Via:	Provincial registrar ( <a href="mailto:registrar@ontariospeedskating.ca">registrar@ontariospeedskating.ca</a> ) By phone to: Cindy Van Lierop 519-657-9797	
For more meet information contact:	<a href="mailto:caneanderson@hotmail.com">caneanderson@hotmail.com</a> or 613-477-1960	
Accommodation:	Travelodge Belleville 11 Bay Bridge Road, Belleville, ON K8P 3P6 613-968-3411 \$117.00/night + taxes (quote Quinte Blades) Booking deadline November 7 <sup>th</sup> .	Comfort Inn 200 North Park Street Belleville, ON K8P 2Y9 613-966-7703 \$105.99/ night + taxes (quote Quinte Blades)
Health Cards:	Please be sure that all skaters travel with a copy of their health card number as it may be required in case of an emergency.	
Mandatory Equipment:	SSC regulation D3-100	