



Provincial "C"

Short Track Age Class Championships

Hosted by: MILTON SPEED SKATING

Saturday March 22nd & Sunday March 23rd, 2014



Eligible Age Classes & Racing Format

Females and males 6 – 10 years old; All points, age class and gender specific

Name: _____ Sex: Male or Female

Address: _____

Tel. No. _____ Email _____

Date of Birth: ____/____/____ Age as of July 1st 2013: _____
Day / Month / Year

Helmet cover #: _____ SSC #: _____ Club: _____

Coach _____ Time: 400m _____ seconds

MEET DISTANCES:

It is at the discretion of the Meet Coordinator to determine which combination of distances will make up the racing program for each age group, however every effort should be made to provide equal racing opportunities for each gender.

However the suggested distances (as per the OSSA Technical Bulletin) are:

- All groups 100m 200m, 400m, 500m
- 1500m for boys and girls 9-10 years old
- Super 500m for boys and girls 6-8 years old

MANDATORY EQUIPMENT:

In accordance with Speed Skating Canada regulation D3-100, all competitors must wear hard shell helmets, bib-style neck protectors, cut resistant gloves or mitts, knee pads, shin guards and long sleeve clothing for this competition. The back corner of skate blades must be rounded off and shatter-resistant protective sport glasses or a complete visor. Glasses must be held on by an elastic strap.

WAIVER

In consideration of my accepting this entry, I hereby for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against Speed Skating Canada, The Ontario Speed Skating Association, the Milton Speed Skating Club, the town of Milton, their agents, officers, or members for any and all injuries suffered by me at said competition to be held on March 22nd and 23rd, 2014, at the Milton Sports Centre, Milton Ontario. I understand that the activity I will be participating in has inherent risks.

Signature of Parent or Guardian: _____
(for participant that is under 18)

In witness whereof, I have here unto set my hand and seal this ____ day of _____, 20 ____.

NOTE: All skaters should have their own helmet covers with them or will have to rent one for the day from the Meet Coordinator at registration.