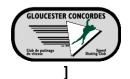


EASTERN REGIONAL #2

Hosted by: Gloucester Concordes Speed Skating Club Ottawa



FAMILY ENTRY FORM

Name #1						
Date of Birth		Age Class:		Gender:	□ Female	□ Male
400m or 500m Seed Time:	mm/dd/yy (new racers only)	□ 400m (100m track) □ 500m (111m track)	Helmet #: _			
Name #2						
Date of Birth		Age Class:		Gender:	□ Female	□ Male
400m or 500m Seed Time:	mm/dd/yy	□ 400m (100m track) □ 500m (111m track)	Helmet #·			
Seed fille.	(new racers only)	-	Heimet #.			
Name #3						
Date of Birth		Age Class:		Gender:	□ Female	□ Male
400m or 500m Seed Time:	mm/dd/yy	□ 400m (100m track) □ 500m (111m track)	Helmet #:			
	(new racers only)					
Name #4						
Date of Birth		Age Class:		Gender:	□ Female	□ Male
400m or 500m Seed Time:	mm/dd/yy (new racers only)	□ 400m (100m track) □ 500m (111m track)	Helmet #:			
	. , , , ,					
Club:						
Address:				Phone:		
City:			Province:		Postal Code: _	

MANDATORY EQUIPMENT:

In accordance with Speed Skating Canada regulation D3-100, all competitors must wear hard shell helmets, bibstyle neck protectors, even if you are wearing a Kevlar suit, cut and water resistant gloves or mitts, knee pads, shin guards, ankle protection, and long sleeve clothing for this competition. The tips of skate blades must be rounded off and shatter-resistant protective sport glasses (clear or yellow) or a complete visor. Glasses must be held on by an elastic strap.

WAIVER

In consideration of your accepting this entry, I hereby for myself, my heirs, my executors, administrators and assigns waive and release any and all rights and claims for damages I may have against Speed Skating Canada, The Ontario Speed Skating Association, the Gloucester Concordes Speed Skating Club, the City of Ottawa, their agents, officers, or members for any and all injuries suffered by me at the said contest to be held on November 16, 2014 at Ottawa, Ontario. I understand that the activity I will be participating in has inherent risks.

In witness whereof, I have hereunto set my hand and seal, this	day of	ţ.	,	
	(day)	(month)	(yr)	
Signature of parent or guardian				

ENTRY DEADLINE: November 5, 2014