



# MARKHAM SPEED SKATING CLUB

## "GIRLS GO FAST" REGISTRATION FORM

December 27, 2014

ANGUS GLEN COMMUNITY CENTRE, Markham



### SKATER INFORMATION

<b>First Name:</b>		<b>Last Name:</b>	<b>Age:</b>
<b>Club (if applicable):</b>		<b>Do you require speed skates?</b>	
<b>Do you have past Speed Skating experience?</b> <input type="checkbox"/> YES <input type="checkbox"/> NO		<input type="checkbox"/> YES      Shoe Size: _____ <input type="checkbox"/> NO	
<b>If you have previous speed skating experience, please indicate your current time on:</b> 400m _____ 500m _____			
<b>Do you have any special dietary restrictions? If YES, please indicate below.</b>			
<b>Special medical information? Please indicate below.</b>			

### SKATER INFORMATION

**TOTAL FEES (Pre-registration is required - payment attached).....\$25.00**

### PARENT(S) or GUARDIAN(S) *if under 18 yrs of age*

<b>Mr. / Mrs. / Ms.</b>		
<b>Street Address</b>	<b>City</b>	<b>Postal Code</b>
<b>Home Phone</b> (    )	<b>Mobile Phone</b> (    )	
<b>Email</b>	<b>Other Contact option:</b>	



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### **Mandatory Equipment**

*In accordance with Speed Skating Canada regulation D3-100, all participants must wear hard shell helmets, neck protectors, cut and water resistant gloves or mittens, knee pads, shin guards, with no exposed skin. Ankle protectors and shatter resistant protective spot glasses (clear or yellow are greatly encouraged). Running shoes, yoga mat (some mats will be available on event day), and comfortable exercise clothing will be required for off-ice activities. Lunch is provided, however, a re-usable water bottle and snacks are recommended. **A limited amount of equipment will be available for the day, please tell us if you require any safety equipment.***

### **WAIVER**

*Skating entails risks which the Markham Speed Skating Club ("the Club") endeavours to minimize. In the event of an accident, I hereby for myself, my heirs, my executors, administrators and assigns waive and release any and all rights and claims for damages I may have against the Club, their agents, officers, or members for any and all injuries suffered by me while participating at the event.*

Signature of Participant: \_\_\_\_\_

Signature of Parent or Guardian (if under 18 yrs of age): \_\_\_\_\_

*I hereby give permission for images of myself/my child, captured during the GIRLS GO FAST on Thursday, December 29, 2014 through video, photo, and digital camera, to be used solely for the purposes of Markham Speed Skating Club promotional material and publications and waive any rights of compensation or ownership thereto.*

☐ YES

☐ NO

**REGISTRATIONS ARE DUE BY DECEMBER 12, 2014. PLEASE RETURN COMPLETED FORM AND PAYMENT TO:**

MARKHAM SPEED SKATING CLUB  
5694 Highway 7 East, Suite 407  
Markham, ON L3P 0E3

Reserve your spot by emailing registration forms to [info@markhamspeedskating.org](mailto:info@markhamspeedskating.org)  
Spaces are limited.