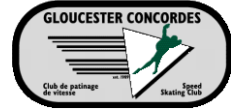




MASTERS PROVINCIAL CHAMPIONSHIPS
PROVINCIAL B CHAMPIONSHIP
Hosted by: Gloucester Concorde Speed Skating Club
Ottawa, Ontario



Date:	March 28-29, 2015
Location:	Elizabeth Manley Arena, Bob MacQuarrie Complex 1490 Youville Drive, Ottawa, On, K1C3G7
Sanctioned By:	The Ontario Speed Skating Association Speed Skating Canada
Check In:	March 28, 2015, Hall C (downstairs) 7:00-7:30 am Please register and check in by Club only!
Coaches Meeting:	In coaches' box immediately after warm-up
Officials Meeting:	March 28, 2015 Hall C (downstairs) 8:00 am
Warm Ups:	8:00 am
Entry Fee:	\$100.00 per person \$230.00 family 3 or more
Seed Times:	Ages 11-12-13 (100m) 400m (seed times from the OSSA ranking list) 14-29-Open (111.12m) 500m (seed times from the OSSA ranking list) Masters (111.12m) 500m
Entry Deadline:	March 18, 2015 LATE ENTRIES WILL NOT BE ACCEPTED.
Entries Via:	Registrations for this meet are only being accepted online. Visit the link below to complete registration. Registrations can be done by individuals. Skaters will still need to provide payment and the completed to waiver to their home club. https://zone4.ca/reg.asp?id=7694
For more meet information contact:	Sandra Chenard: sgchenard@sympatico.ca or 613-830-8214
Accommodation:	Chimo: 613-744-1060 Travelodge Ottawa East: 1-613-745-1133 or 1-800-578-7878 Quality Inn: 1-613-834-3938
Health Cards:	Please be sure that all skaters travel with a copy of their health card number as it may be required in case of an emergency.
Mandatory Equipment:	In accordance with Speed Skating Canada regulations, D3-100, all competitors must wear: hard shell helmets, bib-style neck protectors, cut and water resistant gloves or mitts, knee pads, shin guards, long sleeved clothing, safety glasses with head strap, Kevlar ankle protectors, and corners of blades must be rounded off.

Eligibility:

Regional Skaters must have skated in at least one (1) Regional Series meet during the 2014-15 season. If a Regional skater is invited to attend a Provincial Series meet, this does not preclude the requirement to attend a Regional Series meet. Skaters who opted out of the Provincial Series in writing at the beginning of the year or at the midway point (December 2014) are eligible for this competition.

To attend the Masters Provincial Championships, the skater must be an OSSA registered member in good standing. Masters skaters who competed in the Provincial Series competitions throughout the season are eligible for this competition.
