



Coaching Association of Canada

# National Coaching Certification Program

THE GOAL: Coaches who can demonstrate their competence

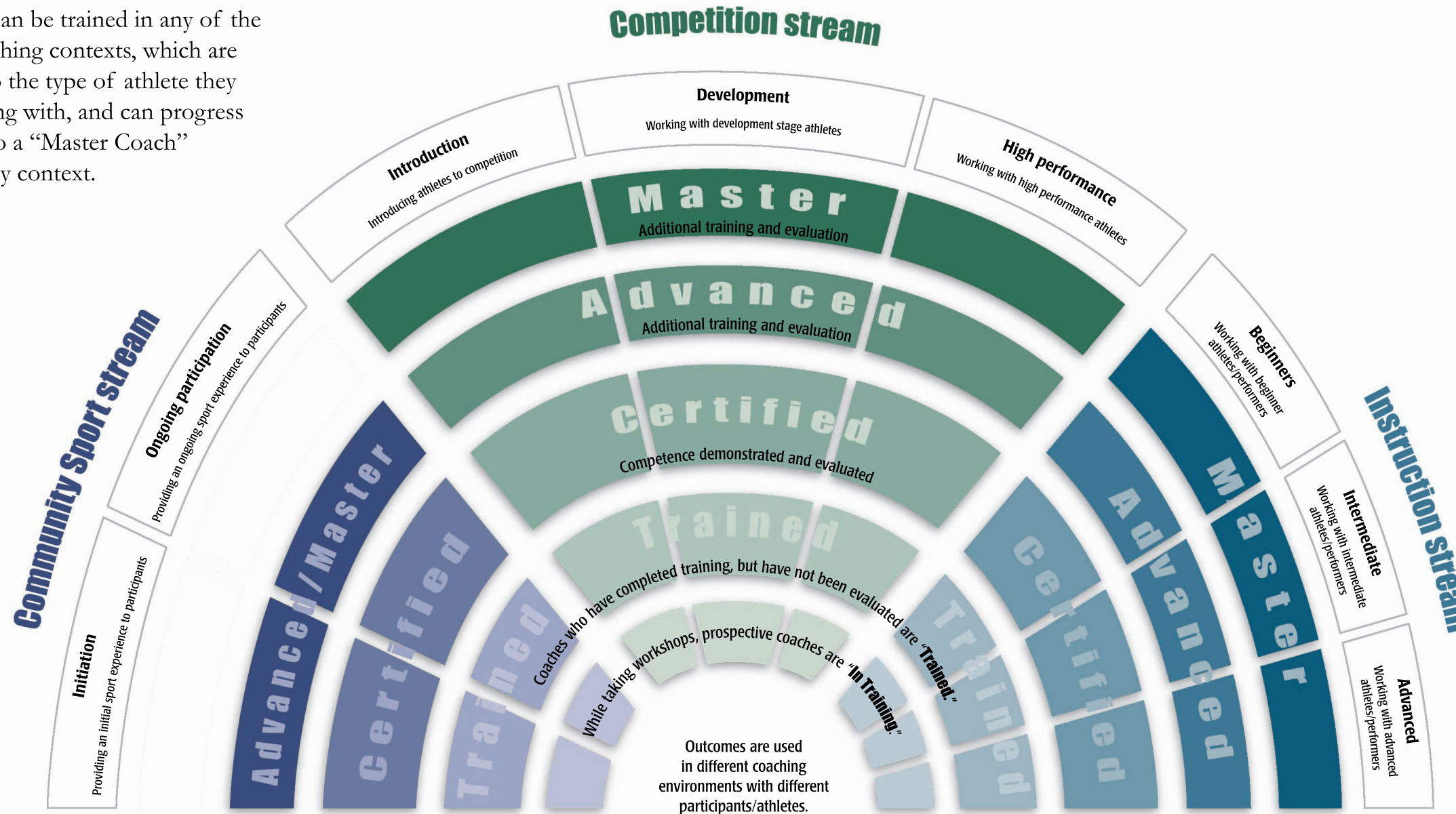


National Coaching Certification Program

## Coach Certification

The National Coaching Certification Program certifies coaches who have demonstrated their ability to apply critically important competencies in coaching situations relevant to the athletes they coach. This means that coaches must not only know about coaching but be able to demonstrate their ability to apply this knowledge in the coaching situation. Certification is valid for no longer than 5 years and professional development is required to maintain certification.

Coaches can be trained in any of the eight coaching contexts, which are specific to the type of athlete they are working with, and can progress through to a “Master Coach” level in any context.



## Community Sport stream

### Initiation (CSp-Int)

New participants are encouraged to participate in the sport and introduced to sport basics in a fun, safe and self-esteem building environment regardless of their ability.

### Ongoing participation (CSp-Ong)

Participants are encouraged to continue participating in the sport for fun, fitness, skill development, and social interaction.

## Competition stream

### Introduction (Comp-Int)

New sport participants are taught basic sport skills and athletic abilities in a fun and safe environment and are typically prepared for local and/or regional level competitions.

### Development (Comp-Dev)

Developing athletes are coached to refine basic sport skills, to develop more advanced skills and tactics, and are generally prepared for performance at provincial and/or national level competitions.

### High performance (Comp-HP)

High performance athletes are coached to refine advanced skills and tactics and are typically prepared for performance at national or international level competitions.

## Instruction stream

### Beginners (Inst-Beg)

Participants of all ages, with little or no sport experience, are taught basic sport skills.

### Intermediate performers (Inst-Imd)

Participants, who already have some experience and proficiency in the sport, are taught to refine basic skills and introduced to more complex techniques.

### Advanced performers (Inst-Adv)

Participants, who are experienced and already proficient in the sport, are taught to refine advanced skills and techniques.

Training and certification are generally designed for coaches working in a particular stream with a target group of athletes. Becoming certified to coach other target athletes, or in other coaching streams, requires additional training and evaluation. Previous coach education and experience is recognized. By demonstrating important NCCP coaching competencies, progress towards certification is achieved.



The five core competencies are made concrete through specific coaching outcomes.



There are five NCCP core competencies.

Additional coach education opportunities are available to coaches that are “In Training”, “Trained”, or “Certified”. These opportunities may be used as personal development, as a step towards training or certification in another coaching stream, or for certification to work with different types of athletes. They may also be used to meet the requirements of certification and for the maintenance of certification.