



**OSSA**  
**ONTARIO SPEED SKATING**  
**ASSOCIATION**

## **SHORT TRACK TECHNICAL BULLETIN 2016-2017 SEASON**

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## **PREAMBLE**

The purpose of this Bulletin is to provide information concerning the format of Ontario-based competitions, competition regulations that define the running of competitions, and the eligibility of skaters for those competitions. The statements made in this Technical Bulletin remain in effect unless they are superseded in a later Bulletin.

The Technical Bulletin will be posted on OSSA's website at [www.ontariospeedskating.ca/technical-bulletins/](http://www.ontariospeedskating.ca/technical-bulletins/)

The order of precedence for speed skating rules for events sanctioned by OSSA is:

- This Technical Bulletin (2016-2017 OSSA Technical Bulletin)
- SSC Rule Book
- ISU Rule Book

**PARTICIPANTS, COACHES, CLUB OFFICIALS, AND PARENTS ARE REMINDED THAT A RULING BY THE CHIEF REFEREE AT ANY EVENT IS FINAL AND IS ONLY SUBJECT TO PROTEST/ APPEAL IN ACCORDANCE WITH THE PROCESS SET OUT IN THE INFORMATION MANUAL. OSSA'S CODE OF CONDUCT APPLIES IN ALL DEALINGS WITH MEET COMPETITION OFFICIALS.**

Questions about the content of this Technical Bulletin may be directed to Sarah Leslie, Sport Manager, at [sportmanager@ontariospeedskating.ca](mailto:sportmanager@ontariospeedskating.ca) or 844-677-6772 ext.102.

## **MISSION STATEMENT**

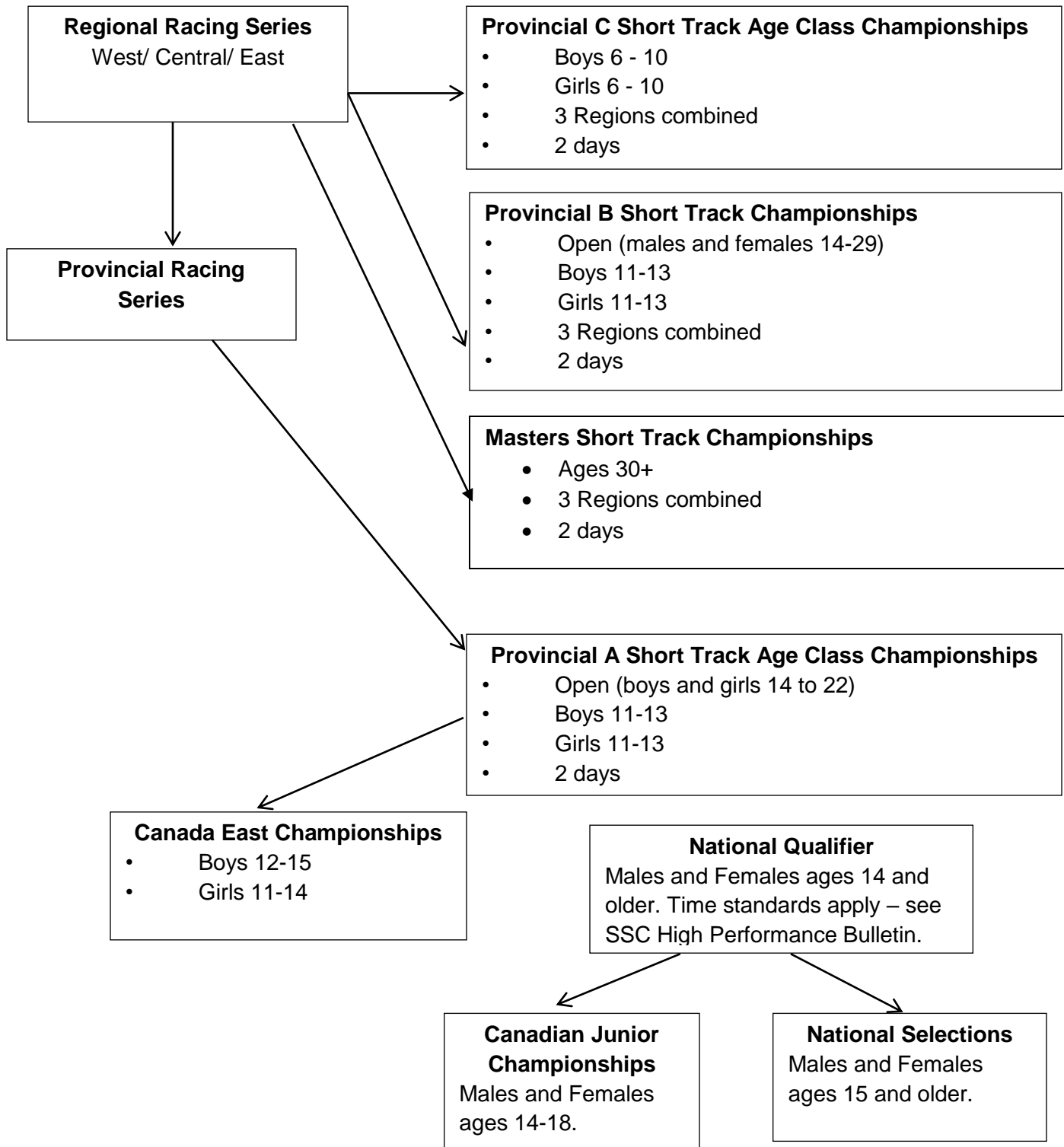
With a skater focus, OSSA promotes, governs, and develops speed skating at all levels through a positive environment, and fosters a life-long passion for the sport.

## **PROVINCIAL REGISTRAR**

To better facilitate the registration process for Regional and Provincial Series meets, OSSA has created the position of Provincial Registrar. This position will be held by Cindy Van Lierop during the 2016-2017 season ([registrar@ontariospeedskating.ca](mailto:registrar@ontariospeedskating.ca)). Host clubs will be contacted by the Provincial Registrar in advance of their meets. All entries will be confirmed with the clubs by email upon close of all registrations.

# ONTARIO SHORT TRACK COMPETITION FLOW CHART

\*Note: the 2017 Provincial B Short Track Championships will be hosted at the same venue as the Provincial C Short Track Championships. The 2017 Masters Short Track Championships will be hosted with Provincial Series #4.



# COMMON COMPETITION PROCEDURES

## Coaching Certification Requirements

### All Meets:

There is a limit of 2 club coaches permitted in the coaching box and they must be registered with OSSA. They must also wear their OSSA designated name tag if such is provided.

### Regional Series Meets:

Coaches in the box should be Fundamentals Coach certified status.

### Provincial Series Meets:

Coaches in the box should be Introduction to Competition certified status.

## Check-In and Coaches Meeting

Check in will take place prior to the warm up on the first day of competition. The coaches and officials meeting will take place before the start of competition. Location and time shall be listed on the meet announcement form.

All Ontario Speed Skating Association competitions will have **no refunds after the close of all entries (12:00 noon on the Friday, eight days prior to the start of the meet)**. No exceptions including medical circumstances.

## Equipment

Speed Skating Canada equipment requirements (Regulation D3-100) will be in effect for all OSSA sanctioned events. Reference may be made to <http://www.speedskating.ca/resources/safety/protective-equipment/short-track-protective-equipment>, or the above-noted regulation in the Red Book.

Skaters shall not wear skin suits from national teams.

## Timing

### Regional Series Meets

Manual timing will be in effect unless electronic timing can be secured. When using manual timing, 0.2 seconds shall be added to manually captured times in accordance with ISU rules.

### Provincial Series Meets:

Electronic timing will be provided at all Provincial Series Meets and the Provincial A Age Class Championships. Manual timing will be in effect as a back-up to the electronic timing. When using manual timing, 0.2 seconds shall be added to manually captured times in accordance with ISU rules.

## PRE-SEASON MEETS

There shall be 2 pre-season meets during the 2016-2017 season: Kitchener-Waterloo and Ottawa. Both events are 2 days in duration. There is no cap on the registration numbers.

- 6-10 year olds shall race all points ability, mixed gender format.
- 11-13 year olds from the Regional and Provincial Series shall race all points ability, gender specific format.
- 14 year olds and above shall race as an Open category. All points ability, gender specific format.

### SKATER ELIGIBILITY

Regional and Provincial Series skaters are eligible to register.

### RACING DISTANCES

Racing distances will be established by the Meet Coordinator, Chief Referee, and Chief Recorder based on number of entries.

### AWARDS at the Pre-Season Meets

See Appendix B. Medals will be awarded to the top 3 finishers in each Division based on the cumulative points earned during the Finals of each distance.

### INFORMATION for MEET ORGANIZER

- Classified as Two day meets (refer to pricing chart in Information Manual)
- Requires Olympic size ice pad (30 x 60 meters)
- Both 100.0m and 111.12m tracks must be marked on the ice surface and certified as correct
- Sanctions must be obtained from OSSA and SSC.
- Ice time requirements Day 1: 6:30am – 6:00pm and Day 2: 6:30am – 6:00pm (includes set up and tear down)
- Officials requirements are as follows:
  - Chief Referee and Starter should be Level 3, but could also be Level 2, if supervised by an official of a higher level for upgrade purposes.
  - Chief Timer and Judge should be Level 3, but could also be Level 2, if the official has been a Chief for at least 2 Regional meets and has taken the Level 2 clinic.
  - Championship Meets: Chief Referee, Starter, Timer, and Judge should be Level 3, but could also be Level 2, if supervised by an official of a higher level for upgrade evaluations.
- Level 3 crash mat protection is required for Provincial Series meets (SSC sanctioned meets). See SSC guidelines at <http://www.speedskating.ca/resources/safety/crash-protection/short-track-crash-protection> Section D2-102 and Appendix D3 at <http://www.speedskating.ca/appendices>.

### Seeding for Races

- Skaters aged 6-10: 400m on 100m track.
- Skaters aged 11-13: 400m+1500m on 100m track.
- Skaters aged 14+: 500m+1500m on 111.12m track.
- Masters: A separate group for Masters skaters may be made at the discretion of the Meet Coordinator if there are sufficient registrations for a given Regional Series Meet.

# REGIONAL RACING SERIES

These meets are All Points, Ability format.

## SKATER ELIGIBILITY:

- Any competitive member who participates in an OSSA sanctioned competition that is not classified as a Provincial Series skater will be considered a Regional Series skater.
- There are four different regions – West, Central, East, and Flex.
- Skaters from the host region who have properly registered will have priority in registration.

### East Region

Gloucester    Ottawa    Lakefield    St. Lawrence    Portland    Kingston    Kawartha    Quinte

### Central Region

Barrie    King    Newmarket    Markham    Toronto    Clarington    Durham    Brampton

### Western Region

Hamilton    Milton    London    Oakville    Cambridge    Kitchener-Waterloo    Niagara  
Golden Horseshoe    Bruce County

### Flex Region    \*Can register skaters in any region

Sudbury    Sault Ste. Marie    Thunder Bay

## REGISTRATION INFORMATION:

- See meet announcement for registration information. Skaters from the host region who have properly registered will have priority in registering for a Regional Series meet ahead of skaters from other regions. A maximum of 150 skaters will be accepted into each 1-day meet.
- For participation at **Regional** meets outside of their home region, **Regional** skaters must register to join the waitlist before the close of all entries. Registrations received during the extension (Thursday 12:00am – Friday 12:00pm) are double the entry fee. This includes waitlist skaters.
- For participation at **Regional** meets within their home region, **Provincial** skaters must register to join the waitlist before the close of all entries. Registrations received during the extension (Thursday 12:00am – Friday 12:00pm) are double the entry fee. This includes waitlist skaters.
- Once registration has closed, the Provincial Registrar will then add waitlisted skaters up to a maximum of 150 competitors.

Thus, the order of entries for Regional meets shall be:

1. Regional Skaters from inside the host region
2. Regional Skaters from the outside regions (going in order of highest ranked on the most recent OSSA ranking list to the lowest)
3. Provincial Skaters from inside the host region (going in order of highest ranked on the most recent OSSA ranking list to the lowest)

### Special Olympics:

- Race opportunities for Special Olympic skaters may be offered at any Regional Series meet at the discretion of the host club. Any club with Special Olympic skaters wanting to race, shall contact the host club at least 5 weeks in advance to establish registration numbers and distances (111m track only). A minimum of 3 skaters is required to run Special Olympic races. Registrations from a maximum of 16 Special Olympic skaters will be accepted. Host clubs, in consultation with the Chief Referee, will determine the racing agenda.
- Any Special Olympic skaters who are registered members of OSSA are able to participate in the regularly scheduled race offerings for their ages at a Regional meet. In such a case, the skater need only register for the meet by the deadline.

### Skaters who are classified as Provincial Series Skaters:

Provincial Series skaters have the opportunity to race in Regional meets within their region should space remain in that particular meet and provided they register as per the posted timelines.

### Out-of-Province Skaters

May attend a Regional Series meet provided they register as per the posted timelines. They shall balloon the registration cap of 150 competitors.

## RACING DISTANCES

3 Racing Groups	Distances for 1 day Regional Meet		
<b>Group 1</b> <b>Competitive for Life</b> Ages 14 years and older Mixed gender racing 111.12m track	Fastest group: 1000m x 2 500m x 2 Super 1500m	Next fastest group: 777m x 2 500m x 2 Super 1500m	All other group(s): 777m x 2 500m x 2 Super 1000m
<b>Group 2</b> <b>Train to Train</b> Girls 11-13 years Boys 11-13 years Mixed gender racing Both tracks	Fastest 2 groups: 400m x 2 (100m track) 500m x 2 (111.12m track) Super 1500m (100m track)	All other groups: 400m x 2 (100m track) 500m x 2 (111.12m track) Super 1000m (100m track)	
<b>Group 3</b> <b>Learn to Train</b> Girls 6 - 10 years Boys 6 - 10 years Mixed gender racing 100.0m track	Fastest group: 200m x 2 400m x 2 Super 1500m	Next fastest group: 200m x2 400m x2 Super 800m	All other group(s): 200m x2 400m x2 Super 500m

Note: time permitting, other events, including relays, may be added at the discretion of the meet coordinator.



Note: if there are time constraints, the Meet Coordinators and Chief Referee must consult with the VP Sport Administration (Marg Oliveira) if seeking changes to the Racing Distances.

## **AWARDS and RECORDS at the Regional Series Meets**

### **Regional Series Results**

See Appendix B. Medals will be awarded to the top 3 finishers in each Division based on the cumulative points earned during the Finals of each distance.

### **Regional Series Points Awards**

Certificates will be given to the five skaters in each region who receive the greatest amount of cumulative points from all Regional Series Meets within their own region in Group 3, in accordance with the procedure set out in Appendix C. These certificates will be presented at the Provincial C Championships awards ceremony.

### **Race Records**

Skaters at Regional Series competitions may not set records as they race with other age and gender groups.

## **INFORMATION FOR MEET ORGANIZERS:**

- Cradle classes may be run at the discretion of the host club.
- Both 100.0m and 111.12m tracks need to be marked on the ice surface.
- Sanctions must be obtained from OSSA in respect of every Regional Series competition.
- Ice time is needed from 7am to 6pm (includes set up and tear down time).
- Officials requirements are as follows:
  - Chief Referee, Chief Starter, Chief Timer and Chief Judge should be Level 2, but could also be Level 1, if supervised by an official of a higher level for upgrade evaluations.
  - Championship Meets: Chief Referee, Chief Starter, Chief Timer, and Chief Judge should be Level 2, but could also be Level 1, if supervised by an official of a higher level for upgrade evaluations, and if the Level 1 has officiated at least 2 meets.
- Level 3 crash mat protection is required for Regional meets. See SSC guidelines at [www.speedskating.ca/resources/safety/crash-protection/short-track-crash-protection](http://www.speedskating.ca/resources/safety/crash-protection/short-track-crash-protection) and Appendix D3 at [www.speedskating.ca/appendices](http://www.speedskating.ca/appendices)

## **Racing Format**

- 1 All points ability format.  
**All Points:** Format in which all skaters advance to finals and therefore accumulate points.  
**Ability:** Competition in which seeding is primarily on ability. Seed times prevail for seeding purposes, over sex and age within the three distinctive groups outlined above.
- 2 At all Ability competitions, category names will be standardized by using the alphabetic call designations as follows: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-ray, Yankee, Zulu. The top ability grouping must be designated as Alpha and then proceed down.
- 3 The groups may be skated in the opposite order starting with the lowest group and finishing with the top group, the Alphas, at the discretion of the Meet Coordinator and the Chief Referee.

- 4 The Chief Referee and Chief Recorder shall establish, to the extent possible, racing divisions of 16 skaters. In any case, the maximum size of a division shall be 16. For Group 1, the group sizes may differ based on the age group and ability of the registered skaters.

### **Seeding of Racers**

- Group 1 (500m on a 111.12m track), Groups 2 and 3 (400m on a 100.0m track)
- A separate group for Masters skaters may be made at the discretion of the Meet Coordinator if there are sufficient registrations for a given Regional Series Meet.
- Out-of-province skaters will be seeded as follows:
  - Open: on the basis of 500m time
  - Group 2: on the basis of 400m time, or if the skater does not have 100m track times, on the basis of the skater's 500m time. If 500m time is used, the skater will be placed near Ontario skaters with similar 500m times, at the discretion of the recorder who sets up the meet.
  - Group 3: on the basis of 400m time, or if the skater does not have 100m track times, on the basis of the skater's 500m time. If 500m time is used, the skater will be placed near Ontario skaters judged by the meet recorder to be of a similar speed, working on the assumption that a 48s 400m (100m track) is roughly equal to a 60s 500m (111.12m track).

# PROVINCIAL RACING SERIES

These meets are All points ability, gender specific.

## SKATER ELIGIBILITY

- Racing age 11 and older.
- Time standards and group quotas in effect.

## Invitations to the Provincial Series

- Skaters will be invited on the basis of their position on the OSSA Short Track Ranking List at the start of the 2016-2017 racing season, which is based on the year-end 2015-2016 Ranking List.
- At the start of the 2016-17 racing season, there shall be 148 skaters invited to race in the Provincial Racing Series.
- Skaters aged 23 or older who are ranked in the top 22 Open Ladies or top 30 Open Men at the beginning of the year shall be eligible for the Provincial Series, but shall balloon the Open group such that there shall be 22 Open Ladies aged 15-22 and 30 Open Men aged 15-22 who qualify for the Provincial Series at the beginning of the year.
- Once skaters have met the criteria (time standard and within quota numbers) to race in the Provincial Racing Series, they may remain in the series for the duration of the competitive season. Skaters must confirm their intent to race Provincial Series by **September 14, 2016**.
- Skaters may opt out of the Provincial Racing Series any time and will be classified as a Regional Series skater for the remainder of the season. These skaters must provide written notification to the OSSA office ([sportmanager@ontariospeedskating.ca](mailto:sportmanager@ontariospeedskating.ca)).
- The number of skaters who are invited in each age 11-14 year old age class is based on the relative depth of such class. Please see Appendix D for further explanation.
- Although the 14 year old skaters are racing in the Open groups, they will qualify for the Provincial Series only against other 14 year old skaters. They will be qualified for the Provincial Series at the beginning of the year on the basis of their 400m+1500m (100m track) times. They will be seeded into the Open groups for the purpose of creating Divisions within the meet, on the basis of their 500m+1500m (111.12 track) times. After the first Provincial Series meet of the year, they will be ranked on the Ranking List based on their 111.12m track times.
- Any skater who missed the entire 2015-2016 short track season will need to start the 2016-2017 season as a Regional Series skater.
- Should a given racing group (example Girls 11) not achieve the minimum quota for racers because of skaters who have declined the Provincial Series invitation, the Technical Committee reserves the right to balloon another racing group (example Boys 12) to increase the racing numbers in the Provincial Series stream. These new quotas (ex: reduced number of Girls 11 and increased number of Boys 12) shall remain in effect for the rest of the season and will be used for the purposes of call-ups.

Minimum time standards for invitation to the Provincial Series at the start of the 2016-2017 season:

- Open Men: 225.00s (1500m+500m – 111.12m track)
- Boys 14: 240.00 (1500m+500m – 100m track)
- Boys 13: 250.00 (1500m+400m – 100m track)
- Boys 12: 265.00s (1500m+400m – 100m track)
- Boys 11: 53.00s (400m on 100m track)
- Open Ladies: 245.00s (1500m+500m – 111.12m track)
- Girls 14: 245.00s (1500m+500m – 100m track)
- Girls 13: 260.00s (1500m+400m – 100m track)
- Girls 12: 275.00s (1500m+400m – 100m track)
- Girls 11: 55.00s (400m on 100m track)

## Out of Province Skaters

- Ontario skaters training out of province will not occupy ranking spots, although they will be eligible to compete within the series should they wish to do so and if they would otherwise have qualified for the Open Group based on their ranking times. These skaters shall balloon the group in the same manner as the skaters aged 23+.
- Out-of-province skaters aged 11-13 may attend a Provincial Series meet if they meet the qualifying time standard as set out on page 24 of this Technical Bulletin and shall balloon the total number of skaters at the meet.
- Out-of-province skaters aged 14 or older may attend a Provincial Series meet if they meet the qualifying time standard as set out on page 24 of this Technical Bulletin.

## Skaters who are classified as Regional Series Skaters

Skaters from the Regional Series (any region) may register to be waitlisted to skate in a particular Provincial Series meet provided they have met the time standard and the meet is not at capacity.

Skaters who met the Provincial Series time standards for their age group based on the 2015-2016 year-end ranking list but did not receive a spot in the 2016-2017 Provincial Series and did NOT decline a spot in the 2016-2017 Provincial Series, are eligible to apply for Provincial Series #1 and shall be called-up if space becomes available in their group. **After Provincial Series #1**, only those skaters who have satisfied the following times standards (according to their time noted on the most current version of the Ranking list at the time of registration), may be called up for Provincials Series #2, #3, and #4.

Only those skaters who have satisfied the following time standards (according to their time noted on the most current version of the Ranking List, at the time of registration), may register to be waitlisted:

- Open Men: 225.00s (1500m+500m – 111.12m track)
- Boys 14: 240.00 (1500m+500m – 111.12m track)
- Boys 13: 250.00 (1500m+400m – 100m track)
- Boys 12: 265.00s (1500m+400m – 100m track)
- Boys 11: 270.00s (1500m+400m – 100m track)
- Open Ladies: 245.00s (1500m+500m – 111.12m track)
- Girls 14: 245.00s (1500m+500m – 111.12m track)
- Girls 13: 260.00s (1500m+400m – 100m track)
- Girls 12: 275.00s (1500m+400m – 100m track)
- Girls 11: 280.00s (1500m+400m – 100m track)

## REGISTRATION INFORMATION

- See meet announcement for registration information. Skaters in the Provincial Series who have properly registered will have priority in registering for Provincial Series meets.
- Skaters from the Regional Series (any region) may register to be waitlisted to skate in a particular Provincial Series meet provided they have met the time standard and the meet is not at capacity.
- Once registration has closed, the Provincial Registrar shall select as many eligible Regional skaters per age group as there are available spots in that age group. I.e. if there are 2 available spots in Boys 11, there shall be two call-ups from the Boys 11 waitlist. Waitlisted skaters will be invited in order from the most recent OSSA ranking list starting with highest ranked.  
**Exception:** any skater who was offered a space in the Provincial Series and declined, will be placed after all other waitlisted Regional Series skaters in that age group.
- Thus the order of call-ups from the waitlist for Provincial Series meets shall be:

1. Regional Skaters (going in order of highest ranked on the most recent OSSA ranking list to the lowest).
  2. Regional Skaters who had declined their invitation to be a Provincial Series skater (going in order of highest ranked on the most recent OSSA ranking list to the lowest).
- Registrations received by the deadline (Wednesday at 11:59pm) are subject to the regular registration fee. Registrations received during the extension (Thursday 12:00am – Friday 12:00pm) are double the entry fee. This includes waitlist skaters.
  - The Provincial Registrar shall confirm the registration of the selected call-ups along with the Provincial Series skaters after the close of all entries.
  - If there are no waitlisted skaters who have made the time standard in a group with missing skaters, there will not be any call-ups in that group.

### RACING GROUPS and DISTANCES

Age	Gender	Provincial Ranking (500m+1500m on 111m)	Track Size	Distances	<b>RACING GROUP 1</b>
Girls-14	Open Female	Ranked 1 – 6	111.12m	500m	
15-16 (Junior B)		Ranked 1 – 22 on the Open Women Ranking List		1000m	
17-18 (Junior A)				1500m	
19-22 (Neo-Senior)				1500m Superfinal	
23+ (Senior or Master)				3000m points race	
Boys-14	Open Male	Ranked 1 – 12	111.12m	500m	
15-16 (Junior B)		Ranked 1 – 30 on the Open Men Ranking List		1000m	
17-18 (Junior A)				1500m	
19-22 (Neo-Senior)				1500m Superfinal	
23+ (Senior or Master)				3000m points race	

Age	Gender	Provincial Ranking (400m+1500m on 100m)	Track Size	Distances	<b>RACING GROUP 2</b>
11	Girls 11-13	Ranked 1 – 12	100.0m and 111.12m	200m (100m) pursuit + final	
12		Ranked 1 – 12		400m (100m)	
13		Ranked 1 – 12		500m (111.12m)	
11	Boys 11-13	Ranked 1 – 14		1500m (100m)	
12		Ranked 1 – 14		1500m (111.12m) Superfinal	
13		Ranked 1 – 14		2000m or 3000m (100m) points race	

Notes:

- Skaters will only race the 200m pursuit once (1). Re-skates will not be granted in any circumstance.
- Relays may be added at the discretion of the Meet Coordinator and Chief Referee.
- There are different distances planned for Provincial Series #2 and #4 vs. #1 and #3.

## **AWARDS and RECORDS at the Provincial Series Meets**

### **Provincial Series Points Awards**

Certificates will be given to the three skaters who receive the greatest amount of points from all Provincial Series Meets in each of the following groups: Open Ladies, Open Men, Boys 11-13 and Girls 11-13. The award recipients will be determined in accordance with the procedure set out in Appendix C. These awards will be presented at the Provincial A Championships awards ceremony.

### **Meet Results**

See Appendix B. Medals will be awarded to the top 3 finishers in each Division based on the cumulative points earned during the Finals of each distance.

### **Race Records**

Skaters at Provincial Series competitions may not set records as they race with other age groups.

## **INFORMATION FOR MEET ORGANIZERS**

- Province-wide 2 Day meets, classified as Two day meets (refer to pricing chart in Information Manual)
- Requires Olympic size ice pad (30 x 60 meters)
- Both 100.0m and 111.12m tracks must be marked on the ice surface and certified as correct
- Sanctions must be obtained from OSSA and SSC.
- Ice time requirements Day 1: 6:30am – 6:00pm and Day 2: 6:30am – 6:00pm (includes set up and tear down)
- Officials requirements are as follows:
  - Chief Referee and Starter should be Level 3, but could also be Level 2, if supervised by an official of a higher level for upgrade purposes.
  - Chief Timer and Judge should be Level 3, but could also be Level 2, if the official has been a Chief for at least 2 Regional meets and has taken the Level 2 clinic.
  - Championship Meets: Chief Referee, Starter, Timer, and Judge should be Level 3, but could also be Level 2, if supervised by an official of a higher level for upgrade evaluations.
- Level 3 crash mat protection is required for Provincial Series meets (SSC Sanctioned meets). See SSC guidelines D2-102 at <http://www.speedskating.ca/resources/safety/crash-protection/short-track-crash-protection> and Appendix D3 at <http://www.speedskating.ca/appendices>.

## **Racing Format**

**All Points:** Format in which all skaters advance to finals and therefore accumulate points.

**Ability:** Competition in which seeding is primarily on ability. Seed times prevail for seeding purposes, over age but not gender.

Please refer to Appendix A for information about the format of the points races and 200m pursuits.

## Seeding for Races

In fairness to all Ontario competitors, seeding for Provincial Series #1 will be done based on the 2015-2016 year-end ranking list #14. Times from the most recent 2016-2017 ranking list will be used to seed skaters for all subsequent Provincial Series meets.

Girls 11-13 and Boys 11-13 will be split into 2 or more Divisions of no greater than 16 skaters as follows:

- Skaters shall be seeded into these groups based on their current ranking times. For the first Provincial Series meet, skaters shall be ranked on their final 2015-2016 Ranking List times (400m+1500m – 100m track). Any skaters who do not have 1500m times shall be ranked on their 400m time only, behind all skaters who have 1500m times.
- The number of Divisions and skaters per Division shall depend on the number of registrations received for a particular meet.
- Any out-of-province skaters who so qualify shall be seeded into the 11-13 year old groups based on:
  - Their 400m+1500m (100m track) times, if they have any
  - Their 500m (111.12m track) time, if they do not have 400m+1500m (100m track) times. In this case, they shall be seeded into the group by placing them near Ontario skaters with similar 500m (111.12m track) times.

Open groups will be split into Divisions of 16 skaters at the discretion of the Chief Referee and Chief Recorder. Divisions could be increased to a maximum of 24 skaters:

- Skaters shall be seeded into these groups based on their current ranking in their respective Open group. For the first Provincial Series meet, skaters shall be ranked on their final 2015-2016 Ranking List times.
- The number of Divisions and skaters per Division shall depend on the number of registrations received for a particular meet.
- Any out-of-province skaters who so qualify shall be seeded into the Open groups based on their 500m+1500m times and shall balloon the total number of skaters at the meet.

## Provincial Series Schedule Meets #1 and #3

### Saturday:

Warm-up: 7:45am start and will follow the order of racing.

Racing Starts at 8:35AM.

Group 1: 1500m Heat and Final  
Group 2: 400m Heat, Semi, and Final (100m track)

Lunch Break

Group 1: 500m Heat, Semi, and Final  
Group 2: 1500m Heat and Final\*\* (100m track)

### Sunday:

Warm-up: 7:45am and will follow the order of racing.

Racing Starts at 8:35AM.

Group 1: 1000m Heat and Semi  
Group 2: 500m Heat and Semi (111.12 m track)

Lunch Break

Group 1: 1000m Final  
Group 2: 500m Final  
Group 1: 1500m Super Final  
Group 2: 1500m Super Final (111.12m track)

**Provincial Series Schedule – Meet #2 and #4**  
**\*Note: Provincial Series #4 includes the Masters Championships**

**Saturday:**

Warm-up: 7:45am start and will follow order of racing.

Racing Starts at 8:35AM.

Group 1: 1500m Heat and Final  
Group 2: 400m Heat, Semi, and Final (100m track)  
*Masters: 1000m Heat and Final (PS#4 only)*

**Lunch Break**

Group 1: 500m Heat, Semi, and Final  
Group 2: 1500m Heat and Final\*\* (100m track)  
*Masters: 500m Heat and Final (PS#4 only)*

**Sunday:**

Warm-up: 7:45am start and will follow order of racing.

Racing Starts at 8:35AM.

Group 1: 1000m Heat and Semi  
Group 2: 200m Pursuit and Mass Start Final (100m)  
*Masters: 777m Heat and Final (PS#4 only)*

**Lunch Break**

Group 1: 1000m Final  
Group 2: 2000m points race Super Final (100m)  
*Masters: 1500m SuperFinal (PS#4 only)*  
Group 1: 3000m points race Super Final



# PROVINCIAL C SHORT TRACK CHAMPIONSHIPS

This is a 2-day age class, gender specific meet. There is no cap on registration numbers for Championship meets.

The 2017 Provincial C Short Track Championships shall run concurrently with the 2017 Provincial B Short Track Championships.

## SKATER ELIGIBILITY

- Skaters aged 6-10 years old.
- Skaters must be a member in good standing of OSSA and have raced at a minimum of 1 Regional meet during the current season.
- All Regions eligible to register.

## RACING DISTANCES

All skaters will compete in 3 distances that will count towards their final overall placement.

Age Class	Distances (all on 100m track)
6	200m (heat and final), 400m (heat and final), 500m SuperFinal
7	200m (heat and final), 400m (heat and final), 500m SuperFinal
8	200m (heat and final), 400m (heat and final), 500m SuperFinal
9	200m (heat and final), 400m (heat and final), 800m SuperFinal
10	400m (heat and final), 500m (heat and final), 800m SuperFinal

Note: semis may be skated only where necessary with large groups.

Since the Provincial B Championships and the Provincial C Championships are being held the same weekend at the same venue and because of the anticipated large number of participants, a racing schedule will be made available just prior to the event.

## AWARDS and RECORDS at the Provincial C Championships

### Racing Points and Results

See Appendix B.

Medals will be awarded to the top 3 finishers in each male age class and each female age class based on points earned during the finals of each distance.

If any groups are combined, the skaters in different age categories will receive separate points for each final, as if they are racing in their separate age categories. In this case, medals shall be awarded to the top 3 overall finishers in each age class based on their ranking at the end of the competition within their own age class.

### Records

Although skaters are meant to be racing in their own gender specific age class, groups of fewer than 6 skaters shall be combined with another group in order to provide meaningful racing opportunities for the skaters. No skaters in combined groups shall be eligible to set age class records.

## INFORMATION FOR MEET ORGANIZER

- SSC and OSSA sanctions are required for this meet.
- Seeding for all groups will be done on the 400m times. If any group is larger than 32 skaters, it shall be broken into two equal groups (ie: Boys 10 – “A” and Boys 10 – “B”). Semis may be skated only where necessary with large groups.

# PROVINCIAL B SHORT TRACK CHAMPIONSHIPS

This is a 2-day All Points - age class, gender specific meet. There is no cap on registration numbers for Championship meets.

The 2017 Provincial B Short Track Championships shall run concurrently with the 2017 Provincial C Short Track Championships.

## SKATER ELIGIBILITY

- Skaters aged 11-29 years old.
- Skaters must be a member in good standing of OSSA and have raced at a minimum of 1 Regional or Provincial Series meet during the current season.
- All Regions eligible to enter.

## RACING DISTANCES

All skaters will compete in 3 distances that will count towards their final overall placement.

Age Class	Distances (all on 100m track)
11	400m (heat and final on 100m track), 500m (heat and final on 111m track), 1500m SuperFinal (100m track)
12	400m (heat and final on 100m track), 500m (heat and final on 111m track), 1500m SuperFinal (100m track)
13	400m (heat and final on 100m track), 500m (heat and final on 111m track), 1500m SuperFinal (100m track)
Open (14-29 y.o.)	500m (heat and final on 111m track), 1000m (heat and final on 111m track), 1500m SuperFinal (111m track)

Note: semis may be skated only where necessary with large groups.

Since the Provincial B Championships and the Provincial C Championships are being held the same weekend at the same venue and because of the anticipated large number of participants, a racing schedule will be made available just prior to the event.

## AWARDS and RECORDS at the Provincial B Championships

### Racing Points and Results

See Appendix B.

Medals will be awarded to the top 3 finishers in each male age class and each female age class based on points earned during the finals of each distance.

If any groups are combined, the skaters in different age categories will receive separate points for each final, as if they are racing in their separate age categories. In this case, medals shall be awarded to the top 3 overall finishers in each age class based on their ranking at the end of the competition within their own age class.

### Records

Although skaters are meant to be racing in their own gender specific age class, groups of fewer than 6 skaters shall be combined with another group in order to provide meaningful racing opportunities for the skaters. No skaters in combined groups shall be eligible to set age class records.

## INFORMATION FOR MEET ORGANIZER

- SSC and OSSA sanctions are required for this meet.
- Seeding for ages 11-13 will be done on 400m times and seeding for the Open skaters will be done on 500m times. If any group is larger than 32 skaters, it shall be broken into two equal groups (ie: Boys 11 – “A” and Boys 11 – “B”). Semis may be skated only where necessary with large groups.

# MASTERS SHORT TRACK CHAMPIONSHIPS

This is a two-day All Points, ability competition that will be held in conjunction with Provincial Series #4. There is no cap on registration for Championship meets.

## SKATER ELIGIBILITY

- Skaters aged 30+ years old, 5 year increments.
- Masters skaters must be an OSSA member in good standing and have raced at least one Regional or Provincial Series meet in the current season.
- All Regions eligible to enter.

## RACING DISTANCES

All skaters will compete in 4 distances that will count towards their final overall placement.

Age Class	Distances (all on 111m track)
30-34, 35-39, and so on	500m, 777m, 1000m, and a 1500M Super Final.

Note: semis may be skated only where necessary with large groups.

## Racing Schedule

Since the Masters Short Track Championships and Provincial Series #4 are being held the same weekend at the same venue, refer to page 16 for the racing schedule.

## Racing Points and Results

See Appendix B. The category results will be separated to award medals in the appropriate gender and age classifications (5 year increments). Top points in each distance will be given to the skater in each age and gender group who skates the fastest time in the final, regardless of which final he or she is in.

## Racing Format and Seeding

All points: Format in which all skaters advance to finals and therefore accumulate points.

Ability: Competition in which seeding is primarily on ability. Seed times prevail, for seeding purposes, over sex and age within the group. Seeding will be done on 500m times.

# PROVINCIAL A SHORT TRACK CHAMPIONSHIPS

This competition will be used to select skaters to attend the Canada East Short Track Championships and to name the Ontario Open Provincial Champions. The format of the Canada East Short Track Championships meets are contained in the relevant SSC Competitions Bulletin which can be accessed on the SSC website.

## SKATER ELIGIBILITY

- 1 It is imperative that all skaters, coaches, clubs, and parents review the qualification criteria below, and Bye Guidelines herein. All skaters will be deemed to understand these criteria once they accept an invitation to the Provincial Series.
- 2 All skaters who accepted the invitation to race the Provincial Racing Series as of September and attend 3 out of the 4 Provincial Series meets during the 2016-2017 season are eligible to participate in the Provincial A Championships. If a skater does not attend 3 out of 4 meets, he or she must obtain a Bye for any missed competition(s) in accordance with the Bye Guidelines contained herein, in order to maintain eligibility for the Provincial A Championships.
- 3 Skaters have hereby been given an opportunity to miss one of the Provincial Series meets without the necessity of obtaining a bye (hereinafter called a "Free Absence"). Skaters must use their Free Absence for their first non-attendance of the season, no matter the reason for the non-attendance. A skater must receive a bye for any further non-attendance(s), or forfeit his or her eligibility for the Provincial A Championships. A skater who starts a meet will be recognized as having attended the meet regardless of when s/he leaves the meet. An injured skater should review the Bye guidelines for additional information.
- 4 Regional Series skaters who have been called-up to race 3 Provincial Series meets, are eligible to register for the Provincial A Championships.
- 5 There is no cap on the number of skaters eligible to race at the Provincial A Championships. Any skater who skates at the Provincial A Championships is not eligible for the Provincial B or Masters Championships.

## RACING FORMAT

- 1 Skaters aged 11-14 will race in their gender-specific, 1-year age categories. Skaters aged 15 and older will race as part of one, gender-specific Open group. If there are greater than 32 skaters registered in any group, that group will be split into two equal groups (ie. Open A Men and Open B Men). **Any 14 year old skater who does not wish to maintain eligibility for Canada East must indicate so when registering for the Provincial A Championship. S/he will then be grouped in the Open category.**
- 2 15 year-old boys are eligible to skate the Canada East Short Track Championships, but will be racing in the Open categories. SSC requires skaters to have 100m track times to skate at the Canada East Short Track Championships. In order to attend the Canada East Short Track Championships, 15 year-old boys **WILL BE REQUIRED** to obtain 100m track times by skating in time trials at the end of the Provincial A competition. **Any 15 year old boy who wishes to participate in the time trials must indicate when registering for the Provincial A Championship.**

## AGE CLASSES / RACING GROUPS

Gender	Age Class
Female	Girls 11, 12, 13, 14, Open-Junior B, Junior A, Neo-Senior
Male	Boys 11, 12, 13, 14, Open-Junior B, Junior A, Neo-Senior

**Warm-up:** 7:45am start and will follow the order of racing. Racing scheduled to start at 8:35am.

### Provincial A Short Track Championships Distances

Age Group	Track	Distances
Age 11 Female	100.0	200P, 400, 1500, 2000 points race, 3000m relay
Age 11 Male	100.0	200P, 400, 1500, either 2000 points race or 1500 SF (discretion of meet coordinator in consultation with Chief Referee), 3000m relay
Age 12 Female and Male	100.0	200P, 400, 1500, 2000m points race, 3000m relay
Age 13 Female	100.0	200P, 400, 1500, 3000 points race, 3000m relay
Age 13 Male	100.0	200P, 400, 1500, 2000 points race, 3000m relay
Age 14 Female and Male	100.0	200P, 400, 1500, 3000 points race, 3000m relay
Open Female and Male	111.12	500, 1000, 1500, 3000 points race or 1500m SF, depending on time *15 y.o. boys may be racing a 3000m relay if in contention for Canada East.

Notes:

- There will be no re-skates for the 200m pursuit. No exceptions.
- Relays may be offered and are a non-medal event for skaters aged 11-14. All skaters are strongly encouraged to participate in the relays as preparation for Canada East. Relays will be seeded as per the 2016-2017 SSC Competitions Bulletin for Canada East.
- If any age class does not have enough skaters to run heats and finals in any distance, that age class shall run **two finals** in such distance. For example, if there are 8 or fewer skaters in a group, that group will race two 1500m finals, as there are 8 skaters on the line in that distance.
- If there are greater than 32 skaters registered in either of the Open categories, it shall be split into two groups – Open A and Open B, based on Ranking List times

### Seed Times for Provincial A Short Track Championships

Age Group	Seeding Distances
Age 11, 12, 13	400m + 1500m
Age 14	500m + 1500m (111.12m track)
Open	500m + 1500m

### Racing Format

All points, age class – gender specific.

**All Points:** Format in which all skaters advance to finals and therefore accumulate points

**Age Class:** Competition in which seeding is done first by sex, then by age. In age class competitions male skaters compete with males and females with females, and skaters of the same age class are grouped together.

Please refer to Appendix A for information about the format of the Points race and 200m Pursuit.

### **Race Agenda Saturday:**

Ages 11-14: 400m Heat, Semi, and Final (100m track)

Open: 1500m Heat and Final

Lunch Break

Open: 500m Heat, Semi, and Final

Ages 11-14: 1500m Heat and Final (100m track)

### **Race Agenda Sunday:**

Open: 1000m Heat and Semi

Ages 11-14: 200m Pursuit (100m) and points race Super Final (100m)

Lunch Break

Open: 1000m Final

Ages 11-12 girls & 11-13 boys: 3000m relay (100m), 13-14 girls 3000m relay (100m)

Open: 3000m points race or 1500m Super Final

15 y.o. boys 100m time trials for Canada East seed times (200m, 400m and 1500m)

14-15 boys 3000m relay (100m).

### **Racing Points and Results**

See Appendix B.

Medals will be awarded to the top 3 overall finishers in each male age class and each female age class aged 11-14, and each of Junior B Men, Junior A/ Neo-Senior Men and Junior B Ladies, Junior A/Neo-Senior Ladies based on points earned during the Finals.

# SELECTION CRITERIA FOR CANADA EAST SHORT TRACK CHAMPIONSHIPS

Eligibility to participate as a member of Team Ontario at the Canada East Short Track Championships will be based on the criteria set by SSC.

Details of the SSC Short Track Championships are contained in the relevant SSC Competition Bulletins, which can be accessed at: <http://www.speedskating.ca/competitions-bulletins>

While SSC establishes the primary criteria for the eligibility of any skater participating in the various championships, the selection criteria used by OSSA for selection to Team Ontario will be based on a skater's overall results at Provincial A Short Track Age Class Championships.

Ties for the last place position on a team will be decided on the basis of the skater with the fastest 400m time skated at the Provincial A Championships. This procedure will also be used to determine the order of alternates to be named to a team, if multiple skaters in an "alternate" position are in a tie position.

## OUT-OF-PROVINCE SHORT TRACK SKATERS

Out-of-Province skaters may enter any regular season Regional Series meet.

Out-of-Province skaters may enter any regular season Provincial Series meet provided they meet the age requirements for the racing series and they have satisfied the time standards set out below. All times are in seconds. Only times from this season and last season will count.

Out-of-Province skaters will be placed within an age group based on their date of birth and will skate the track appropriate to that age group.

Out-of-Province skaters are not eligible to participate in any of the Provincial A, B, C or Masters Championships.

Age Class	Time Standard: 400m + 1500m (100m track)	Time Standard: 500m+ 1500m (111.12m track)	Time Standard: 500m (for skaters 11-13 without 100m track times)
Girls 11	239.00		59.00
Girls 12	230.00		57.00
Girls 13	224.00		55.00
Girls 14	222.00	230.00	
Open Ladies – Junior B (15-16), Junior A (17-18), Neo-Senior (19-22)		224.00	
Boys 11	239.00		56.00
Boys 12	233.00		53.00
Boys 13	220.00		52.00
Boys 14	205.00	214.00	
Open – Junior B (15-16), Junior A (17-18), Neo-Senior (19-22), Senior (23-29)		199.00	



## MINI MEETS

Mini meets shall consist of a combination of traditional racing (counter-clockwise on a track), non-traditional racing, and skill events for new racers and inexperienced skaters. Mini meets are considered a developmental format and are not to be considered as a competitive event. Clubs are open to format the mini meet in order to provide the most meaningful experience for all participants. Coaches and more experienced skaters may help on the ice and help train parent volunteers as officials.

- Half Day or 1 Day meets
- Olympic size or NHL size ice pad
- Both 100.0m and 111.12m tracks can be used
- Open to all skaters
- No minimum standard for officials.

The choice of events and the sequence is left to the discretion of the host club, in order to accommodate each club's unique hosting situation (i.e. venue, amount of ice time etc.).

Mini meets are participatory in nature. Results from a mini meet are therefore not considered for the OSSA Short Track Ranking List. Times from a mini meet can be used as entry times for a skater's first Regional meet.

### Racing Formats

Clubs are encouraged to develop racing formats that suit the development of their skaters.

## HELMET COVER POLICY

The Ontario Speed Skating Association (OSSA) has made helmet covers available for purchase. These covers are the only covers that are permitted for use at OSSA sanctioned events. The following rules govern the use of OSSA helmet covers:

1. Helmet covers can be purchased from your home club or directly from the OSSA office. The number you are assigned will be your personal number for the entirety of your racing career. Helmet covers may not be transferred.
2. Once a skater has purchased a cover, the assigned number may not be used for another skater unless the first skater leaves the sport. At that time the cover can be reassigned to another skater of the same club, retired, or returned to OSSA. In all cases OSSA must be notified of the change in writing.
3. If a skater loses their helmet cover (other than at a time during a meet) they must notify their club who can advise OSSA that the number has been lost. The skater can then purchase a new number from their club. If a skater realizes after a meet entry deadline, but prior to arriving at a meet, that they have lost their helmet cover they can be issued a new cover by their club without being fined for the change provided that the meet coordinator receives notification of the number change a minimum of 48 hours prior to the coaches meeting for that race. The club must also ensure OSSA is notified that the number has been lost.
4. Skaters who do not have a helmet cover are not permitted to participate in sanctioned events.
5. If skaters only skate once, they can 'rent' a cover for the weekend from their club or the meet organizers. A rental must be organized prior to the entry deadline of the meet so that the rented cover number can be included on the skater's entry form. The rental fee for a cover is \$20 + tax which is a deposit that is returned when the helmet cover is received back undamaged.
6. If a skater arrives at a meet and realizes they have forgotten their helmet cover, the organizers or their club can issue them a new helmet cover for the meet.
7. Sharing of helmet covers is not permitted during a meet.
8. A skater's helmet cover number should be noted on any OSSA meet entry form submitted when registering for a race.

# OSSA SHORT TRACK RANKING LIST FORMAT AND PROCEDURES

The OSSA Short Track Ranking List is maintained by the OSSA Technical Committee and is updated immediately following the completion of any OSSA sanctioned event and at other times as necessary to update information that may not be correct or to include times from meets skated outside of Ontario.

A skater's racing class shall be determined by his/her age on June 30th prior to the competition.

All Ontario skaters will start the 2016-2017 season with their Personal Best times from the 2015-2016 season. These times are necessary for sorting skaters into their assigned Racing Series. Once the season is underway, only current season (2016-2017) times will be maintained on the OSSA Short Track Ranking List and will be used for sorting skaters into Divisions at each meet where necessary.

In order for a time to be eligible to be included on the OSSA Short Track Ranking List, the race must have been skated at a meet sanctioned by one of the following organizations:

- Speed Skating Canada
- Ontario Speed Skating Association
- Any other Provincial Branch as recognized by Speed Skating Canada
- US Speedskating at an American Cup event

For a 100.0m race time to be eligible for ranking and seeding, the race must have been skated on a surveyed 100.0m track and be of a distance recognized by OSSA. The recognized distances are:

- 100m
- 200m
- 300m
- 400m
- 800m
- 1500m

For a 111.12m race time to be eligible for ranking and seeding, the race must have been skated on a surveyed 111.12m track and be of a distance recognized by OSSA. The recognized distances are:

- 500m
- 777m
- 1000m
- 1500m

With the exception of SSC Championship and/or National Trials events, skaters requesting to have a race result included for a race skated outside of Ontario must provide a copy of the meet registration form indicating that the meet is appropriately sanctioned, as noted above, and that the track skated was surveyed for the appropriate distance. The skater must also include a copy of the meet protocol page showing the name and date of the competition, the race distance and the time skated. It is the responsibility of the skater - with the assistance of their coach - to provide the requisite information to the OSSA Technical Committee. The Technical Committee is under no obligation to seek out-of-province racing information and will not include any race result on the ranking list in the absence of all requisite information.

The OSSA Technical Committee reserves the right to review the eligibility of all out-of-province meets prior to any results from that meet being included on the ranking list. This is to ensure that the meet eligibility requirements have been met.

The Ranking List will note which skaters have qualified for the Provincial vs. Regional Series.

# ONTARIO SPEED SKATING ASSOCIATION BYE GUIDELINES

## Purpose

To provide the Technical Committee with guidelines for the granting of byes to skaters into or from competitions or onto provincial teams where qualifying criteria are required to be met.

## Philosophy of Team Selection

The philosophy for team or event selection is to select the skaters that will achieve the best possible result for Ontario at different competitions (Canadian Championships or Canada East) or develop towards the highest level of performance (Canada Winter Games, Junior Championships, and/or Senior Ranking Events onto a national team).

The Technical Committee is determined to make the selection to these teams or events as objective as possible. To ensure this occurs the Committee will use, whenever possible, objective criteria such as time, placing at a specific competition(s), and ranking etc. as the foremost criteria in selecting skaters.

These criteria will be used at a specified selection event(s) or a series of specified events.

In nominating the specific selection event(s), the Technical Committee will only nominate an event that occurs after the confirmation of the relevant selection policy. In all cases it is the intent of the Technical Committee that selection is earned through current performances in the specific selection events.

In exceptional circumstances a skater may not be able to compete in the relevant selection event(s). In this instance the skater is eligible to apply for selection under the Bye Conditions as detailed below.

## Bye Clause Selection Philosophy

*(The Bye Clause will only apply to selection for specific competitions/ events)*

Due to exceptional circumstances (e.g. illness, injury, equipment break, etc.) and through no fault of his or her own, a skater sometimes does not have the opportunity to compete in the nominated selection events. In this situation the skater may be eligible to apply for a bye selection to the relevant team.

The basic philosophy for selecting a skater by granting a bye is that, all things being equal, the skater given the bye has clearly demonstrated superior performances in previous competition to other skaters being considered for selection or advancement in ranking.

A bye request is considered as the last means by which a skater can gain selection and is intended to provide for exceptional circumstances outside the normal selection criteria rather than being part of the normal means by which a skater can gain selection or advancement.

## Rules for submitting a bye application:

- a Bye requests must be made in writing to the Technical Committee (see deadlines below).
- b Only the skater, their parent or guardian, and/or coach can submit the request.
- c In every case, the application **must enclose** supporting documentation. For example, if the bye request is made on the basis of an illness or injury, the skater must provide documentary evidence from a medical doctor. The Technical Committee has the right to request further independent medical review after the bye request has been submitted.

## Conditions for applying for a Bye

### I **Bye request for a short track Provincial Series competition in the current skating season, in order to preserve eligibility for Provincial A Championships:**

Bye requests will be considered in four (4) categories for all skaters qualified to race in the Provincial Series:

#### a *Pre-Competition illness or injury that prevents a skater from competing in an event.*

If a skater is ill or injured before the beginning of the event, a bye request must be made before the coaches' meeting of that event. The Technical Committee Representative must formally announce all bye requests at this meeting so that all other competitors are made aware of the possibility of a bye being granted.

A bye request will be ruled ineligible if the skater subsequently competes in the event.

In the case of selection being based upon participation at multiple events, a skater is eligible to apply for a bye request to a subsequent event if they are prevented from competing in one of the events due to a pre-existing illness or injury.

If the bye application is made because a skater has suffered a concussion, the skater must also follow the guidelines set out in the section entitled "Policy Regarding Byes for Concussions", on page 29.

#### b *Pre-competition conflicting engagement that prevents a skater from competing in an event.*

If a skater knows in advance that he or she will be unable to attend an event because of a conflicting engagement (ie. a funeral or an exam occurring on the same day as a competition), a bye request must be made **before the registration deadline** of the event.

A bye request will be ruled ineligible if the skater subsequently competes in the event.

In the case of selection being based upon participation at multiple events, a skater is eligible to apply for a bye request to a subsequent event if they are prevented from competing in one of the events due to a conflicting engagement.

In all cases it is preferable that a skater attend an OSSA selection event over another event. Byes shall not be granted for skaters to attend competitions in other sports, or speed skating competitions in other provinces, subject to these guidelines. Byes shall not be granted for conflicting engagements that are purely optional. Skaters should use their Free Absence (provided it has not already been used) if they wish to attend such optional events.

Subject to the guidelines herein, byes will not be granted for engagements that are not actually in a direct conflict. For greater certainty, the conflicting engagement must be on the same day as the competition.

Byes will be granted, upon receipt of the skater's application and supporting documents, for attendance at the following competitions:

- any National level selection, ranking meet or championship (ie. National Selections, Fall World Cup Trials, Junior Trials/Championship, Canada Cups, Canada Winter Games, Age Class Championships etc.)

- o any OSSA selection event or its substitute (Ontario Provincial Long Track Championships, Long Track Canada Winter Games Trials, Long-Track Provincial Championship Back-Up Event). If a skater has qualified for any of the above meets **and** such meet is either 3 or 4 days long, the skater shall be eligible to receive a bye for a Provincial Series meet which is occurring on the weekend directly preceding one of the above-described competitions, notwithstanding that the two events do not directly conflict. In the case of a skater who has qualified to represent Ontario at the Canada Winter Games in the discipline of long track speed skating and as a condition of accepting a position on the team has entered into an agreement to only participate in long track speed skating for a specified time period, that skater may receive a bye for any Provincial Series meets that fall within that time frame.

c *Injury, illness or equipment breakage during an event*

A Bye request must be made **within 48 hours** following the end of the event.

If the bye request is made on the basis of equipment breakage, this must be reported to – and verified by – the chief referee or Technical Committee representative immediately following the race in which the equipment breakage occurred.

If the bye application is made because a skater has suffered a concussion, the skater must also follow the guidelines set out in the section entitled “Policy Regarding Byes for Concussions”, on page 28.

d *Conflicting engagement or travel difficulty immediately prior to an event*

If a skater has registered for an event and is then unable to attend due to an unforeseen conflicting engagement or travel difficulty, a Bye request must be **made within 48 hours following the end of the event**. (Please note that travel distance/ inconvenience is not an acceptable travel difficulty – cancelled flights, late arrivals, etc. are eligible for consideration).

## II **Bye request to be named to Team Ontario:**

This process is for the selection to a specific team and is relevant to skaters who are unable to attend the Provincial A Championships, but who wish, nevertheless, to be considered for selection to Team Ontario for the Canada East Short Track Championships.

The Bye must be requested as per the above guidelines and deadlines, except that a bye must be requested **prior to the end of the Provincial A Championships** for any situations that arise at the Provincial A Championships. The Bye application must state clearly what the skater is requesting, and appropriate documentation (medical, etc.) **must be attached**.

### **Process for reviewing a Bye application**

The following steps are involved in the process of considering a request for a Bye.

- a Following the final selection event for the respective team/ event, the Technical Committee meets (in person or via conference call) to review the facts.
- b In cases where multiple Bye applications are lodged, they will be assessed individually and on their own merit.
- c All members of the Technical Committee (who are not in conflict of interest) will review the facts and make a recommendation (with supporting rationale). If there are fewer than three members of the

Technical Committee that are not in a conflict of interest, then the OSSA Board of Directors will make the recommendation regarding the Bye application.

- d If the Bye(s) is/are granted, the Technical Committee will establish a revised ranking of skaters based upon the selection event(s) and an assessment of previous performances from those who have requested a Bye.
- e From this revised ranking, the final selections will be made.
- f These final selections will then be named as the “Team” or “eligible” and will be communicated to the skaters(s) requesting the Bye, skater(s) directly affected by the Bye request, the coaches, and the skaters’ representatives.

### **Conditions for granting a Bye**

Applications for a Bye to be selected to Team Ontario despite non- or partial participation in the relevant Provincial Championship will be held to a much higher standard than regular Bye applications for Provincial Series competitions.

The basic question the Technical Committee must answer is whether the skater requesting the Bye had a recent history of performances or other factors as listed below that demonstrate clear superiority of the skater requesting a Bye to those of other skaters in consideration for selection. If a skater submits a Bye after partial performance in the relevant Provincial Championship (ie. if a skater is injured partway through the Championship), the Technical Committee shall take into consideration the skater’s performance up to the point of that skater’s withdrawal from the competition in assessing the application.

The Technical Committee must also be certain that the skater requesting the Bye would be able to compete at a similar level in the event or team for which they seek selection. The Technical Committee may award a “Conditional Bye” to skaters recovering from injury or illness. In this situation, the skater may have certain conditions imposed upon him or her. This could include, but is not limited to, such things as a certain time frame, performance requirement, medical clearance etc.

In order to make these decisions, the Technical Committee will evaluate a number of elements including, but not limited to, the following:

- a Head-to-head competition results of the skaters being considered for selection.
- b Past performances of the skater requesting the Bye.
- c Results of the selection competition (by skaters in contention for the team).
- d Recent training and testing performances.
- e Medical evidence of suitability to compete.
- f Coach/ Club Official evaluation and recommendations of suitability to compete.

In evaluating past performances, the Technical Committee will assign priority to those performances from the 12 month period prior to the final selection event. If this data does not exist, performances beyond this 12-month period may be considered but will assume a lower value in assessing the Bye request.

In Short Track, the general guideline is that the Technical Committee judges that the skater being granted a Bye would have clearly finished within the ranking of the skaters selected.

### **Policy Regarding Byes for Concussions**

If a skater applies for and receives a bye due to having sustained a concussion, he or she will be considered to be placed in the Concussion Protocol and shall adhere to the following rules for the subsequent Provincial Series competition(s) (including, if necessary, the Provincial A Championships):

- 1) If the skater has recovered from the injury, he or she must submit to the Technical Committee, before the registration deadline of the next Provincial Series competition, written medical clearance from a medical doctor which clearance approves the skater to compete in such competition. The skater shall

then be free to register for that and any further Provincial Series competitions and shall be considered to be out of the Concussion Protocol.

- 2) If the skater has not recovered from the injury, he or she must submit to the Technical Committee, before the registration deadline of the next Provincial Series competition, an updated written notice from a medical doctor which notice confirms that the skater has not been medically cleared to compete. The skater shall then receive a bye for that competition. The skater shall continue submitting medical notes confirming his or her medical status until he or she is able to satisfy the requirements of section (1) of this Protocol.
- 3) A skater in the Concussion Protocol shall not be allowed to register for any Provincial Series competitions so long as he or she has not satisfied the requirements of section (1) of this Protocol.
- 4) A skater in the Concussion Protocol who does not satisfy the requirements of either section (1) or (2) of this Protocol in respect of any competition shall forfeit his or her eligibility for the Provincial A Championships as he or she will not have attended 3 out of 4 meets and will not have received a bye for the extra absence.
- 5) For greater certainty, a skater is required to use his or her Free Absence for his or her first non-attendance. If a skater's first non-attendance is due to a concussion, he or she will still be considered to have used his or her Free Absence for the first competition, despite having applied for a bye. Such a skater will be placed in the Concussion Protocol.

## **Appeals**

Following the announcement of the decision on the Bye application, the skater(s) affected by the decision has/have the opportunity to appeal the decision in accordance with the Ontario Speed Skating Association's Appeals Policy.

The Bye Application Form is posted on the OSSA website: [ontariospeedskating.ca/technical-bulletins/](http://ontariospeedskating.ca/technical-bulletins/).



# APPENDIX A – SHORT TRACK ADVANCEMENTS

## #1 Provincial Racing Series and Provincial A Championships

These advancements shall be used for the following groups and/or competitions:

- Provincial Racing Series: all groups

### Short and Middle Distances (4 skaters per race)

- 400m on 100m track
- 500m and 1000m on 111.12m track for Open skaters, 11-13 Girls and Boys

Group	Program	Advancement to Semis	Advancement to Finals
1-4	1 Final		
5-8	2 semis / 2 finals		1 <sup>st</sup> , 2 <sup>nd</sup> to Final A (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final B (2+0)
9-12	3 heats / 2 semis / 3 finals	1 <sup>st</sup> and 2 <sup>nd</sup> places and 2 fastest 3 <sup>rd</sup> places move to semis A+B (2+2) Remaining 3 <sup>rd</sup> and 4 <sup>th</sup> to Final C.	Semi A+B: 1 <sup>st</sup> and 2 <sup>nd</sup> to Final A (2+0) 3 <sup>rd</sup> and 4 <sup>th</sup> to Final B (2+0) Final C (no semi skated)
13-16	4 heats / 4 semis / 4 finals	1 <sup>st</sup> and 2 <sup>nd</sup> to semis A +B (2+0) 3 <sup>rd</sup> and 4 <sup>th</sup> to semi C+D (2+0)	Semi A+B 1 <sup>st</sup> , 2 <sup>nd</sup> to Final A (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final B (2+0) Semi C+D 1 <sup>st</sup> , 2 <sup>nd</sup> to Final C (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final D (2+0)
17-20	4 heats / 4 semis / 5 finals *Heats are 5 on the line	1 <sup>st</sup> , 2 <sup>nd</sup> to AB semis (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to CD semis (2+0) Remaining skaters straight to E final	Semi A+B 1 <sup>st</sup> , 2 <sup>nd</sup> to Final A (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final B (2+0) Semi C+D 1 <sup>st</sup> , 2 <sup>nd</sup> to Final C (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final D (2+0) E final (no semi skated)
21-24	6 heats / 6 semis / 6 finals	1 <sup>st</sup> and 2 fastest 2 <sup>nd</sup> places to A+B semis (1+2) Remaining 2nds and 4 fastest 3rds to C+D semis. Remaining 3rds and 4ths to E+F semis.	Semi A+B 1 <sup>st</sup> , 2 <sup>nd</sup> to Final A (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final B (2+0) Semi C+D 1 <sup>st</sup> , 2 <sup>nd</sup> to Final C (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final D (2+0) Semi E+F 1 <sup>st</sup> , 2 <sup>nd</sup> to Final E (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final F (2+0)

### 200m (100m track) Pursuit (2 skaters per race) + Final (3 skaters per race)

Group	Program	Advancement to Finals
Unlimited number of skaters	1 pursuit (heat) for every 2 skaters / 1 final for every 3 skaters	3 fastest pursuit times to A Final (0+3) Next 3 fastest pursuit times to B Final Next 3 fastest pursuit times to C Final, Etc. etc.

### Long Distance: 1500m (6 skaters per race) – for Open groups

Group	Program	Advancement to Finals
1-6	1 Final	
7-12	2 heats / 2 finals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> to Final A (3+0) Rest to Final B
13-18	3 heats / 3 finals	1 <sup>st</sup> , 2 <sup>nd</sup> to Final A (2+0) 3 <sup>rd</sup> , 4 <sup>th</sup> to Final B (2+0) 5 <sup>th</sup> , 6 <sup>th</sup> to Final C (2+0)
19-24	4 heats / 4 finals	1 <sup>st</sup> and 2 fastest 2nds to Final A (1+ 2) Remaining 2nds and all 3rds to Final B 4ths and 2 fastest 5ths to Final C Remaining 5ths and 6ths to Final D

**Long Distance: 1500m (8 skaters per race) – for Boys and Girls 11-13**

<b>Group</b>	<b>Program</b>	<b>Advancement to Finals</b>
1-8	2 Finals	
9-16	2 heats / 2 finals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> to Final A (4+0) Rest to Final B
17-24	3 heats / 3 finals	1 <sup>st</sup> , 2 <sup>nd</sup> and 2 fastest 3 <sup>rd</sup> s to Final A (2+2) Remaining 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> and fastest 6 <sup>th</sup> to Final B Rest to Final C

**Super Final: 8 skaters per race → 2000m and 3000m points race on both tracks, 1500m super final on 111.12m track (11-13 year old groups/T2T groups)**

<b>Group</b>	<b>Advancement to Finals</b>
1 - 8	1 Final
9 -16	2 Finals
17 - 24	3 Finals

\* Referee may combine races if there are not enough skaters for the last final.

**Super Final: 6 skaters per race → Super 1500m on 111.12m track (Open groups)**

<b>Group</b>	<b>Advancement to Finals</b>
1 - 6	1 Final
7 -12	2 Finals
13 - 18	3 Finals
19 - 24	4 Finals

## #2 Regional Racing Series

These advancements shall be used for the Regional Racing Series competitions: All groups not to exceed 16 skaters

Open: 500m, 777m, 1000m – 4 skaters per race

Group 2: 500m (111.12m track), 400m (100m track) – 4 skaters per race

Group 3: 200m, 400m (100m track) – 4 skaters per race

<u>Group</u>	<u>Program</u>	<u>Advancement to Finals</u>
1-4	1 Final	
5-8	2 semis / 2 finals	Final A – 2+0 Final B – 2+0
9-12	3 heats / 3 finals	1 <sup>st</sup> , next fastest time to Final A (1+1) Rest to Finals B-C in order of heat times
13-16	4 heats / 4 finals	1 <sup>st</sup> to Final A (1+0) Rest to Finals B-D in order of heat times

Open, Group 2: 1500m (6 skaters per race) - both tracks

<u>Group</u>	<u>Program</u>	<u>Advancement to Finals</u>
1-6		1 Final
7-12	2 heats / 2 finals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> to Final A (3+0) Remainder to Final B
13 - 18	3 heats / 3 finals	1 <sup>st</sup> , 2 <sup>nd</sup> to Final A (2+0) Next 6 fastest to Final B Rest to Final C

Super Final: 1500m (both tracks), 800m, 500m, and 300m - 6 skaters per race

<u>Group</u>	<u>Advancement to Finals</u>
1 - 6	1 Final
7 - 12	2 Finals
13-18	3 Finals

### #3: Guidelines for the 2000m and 3000m Points Race and 200m Pursuit:

#### 2000m and 3000m Points Race:

*Note: these rules apply to the points race on both the 111.12m and the 100m tracks.*

1. Skaters are to be seeded into this event based on the cumulative points earned in other distances in the meet. A maximum of eight (8) skaters will be allowed to start in each race, however, if the last final has fewer than 5 skaters it can be combined with the prior final allowing up to 12 skaters to start in a single race.
2. Skaters who are lapped prior to 7 laps (the lead skater has 7 laps to go) remaining must go to the centre of the ice. They will earn 0 points for the remainder of the race. A skater is deemed to be lapped once overtaken by the lead skater. These lapped skaters shall retain all points earned earlier in the race. Skaters who are lapped following 7 laps remaining will continue to race and score points on the finishing lap. If a skater eliminates the entire field, the race will be declared over and the skater will earn 1st place points for all remaining point laps.
3. Final placing in the event will be determined by the total number of points earned by each skater in the race. Should skaters finish with an equal number of points, the result on the final lap will be used to break the tie.
4. Skaters in the A final will receive Final Points for positions 1 through 8, skaters in the B final will receive Final Points for positions 9 through 16 and skaters in the C final will receive Final Points for positions 17 through 24.
5. Penalized skaters shall receive no points for the race; however points earned by those skaters during the race will not be re-distributed. They will receive last place final points for their final.
6. During the 3000m points races there will be a bell rung with 22, 15, 8 and 1 lap to go to indicate that the next lap is a points lap. During the 2000m points race there will be a bell rung with 15, 8 and 1 lap to go to indicate that the next lap is a points lap.
7. Should the referee be required to stop a race for any reason and a restart is required, the number of laps to be completed shall be at the discretion of the referee however the referee must allow skaters to complete at least three (3) laps prior to points being awarded. In the case of a stoppage, skaters will retain all points earned up to that point, unless the laps remaining require the last points earned to be raced for again. For example, if a race were stopped after 7 laps remaining and restarted with 11 laps to skate, the skaters would lose the last points earned in the first start (7 to go) and race for them again. Skaters who were lapped or penalized will not take part in the restart.
8. **3000m:** skaters will score points when they cross the line with 21, 14, and 7 laps remaining, as well as the finishing lap. Points are assigned as follows: 34, 21, 13, 8, 5, 3, 2 and 1 point. Double points will be awarded for the final lap i.e. lap 27. The meet recorder shall post the results showing the points earned on each points lap along with the overall results of the race.
9. **2000m:** skaters will score points when they cross the line with 14, 7 laps remaining, as well as the finishing lap. Points are assigned as follows: 34, 21, 13, 8, 5, 3, 2 and 1 point. Double points will be awarded for the final lap. i.e. lap 20. The meet recorder shall post the results showing the points earned on each points lap along with the overall results of the race.

### **200m Pursuit and Mass Start Final**

1. A 200m Pursuit will be skated as the qualifying round for the 200m Mass Start Final.
2. Skaters will be seeded into pairs based on their cumulative points obtained up until that point in the competition. The highest ranked pair shall skate first, followed by the next ranked pair and so on. In the case of an odd number of skaters, the lowest ranked skater will skate alone in the final pair.
3. The higher seeded skater in a Pursuit pair shall start on the side of the start/finish line used for all other events.
4. Skaters will be marshaled on and off the ice with their entire racing group. Skaters that are not racing will be waiting on the ice with an official.
5. Use only the 3 centre tracks.
6. Skaters will be seeded into a 200m Mass Start Final based on the results of the Pursuit. The 200m Mass Start will be limited to 3 skaters per race.

## APPENDIX B – RACING POINTS

### #1 Final Short Track Provincial points:

Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points
1	1000	11	130	21	23	31	13	41	3
2	816	12	106	22	22	32	12	42	2
3	666	13	86	23	21	33	11	43	1
4	543	14	70	24	20	34	10	Others	1
5	443	15	57	25	19	35	9		
6	362	16	46	26	18	36	8		
7	295	17	37	27	17	37	7		
8	241	18	30	28	16	38	6		
9	196	19	25	29	15	39	5		
10	160	20	24	30	14	40	4		

### #2 Ties

A tie for 1 <sup>st</sup>	1000 points each, next skater 666 points
A tie for 2 <sup>nd</sup>	816 points each, next skater 543 points
A tie for 3 <sup>rd</sup>	666 points each, next skater 443 points
A tie for 4 <sup>th</sup>	543 points each, next skater 362 points
A tie for 5 <sup>th</sup>	Etc.

### #3 Disqualifications

Disqualifications in a heat will be placed into the lowest final.

Disqualifications in a semi-final will be placed into the lowest eligible final.

Disqualifications in the final, will receive last place points for that final, behind any skaters who did not finish (DNF) the race, but ahead of skaters who did not start (DNS) the race. All disqualified skaters in a final receive last place points.

Order of finish – DNF – DQ - DNS.

### #4 Point Eliminations

If a skater does not participate (DNS) in a heat, he/she will be placed into the bottom final. He/she may skate the final but will receive no points for that distance. The time from the final will be recorded.

If a skater participates in the heat, but not the semifinal, he/she will be placed into the lowest eligible final. If he or she again does not participate in the final, he or she will receive last place points for that final.

If a skater participates in the heat and semi, but not the final, he/she will receive last place points for that final.

If a skater does not participate (DNS) in the Super final, he/she will receive no points for that distance.

## APPENDIX C – OVERALL POINTS AWARDS

### Regional Series

- The skaters in the highest ranked division in Group 3 (skaters 6-10 years old) at each Regional Series meet shall be eligible to receive points. There are no points given out in respect of the Provincial C Championships as this award is designed to reward participation throughout the season.
- Only the skaters from the host region are eligible to receive points. In other words, only eastern skaters may receive points at eastern meets and so on.
- The top 8 skaters in the above-noted division from the host region based on cumulative points at the end of each regional competition shall receive the following points: 34, 21, 13, 8, 5, 3, 2, 1. The highest ranked skater shall receive 34 points, the next ranked skater shall receive 21 points and so on.
- If there are not enough skaters from the host region in the highest ranked division in Group 3 to award all of the above-mentioned points, the remaining points will be allocated to skaters in the next division, based on their overall standing at the end of competition.
- After all Regional Series meets from each region have occurred, the points accumulated by all of the skaters at each meet shall be added together and the 5 skaters in each region who have accumulated the greatest amount of points will receive the following awards, to be handed out at the Provincial C Championships:
  - o Overall Regional Series Points Champion
  - o 1<sup>st</sup> Runner Up – Regional Series Points Classification
  - o 2<sup>nd</sup> Runner Up – Regional Series Points Classification
  - o 3<sup>rd</sup> Runner Up – Regional Series Points Classification
  - o 4<sup>th</sup> Runner Up – Regional Series Points Classification

### Provincial Series

- The skaters in the highest ranked division in Open Ladies, Open Men, Girls 11-13, and Boys 11-13 at each Provincial Series meet shall be eligible to receive points. There are no points given out in respect of the Provincial A Championships as this award is designed to reward participation throughout the season.
- Skaters from all regions are eligible to receive points.
- The top 8 skaters in each of the above-noted divisions based on cumulative points at the end of each Provincial Series competition shall receive the following points: 34, 21, 13, 8, 5, 3, 2, 1. The highest ranked skater shall receive 34 points, the next ranked skater shall receive 21 points and so on.
- After all 4 Provincial Series meets from each region have occurred, the points accumulated by all of the skaters at each meet shall be added together and the 3 skaters in each division who have accumulated the greatest amount of points will receive the following awards, to be handed out at the Provincial A Championships:
  - o Overall Provincial Series Points Champion
  - o 1<sup>st</sup> Runner Up – Provincial Series Points Classification
  - o 2<sup>nd</sup> Runner Up – Provincial Series Points Classification

## **APPENDIX D – GUIDELINES FOR INVITATION OF SKATERS TO THE PROVINCIAL SERIES**

The Technical Committee invites a certain number of skaters in each age class to attend the Provincial Series competitions, based on the following goals:

- (1) to ensure, as much as is possible, minimum group sizes at the Provincial Series meets and Provincial A Championships (ie. to be able to run heats and finals in each distance for each group);
- (2) to ensure, as much as is possible, an appropriate number of skaters attending each Provincial Series competition and the Provincial A Championships;
- (3) to recognize that certain age groups are more competitive than others and to recognize the concept of proportionality; and
- (4) to recognize the development of skaters over the course of the season. It is OSSA's goal to have approximately 150 skaters at the Provincial A Championships.