



CANADA

SPEED SKATING CANADA
PATINAGE DE VITESSE CANADA

Skate Blade Safety

ISU Rule 291, Equipment of Skaters

1. All skaters must be equipped with:
 - a) Safety type headgear that is in compliance with the current ASTM standard (American Society for Testing and Materials) for Short Track Speed Skating. The helmets must have a regular shape and may not have protrusions;
 - b) Gloves or mitts;
 - c) Shin protection;
 - d) Long sleeved and long legged clothing;
 - e) Padded or padded hard shell knee protection;
 - f) All speed skates must have the tubes closed and the blade ends must be rounded off, with a minimum radius of 10mm. Blades must be fixed to the boot at a minimum of two points with no moveable parts;
 - g) Neck protection of cut resistant nature, fully covering the neck

SSC wants to remind everyone that for a short track event “all speed skates must have their tubes closed and the ends must be rounded off, with a minimum radius of 10mm. Blades must be fixed to the boot at a minimum of two points with no moveable parts.”

SSC requires that for the start of the season and throughout the year speed skaters at all levels must have their skate blades (front and back) checked for rounded tips. These checks should occur before every practice and before the start of any competition. This safety requirement is designed to lessen the chance of our skaters being cut in the event of a fall during a race.

SSC takes a proactive approach to safety so it is mandatory that skaters fix their blades as soon as possible to meet this 10mm skate blade radius. Any skater found to have a skate blade radius that is unacceptable, will:

- a) not be allowed to step onto the ice at any time before and during the competition until the blades have been fixed.

Referees will be enforcing the rule at competitions however it is the responsibility of the skater to ensure that they follow the rule:

ISU Rule 291, 2.

2. Each skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the skaters.

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Included below is an image of a correct and incorrect skate blade radius.



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Correct skate blade radius



Incorrect skate blade radius

If you have any questions, please contact SSC ODC at:

speedskating.canada.odc@gmail.com

Yours,

SSC ODC

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