



## NCCP Competition-Development Coach Training and Certification

This program is for coaches coaching Canada Winter Games and ISU Junior A, B, C level (& up) athletes (Train to Train, Learn to Compete, Train to Compete).

### Registration

You must confirm your participation by **April 14, 2017**. The total cost is \$500. The first half (\$250) must be paid to SSC by April 28, 2017. Please contact Janice Dawson [jdawson@speedskating.ca](mailto:jdawson@speedskating.ca) to confirm participation and to arrange payment. The second installment (\$250) will be due **July 21, 2017**.

Coaches must have completed the following Multi-Sport modules in order to do the Comp-Dev training: Developing Athletic Abilities, Prevention & Recovery of Injuries, Psychology of Performance. These modules must be completed by **May 5, 2017**.

### Schedule 2017

May 17 – Introductory Webinar

May 24 – Developing Speed Skating Physiology Webinar

May 31 – Performance Planning Webinar

**June 2-4 – Performance Planning Workshop** (Calgary, AB)

**June 2-4 – Performance Planning Workshop** (Quebec City, QC)

July 12 – Plan a Practice Webinar

July 19 – Technical Model Webinar

**August 18-20 – Analyze Performance Workshop (Technical/Tactical)** (Calgary, AB)

**August 18-20 – Analyze Performance Workshop (Technical/Tactical)** (Montreal, QC)

September 13 – Tapering and Peaking Webinar

September 27 – Manage a Sport Program Webinar

NOTE: All Webinars 8pm EDT