



PROVINCIAL B/C CHAMPIONSHIPS
HOSTED BY: OTTAWA PACERS SPEED SKATING CLUB
OTTAWA, ONTARIO

Date:	March 10-11, 2018
Location:	Bell Sensplex (Mattamy Homes Arena), 1565 Maple Grove Road, Kanata, Ontario K2V 1A3
Type of Meet:	This is an all points, 2-day age class, gender specific meet. Refer to the 2017-2018 OSSA Technical Bulletin for details: http://ontariospeedskating.ca/technical-bulletins/
Skater Eligibility:	Regional skaters aged 6 to 29 years old who have raced at a minimum of one OSSA sanctioned short track meet during the current season. All regions are eligible to register.
Sanctioned By:	The Ontario Speed Skating Association Speed Skating Canada (pending)
Check In:	Saturday, March 10 th , 2018 at 7:00AM – 7:45AM at Stanleys' Restaurant Please check in by Club only
Coaches Meeting:	Saturday, March 10 th , 2018 at 8:00AM 7:30 a.m. at Stanley's Restaurant
Officials Meeting:	Saturday, March 10 th at 8:15AM 7:45 a.m. at Stanley's Restaurant
Warm Ups:	8:00AM 7:45 a.m. Opening Ceremonies: 8:20 a.m. Racing starts at 8:45 a.m.
Entry Fee:	\$110 per skater; \$275 per family (3 or more skaters)
Entry Deadline:	<ul style="list-style-type: none">● Registrations for this meet are only being accepted online at https://goo.gl/forms/R5CKXTcIIlQCYrQB3● Visit registration link to complete registration (posted on OSSA website). Registrations can be done by individuals (only one form to complete per family). Skaters will still need to provide payment and the completed waiver to their home club.● Online registrations are due February 28, 2018 at 11:59pm.● Late entries may be accepted until 12 noon on Friday, March 2nd at the cost of <u>double the entry fee</u>. All Ontario Speed Skating Association competitions will have no refunds after the close of all entries. No exceptions including medical circumstances.● Each skater registered for the Provincial B/C Championships will receive a complimentary commemorative t-shirt. All orders must be made online at https://goo.gl/forms/uzCmN2vsgc1nSAC2 by February 28, 2018 at 11:59 PM.
For more meet information contact:	Celeste Peixe-Bouma/ Michelle Karcher / Meet Coordinators - meet@ottpacers.ca

Accommodation: A block of rooms has been reserved at:
Block 1 - Fairfield Inn and Suites by Marriot
578 Terry Fox Drive
Room Rate - \$149 – 2 Queen beds, breakfast
Telephone – 613-599-7767
Code to book: **SPEP**

Block 2 - Towne Place Suites By Marriot
1251 Maritime Way
Room Rate: \$149, 2 Queen beds, breakfast
Telephone: 613-599-7200
Code to book: **OSAP**
Deadline to reserve to guarantee group rate:
February 20, 2018

Health Cards: Please be sure that all skaters travel with a copy of their health card number as it may be required in case of an emergency.

Equipment: In accordance with Speed Skating Canada regulation D3-100 in the SSC Red Book, all competitors must wear hard shell helmets, bib-style neck protectors, even if are wearing a cut-proof suit, cut and water resistant gloves or mitts, knee protection, shin guards, ankle protection, and long sleeve clothing for this competition. The front and rear tips of skate blades must be rounded and shatter-resistant protective sport glasses or a complete visor must be worn. Glasses must be held on by an elastic strap.

**Sensplex has asked that no large coolers of food be brought in the arena.
Athletes are welcome to bring their own food.**

Driving Directions from host hotels to the Bell Sensplex - 1565 Maple Grove Road, Kanata, Ontario

