

ONTARIO

SPEED SKATING

SHORT TRACK TECHNICAL BULLETIN **September 2018**

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PREAMBLE

The Ontario Speed Skating Association (OSSA) strives to provide the best racing experience for all of its member clubs and their skaters. OSSA has been monitoring Speed Skating Canada's (SSC) recent initiatives to review and improve Long Term Participant and Athlete Development (LTPAD) appropriateness in competitions. The changes to the OSSA Technical Bulletin this season reflect the initiative to provide real, effective and exciting racing opportunities for speed skaters in Canada. Specifically, SSC's working groups have suggested to provide gender-specific racing where possible, to create divisions with similar speeds to improve the quality of racing, to ensure a balanced approach to training for all distances throughout a skater's career and to develop skaters' racing skills and tactics, not just their speed. Moving forward, SSC will work to ensure that competition pathways and formats are aligned with the revised LTPAD framework and harmonized in all provinces across the country. Thus, OSSA will continue to reflect the findings of the SSC working groups and implement these changes to provide exciting and effective racing opportunities for our skaters.

The purpose of this Bulletin is to provide information concerning the format of Ontario-based competitions, competition regulations that define the running of competitions, and the eligibility of skaters for those competitions. The statements made in this Technical Bulletin remain in effect unless they are superseded in a later Bulletin.

The Technical Bulletin is posted on OSSA's website at www.ontariospeedskating.ca/technical-bulletins/

The order of precedence for speed skating rules for events sanctioned by OSSA is:

- This Technical Bulletin (OSSA Technical Bulletin, September 2018)
- SSC Rule Book
- ISU Rule Book

PARTICIPANTS, COACHES, CLUB OFFICIALS, AND PARENTS ARE REMINDED THAT A RULING BY THE CHIEF REFEREE AT ANY EVENT IS FINAL AND IS ONLY SUBJECT TO PROTEST/ APPEAL IN ACCORDANCE WITH THE PROCESS SET OUT IN THE INFORMATION MANUAL

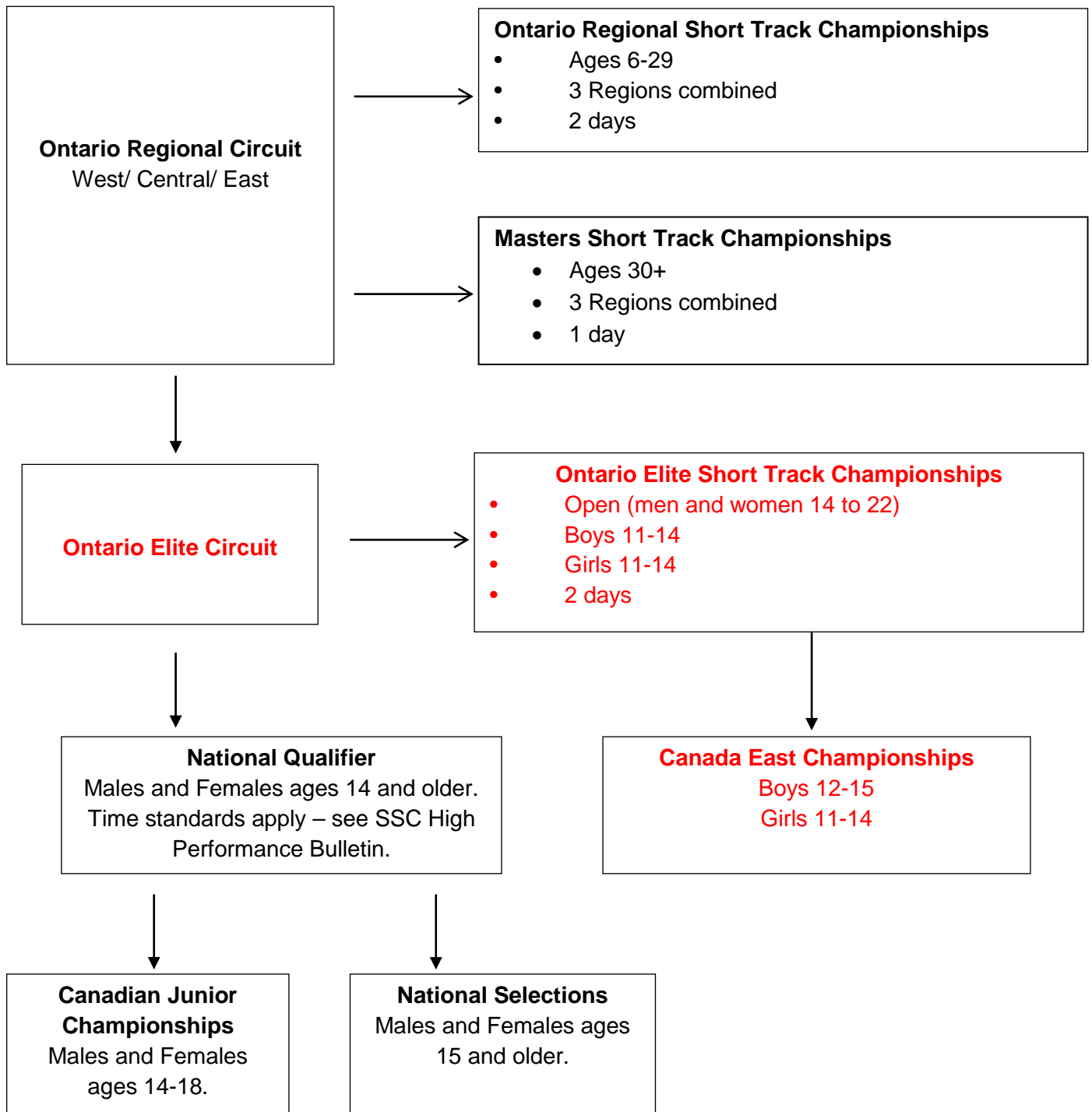
All athletes, coaches, officials, parents and volunteers are expected to abide by OSSA's Code of Conduct.

Questions about the content of this Technical Bulletin may be directed to the Sport Manager at sportmanager@ontariospeedskating.ca

PROVINCIAL REGISTRAR

The Provincial Registrar helps to facilitate the registration process for the Ontario Regional and Ontario Elite Circuit meets. The Provincial Registrar can be reached at (registrar@ontariospeedskating.ca). Host clubs will be contacted by the Provincial Registrar in advance of their meets. All entries will be confirmed with the clubs by email upon close of all registrations.

ONTARIO SHORT TRACK COMPETITION FLOW CHART



Please note, the SSC High Performance Short Track Technical Bulletin is pending. The National meets listed in this chart reflect the racing pathway in previous seasons. Please check www.speedskating.ca for updates regarding the National Racing Pathway.

COMMON COMPETITION PROCEDURES

Coaching Certification Requirements

All Meets:

There is a limit of two (2) club coaches permitted in the coaching box and they must be registered with OSSA. They must also wear their OSSA designated nametag if such is provided.

Ontario Regional (West, Central, and East) Circuit Meets:

Coaches in the box should have Fundamentals Coach certified status.

Ontario Elite Circuit Meets:

Coaches in the box should have Introduction to Competition certified status.

Out-of-province coaches are required to register as a Special Event member (no charge) with the Ontario Speed Skating Association 10 days in advance of the competition.

Check-In and Coaches Meeting

Check in will take place prior to the warm up on the first day of competition. The coaches and officials meeting will take place before the start of competition. The location and time will be listed on the meet announcement.

Refunds

There will be **no refunds** for any Ontario Speed Skating Association competition **after the close of all entries (12:00 noon on the Friday, eight days prior to the start of the meet)**. No exceptions including medical circumstances. Withdrawals made prior to the close of all entries (12:00 noon on the Friday, eight days prior to the start of the meet) will be permitted and refunds will be issued.

Equipment

Speed Skating Canada equipment requirements (Regulation D3-100) will be in effect for all OSSA sanctioned events. For reference, please see <http://www.speedskating.ca/resources/safety/protective-equipment/short-track-protective-equipment>, or the above-noted regulation in the Red Book.

Please refer to the OSSA website throughout the season for any updated regulations.
(www.ontariospeedskating.ca)

National team suits (any country) or Ontario suits are not permitted in OSSA sanctioned events.

Timing

Ontario Regional (West, Central, East) Circuit Meets

Manual timing will be in effect unless electronic timing can be secured. When using manual timing, 0.2 seconds shall be added to manually captured times in accordance with ISU rules. The Ontario Regional Short Track Championships is classified as a Regional meet.

Ontario Elite Circuit Meets:

Electronic timing will be provided at all Ontario Elite Circuit Meets and the Ontario Elite Short Track Championships. Manual timing will be in effect as a back up to the electronic timing. When using manual timing, 0.2 seconds shall be added to manually captured times in accordance with ISU rules.

PRE-SEASON MEETS

Pre-season meets are to be treated as mini meets and can be run according to the discretion of the meet coordinator and the chief referee.

ONTARIO REGIONAL CIRCUIT

These meets are All Points, ability format. Gender specific for 11-14 years old.

SKATER ELIGIBILITY:

- Any competitive member who participates in OSSA sanctioned competitions that is not classified, as an Ontario Elite Circuit skater will be considered an Ontario Regional Circuit skater.
- There are four different regions – West, Central, East, and Flex.
Skaters from the host region who have properly registered will have priority in registration.

East Region

Gloucester Ottawa St. Lawrence Kingston Kawartha Quinte

Central Region

Barrie Newmarket Markham Toronto Clarington Durham Brampton

Western Region

Hamilton Milton London Oakville Cambridge Kitchener-Waterloo Niagara
Golden Horseshoe

Flex Region *Can register skaters in any region

Sudbury Sault Ste. Marie Thunder Bay Special Olympics

REGISTRATION INFORMATION:

- See meet announcement for registration information. A target maximum of 150 skaters will be accepted into each 1-day meet.
- For further clarification, all Ontario Regional Circuit skaters from within the host region, all Flex skaters, and up to 16 Special Olympic skaters who have properly registered before the extended deadline will be granted entry into the Ontario Regional Circuit meet regardless of whether the registration number surpasses 150.
- For participation at Ontario Regional Circuit meets outside of their home region, Regional skaters must register to join the waitlist before the close of all entries. Registrations received during the extension (Thursday 12:00am – Friday 12:00pm) are double the entry fee. This includes waitlisted skaters.

Special Olympics:

- Race opportunities for Special Olympic skaters to race as a separate category may be offered at any Ontario Regional Circuit meet at the discretion of the host club. Any club with Special Olympic skaters wanting to race shall contact the host club and the Special Olympics Provincial Convenor (Nicole Van Lierop) at speedskating@specialolympicsontario.ca. In consultation with the Chief Referee, the Provincial Registrar, and the Special Olympics Provincial Convenor, the distances and racing agenda will be determined.
- Registrations shall be submitted using the Special Olympics Club Entry form available on the OSSA website. OSSA registration deadlines apply.

- A minimum of three (3) skaters is required to run Special Olympic races. Registrations from a maximum of 16 Special Olympic skaters will be accepted.
- Please see the OSSA Membership Fees chart for more information regarding Special Olympics membership.
- Results shall be posted with the racing protocol.

Skaters who are classified as Ontario Elite Circuit Skaters

Skaters in the Ontario Elite Circuit may not compete in the Ontario Regional Circuit.

Skaters who move from the Ontario Regional Circuit to the Ontario Elite Circuit (by meeting the criteria defined later defined in this Bulletin on page 10) may no longer compete in the Ontario Regional Circuit, nor the Ontario Regional Short Track Championships.

Out-of-Province Skaters

An out-of-province skater is someone who is registered as a speed skater in another Province, Territory or State.

Out-of-province skaters may attend an Ontario Regional Circuit meet provided they register as per the posted timelines, and there are no remaining waitlisted skaters from in-province. Out-of-Province skaters shall balloon the meet.

Out-of-province skaters who meet the out-of-province time standards for the Ontario Elite Circuit may not compete in the Ontario Regional Circuit.

Once registration has closed and the number of registrations (host region Regional Circuit skaters, Special Olympics skaters, and Flex skaters) still remains below 150, the Provincial Registrar will then randomly draw waitlisted in-province skaters, followed by out-of-province skaters up to a maximum of 150 competitors.

Thus, the order of entries for Ontario Regional Circuit meets shall be:

1. Regional Skaters from inside the host region, Flex region skaters, and Special Olympic skaters.
2. Regional Skaters from the outside regions by random draw.
3. Out-of-Province skaters, who shall balloon the meet.

RACING DETAILS

6-10 years old	Race as mixed gender	Groups of 12 skaters. Race with 6 on the line
11-12 years old	Race gender specific	Groups of 18 skaters. Race with 6 on the line
13-14 years old	Race gender specific	Groups of 20 skaters. Race with 5 on the line
Open	Race as mixed gender	Groups of 20 skaters. Race with 5 on the line

The chief referee may change the number of skaters on the line if safety concerns exist.

The provincial registrar may combine the 11-12 and 13-14 age categories if either group has less than eight (8) skaters, with the intent of creating groups of 20 gender specific skaters.

RACING DISTANCES

6-10 years old Learn to Train	100.0m track	Fastest division(s): 200m, 400m, 1000m super final Next fastest division(s): 200m, 400m, 600m super final All other divisions: 100m, 200m, 400m super final
11-12 years old Train to Train	100.0m track	200m, 400m, 1000m (heat and final for each distance)
13-14 years old Train to Train	100.0m track	400m, 1000m, 1500m super final
Open (15-29 years) Competitive for Life	111.12m track	500m, 1500m, 1000m super final

In the case of the Learn to Train groups, the number of divisions racing each distance will be determined in consultation with the Technical Committee.

Note: If time constraints are anticipated based on registration, the Meet Coordinators and Chief Referee must consult with the Technical Committee if seeking changes to the Racing Distances.

Ontario Regional Circuit Meet Results

See Appendix B. Medals will be awarded to the top three (3) overall finishers in each Division based on the cumulative points earned during the Finals of each distance. Host clubs can provide additional awards at their discretion.

Ontario Regional Circuit Points Awards

Certificates will be given to the five skaters in each region who receive the greatest amount of cumulative points from all Ontario Regional Circuit Meets within their own region in the Learn to Train group, in accordance with the procedure set out in Appendix C. These certificates will be presented at the Ontario Regional Short Track Championships awards ceremony.

INFORMATION FOR MEET COORDINATOR

- Cradle classes may be run at the discretion of the host club.
- Both 100.0m and 111.12m tracks need to be marked on the ice surface.
- Sanctions must be obtained from OSSA for all Regional Circuit competitions.
- Officials requirements are as follows:
 - The Chief Referee, Chief Starter, Chief Manual Timer, and Chief Judge should be Level 2, but could be Level 1 if: supervised by a higher level official OR has chiefed at 2 Regional Series meets.
 - The Chief Referee, Chief Starter, and Chief Recorder will be assigned to Regional Series meets by the Officials Development Committee and/or its identified collaborators.
 - Ontario Regional Short Track Championships: Chief Referee, Chief Starter, Chief Timer, and Chief Judge should be Level 2, but could also be Level 1, if supervised by an official of a higher level for upgrade evaluations.

- Level 3 crash mat protection is required for Regional meets. See SSC guidelines at www.speedskating.ca/resources/safety/crash-protection/short-track-crash-protection and Appendix D3 at www.speedskating.ca/appendices

Racing Format

- 1 All points Ability format.
All Points: Format in which all skaters advance to finals and therefore accumulate points.
Ability: Competition in which seeding is primarily on ability. Seed times prevail for seeding purposes, within the skater's appropriate gender and age category.
- 2 At all Ability competitions, category names will be standardized by using the alphabetic call designations as follows: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-ray, Yankee, Zulu. The top ability grouping must be designated as Alpha and then proceed down.
- 3 The groups may be skated in the opposite order starting with the lowest group and finishing with the top group, the Alphas, at the discretion of the Meet Coordinator and the Chief Referee.

Seeding of Racers

- Competitive for Life (500m on a 111.12m track)
- Train to Train (400m on a 100.0m track)
- Learn to Train (400m on 100.0m track).
- A separate group for Masters skaters may be made at the discretion of the Provincial Registrar and Chief Referee if there are sufficient registrations for a given Ontario Regional Circuit Meet.
- Out-of-province skaters will be seeded as follows:
 - Competitive for Life: on the basis of 500m time
 - Train to Train: on the basis of 400m time, or if the skater does not have 100.0m track times, on the basis of the skater's 500m (111.12m track) time. If 500m time is used, the skater will be placed near Ontario skaters judged by the meet recorder to be of a similar speed, working on the assumption that a 48s 400m (100.0m track) is roughly equal to a 60s 500m (111.12m track).
 - Learn to Train: on the basis of 400m time, or if the skater does not have 100.0m track times, on the basis of the skater's 500m (111.12m track) time. If 500m time is used, the skater will be placed near Ontario skaters judged by the meet recorder to be of a similar speed, working on the assumption that a 48s 400m (100.0m track) is roughly equal to a 60s 500m (111.12m track).

For a Regional Circuit skater to move to the Elite Circuit

To be eligible to move to the Ontario Elite Circuit, an Ontario Regional Circuit skater must meet two (2) criteria:

- 1) The skater must meet the established time standard. For the 2018-2019 racing season, the established time standard will be posted after Ontario Elite Circuit #1, and will reflect the following:

Groups of 20 skaters (ie. Girls 11-12 and 13-14): the ranking time of the 15th place Ontario Elite Circuit skater on the respective Ranking List.

Groups of 24 skaters (ie. Boys 11-12, 13-14 and Open women): the ranking time of the 18th place Ontario Elite Circuit skater on the respective Ranking List.

Groups of 36 skaters (ie. Open Men): the ranking time of the 27th place Ontario Elite Circuit skater on the respective Ranking List.

In the event that there are less than the above listed numbers of skaters per group, the established time standard will be the time of the skater who reflects the 75th percent of the total number of skaters. For example, if 12 skaters compete in Ontario Elite Circuit #1 in the Girls 13-14 age category, the 9th fastest ranking time will be used as the established time standard for the season.

Skaters who balloon the groups (i.e. a senior or neo-senior skater in the Open category) will not be counted when establishing the time standards above. For example, if the Open Men category has one neo-senior and one senior skater above the 27th place time, the established time standard will be the 29th skater's time.

2) In addition to meeting the established time standard, the skater must win Division 1 of his or her respective age group at an Ontario Regional Circuit meet to be eligible to move to the Ontario Elite Circuit.

Once the skater meets the time standard, this criteria will be considered met for future meets. For example, if a skater meets the time standard at meet A, but does not win meet A, and subsequently wins meet B without meeting the time standard at meet B, the skater is still eligible for entry into the Ontario Elite Circuit.

If a winning skater declines to move to the Ontario Elite Circuit, the second place skater at the Ontario Regional Circuit meet will be offered to move to the Ontario Elite Circuit, given that he or she has met the established time standard, and so on until a skater has been selected to move to the Ontario Elite Circuit.

If an out-of-province skater wins, the top division of an age group at an Ontario Regional Circuit meet, the invite to the Ontario Elite Circuit will be extended to the next Ontario based skater, given that he or she meets the established time standard.

In the case of the Open category, the top male and the top female from the top Open division at each Ontario Regional Circuit will be invited to move to the Ontario Elite Circuit, if they have met the established time standard.

Skaters who win Division 1 of their respective age group and meet the time standard at Eastern Regional Circuit #1 (Quinte) may attend the Ontario Elite Circuit #2 (Kitchener Waterloo). An exception to the registration deadline will be made for these select skaters and the entry fee will not be doubled.

ONTARIO ELITE CIRCUIT

These meets are All points ability, gender specific.

SKATER ELIGIBILITY

- Racing age 11 and older.

Invitations to the Ontario Elite Circuit

The following number of skaters will be invited to the Ontario Elite Circuit at the beginning of the season per age category and gender:

11-12 year old girls: 20 skaters

11-12 year old boys: 24 skaters

13-14 year old girls: 20 skaters

13-14 year old boys: 24 skaters

Open women (15-29): 24 skaters

Open men (15-29): 36 skaters

Skaters will be selected for the Ontario Elite Circuit based on the following:

11-12 year old skaters: 400m (100.0m track) ranking time from the 2017-2018 season

13-14 year old skaters: 400+1500m (100.0m track) ranking time from the 2017-2018 season

Open skaters: 500+1500m (111.12m track) ranking time from the 2017-2018 season

Seeding for Invitations to the Ontario Elite Circuit

To seed the groups for Ontario Elite Circuit invites at the start of the season, the skaters in the respective age groups shall be combined and ranked based on the 2017-2018 year-end Ranking List.

In the event that an invited skater declines their invitation to the Ontario Elite Circuit at the beginning of the season, the next skater on the year-end 2017-2018 ranking list may be invited to the Ontario Elite Circuit at the discretion of the Technical Committee.

A skater who has declined their invitation to the Ontario Elite Circuit at the beginning of the season and subsequently meets the criteria to move from the Ontario Regional Circuit to the Ontario Elite Circuit may do so.

- Neo-Senior skaters aged 19-22 and Senior skaters aged 23-29 who are ranked in the top 24 Open Ladies or top 36 Open Men at the beginning of the year shall be eligible for the Ontario Elite Circuit, but shall balloon the Open group such that there shall be 24 Open Ladies aged 15-22 and 36 Open Men aged 15-22 who qualify for the Ontario Elite Circuit at the beginning of the year.
- Master skaters aged 30 years + whose ranking times place them within the top 24 Open Ladies or top 36 Open Men at the beginning of the year shall be eligible for the Ontario Elite Circuit but shall balloon the Open group such that there shall be 24 Open Ladies aged 15-22 and 36 Open Men aged 15-22 who qualify for the Ontario Elite Circuit at the beginning of the year. Master skaters must contact sportmanager@ontariospeedskating.ca for consideration into the Ontario Elite Circuit at the start of the 2018-19 season.
- Once skaters have met the criteria and have been invited to race in the Ontario Elite Circuit, they may remain in the series for the duration of the competitive season. Skaters must confirm their intent to race in the Ontario Elite Circuit by **August 22, 2018**.

- Skaters may opt out of the Ontario Elite Circuit at any time and will be classified as an Ontario Regional Circuit skater for the remainder of the season. These skaters must provide written notification to the OSSA office. (sportmanager@ontariospeedskating.ca)
- An Ontario Elite Circuit skater who has maintained eligibility for the Ontario Elite Short Track Championships but is unable to attend (for whatever reason) is not permitted to race at the Ontario Regional Short Track Championships. An Ontario Elite Circuit skater who has maintained eligibility for the Ontario Elite Short Track Championships but withdraws from the Ontario Elite Circuit after Ontario Elite Circuit #3 is not permitted to race at the Ontario Regional Short Track Championships.
- The number of skaters who are invited in each 11-12 and 13-14 year-old age class is based on the relative depth of such class. Please see Appendix D for further explanation.
- Should a given racing group (example Girls 11-12) not achieve the minimum quota for racers because of skaters who have declined the Ontario Elite Circuit invitation, the Technical Committee reserves the right to balloon another racing group (example Boys 11-12) to increase the racing numbers in the Ontario Elite Circuit. These new quotas (ex: reduced number of Girls 11-12 and increased number of Boys 11-12) shall remain in effect for the rest of the season.
- Although the 14 year-old skaters may race in the Open groups (see 14 Year Old Skaters section of this Bulletin), they will qualify for the Ontario Elite Circuit against other 13 and 14 year-old skaters. They will be qualified for the Ontario Elite Circuit at the beginning of the year based on their 400m+1500m (100.0m track) times.
- Any skater who missed the entire 2017-2018 short track season will need to start the 2018-2019 season as an Ontario Regional Circuit skater.
- Ontario skaters training outside of the province will not occupy ranking spots, although they will be eligible to compete within the Ontario Elite Circuit should they wish to do so and if the Technical Committee approves their registration. These skaters shall balloon the group in the same manner as the senior and neo-senior skaters.

Out-of-Province Skaters

An out-of-province skater is someone who is registered as a speed skater in another Province, Territory or State.

- Out-of-province skaters aged 11-14 may attend an Ontario Elite Circuit meet if they meet the out-of-province time standard. They shall balloon the total number of skaters at the meet.
- 14-year-old out-of-province skaters may choose if they wish to race in the 13-14 age category or the Open category. They must meet the time standard outlined in the 14-Year-Old Skaters section of this Bulletin to enter the Open category.
- Out-of-province skaters aged 15 or older may attend an Ontario Elite Circuit meet if they meet the out-of-province time standard. They shall balloon the total number of skaters at the meet.

RACING GROUPS

The racing age groups are as follows: 11-12 year olds, 13-14 year olds, Open (14-29)

14-Year-Old Skaters

Note that 14 year olds are included in two groups above. 14 year olds who meet a specific time standard may choose in which group they wish to skate. Those striving for the national racing pathway (ie. National Qualifier, Junior Championships, Juniors 2) should race in the Open category. Those striving for Canada East Championships should race in the 13-14 year old category. 14-year-old skaters who meet the time standard can choose each meet in which category they will race. This decision must be indicated upon registration. 14 year olds who race in the Open Category will balloon the group.

The time standard for 14 year olds to be eligible to race in the Open category is a combined 500m and 1500m (111.12m track) time. For Ontario Elite Circuit #1, skaters who do not have a 500m and/or 1500m time on the 111.12m track may still race in the Open category if they meet the established time standard based on their 400m and 1500m (100.0m track) time from the 2017-2018 season which is subsequently converted to a 500m and 1500m time (111.12m track) using the SSC conversion charts.

The combined (500m + 1500m on 111.12m track) time standards for 14 year old skaters to race in the Open category are as follows:

14-year-old girls: 215.00 seconds

14-year-old boys: 206.00 seconds

If a 14 year old skater chooses to race in the Open group for a meet, they will be seeded into the Open groups, for the purpose of creating divisions within the meet, on the basis of their combined 500m + 1500m (111.12m track) time using the SSC Conversion charts. 14-year-old skaters who race in Open will be listed on the Open Ranking List. 14-year-old skaters who race in the 13-14 age category will be listed on the 13-14 group Ranking List. If a 14-year-old skater races in both the Open category and the 13-14 age category in the 2018-2019 season, the skater will appear on both group's ranking lists.

RACING DISTANCES

11-12 years old	100.0m track	Distances at all OEC meets: 400m, 1000m, 1500m Additional distance: OEC#1: 200m pursuit (final: 4 on the line) OEC#2: 2000m points race + 3000m relay OEC#3: 2000m points race + 3000m relay OEC#4: 200m pursuit (final: 4 on the line) Provincial Championships: racing distances will reflect the SSC competitions bulletin to align with races at Canada East for each age group and gender
13-14 years old	100.0m track	Distances at all OEC meets: 400m, 1000m, 1500m Additional distance(s): OEC#1: 200m pursuit (final: 4 on the line) OEC#2: 3000m points race + 3000m relay OEC#3: 3000m points race + 3000m relay OEC#4: 200m pursuit (final: 4 on the line) Provincial Championships: racing distances will reflect the SSC competitions bulletin to align with races at Canada East for each age group and gender
Open (14-29 years)	111.12m track	Distances at all OEC meets: 500m, 1000m, 1500m Additional distance(s): OEC#1: 500m (#2) and 3000m Relay OEC#2: 1500m (#2) and 3000m Relay OEC#3: TBD based on CWG format OEC#4: 1500m super final (8 on the line)

If time does not permit for the listed 3000m relay races, they will be replaced by 2000m relay races in the 11-12 and 13-14 age categories.

Raking List

After the first Ontario Elite Circuit meet of the 2018-2019 season, combined ranking times for the 11-12 and 13-14 age categories will be based on the 400m and the 1000m distances (100.0m track).

RELAYS

At Ontario Elite Circuit #1 for the Open group, and Ontario Elite Circuit #3 for the 11-12 and 13-14 groups, the top 16 skaters in the top division of each racing group after Saturday's racing will be seeded into 4 relay teams of 4 skaters.

At Ontario Elite Circuit #2, skaters in all racing groups will be eligible to participate in Club-based relays. Teams may be chosen by skaters in consultation with their coaches. Each club may only submit one relay team per racing group (i.e. a club may only submit one team for the 11-12 year old girls group). Clubs that have more skaters than one full team in a racing group and clubs that cannot fill a relay team are encouraged to join with other clubs to create full teams. Skaters must skate on a relay team in their respective age category only.

Relay teams must have four (4) skaters. Teams of three (3) or less skaters will not be allowed to register.

Relay teams must be submitted to sportmanager@ontariospeedskating.ca by Friday October 19 at 8:00pm.

REGISTRATION INFORMATION

- See meet announcement for registration information. Skaters in the Ontario Elite Circuit who have properly registered will have priority in registering for Ontario Elite Circuit meets.
- Registrations received by the deadline (Wednesday at 11:59pm) are subject to the regular entry fee. Registrations received during the extension (Thursday 12:00am – Friday 12:00pm), are double the entry fee.

Ontario Elite Circuit Points Awards

Certificates will be given to the three skaters who receive the greatest amount of points from all Ontario Elite Circuit Meets in each of the following groups: Open Ladies, Open Men, Boys 11-12, Boys 13-14, Girls 11-12, and Girls 13-14. The award recipients will be determined in accordance with the procedure set out in Appendix C. These awards will be presented at the Ontario Elite Short Track Championships awards ceremony.

Meet Results

See Appendix B. Medals will be awarded to the top three (3) finishers in each Division based on the cumulative points earned during the Finals of each distance.

INFORMATION FOR MEET COORDINATOR

- Requires Olympic size ice pad (30 x 60 meters)

- Both 100.0m and 111.12m tracks must be marked on the ice surface and certified as correct
- Sanctions must be obtained from OSSA and SSC.
- Officials requirements are as follows:
 - The Chief Referee, Chief Starter, and Chief Recorder will be assigned to the Ontario Elite Circuit meets by the Officials Development Committee and/or its identified collaborators. Availability, certification level, and experience will be factors in the assignments.
 - The Chief Manual Timer and Chief Judge should be Level 3, but could be Level 2 if supervised by a higher level official OR have chiefed at 2 Ontario Elite Circuit meets.
 - Ontario Elite Short Track Provincial Championships: Chief Referee, Chief Starter, Chief Timer, and Chief Judge should be Level 3, but could also be Level 2, if supervised by an official of a higher level for upgrade evaluations.
- Level 3 crash mat protection is required for Ontario Elite Circuit meets (SSC Sanctioned meets). See SSC guidelines D2-102 at <http://www.speedskating.ca/resources/safety/crash-protection/short-track-crash-protection> and Appendix D3 at <http://www.speedskating.ca/appendices>.

Racing Format

All Points: Format in which all skaters advance to finals and therefore accumulate points.

Ability: Competition in which seeding is primarily on ability. Seed times prevail for seeding purposes, within the skater's appropriate gender and age category.

Please refer to Appendix A for information about the format of the points races and 200m pursuits.

Seeding for Races

In fairness to all Ontario competitors, seeding for Ontario Elite Circuit #1 will be done based on the 2017-2018 year-end ranking list. Times from the most recent 2018-2019 ranking list will be used to seed skaters for all subsequent Ontario Elite Circuit meets.

The Technical Committee reserves the right to accept skaters from out-of-province into an Ontario Elite Circuit meet. These skaters shall balloon their respective group. Please see page 22 for out-of-province time standards.

Girls 11-12, 13-14, and Boys 11-12 and 13-14

- The number of Divisions and skaters per Division shall depend on the number of registrations received for a particular meet.
- Any out-of-province skaters who so qualify for the first Ontario Elite Circuit meet shall be seeded into the 11-12 year old group based on their 400m time, and the 13-14 year old group based on their 400+1500m (100.0m track) times. Any out-of-province skaters who so qualify for subsequent Ontario Elite Circuit meets shall be seeded based on their 400m+1000m (100.0m track) times. If they do not have a 400m+1000m (100.0m track), they shall be seeded at the bottom of the group. Out-of-province skaters will balloon their respective age group.

Open Groups

- The number of Divisions and skaters per Division shall depend on the number of registrations received for a particular meet and will be determined at the discretion of the High Performance Director

- Any out-of-province skaters who so qualify shall be seeded into the Open groups based on their 500m+1500m times and shall balloon the total number of skaters at the meet.

ONTARIO REGIONAL SHORT TRACK CHAMPIONSHIPS

This is a 2-day age class, gender specific meet. There is no cap on registration numbers.

SKATER ELIGIBILITY

- Skaters aged 6-29 years old.
- Skaters must be a member in good standing of OSSA and have raced at a minimum of 1 OSSA sanctioned short track meet during the current season. Mini Meets do not apply.
- All Regions eligible to register.
- Ontario Elite Circuit skaters are not eligible (including those who started the season as Ontario Regional Circuit skaters)

RACING DISTANCES

All skaters will compete in individual distances, which will count towards their final overall placement. An additional event for all groups will be scheduled by the High Performance Director, Chief Referee, Meet Coordinator and Meet Recorder once registration has closed. The distance of the additional event will be determined based on the number of entrants in each age category, and will be time permitting. Additional events could be traditional relays or dropout races, skill-based events, or other. The additional event will also count toward overall placement.

RACING DISTANCES

6 year old	100.0m track	100m, 200m, 400m
7 year old	100.0m track	100m, 200m, 400m
8 year old	100.0m track	200m, 400m, 600m
9 year old	100.0m track	200m, 400m, 600m
10 year old	100.0m track	200m, 400m, 1000m
11 year old	100.0m track	200m, 400m, 1000m
12 year old	100.0m track	200m, 400m, 1000m
13 year old	100.0m track	400m, 1000m, 1500m
14 year old	100.0m track	400m, 1000m, 1500m
Open (15-29 years)	111.12m track	500m, 1500m, 1000m

A racing schedule will be made available just prior to the event.

Note: semis may be skated only where necessary with large groups.

Based on the number of registrants per group, racing groups of the same gender may be combined at the discretion of the meet organizers and the Technical Committee.

AWARDS

Racing Points and Results

See Appendix B.

Medals will be awarded to the top 3 overall finishers in each male age class and each female age class based on points earned during the finals of each individual distance.

If any groups are combined, the skaters in different age categories will receive separate points for each final, as if they are racing in their separate age categories. In this case, medals shall be awarded to the top Three

(3) overall finishers in each age class based on their ranking at the end of the competition within their own age class.

If any group is larger than 32 skaters, it shall be broken into two equal divisions (i.e.: Boys 10 – “A” and Boys 10 – “B”) to accommodate race advancements. OSSA Provincial Championship medals will only be awarded to division A.

Host clubs can provide additional awards at their discretion.

SEEDING

- Seeding for skaters ages 6-14 will be done on the 400m times. If any group is larger than 32 skaters, it shall be broken into two equal divisions (i.e.: Boys 10 – “A” and Boys 10 – “B”) to accommodate race advancements. Semis may be skated only where necessary with large divisions.
- Seeding for ages 15-29 will be done on 500m times. If any group is larger than 32 skaters, it shall be broken into two equal divisions (i.e.: Girls 14 – “A” and Girls 14 – “B”). Semis may be skated only where necessary with large divisions.

INFORMATION FOR MEET COORDINATOR

- SSC and OSSA sanctions are required for this meet.

MASTERS SHORT TRACK CHAMPIONSHIPS

This is a one-day All Points, ability competition. There is no cap on registration for Championship meets. An SSC Ability meet sanction shall be secured. Date to be determined for the 2018-2019 season.

SKATER ELIGIBILITY

- Skaters aged 30+ years old, 5-year increments.
- Masters skaters must be an OSSA member in good standing and have raced at least one Ontario Regional Circuit or Ontario Elite Circuit meet in the current season and be on the current ranking list.
- All Regions eligible to enter.

RACING DISTANCES

All skaters will compete in four (4) distances that will count towards their final overall placement.

Age Class	Distances (all on 111.12m track)
30-34, 35-39, and so on	500m, 777m, 1000m, and a 1500M Super Final.

Note: semis may be skated only where necessary with large groups.

Racing Format and Seeding

All points: Format in which all skaters advance to finals and therefore accumulate points.

Ability: Competition in which seeding is primarily on ability. Seed times prevail, for seeding purposes, over sex and age within the group. Seeding will be done on 500m times.

Racing Schedule

The schedule will be dependent on the number of skaters and provided prior to the competition.

Racing Points and Results

See Appendix B. The category results will be separated to award medals in the appropriate gender and age classifications (5-year increments). Top points in each distance will be given to the skater in each age and gender group who skates the fastest time in the final, regardless of which final he or she is in.

ONTARIO ELITE SHORT TRACK CHAMPIONSHIPS

This Age Class competition will be used to select skaters to attend the Canada East Short Track Championships and to name the Ontario Open Provincial Champions. The format of the Canada East Short Track Championships meets are contained in the relevant SSC Competitions Bulletin which will be accessible on the SSC website.

At the close of the Ontario Elite Short Track Championships, the Ontario Speed Skating Association's Technical Committee will identify the primary racing team and up to 4 alternates per age category.

SKATER ELIGIBILITY

1. It is imperative that all skaters, coaches, clubs, and parents review the qualification criteria below, and Bye Guidelines. All skaters will be deemed to understand these criteria once they accept an invitation to the Ontario Elite Circuit.
2. All skaters who accepted the invitation to race the Ontario Elite Circuit and attend **3 out of the 4 Ontario Elite Circuit** meets in the 2018-2019 season are eligible to participate in the Ontario Elite Short Track Championships. If a skater does not attend 3 out of 4 meets, he or she must obtain a Bye for any missed competition(s) in accordance with the Bye Guidelines contained, in order to maintain eligibility for the Ontario Elite Short Track Championships. The Bye guidelines and bye application form are in a separate document.
3. Skaters have hereby been given an opportunity to miss one of the Ontario Elite Circuit meets without the necessity of obtaining a bye (hereinafter called a "Free Absence"). Skaters must use their Free Absence for their first non-attendance of the season, no matter the reason for the non-attendance. A skater must receive a bye for any further non-attendance(s), or forfeit his or her eligibility for the Ontario Elite Short Track Championships. A skater who starts a meet will be recognized as having attended the meet regardless of when s/he leaves the meet. An injured skater should review the Bye guidelines for additional information.
4. Skaters who have advanced to the Ontario Elite Circuit from the Ontario Regional Circuit by meeting the time standard and winning an Ontario Regional Circuit meet are eligible to register for the Ontario Elite Short Track Championships, regardless of whether or not they have yet competed in an Ontario Elite Circuit meet. These skaters may not race at the Ontario Regional Short Track Championships.
5. There is no cap on the number of skaters eligible to race at the Ontario Elite Short Track Championships. Any skater who skates at the Ontario Elite Short Track Championships is not eligible for the Ontario Regional Short Track Championships.

Information about the Ontario Elite Short Track Championships format and distances will be released by OSSA at a later date pending release of Speed Skating Canada's 2018-2019 Competition Bulletin.

SELECTION CRITERIA FOR CANADA EAST SHORT TRACK CHAMPIONSHIPS

Eligibility to participate as a member of Team Ontario at the Canada East Short Track Championships will be based on the criteria set by SSC.

Details of the SSC Short Track Championships are contained in the relevant SSC Competition Bulletins, which can be accessed at: <http://www.speedskating.ca/competitions-bulletins>

While SSC establishes the primary criteria for the eligibility of any skater participating in the various championships, the selection criteria used by OSSA for selection to Team Ontario will be based on the following calculation: 25% of the points earned within a skater's individual age class throughout the season in the Ontario Elite Circuit and 75% of the skater's overall results at the Ontario Elite Short Track Championships.

Ties for the last place position on a team will be decided based on the skater with the fastest 400m time skated at the Ontario Elite Short Track Championships. This procedure will also be used to determine the order of alternates to be named to a team, if multiple skaters in an "alternate" position are in a tie position.

OUT-OF-PROVINCE SHORT TRACK SKATERS

An out-of-province skater is someone who is registered as a speed skater in another Province, Territory or State.

Out-of-Province skaters may register to enter any regular season Ontario Regional Circuit meet, provided that they do not meet the Ontario Elite Circuit out-of-province time standards set out below.

Out-of-Province skaters may enter any regular season Ontario Elite Circuit meet if they meet the age requirements for the racing series and they have satisfied the time standards set out below. All times are in seconds. Only times from this season and last season will count.

Out-of-Province skaters will be placed within an age group based on their date of birth and will skate the track appropriate to that age group.

Out-of-Province skaters are not eligible to participate in the Ontario Regional Short Track Championships, Ontario Elite Short Track Championships or the Masters Provincial Championships.

Age Class	Required Distances	Time Standard (sec)
Girls 11-12	400m on 100m track	50
Girls 13-14	400+1000m on 100m track	221.25
Open Ladies – Junior B (15-16), Junior A (17-18), Neo-Senior (19-22), Senior (23-29)	500m + 1500m on 111m track	217.3
Boys 11-12	400m on 100m track	47.5
Boys 13-14	400+1000m on 100m track	215
Open Male – Junior B (15-16), Junior A (17-18), Neo-Senior (19-22), Senior (23-29)	500m + 1500m on 111m track	203.5

If submitted times are not raced on the required track, the times will be converted using the SSC conversion tables to determine skater eligibility for a given meet.

MINI MEETS

Mini meets shall consist of a combination of traditional racing (counter-clockwise on a track), non-traditional racing, and skill events for new racers and inexperienced skaters. Mini meets are considered a developmental format and are not to be considered as a competitive event. Clubs are open to format the mini meet in order to provide the most meaningful experience for all participants. Coaches and more experienced skaters may help on the ice and help train parent volunteers as officials.

- Half Day or 1 Day meets
- Olympic size or NHL size ice pad
- Both 100.0m and 111.12m tracks can be used
- Open to all skaters
- No minimum standard for officials.

The choice of events and the sequence is left to the discretion of the host club, in order to accommodate each clubs' unique hosting situation (i.e. venue, amount of ice time etc.).

Mini meets are participatory in nature. Results from a mini meet are therefore not considered for the OSSA Short Track Ranking List. Times from a mini meet can be used as entry times for a skater's first Regional meet.

Racing Formats

Clubs are encouraged to develop racing formats that suit the development of their skaters.

HELMET COVER POLICY

The Ontario Speed Skating Association (OSSA) has made helmet covers available for purchase. These covers are the only covers that are permitted for use at OSSA sanctioned events. The following rules govern the use of OSSA helmet covers:

1. Helmet covers can be purchased from your home club or directly from the OSSA office. The number you are assigned will be your personal number for the entirety of your racing career. Helmet covers may not be transferred.
2. Once a skater has purchased a cover, the assigned number may not be used for another skater unless the first skater leaves the sport. At that time, the cover can be reassigned to another skater of the same club, retired, or returned to OSSA. In all cases, OSSA must be notified of the change in writing.
3. If a skater loses their helmet cover (other than at a time during a meet), they must notify their club who can advise OSSA that the number has been lost. The skater can then purchase a new number from their club. If a skater realizes after a meet entry deadline, but prior to arriving at a meet, that they have lost their helmet cover they can be issued a new cover by their club without being fined for the change provided that the meet coordinator receives notification of the number change a minimum of 48 hours prior to the coaches meeting for that race. The club must also ensure OSSA is notified that the number has been lost.
4. Skaters who do not have a helmet cover are not permitted to participate in sanctioned events.
5. If skaters only skate once, they can 'rent' a cover for the weekend from their club or the meet organizers. A rental must be organized prior to the entry deadline of the meet so that the rented cover number can be included on the skater's entry form. The rental fee for a cover is \$20 + tax which is a deposit that is returned when the helmet cover is received back undamaged.
6. If a skater arrives at a meet and realizes they have forgotten their helmet cover, the organizers or their club can issue them a new helmet cover for the meet.
7. Sharing of helmet covers is not permitted during a meet.
8. A skater's helmet cover number should be noted on the Club entry form submitted when registering for a race.

Helmet Covers at Ontario Elite Circuit Meets

OSSA has ordered race-specific helmet covers (numbered 1-9) similar to the helmet covers worn at National Competitions. When these helmet covers become available, they will be used at Ontario Elite Circuit Meets.

OSSA SHORT TRACK RANKING LIST FORMAT AND PROCEDURES

The OSSA Short Track Ranking List is maintained by the OSSA Technical Committee and is updated immediately following the completion of any OSSA sanctioned event and at other times as necessary to update information that may not be correct or to include times from meets skated outside of Ontario.

A skater's racing class shall be determined by his/her age on June 30 prior to the competition.

All Ontario skaters will start the 2018-2019 season with their Personal Best times from the 2017-2018 season. These times are necessary for sorting skaters into their assigned Racing Circuit. Once the season is underway, only current season (2018-2019) **ranking** times will be maintained on the OSSA Short Track Ranking List and will be used for sorting skaters into Divisions at each meet where necessary.

In order for a time to be eligible to be included on the OSSA Short Track Ranking List, the race must have been skated at a meet sanctioned by one of the following organizations:

- Speed Skating Canada
- Ontario Speed Skating Association
- Any other Provincial Branch as recognized by Speed Skating Canada
- US Speed skating at an American Cup event

For a 100.0m race time to be eligible for ranking and seeding, the race must have been skated on a surveyed 100.0m track and be of a distance recognized by OSSA. The recognized distances are:

- 400m
- 1000m

For a 111.12m race time to be eligible for ranking and seeding, the race must have been skated on a surveyed 111.12m track and be of a distance recognized by OSSA. The recognized distances are:

- 500m
- 1500m

With the exception of SSC Championship and/or National Trials events, skaters requesting to have a race result included for a race skated outside of Ontario must provide a copy of the meet registration form indicating that the meet is appropriately sanctioned, as noted above, and that the track skated was surveyed for the appropriate distance. The skater must also include a copy of the meet protocol page showing the name and date of the competition, the race distance and the time skated. It is the responsibility of the skater - with the assistance of their coach - to provide the requisite information to the OSSA Technical Committee. The Technical Committee is under no obligation to seek out-of-province racing information and will not include any race result on the ranking list in the absence of all requisite information.

The OSSA Technical Committee reserves the right to review the eligibility of all out-of-province meets prior to any results from that meet being included on the ranking list. This is to ensure that the meet eligibility requirements have been met.

The Ranking List will note which skaters have qualified for the Ontario Elite Circuit vs. the Ontario Regional Circuit.

APPENDIX A – SHORT TRACK ADVANCEMENTS

#1 Ontario Elite Circuit and Ontario Elite Short Track Championships

Advancements shall be done on place then on time.

Race sheets provided at the meet shall have the advancements for each event.

#2 Ontario Regional Circuit

Advancements are by place for the A final, the balance of finals in order of heat times.

Race sheets provided at the meet shall have the advancements for each event.

#3: Guidelines for the 2000m and 3000m Points Race and 200m Pursuit:

2000m and 3000m Points Race:

Note: these rules apply to the points race on both the 111.12m and the 100.0m tracks.

1. Skaters are to be seeded into this event based on the cumulative points earned in other distances in the meet. A maximum of eight (8) skaters will be allowed to start in each race, however, if the last final has fewer than five (5) skaters it can be raced concurrently with the prior final, allowing up to 12 skaters to race concurrently.
2. Skaters who are lapped prior to 7 laps (the lead skater has 7 laps to go) remaining must go to the centre of the ice. They will earn 0 points for the remainder of the race. A skater is deemed to be lapped once overtaken by the lead skater in their respective race, if 2 races are run concurrently. These lapped skaters shall retain all points earned earlier in the race. Skaters who are lapped following 7 laps remaining for the lead skater will continue to race and score points on the finishing lap. If a skater eliminates the entire field, the race will be declared over and the skater will earn 1st place points for all remaining point laps.
3. Final placing in the event will be determined by the total number of points earned by each skater in the race. Should skaters finish with an equal number of points, the result on the final lap will be used to break the tie.
4. Skaters in the A final will receive Final Points for positions 1 through 8, skaters in the B final will receive Final Points for positions 9 through 16 and skaters in the C final will receive Final Points for positions 17 through 24.
5. Penalized skaters shall receive no points for the race; however, points earned by those skaters during the race will not be re-distributed. They will receive last place final points for their final.
6. During the 3000m points races there will be a bell rung with 22, 15, 8 and 1 lap to go to indicate that the next lap is a points lap. During the 2000m points race there will be a bell rung with 15, 8 and 1 lap to go to indicate that the next lap is a points lap.
7. Should the referee be required to stop a race for any reason and a restart is required, the number of laps to be completed shall be at the discretion of the referee however, the referee must allow skaters to complete at least three (3) laps prior to points being awarded. In the case of a stoppage, skaters will retain all points earned up to that point, unless the laps remaining require the last points earned to be raced for again. For example, if a race were stopped after 7 laps remaining and restarted with 11 laps to skate, the skaters would lose the last points earned in the first start (7 to go) and race for them again. Skaters who were lapped or penalized will not take part in the restart.
8. **3000m:** skaters will score points when they cross the line with 21, 14, and 7 laps remaining, as well as the finishing lap. Points are assigned as follows: 34, 21, 13, 8, 5, 3, 2 and 1 point. Double points will be awarded for the final lap i.e. lap 30 (100.0m track) or lap 27 (111.12m track).

9. **2000m:** skaters will score points when they cross the line with 14, 7 laps remaining, as well as the finishing lap. Points are assigned as follows: 34, 21, 13, 8, 5, 3, 2 and 1 point. Double points will be awarded for the final lap. i.e.: lap 20.

200m Pursuit and Mass Start Final

1. A 200m Pursuit will be skated as the qualifying round for the 200m Mass Start Final.
2. Skaters will be seeded into pairs based on their cumulative points obtained up until that point in the competition. The highest ranked pair shall skate first, followed by the next ranked pair and so on. In the case of an odd number of skaters, the lowest ranked skater will skate alone in the final pair.
3. The higher seeded skater in a Pursuit pair shall start on the side of the start/finish line used for all other events.
4. Skaters will be marshaled on and off the ice with their entire racing group. Skaters that are not racing will be waiting on the ice with an official.
5. Use only the three (3) centre tracks.
6. Following the pursuit heats, skaters will be ranked from fastest to slowest times and seeded into a 200m Mass Start Final **with four (4) skaters on the line**. The first four (4) fastest times will race in the A final, the next four (4) fastest times will race in the B final and so on.

APPENDIX B – RACING POINTS

#1 Final Ontario Elite points:

Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points
1	1000	11	130	21	23	31	13	41	3
2	816	12	106	22	22	32	12	42	2
3	666	13	86	23	21	33	11	43	1
4	543	14	70	24	20	34	10	Others	1
5	443	15	57	25	19	35	9		
6	362	16	46	26	18	36	8		
7	295	17	37	27	17	37	7		
8	241	18	30	28	16	38	6		
9	196	19	25	29	15	39	5		
10	160	20	24	30	14	40	4		

#2 Ties

A tie for 1 st	1000 points each, next skater 666 points
A tie for 2 nd	816 points each, next skater 543 points
A tie for 3 rd	666 points each, next skater 443 points
A tie for 4 th	543 points each, next skater 362 points
A tie for 5 th	Etc.

#3 Penalties

Penalties in a heat will be placed into the lowest final.

Penalties in a semi-final will be placed into the lowest eligible final.

Penalties in the final, will receive last place points for that final, behind any skaters who did not finish (DNF) the race, but ahead of skaters who did not start (DNS) the race. All penalized skaters in a final receive last place points.

Order of finish – DNF – PEN - DNS.

#4 Point Eliminations

If a skater does not participate (DNS) in a heat, he/she will be placed into the bottom final. He/she may skate the final but will receive no points for that distance. The time from the final will be recorded.

If a skater participates in the heat, but not the semifinal, he/she will be placed into the lowest eligible final. If he or she again does not participate in the final, he or she will receive last place points for that final.

If a skater participates in the heat and semi, but not the final, he/she will receive last place points for that final.

If a skater does not participate (DNS) in the Super final, he/she will receive no points for that distance.

APPENDIX C – OVERALL POINTS AWARDS

Ontario Regional Circuit

- The skaters in the highest ranked division in the Learn to Train group (skaters 6-10 years old) at each Ontario Regional Circuit meet shall be eligible to receive points. There are no points given out in respect of the Ontario Regional Short Track Championships as this award is designed to reward participation throughout the season.
- Only the skaters from the host region are eligible to receive points. In other words, only eastern skaters may receive points at eastern meets and so on.
- The top 8 skaters in the above-noted division from the host region based on cumulative points at the end of each regional competition shall receive the following points: 34, 21, 13, 8, 5, 3, 2, 1. The highest ranked skater shall receive 34 points, the next ranked skater shall receive 21 points and so on.
- If there are not enough skaters from the host region in the highest ranked division in the Learn to Train group to award all of the above-mentioned points, the remaining points will be allocated to skaters in the next division, based on their overall standing at the end of competition.
- After all Ontario Regional Circuit meets from each region have occurred, the points accumulated by all of the skaters at each meet shall be added together and the 5 skaters in each region who have accumulated the greatest amount of points will receive the following awards, to be handed out at the Ontario Regional Championships:
 - o Overall Ontario Regional Circuit Points Champion
 - o 1st Runner Up – Ontario Regional Circuit Points Classification
 - o 2nd Runner Up – Ontario Regional Circuit Points Classification
 - o 3rd Runner Up – Ontario Regional Circuit Points Classification
 - o 4th Runner Up – Ontario Regional Circuit Points Classification

Ontario Elite Circuit

- The skaters in the highest ranked division in Open Ladies, Open Men, Girls 11-12, Girls 13-14, Boys 11-12 and Boys 13-14 at each Ontario Elite Circuit meet shall be eligible to receive points. There are no points given out in respect of the Ontario Elite Short Track Championships as this award is designed to reward participation throughout the season.
- Skaters from all regions are eligible to receive points.
- The top 8 skaters in each of the above-noted groups based on cumulative points at the end of each Ontario Elite Circuit competition shall receive the following points: 34, 21, 13, 8, 5, 3, 2, 1. The highest ranked skater shall receive 34 points, the next ranked skater shall receive 21 points and so on.
- After all 4 Ontario Elite Circuit meets have occurred, the points accumulated by all of the skaters at each meet shall be added together and the 3 skaters in each division who have accumulated the greatest amount of points will receive the following awards, to be handed out at the Ontario Elite Short Track Championships:
 - o Overall Ontario Elite Circuit Points Champion
 - o 1st Runner Up – Ontario Elite Circuit Points Classification
 - o 2nd Runner Up – Ontario Elite Circuit Points Classification

APPENDIX D – GUIDELINES FOR INVITATION OF SKATERS TO THE ONTARIO ELITE CIRCUIT

The Technical Committee invites a certain number of skaters in each age class to attend the Ontario Elite Circuit competitions, based on the following goals:

- (1) to ensure, as much as is possible, minimum group sizes at the Ontario Elite Circuit meets and Ontario Elite Short Track Championships (ie. to be able to run heats and finals in each distance for each group);
- (2) to ensure, as much as is possible, an appropriate number of skaters attending each Ontario Elite Circuit competition and the Ontario Elite Short Track Championships;
- (3) to recognize that certain age groups are more competitive than others and to recognize the concept of proportionality; and
- (4) to recognize the development of skaters over the course of the season. It is OSSA's goal to have approximately 150 skaters at the Ontario Elite Short Track Championships.