ONTARIO SPEED SKATING

OSSA TECHNICAL BULLETIN – CANADA WINTER GAMES 2019 SELECTION PROCESS

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INTRODUCTION

The Team, which will represent Ontario and the Ontario Speed Skating Association (OSSA) at the Canada Winter Games (CWG), will consist of 5 male and 5 female athletes for Short Track and 4 male and 4 female athletes for Long Track. This document outlines the process that OSSA will utilize to select the athletes who will represent the Association as part of Team Ontario. Alternates for each discipline and gender will be identified but will travel to the Games only if one of the selected team members is not able to attend.

SHORT TRACK – The Team selection for Short Track will take place December 7-9, 2018 at the Canada Winter Games Short Track Selection Event (ST Trials) in Cambridge, Ontario. Eligible skaters will race head to head. The Top 4 from each of the male and female divisions will be considered for the Team at the conclusion of the competition. One (1) discretionary spot for each of the male and female categories will remain open. Please see Annex D for description of the discretionary position.

LONG TRACK – The Team selection for Long Track will take place December 22-23, 2018 at the Canada Winter Games Long Track Selection Event (LT Trials) at the Pettit National Ice Center in Milwaukee, Wisconsin. Eligible skaters will race head to head. From this competition, 3 male and 3 female skaters will be selected for the Canada Winter Games team. One (1) discretionary spot for each of the male and female categories will remain open (see Annex D).

ELIGIBILITY

In order to be eligible to compete in the Canada Winter Games Selection Events, competitors must:

- 1. Be an Elite member of OSSA and a member of SSC in good standing.
- 2. Properly register with the event organizers for the selection events.
- 3. Meet the following Canada Winter Games age restrictions:

Short Track	Long Track
Competitors who have reached the age of	Competitors who have reached the age of
14 on June 30 th , 2018 but have not	14 on June 30 th , 2018 but have not
reached the age of 19 on June 30 th , 2018.	reached the age of 20 on June 30 th , 2018.
Year of Birth: July 1, 1999 to June 30,	Year of Birth: July 1, 1998 to June 30,
2004 inclusive.	2004 inclusive.

- All competitors must meet the requirements as outlined in Annex 1 (Competitor Eligibility) of the SSC 2019 Canada Winter Games Technical Package(s) which can be found at:
 - a. Short Track: <u>https://www.canadagames.ca/sites/cgc/files/2019_Technical_Package_-</u> <u>Speed_Skating_%28Short_Track%29_-v2.0_-2018.06.01%5B1%5D.pdf</u>
 - b. Long Track: <u>https://www.canadagames.ca/sites/cgc/files/2019%20Technical%20Package%20</u> <u>-%20Speed%20Skating%20(Long%20Track)%20-%20v1.0%20-</u> <u>%202017.06.19.pdf</u>

Athletes **NOT** eligible for selection are those who meet the following criteria:

- 1. Athletes that have held a senior card (as defined by Sport Canada's Athletes Assistance program) at any time;
- 2. Athletes that have been National Senior Team members (as defined by Speed Skating Canada and approved by the Canada Games Council) at any time;
- 3. Athletes that have competed in speed skating for any nation at any senior Pan American Games, Olympic Games, Senior World Championships, or a World Cup competition.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to a change in carding status or national team status (no athlete will be excluded if they attain National Senior Team member's status for the first time, skate in a World Cup or World Championships for the first time, or they are granted carding status after November 17, 2018).

In the event that an athlete's permanent residence is not within the province of Ontario, that athlete can be eligible to compete for either Province if he or she is able to show the following:

- 1) The athlete has been a member of a club or Provincial/Territorial Sport Organization in that Province/Territory for the entire previous or current competitive season; AND
- 2) The athlete has represented that Province or Territory at an international, national, or regional championship; AND
- 3) The athlete has not received direct development funding from their Province or Territory of permanent residence within a year of the opening of the Canada Winter Games, unless the funding jurisdiction provides permission for the athlete to compete for another team; OR
- 4) Other similar circumstances may be considered.

Note that athletes that are attending school on a full-time basis outside their Province or Territory of permanent residence during the year of the Canada Winter Games shall be permitted to compete for either their Province or Territory of permanent residence or the Province or Territory in which the athlete attends school.

GENERAL

The Technical Committee, using its absolute discretion, will deal with all situations not expressly covered by the rules contained herein.

BYES

The Technical Committee may grant a bye to a skater to attend the CWG Short Track or Long Track Selection events or directly onto Team Ontario (for short track or long track) due to illness or injury. Such skater must apply in writing to the Technical Committee and attach supporting documentation as evidence of the injury. The Committee will apply the bye guidelines as set out in the Technical Bulletin (either long track or short track, depending on the bye request), in

respect of all bye requests to Team Ontario. The bye request must be received in accordance with the deadlines set out in the Technical Bulletin.

In the case of a skater who applies for a bye to attend the CWG Short Track Trials, he or she must have skated times in either the 2017-18 season or 2018-19 season that, if skated at the Ontario Elite Circuit #1 competition (2018-19 season), would have placed him or her in the top 10 skaters who otherwise qualified for the CWG Short Track Trials at that meet.

COACHING CERTIFICATION REQUIREMENTS

The same coaching certification requirements as are already in effect at Ontario Elite Circuit events shall apply to the CWG selection competitions. There shall be a maximum of two coaches from each club in the coaches' box at any one time.

SHORT TRACK

1. COMPOSITION

The Canada Winter Games Team – Short Track will be composed of 5 female and 5 male OSSA speed skaters. The 4 females and 4 males with the best point total at the ST Trials as described in this bulletin will be considered for team selection. One (1) spot for female and one (1) spot for male will be left as discretionary – to be determined by the OSSA High Performance director by December 17, 2018.

The next highest placed skater will be considered the alternate for the Canada Winter Games short track team. For example, if the 5th place skater is chosen as the discretionary skater, the 6th place skater will become the alternate for the Canada Winter Games. If the 6th place skater is chosen as the discretionary skater, the 5th place skater will become the alternate for the Canada Winter Games. Winter Games.

2. ELIGIBILITY

There will be 16 male and 16 female skaters at the ST Trials competition. Skaters will qualify to the ST Trials as follows:

The top 16 skaters based on combined 500m+1500m time will be eligible to race in the ST Trials. Times must be skated between August 1, 2018 and November 12, 2018. Times must be from a gender-specific, SSC sanctioned event.

Skaters who wish to compete in the ST Trials must submit their best 500m and 1500m time (and the date and location skated) skated between the dates listed above to the OSSA office (<u>sportmanager@ontariospeedskating.ca</u>) by November 12 at 11:59pm. Skaters must also submit their best 1000m time for seeding purposes for that distance.

The list of the top 20 eligible male and female skaters will be published on November 16, 2018. This list will include 4 alternates to the ST Trials in each the female and male categories.

All eligible athletes (including the 4 alternates) must confirm their intent to compete in the ST Trials by November 20, 2018.

The final list of skaters in the ST Trials will be posted to the OSSA website on November 23, 2018.

Registration to compete in the ST Trials must be submitted to the provincial registrar by November 27, 2018.

3. COMPETITION FORMAT

Schedule and Race Format

Day	Distance	Heat	Semi	Final
Friday	1500m (1)	A-C 2+0	N/A	A-C
Saturday	1000m	A-D 2+0	A-D 2+0	A-D
Saturday	500m (1)	A-D 2+0	A-D 2+0	A-D
Sunday	1500m (2)	A-C 2+0	N/A	A-C
Cunday	500m (2)	A-D 2+0	A-D 2+0	A-D

Note: there will be a mandatory meeting for all selected athletes (including alternates) Sunday (Day 3) evening.

4. POINTS

The overall point standings will be determined by the cumulative results of the full competition.

Points will be awarded in the competition in accordance with the following:

Rank	Points	Rank	Points
1	1000	9	196
2	816	10	160
3	666	11	130
4	543	12	106
5	443	13	86
6	362	14	70
7	295	15	57
8	241	16	46

- A tie for 1st = 908 points each, the next skater 666 points, and so on.
- A tie for $2^{nd} = 741$ points each, the next skater 543 points, and so on.
- A tie for 3^{rd} = 605 points each, the next skater 443 points, and so on.
- A tie for 4th = 493 points each, the next skater 362 points, and so on...

Retiring from Competition

If a skater retires from the competition due to illness or injury, the skater will retain the position where he/she left and will retain the points he/she has accumulated to that point. The skater may only return to competition with written medical clearance. Without medical clearance, the skater will not be seeded into subsequent distances, and will not earn points for the distances.

5. SEEDING AND ADVANCEMENT

The first round of each distance shall be seeded separately, in a single distance format.

The first round of the 500m (2) and the 1500m (2) will be seeded based on finishing position of 500m (1) and 1500m (1), respectively.

All skaters shall be seeded on their most current eligible Ranking List times (skated at an SSC sanctioned event) as of the registration deadline for the ST Trials. All skater(s) who have been granted bye(s) shall be ranked after all other skaters, on the basis of their most current eligible Ranking List times.

Note: 1000m times are no longer maintained on the OSSA ranking list. Once the final list of competitors in the CWG Short Track Selection event is established, the 1000m times of the competitors will be compiled and used for seeding.

Advancements will occur sequentially as follows:

If a skater is advanced in the Heats, he or she shall be placed in the same semi-final as the second place skater from the heat. With respect to advancements, the semi-finals are to be balanced. The first advancement will follow the normal path. The second and subsequent advancements are to be distributed evenly. If the advancement is for the semi-final, skaters finishing 5th or lower in semi-finals A or B skate in the tertiary final.

A skater who does not start a race is eligible to skate the remaining distances, but may not finish the remainder of the distance in which he or she missed a race.

Annex B: provides the pattern for seeding skaters in accordance with the above.

6. AWARDING OF POINTS

Those competitors who complete an event will be ranked ahead of those who start but do not complete the event. The competitors that start but do not complete the event will receive last place points unless there is a penalty. The competitors who do not complete a race will be ranked ahead of a penalized skater in the race.

Athletes who register but do not compete will not be ranked. If an athlete does not start the first round of an event, the athlete does not receive any points for that event.

In the case where a skater that starts an event but does not complete an event due to injury, that skater will receive a rank based upon the placement in the following round. For example, if the skater is injured in the A-B semi final and cannot race the final, they would be placed in the Final B and receive last place ranking for that final.

A penalized skater will not skate any remaining races in that distance.

If a skater is penalized in a heat, they will be placed at the bottom and receive last place points. If a skater is penalized in a semi, they will be placed at the bottom, but ahead of the skater that was penalized in the heat.

If a skater is penalized in the final, they will be placed at the bottom, but ahead of the skater that was penalized in the semi final.

If more than 1 penalty occurs in the same race, the skaters do not divide the points of the last 2 positions.

Example: Tertiary final 500m the points are 196, 160, 130, 106; One penalty - skater receives 106 Two penalty - skaters each receive 106

LONG TRACK

1. COMPOSITION

The Canada Winter Games Team – Long Track will consist of 4 male and 4 female. Skaters' race times will be converted into Sammelagt points for tie-breaker purposes.

2. ELIGIBILITY

In order to compete in the LT Trials competition, skaters must have met a minimum of one (1) time standard. Submitted times must be skated between January 1st and December 10th 2018 and must be verified on speedskatingresults.com.

All participants must send their intent to compete, along with one of the following established time standards and the date and location of the time to <u>sportmanager@ontariospeedskating.ca</u> by December 11, 2018.

Distance	Female		Male	
Distance	Outdoor	Indoor	Outdoor	Indoor
500m	0:51.00	0:48.00	0:47.00	0:45.00
1000m	1:43.00	1:36.00	1:36.00	1:28.00
1500m	2:45.00	2:30.00	2:30.00	2:20.00
3000m	6:00.00	5:20.00		
5000m			9:00.00	8:15.00

Times are listed in minutes and seconds.

3. COMPETITION FORMAT

Schedule and Race Format

Day		Distance 1	Distance 2	Distance 3
Saturday	Female	500m	1500m	Mass Start (10 laps)
Outurday	Male	500m	1500m	Mass Start (10 laps)
Sunday	Female	1000m	3000m	N/A
Cunady	Male	1000m	5000m	N/A

Please note: the 500m, 1000m, 1500m and 3000m/5000m are Olympic Style racing

Note: there will be a mandatory brief meeting for all selected athletes (including alternates) after the end of racing on Sunday.

4. SELECTION CRITERIA

The Ontario Long Track Team for the CWG 2019 will consist of 4 females and 4 males. All athletes are required to race all distances at the LT Trials, including mass start.

A point system will be used to rank skaters following each distance.

Placement	Points
1 st	1
2 nd 3 rd	2
3 rd	3
4 th	4
5 th	5
6 th	6
7 th	7
8 th	8
9 th	9
10 th	10
Etc.	Etc.

Positions to Team Ontario Long Track will be assigned as follows:

- 1 position (per gender) to the combined 500-1000m races, lowest points earned.
- 1 position (per gender) to the winner of the 1500m race.
- 1 position (per gender) to the winner of the female 3000m, male 5000m.
- 1 discretionary position per gender based on selecting the best candidate for Team Ontario. (Decision to be made by the High Performance Director)

Up to three alternates (next highest ranked skater) by gender may be named to replace a vacated skater from any of the groupings (ex. 500-1000m OR 1500m OR 3000m female/5000m male).

The final list of selected athletes will be posted on December 31st, 2018 after race results have been reviewed by the Technical Committee and the discretional spot has been chosen.

5. TIE BREAKER

Grouping	Criteria
500-1000m	Combined 500-1000 Sammelagt point
1500m	2 nd next candidate from the 500-1000m grouping
3000-5000m	Highest ranking of the 1500m

Should a skater win two groupings, the next skater from those groupings based on the lowest accumulated points in those groupings shall be named. Should a tie still exist, the 1500m results will determine the outcome of the tie.

Should a skater win all three positions, the skater with next lowest points in the 500-1000m grouping and the skater from the 1500m grouping with the lowest points shall be named. Should a tie still exist, the Sammelagt point system shall be utilized.

6. GENERAL RULES

The Canada Winter Games Long Track Trials will follow ISU rules.

Electronic timing is primary. Manual timing is secondary.

Once coach is permitted per skater in the coaching box.

7. DRAW BY DISTANCE

The group with the 4 fastest seeded times (speedskatingresults.com) shall be drawn to form the two last pairs, and so on. If there would be an odd number of participants, the first pair shall consist of a single competitor.

The starting order of the pairs shall be opposite to the seeding order of the competitors in the first race. Therefore, the two competitors with the best seed time from each starting lane shall skate in the last pair, and the lowest seeded competitor(s) in the first pair.

The preferred order of drawing will begin with the lowest seeded group, finishing with the highest seeded group. The fastest grouping shall skate last.

8. RE-SKATES (FRESH STARTS)

Fresh Starts may be allowed as per ISU Rule 262.

In addition, fresh starts outside the guidelines of ISU Rule 262 will be permitted by the OSSA Technical Committee for Team Selection purposes only.

Conditions under which a fresh start will be permitted for the purposes of Team Selection are:

a) The skater is seeded in the top 10 of the participants in the distance at the start of the competition.

b) The skater cannot/ does not skate across the finish line.

(Therefore, no re-skate will be granted for the case of a race in which the skater has crossed the line).

c) The skater has a fall, experiences equipment failure, or is disqualified immediately following his or her race.

In case of disqualification:

a) The time will not be considered official

b) Eligibility for a fresh start will be determined by the Technical Committee;

c) Athletes who are disqualified and complete their races will only be granted a fresh start in cases where their finishing time would have qualified them for selection to a Team.

d) The athlete cannot improve their rank with their fresh start.

e) In the case of a non-advantageous disqualification, the Technical Committee shall have the sole, full and absolute discretion to resolve the matter as it sees fit.

NOTE: An athlete is entitled to a minimum rest of 30 minutes between his/her race and the fresh start, however they may elect to complete their fresh start within this minimum 30 minute allowance.

Exceptions to the fresh start:

a) For fresh starts permitted outside the guidelines of ISU Rule 262, the time recorded in the fresh start will be used for the purposes of Team Selection.

b) For fresh starts permitted outside the guidelines of ISU Rule 262, the athlete/s will be drawn separately from any other athletes who have been granted a fresh start based on ISU Rule 262. v.

For the purpose of clarification with respect to fresh starts as outlined above:

a) Scheduling of fresh starts awarded pursuant to ISU rule 262 will be at the sole, full and absolute discretion of the Technical Committee.

Re-skate will be allowed if a skater has been interfered with by his pair and his pair has been disqualified.

9. EQUIPMENT

Protective Equipment for Mass Start Races

ISU Rule 223 will apply. Safety equipment is mandatory and must be worn, which includes Helmet, Neck Protector, Gloves, Shin Guards, Ankle Protection, and Eyewear. Refer to Speed Skating Canada Red Book, section D3-300, Skater's Equipment - Long Track Mass Start Competition

Decisions made by the Technical Committee are final and not subject to appeal.

ANNEX A

SPECIAL RULES FOR TEAM SELECTION

- Each athlete or, in the case of an athlete who is under 18 years of age, his or her parent/ guardian, must sign the below declaration before leaving the first selection event (Short Track Trials, December 7-9, 2018). The declaration may be revised up to 48 hours following the completion of the first selection event.
 - a. "I _____, declare that if I should qualify for the Ontario Speed Skating Association's Canada Winter Games Team in both Short Track and Long Track, I choose to skate _____ Track at the 2019 Canada Winter Games in Red Deer, Alberta."
- All team members will be unable to compete in the discipline (either short track or long track) in which they are not competing at the Canada Winter Games for a period of three weeks before first Games event. Each team member must concentrate on the discipline he or she will be skating at the Canada Winter Games. The Canada Winter Games Coach and Manager must approve any exceptions.

ANNEX B

SEEDING & ADVANCEMENT – SHORT TRACK

Advancements for a Group of 16

500m and 1000m

Advancements from the quarters to the semis will be top 2, and from the semis to the finals will be top 2.

500m and 1000m Heats

	Α	В	С	D
Distance	1	2	3	4
Seeding	8	7	6	5
	9	10	11	12
	16	15	14	13

500m and 1000m Semis

	Α	В	С	D
Distance	1	2	9	10
Seeding	4	3	12	11
	5	6	13	14
	8	7	16	15

500m and 1000m Finals

	Α	В	С	D
Distance	1	5	9	13
Seeding	2	6	10	14
	3	7	11	15
	4	8	12	16

<u>1500m</u>

Advancement from the heats to the final round will be top 2.

1500m Heats

	Α	В	С
Distance	1	2	3
Seeding	6	5	4
	7	8	9
	12	11	10
	13	14	15
			16

1500m Finals

	Α	В	C
Distance Seeding	1	7	13
Seeding	2	8	14
	3	9	15
	4	10	16
	5	11	
	6	12	

ANNEX C

APPEALS

Appeals will be managed in accordance with OSSA's Appeals Policy.

ANNEX D

DISCRETIONARY SPOT

In all cases, when choosing the discretionary skater for a vacant spot, the High Performance Director in conjunction with the Technical Committee will consider the skater who has performed best in what may be considered Ontario Speed Skating's weakest distance.

This is to ensure maximum likelihood of securing medals at Canada Winter Games, and maximizing Games points.