



The Janet Henderson Memorial
Ontario Eastern Regional Circuit #2
Hosted by: Kingston Striders Speed Skating Club
Kingston, Ontario

Date:	17 November 2018
Location:	Cataraqui Arena, 1030 Sunnyside Rd. Kingston, ON K7P2Y2 Tel: 613-544-4442
Type of Meet:	This is an All points Ability, gender specific Refer to the 2017-2018 OSSA Technical Bulletin for details: http://ontariospeedskating.ca/technical-bulletins/
Skater Eligibility:	Ontario Regional Circuit skaters, Special Olympics Masters Groupings being offered at this meet
Sanctioned By:	The Ontario Speed Skating Association
Check In:	Saturday, November 17, 2018 at 7:30AM – Sunnyside Room, Upstairs Please check in by Club only!
Coaches Meeting:	November 17, 2018 at 7:45AM – Sunnyside Room, Upstairs
Officials Meeting:	November 17, 2018 at 8:00AM – Sunnyside Room, Upstairs
Warm Ups:	8:00AM
Entry Fee:	\$85.00 Individuals \$170.00 Family (3 or more skaters)
Entry Deadline:	Wednesday, November 7 at 11:59pm. Late entries may be accepted until 12 noon on Friday, November 9 at the cost of double the entry fee. All Ontario Speed Skating Association competitions will have no refunds after the close of all entries. No exceptions including medical circumstances.
Entries Via:	Email club entries to: registrar@ontariospeedskating.ca . Club entries ONLY!
For more meet information contact:	Melanie De Wys, president@speedskatingkingston.ca , 613-929-9415
Accommodation:	Nearby Hotels: Holiday Inn Select - 11 Benson St, Kingston, ON Phone: (613) 546-3662 Courtyard by Marriott - 103 Dalton Ave, Kingston, ON Phone: (613) 548-7000 Quality Inn and Suites - 1530 Robinson Court, Kingston, ON Phone: (613) 389-9998

Health Cards: Please be sure that all skaters travel with a copy of their health card number as it may be required in case of an emergency.

Equipment: See registration form for details and Speed Skating Canada's Red Book.

OSSA has teamed up with Choice Hotels! This partnership will provide lots of benefits for OSSA and clubs, but will also benefit our members directly. Anytime you need a hotel for personal travel, you can save up to 15% and earn funding for OSSA. To take advantage of the discount opportunity book online at choicehotels.ca/ontariospeedskating or call 800-4CHOICE and quote corporate ID#00235690.

