

PROTOCOL

Eastern Regional #2 - Kingston November 17, 2018

ALPHA - Open

1 BOOMHOUR, TRAVIS

Brampton

3,000

2A	1500 111M	Heat	1	3:02.29	12A	1500 111M	Final	1	2: 57.59	1,000 pts
22A	500 111M	Heat	1	0:55.26	32A	500 111M	Final	1	0: 54.73	1,000 pts
42A	1000 SF 111M	Final	1	1:56.32						1,000 pts

2 CAULFIELD, ALEX

Quinte

2,298

2A	1500 111M	Heat	2	3:04.32	12A	1500 111M	Final	3	2: 59.68	666 pts
22B	500 111M	Heat	1	0:58.10	32A	500 111M	Final	2	0: 55.92	816 pts
42A	1000 SF 111M	Final	2	1:56.40						816 pts

3 FRASER, ADRIEN

Kingston

2,148

2B	1500 111M	Heat	1	3:06.87	12A	1500 111M	Final	2	2: 57.68	816 pts
22B	500 111M	Heat	2	1:05.02	32A	500 111M	Final	3	0: 56.23	666 pts
42A	1000 SF 111M	Final	3	1:56.64						666 pts

4 MIRZA, LIAMM

Ottawa

1,629

2B	1500 111M	Heat	2	3:10.11	12A	1500 111M	Final	4	3: 00.13	543 pts
22A	500 111M	Heat	2	0:57.12	32A	500 111M	Final	4	0: 56.33	543 pts
42A	1000 SF 111M	Final	4	1:56.92						543 pts

5 JAMES, ADAM

Quinte

1,329

2A	1500 111M	Heat	3	3:27.06	12A	1500 111M	Final	5	3: 27.18	443 pts
22A	500 111M	Heat	3	1:05.05	32A	500 111M	Final	5	1: 05.43	443 pts
42A	1000 SF 111M	Final	5	P-Imp						443 pts

6 WALKER, KEVIN

Kingston

1,086

2B	1500 111M	Heat	4	3:48.51	12B	1500 111M	Final	1	3: 38.64	362 pts
22B	500 111M	Heat	4	1:08.23	32B	500 111M	Final	1	1: 04.28	362 pts
42B	1000 SF 111M	Final	1	2:17.79						362 pts

7 FREELAND, KAI

Quinte

885

2B	1500 111M	Heat	3	3:47.70	12B	1500 111M	Final	2	3: 44.14	295 pts
22B	500 111M	Heat	3	1:06.07	32B	500 111M	Final	2	1: 05.18	295 pts
42B	1000 SF 111M	Final	2	2:22.82						295 pts

PROTOCOL

Eastern Regional #2 - Kingston November 17, 2018

BRAVO - Masters

1 YOUNG, BEN

Kingston

2,632

1C	1500 111M	Heat	1	2:57.36	11A	1500 111M	Final	2	2: 43.93	816 pts
21B	500 111M	Heat	1	0:51.45	31A	500 111M	Final	1	0: 50.03	1,000 pts
41A	1000 SF 111M	Final	2	1:45.48						816 pts

2 PICKARD, PAUL

Quinte

2,443

1A	1500 111M	Heat	1	2:50.83	11A	1500 111M	Final	1	2: 42.45	1,000 pts
21A	500 111M	Heat	1	0:54.63	31A	500 111M	Final	5	1: 04.23	443 pts
41A	1000 SF 111M	Final	1	1:44.86						1,000 pts

3 HINTON, MARC

Ottawa

2,148

1B	1500 111M	Heat	1	2:54.85	11A	1500 111M	Final	3	2: 44.82	666 pts
21C	500 111M	Heat	1	0:53.44	31A	500 111M	Final	2	0: 52.00	816 pts
41A	1000 SF 111M	Final	3	1:45.50						666 pts

4 BOUCHETTE, GAIL

Ottawa

1,752

1B	1500 111M	Heat	2	3:02.08	11A	1500 111M	Final	4	2: 58.86	543 pts
21C	500 111M	Heat	2	0:55.76	31A	500 111M	Final	3	0: 54.89	666 pts
41A	1000 SF 111M	Final	4	1:53.24						543 pts

5 HUNT, ZACH

Kingston

1,429

1C	1500 111M	Heat	2	3:01.76	11A	1500 111M	Final	5	3: 17.55	443 pts
21B	500 111M	Heat	2	0:57.39	31A	500 111M	Final	4	0: 57.14	543 pts
41A	1000 SF 111M	Final	5	2:05.41						443 pts

6 PILLAR, JOHN

Ottawa

1,086

1A	1500 111M	Heat	2	3:06.70	11B	1500 111M	Final	1	3: 07.32	362 pts
21A	500 111M	Heat	2	0:59.86	31B	500 111M	Final	1	0: 58.89	362 pts
41B	1000 SF 111M	Final	1	2:01.92						362 pts

7 POLLOCK, ROD

Kingston

885

1A	1500 111M	Heat	3	3:23.32	11B	1500 111M	Final	2	3: 25.59	295 pts
21A	500 111M	Heat	3	1:04.88	31B	500 111M	Final	2	1: 03.36	295 pts
41B	1000 SF 111M	Final	2	2:12.96						295 pts

8 HAMERSLEY, HILLES

Ottawa

723

1B	1500 111M	Heat	3	3:32.56	11B	1500 111M	Final	3	3: 28.48	241 pts
21B	500 111M	Heat	3	1:05.17	31B	500 111M	Final	3	1: 03.76	241 pts
41B	1000 SF 111M	Final	3	2:16.28						241 pts

9 HUNT, RICK

Kingston

552

1C	1500 111M	Heat	3	3:53.11	11B	1500 111M	Final	5	4: 31.24	160 pts
21C	500 111M	Heat	3	1:09.35	31B	500 111M	Final	4	1: 11.16	196 pts
41B	1000 SF 111M	Final	4	2:27.35						196 pts

10 CROLL, LISA

Kingston

516

1C	1500 111M	Heat	4	3:53.26	11B	1500 111M	Final	4	4: 13.65	196 pts
21C	500 111M	Heat	4	1:16.22	31B	500 111M	Final	5	1: 15.83	160 pts
41B	1000 SF 111M	Final	5	2:38.23						160 pts

11 FERGUSON, NICOLE

1B 1500 111M
 21B 500 111M
 41C 1000 SF 111M

Heat
 Heat
 Final

4
 4
 1

Quinte

4:33.66
 1:27.01
 3:08.06

130 pts

11C
 31C

390

1500 111M
 500 111M

Final 1
 Final 1

4: 43.39
 1: 27.44

130 pts
 130 pts

12 ROMANIUK, JESSICA

1A 1500 111M
 21A 500 111M
 41C 1000 SF 111M

Heat
 Heat
 Final

4
 4
 2

Greater Durham

4:27.02
 1:30.52
 3:08.53

106 pts

11C
 31C

318

1500 111M
 500 111M

Final 2
 Final 2

4: 43.79
 1: 32.44

106 pts
 106 pts

13 DYKSTRA, DARREN

1A 1500 111M
 21A 500 111M
 41C 1000 SF 111M

Heat
 Heat
 Final

5
 5
 3

Kingston

DNS
 1:46.65
 3:50.78

86 pts

11C
 31C

172

1500 111M
 500 111M

Final 3
 Final 3

5: 36.67
 1: 48.62

86 pts

PROTOCOL

Eastern Regional #2 - Kingston November 17, 2018

CHARLIE - Girls 11-12

1 HERSEY, KAYLEIGH (Age 11 F)

Ottawa

3,000

3A	400 100M	Heat	4	0:52.02	13B	400 100M	Final	1	0: 51.26	1000 pts
23B	1000 100M	Heat	3	2:17.62	33A	1000 100M	Final	5	2: 16.61	1000 pts
43A	1500 SF 100M	Final	5	3:31.29						1000 pts

2 TREMBLAY, MADELEINE (Age 12 F)

Gloucester

2,448

3B	400 100M	Heat	4	0:55.83	13B	400 100M	Final	3	0: 54.05	816 pts
23A	1000 100M	Heat	3	2:22.00	33B	1000 100M	Final	3	2: 23.79	816 pts
43B	1500 SF 100M	Final	1	3:32.52						816 pts

CHARLIE - Girls 13 - 14

1 RONEY, ANNELLA (Age 13 F)

St Lawrence

2,816

3B	400 100M	Heat	1	0:48.00	13A	400 100M	Final	2	0: 47.90	816 pts
23B	1000 100M	Heat	2	2:04.20	33A	1000 100M	Final	1	2: 01.32	1,000 pts
43A	1500 SF 100M	Final	1	3:08.18						1,000 pts

2 ING, MADELEINE (Age 13 F)

Markham

2,332

3A	400 100M	Heat	1	0:46.45	13A	400 100M	Final	1	0: 47.23	1,000 pts
23A	1000 100M	Heat	1	2:04.14	33A	1000 100M	Final	3	2: 02.72	666 pts
43A	1500 SF 100M	Final	3	3:10.36						666 pts

3 OVERVELDE, TESS (Age 13 F)

Kingston

2,298

3A	400 100M	Heat	3	0:50.36	13A	400 100M	Final	3	0: 48.66	666 pts
23B	1000 100M	Heat	1	2:04.19	33A	1000 100M	Final	2	2: 01.44	816 pts
43A	1500 SF 100M	Final	2	3:08.50						816 pts

4 WEST, LAUREN (Age 13 F)

Gloucester

1,629

3B	400 100M	Heat	2	0:49.41	13A	400 100M	Final	4	0: 50.31	543 pts
23A	1000 100M	Heat	2	2:14.32	33A	1000 100M	Final	4	2: 13.02	543 pts
43A	1500 SF 100M	Final	4	3:27.83						543 pts

5 MORRISON, CHARLOTTE (Age 13 F)

St Lawrence

1,329

3A	400 100M	Heat	2	0:50.11	13A	400 100M	Final	5	1: 02.55	443 pts
23A	1000 100M	Heat	4	2:27.40	33B	1000 100M	Final	1	2: 14.48	443 pts
43A	1500 SF 100M	Final	6	3:40.34						443 pts

6 ARSENAULT, BELLA (Age 13 F)

Gloucester

1,086

3B	400 100M	Heat	3	0:52.84	13B	400 100M	Final	2	0: 52.20	362 pts
23B	1000 100M	Heat	4	2:18.41	33B	1000 100M	Final	2	2: 17.67	362 pts
43B	1500 SF 100M	Final	2	3:33.20						362 pts

11 BOUCHER, CHARLES (Age 11)

4B	400 100M	Heat
24A	200 100M	Heat
44A	1000 100M	Heat

5
4
3

Kingston

1:00.21
0:29.20
2:33.29

408

14B	400 100M	Final	6	1: 03.34	106 pts
34B	200 100M	Final	6	0: 36.34	106 pts
51B	1000 100M	Final	3	2: 26.92	196 pts

12 ING, PARKER (Age 11)

4C	400 100M	Heat
24C	200 100M	Heat
44B	1000 100M	Heat

4
5
4

Markham

1:00.16
0:39.33
2:59.37

339

14B	400 100M	Final	3	0: 58.76	196 pts
34C	200 100M	Final	3	0: 30.44	57 pts
51C	1000 100M	Final	1	2: 41.55	86 pts

13 GARSWOOD, GREGORY (Age 12)

4A	400 100M	Heat
24C	200 100M	Heat
44A	1000 100M	Heat

3
4
5

St Lawrence

1:00.80
0:36.11
2:37.06

336

14B	400 100M	Final	4	0: 59.16	160 pts
34C	200 100M	Final	2	0: 29.94	70 pts
51B	1000 100M	Final	6	2: 33.61	106 pts

14 GUMBOC, RHYAN (Age 11)

4C	400 100M	Heat
24C	200 100M	Heat
44B	1000 100M	Heat

5
3
5

Kingston

1:13.30
0:35.30
3:26.68

257

14C	400 100M	Final	3	1: 16.44	57 pts
34B	200 100M	Final	5	0: 36.14	130 pts
51C	1000 100M	Final	2	3: 21.73	70 pts

15 SUPPLE, LIAM (Age 12)

4A	400 100M	Heat
24A	200 100M	Heat
44C	1000 100M	Heat

5
5
5

St Lawrence

P-Start
0:44.06
DNS

172

14C	400 100M	Final	1	0: 50.01	86 pts
34C	200 100M	Final	1	0: 26.39	86 pts
51C	1000 100M	Final	3	DNS	

PROTOCOL

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FOXTROT

1	RONEY, GRANT (Age 10)			St Lawrence		2,632				
6C	400 100M	Heat	1	0:48.98	16A	400 100M	Final	1	0: 48.87	1,000 pts
26A	200 100M	Heat	1	0:25.92	36A	200 100M	Final	2	0: 25.23	816 pts
46A	1000 SF 100M	Final	2	2:09.98						816 pts
2	MORELLI, ANAKIN (Age 10)			Hamilton		2,111				
6A	400 100M	Heat	1	0:49.02	16A	400 100M	Final	2	0: 48.97	816 pts
26B	200 100M	Heat	1	0:25.21	36A	200 100M	Final	1	0: 24.61	1,000 pts
46A	1000 SF 100M	Final	7	2:29.94						295 pts
3	KENZIE, RENATA (Age 10)			Gloucester		2,028				
6B	400 100M	Heat	2	0:51.08	16A	400 100M	Final	3	0: 50.24	666 pts
26C	200 100M	Heat	2	0:26.85	36A	200 100M	Final	6	0: 27.48	362 pts
46A	1000 SF 100M	Final	1	2:08.20						1,000 pts
4	MCGOWAN, CONOR (Age 10)			Kawartha		1,752				
6A	400 100M	Heat	2	0:51.36	16A	400 100M	Final	4	0: 52.12	543 pts
26C	200 100M	Heat	1	0:26.66	36A	200 100M	Final	3	0: 27.14	666 pts
46A	1000 SF 100M	Final	4	2:15.73						543 pts
5	GIMBY, COLE (Age 9)			Ottawa		1,404				
6B	400 100M	Heat	3	0:52.17	16B	400 100M	Final	1	0: 51.62	295 pts
26A	200 100M	Heat	2	0:26.42	36A	200 100M	Final	5	0: 27.48	443 pts
46A	1000 SF 100M	Final	3	2:10.23						666 pts
6	TREMBLAY, OLIVIER (Age 9)			Gloucester		1,181				
6C	400 100M	Heat	2	0:51.88	16A	400 100M	Final	5	0: 52.54	443 pts
26B	200 100M	Heat	4	0:33.95	36B	200 100M	Final	1	0: 27.23	295 pts
46A	1000 SF 100M	Final	5	2:19.95						443 pts
7	MACKAY, KALEB (Age 9)			St Lawrence		1,146				
6C	400 100M	Heat	4	P-OT	16B	400 100M	Final	2	0: 52.28	241 pts
26B	200 100M	Heat	2	0:26.76	36A	200 100M	Final	4	0: 27.29	543 pts
46A	1000 SF 100M	Final	6	2:21.11						362 pts
8	BABIN, CHARLOTTE (Age 9)			Ottawa		709				
6B	400 100M	Heat	1	0:51.05	16A	400 100M	Final	6	0: 58.05	362 pts
26A	200 100M	Heat	4	0:32.64	36B	200 100M	Final	6	0: 33.37	106 pts
46B	1000 SF 100M	Final	1	2:14.64						241 pts
9	DUBOIS, REMY (Age 9)			Kingston		567				
6C	400 100M	Heat	3	0:53.17	16B	400 100M	Final	3	0: 53.69	196 pts
26C	200 100M	Heat	3	0:27.76	36B	200 100M	Final	2	0: 27.79	241 pts
46B	1000 SF 100M	Final	4	2:21.50						130 pts
10	WILSON, ETHAN (Age 9)			Golden Horseshoe		486				
6B	400 100M	Heat	4	0:53.26	16B	400 100M	Final	4	0: 53.91	160 pts
26C	200 100M	Heat	4	0:28.02	36B	200 100M	Final	5	0: 28.52	130 pts
46B	1000 SF 100M	Final	2	2:19.16						196 pts

11 DUBOIS, PHILIPPE (Age 10)

6A 400 100M Heat
26B 200 100M Heat
46B 1000 SF 100M Final

Kingston

3 0:53.20
3 0:27.73
3 2:19.63 160 pts

450

16B 400 100M Final 5 0: 54.67 130 pts
36B 200 100M Final 4 0: 28.39 160 pts

12 DIVERTY, KALE (Age 9)

6A 400 100M Heat
26A 200 100M Heat
46B 1000 SF 100M Final

Hamilton

4 0:54.26
3 0:27.62
5 2:33.87 106 pts

408

16B 400 100M Final 6 0: 56.11 106 pts
36B 200 100M Final 3 0: 27.85 196 pts

PROTOCOL

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GOLF

1	KARCHER, ABBY (Age 9)			Ottawa		2,632				
7B	400 100M	Heat	1	0:54.18	17A	400 100M	Final	1	0: 53.74	1,000 pts
27A	200 100M	Heat	1	0:28.00	37A	200 100M	Final	2	0: 28.08	816 pts
47A	600 SF 100M	Final	2	1:23.48						816 pts
2	MCMASTER, EVE (Age 9)			Quinte		2,209				
7C	400 100M	Heat	2	0:55.70	17A	400 100M	Final	3	0: 56.32	666 pts
27C	200 100M	Heat	1	0:28.70	37A	200 100M	Final	1	0: 28.04	1,000 pts
47A	600 SF 100M	Final	4	1:24.36						543 pts
3	MASON, ISLA (Age 8)			Hamilton		1,986				
7B	400 100M	Heat	2	0:54.48	17A	400 100M	Final	4	0: 56.53	543 pts
27C	200 100M	Heat	2	0:28.82	37A	200 100M	Final	5	0: 29.58	443 pts
47A	600 SF 100M	Final	1	1:23.11						1,000 pts
4	MEISENHEIMER, DANIEL (Age 9)			Ottawa		1,925				
7C	400 100M	Heat	1	0:55.24	17A	400 100M	Final	2	0: 54.90	816 pts
27B	200 100M	Heat	2	0:28.92	37A	200 100M	Final	3	0: 28.47	666 pts
47A	600 SF 100M	Final	5	1:26.85						443 pts
5	BABIN, BRYCE (Age 8)			Ottawa		1,471				
7C	400 100M	Heat	3	0:57.00	17A	400 100M	Final	5	0: 56.74	443 pts
27B	200 100M	Heat	1	0:28.71	37A	200 100M	Final	6	0: 29.62	362 pts
47A	600 SF 100M	Final	3	1:24.00						666 pts
6	ROWLEY, MILA (Age 10)			Ottawa		1,200				
7A	400 100M	Heat	3	1:02.22	17B	400 100M	Final	1	0: 56.92	295 pts
27A	200 100M	Heat	2	0:28.37	37A	200 100M	Final	4	0: 29.55	543 pts
47A	600 SF 100M	Final	6	1:28.59						362 pts
7	BETTEZ, TOBIN (Age 9)			Ottawa		952				
7A	400 100M	Heat	1	0:59.44	17A	400 100M	Final	6	0: 57.54	362 pts
27A	200 100M	Heat	3	0:35.38	37B	200 100M	Final	1	0: 30.12	295 pts
47B	600 SF 100M	Final	1	1:28.42						295 pts
8	LAVOIE, JULIEN (Age 10)			Kingston		597				
7A	400 100M	Heat	2	1:00.02	17B	400 100M	Final	4	1: 01.95	160 pts
27C	200 100M	Heat	4	0:30.72	37B	200 100M	Final	3	0: 30.70	196 pts
47B	600 SF 100M	Final	2	1:29.80						241 pts
9	SYED, COLIN (Age 8)			Ottawa		543				
7C	400 100M	Heat	4	0:59.86	17B	400 100M	Final	3	1: 01.55	196 pts
27C	200 100M	Heat	3	0:30.07	37B	200 100M	Final	2	0: 30.36	241 pts
47B	600 SF 100M	Final	6	P-Track						106 pts
9	GIROUX, TOM (Age 7)			St Lawrence		543				
7B	400 100M	Heat	3	0:59.41	17B	400 100M	Final	2	0: 59.95	241 pts
27B	200 100M	Heat	3	0:30.14	37B	200 100M	Final	6	0: 40.23	106 pts
47B	600 SF 100M	Final	3	1:31.23						196 pts

11 WANG, JONATHAN (Age 10)**Ottawa****426**

7A	400 100M	Heat	4	1:07.92	17B	400 100M	Final	6	1: 09.34	106 pts
27A	200 100M	Heat	4	0:35.92	37B	200 100M	Final	4	0: 30.76	160 pts
47B	600 SF 100M	Final	4	1:39.37						160 pts

12 BHATT, NALINA (Age 8)**St Lawrence****260**

7B	400 100M	Heat	4	DNS	17B	400 100M	Final	5	1: 02.54	
27B	200 100M	Heat	4	0:31.70	37B	200 100M	Final	5	0: 32.39	130 pts
47B	600 SF 100M	Final	5	1:42.05						130 pts

11 HOFFMAN, KEVIN (Age 8)**Quinte****390**

8C	100 100M	Heat	4	0:23.14	18B	100 100M	Final	5	0: 19.24	130 pts
28B	200 100M	Heat	4	0:44.82	38B	200 100M	Final	5	0: 40.62	130 pts
48B	400 SF 100M	Final	5	1:09.42						130 pts

12 PINTO PINO, JESSIKA (Age 10)**Kingston****356**

8A	100 100M	Heat	4	0:19.52	18B	100 100M	Final	4	0: 19.23	160 pts
28C	200 100M	Heat	4	0:36.87	38B	200 100M	Final	3	0: 36.76	196 pts
48B	400 SF 100M	Final	6	DNS						

PROTOCOL

Eastern Regional #2 - Kingston November 17, 2018

INDIA

1	MERCHANT, EVAN (Age 9)	Ottawa	2,816							
9B	100 100M	Heat	1	0:16.71	19A	100 100M	Final	2	0: 16.46	816 pts
29B	200 100M	Heat	1	0:31.12	39A	200 100M	Final	1	0: 32.00	1,000 pts
49A	400 SF 100M	Final	1	1:02.26						1,000 pts
2	ROCKBURNE, CHARLOTTE (Age 9)	Ottawa	2,632							
9A	100 100M	Heat	1	0:16.66	19A	100 100M	Final	1	0: 16.08	1,000 pts
29A	200 100M	Heat	2	0:34.61	39A	200 100M	Final	2	0: 32.63	816 pts
49A	400 SF 100M	Final	2	1:04.92						816 pts
3	ROCKBURNE, ALEXANDER (Age 9)	Ottawa	1,875							
9B	100 100M	Heat	2	0:18.01	19A	100 100M	Final	3	0: 18.63	666 pts
29C	200 100M	Heat	1	0:35.43	39A	200 100M	Final	4	0: 35.17	543 pts
49A	400 SF 100M	Final	3	1:14.72						666 pts
4	ERDOGAN, ELVIS (Age 10)	Quinte	1,471							
9A	100 100M	Heat	2	0:17.72	19A	100 100M	Final	6	0: 21.45	362 pts
29A	200 100M	Heat	1	0:33.64	39A	200 100M	Final	3	0: 33.11	666 pts
49A	400 SF 100M	Final	5	P-imp						443 pts
5	VEERAMAH, LAKSH (Age 10)	Markham	1,448							
9B	100 100M	Heat	3	0:19.36	19A	100 100M	Final	4	0: 19.11	543 pts
29C	200 100M	Heat	2	0:36.79	39A	200 100M	Final	6	0: 43.05	362 pts
49A	400 SF 100M	Final	4	1:19.74						543 pts
6	DAJANI, OMAR (Age 10)	Ottawa	885							
9C	100 100M	Heat	4	0:22.28	19B	100 100M	Final	1	0: 18.64	295 pts
29A	200 100M	Heat	4	0:42.93	39B	200 100M	Final	1	0: 35.97	295 pts
49B	400 SF 100M	Final	1	1:11.74						295 pts
7	FINNAN, ANNABELLA (Age 9)	Quinte	769							
9C	100 100M	Heat	1	0:19.39	19A	100 100M	Final	5	0: 19.58	443 pts
29B	200 100M	Heat	3	0:36.95	39B	200 100M	Final	3	0: 36.74	196 pts
49B	400 SF 100M	Final	5	1:14.11						130 pts
8	PINTO PINO, LIDIA (Age 8)	Kingston	684							
9C	100 100M	Heat	2	0:20.20	19B	100 100M	Final	2	0: 19.14	241 pts
29B	200 100M	Heat	2	0:36.20	39A	200 100M	Final	5	0: 42.59	443 pts
49A	400 SF 100M	Final	6	DNS						
9	DOWNEY, ELLA (Age 7)	Kingston	678							
9C	100 100M	Heat	3	0:20.57	19B	100 100M	Final	3	0: 19.89	196 pts
29C	200 100M	Heat	3	0:36.94	39B	200 100M	Final	2	0: 36.40	241 pts
49B	400 SF 100M	Final	2	1:12.20						241 pts
10	MCNAMEE, DECLAN (Age 9)	Ottawa	516							
9A	100 100M	Heat	4	0:25.08	19B	100 100M	Final	4	0: 20.15	160 pts
29C	200 100M	Heat	4	0:37.96	39B	200 100M	Final	4	0: 38.26	160 pts
49B	400 SF 100M	Final	3	1:12.65						196 pts

11 LAING, ZACHARY (Age 9)**Kingston****372**

9A	100 100M	Heat	3	0:20.09	19B	100 100M	Final	6	0: 21.14	106 pts
29A	200 100M	Heat	3	0:41.81	39B	200 100M	Final	6	0: 39.15	106 pts
49B	400 SF 100M	Final	4	1:13.98						160 pts

12 ORMSBEE, HENRY (Age 8)**Kingston****366**

9B	100 100M	Heat	4	0:19.87	19B	100 100M	Final	5	0: 20.48	130 pts
29B	200 100M	Heat	4	0:38.02	39B	200 100M	Final	5	0: 38.35	130 pts
49B	400 SF 100M	Final	6	1:16.85						106 pts

PROTOCOL

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JULIET

1 SMITH, KAYLA (Age 8)				St Lawrence	3,000					
10A	100 100M	Heat	1	0:21.35	20A	100 100M	Final	1	0: 18.24	1,000 pts
30A	200 100M	Heat	1	0:36.42	40A	200 100M	Final	1	0: 34.92	1,000 pts
50A	400 SF 100M	Final	1	1:10.38						1,000 pts
2 CHOLETTE, RONAN (Age 8)				St Lawrence	2,448					
10B	100 100M	Heat	1	0:19.58	20A	100 100M	Final	2	0: 19.03	816 pts
30B	200 100M	Heat	1	0:36.59	40A	200 100M	Final	2	0: 36.40	816 pts
50A	400 SF 100M	Final	2	1:12.96						816 pts
3 BHATT, SHAUNAK (Age 6)				St Lawrence	1,875					
10B	100 100M	Heat	2	0:20.16	20A	100 100M	Final	3	0: 21.73	666 pts
30C	200 100M	Heat	1	0:41.32	40A	200 100M	Final	3	0: 38.39	666 pts
50A	400 SF 100M	Final	4	1:15.82						543 pts
4 LANTANGE, KALLIANNA (Age 8)				Kingston	1,323					
10C	100 100M	Heat	2	0:25.07	20B	100 100M	Final	1	0: 20.36	295 pts
30A	200 100M	Heat	2	0:38.29	40A	200 100M	Final	6	0: 46.65	362 pts
50A	400 SF 100M	Final	3	1:15.48						666 pts
5 DACOSTA, NIECO (Age 9)				Kingston	1,227					
10A	100 100M	Heat	3	0:28.85	20B	100 100M	Final	2	0: 20.90	241 pts
30B	200 100M	Heat	2	0:40.02	40A	200 100M	Final	4	0: 39.51	543 pts
50A	400 SF 100M	Final	5	1:22.92						443 pts
6 BRUNNER, JUDE (Age 8)				St Lawrence	1,146					
10B	100 100M	Heat	3	0:22.32	20A	100 100M	Final	4	0: 22.53	543 pts
30C	200 100M	Heat	3	0:43.08	40B	200 100M	Final	2	0: 41.08	241 pts
50A	400 SF 100M	Final	6	1:34.82						362 pts
7 DIVERTY, BRYN (Age 6)				Hamilton	844					
10C	100 100M	Heat	1	0:23.83	20A	100 100M	Final	5	0: 23.05	443 pts
30B	200 100M	Heat	3	0:41.48	40B	200 100M	Final	4	0: 42.30	160 pts
50B	400 SF 100M	Final	2	1:23.24						241 pts
8 HUNT, ADDINGTON (Age 6)				Kingston	799					
10C	100 100M	Heat	3	0:28.15	20B	100 100M	Final	4	0: 27.13	160 pts
30C	200 100M	Heat	2	0:41.32	40A	200 100M	Final	5	0: 41.60	443 pts
50B	400 SF 100M	Final	3	1:25.95						196 pts
9 MCMASTER, HOPE (Age 6)				Quinte	651					
10A	100 100M	Heat	2	0:26.13	20B	100 100M	Final	3	0: 21.07	196 pts
30C	200 100M	Heat	4	0:45.58	40B	200 100M	Final	1	0: 40.79	295 pts
50B	400 SF 100M	Final	4	1:28.80						160 pts
10 BOUCHER, ELODIE (Age 9)				Kingston	622					
10B	100 100M	Heat	4	0:23.09	20A	100 100M	Final	6	0: 30.75	362 pts
30A	200 100M	Heat	3	0:46.35	40B	200 100M	Final	5	0: 47.58	130 pts
50B	400 SF 100M	Final	5	1:36.50						130 pts

11 MCGRATH, AIDAN (Age 8)**Kingston****491**

10C	100 100M	Heat	4	DNS	20B	100 100M	Final	5	0: 27.42	
30B	200 100M	Heat	4	0:41.62	40B	200 100M	Final	3	0: 41.21	196 pts
50B	400 SF 100M	Final	1	1:21.73						295 pts