



ONTARIO REGIONAL CHAMPIONSHIPS
 Hosted by: **London Speed Skating Club**
London, ON
REGISTRATION FORM



Name #1

Date of Birth _____ Age Class: _____ Gender: Female Male
mm/dd/yy

200m, 400m or 500m 200m (100m track) Group 3
 Seed Time: _____ 400m (100m track) Helmet #: _____
(new racers only) 500m (111m track)

Name #2

Date of Birth _____ Age Class: _____ Gender: Female Male
mm/dd/yy

200m, 400m or 500m 200m (100m track) Group 3
 Seed Time: _____ 400m (100m track) Helmet #: _____
(new racers only) 500m (111m track)

Name #3

Date of Birth _____ Age Class: _____ Gender: Female Male
mm/dd/yy

200m, 400m or 500m 200m (100m track) Group 3
 Seed Time: _____ 400m (100m track) Helmet #: _____
(new racers only) 500m (111m track)

Name #4

Date of Birth _____ Age Class: _____ Gender: Female Male
mm/dd/yy

200m, 400m or 500m 200m (100m track) Group 3
 Seed Time: _____ 400m (100m track) Helmet #: _____
(new racers only) 500m (111m track)

Club: _____

Address: _____ Phone: _____

City: _____ Province: _____ Postal Code: _____

MANDATORY EQUIPMENT:

All competitors must adhere to Speed Skating Canada regulation D3-100 in the SSC Red Book.

<http://www.speedskating.ca/events/rules>

ENTRY DEADLINE: March 13, 2019

WAIVER (Age 18 and older) and ASSUMPTION OF RISK (Under age 18): Must be on file with OSSA.

Available on the bottom of the [Racing Page](#) of the OSSA website. Please submit outstanding waivers to OSSA prior to the competition.