



**WESTERN REGIONAL Series Circuit #3**  
 Hosted by: The Golden Horseshoe &  
 Hamilton Speed Skating Club  
 Hamilton, ON



**REGISTRATION FORM**

**Name #1**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_

mm/dd/yy

Age Class: \_\_\_\_\_

Gender:  Female

Male

400m or 500m

400m (100m track)

Seed Time: \_\_\_\_\_

500m (111m track)

Helmet #: \_\_\_\_\_

*(new racers only)*

**Name #2**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_

mm/dd/yy

Age Class: \_\_\_\_\_

Gender:  Female

Male

400m or 500m

400m (100m track)

Seed Time: \_\_\_\_\_

500m (111m track)

Helmet #: \_\_\_\_\_

*(new racers only)*

**Name #3**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_

mm/dd/yy

Age Class: \_\_\_\_\_

Gender:  Female

Male

400m or 500m

400m (100m track)

Seed Time: \_\_\_\_\_

500m (111m track)

Helmet #: \_\_\_\_\_

*(new racers only)*

**Name #4**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_

mm/dd/yy

Age Class: \_\_\_\_\_

Gender:  Female

Male

400m or 500m

400m (100m track)

Seed Time: \_\_\_\_\_

500m (111m track)

Helmet #: \_\_\_\_\_

*(new racers only)*

Club: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal  
Code: \_\_\_\_\_

**MANDATORY EQUIPMENT:**

In accordance with Speed Skating Canada regulation D3-100 in the SSC Red Book, all competitors must wear hard shell helmets, bib-style neck protectors, even if you are wearing a cut-proof suit, cut and water resistant gloves or mitts, knee protection, shin guards, ankle protection, and long sleeve clothing for this competition. The front and rear tips of skate blades must be rounded off and shatter-resistant protective sport glasses (clear or yellow) or a complete visor. Glasses must be held on by an elastic strap.

**ENTRY DEADLINE:** Wednesday, February 6, 2019 at 11:59pm.

**WAIVER (Age 18 and older) and ASSUMPTION OF RISK (Under age 18):** Must be on file with OSSA.

Available on the bottom of the RACING PAGE of the OSSA Website. Please submit Outstanding Waivers to OSSA prior to the competition.