



**WESTERN REGIONAL CIRCUIT #4**  
 Hosted by: **Cambridge Speed Skating Club**  
**Cambridge ON**



**REGISTRATION FORM**

**Name #1**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_  
mm/dd/yy

Age Class:

\_\_\_\_\_

Gender:

Female

Male

200m, 400m or  
500m

200m (100m track)  
Group 3

Seed Time:

\_\_\_\_\_  
*(new racers only)*

400m (100m track)  
 500m (111m track)

Helmet #:

\_\_\_\_\_

**Name #2**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_  
mm/dd/yy

Age Class:

\_\_\_\_\_

Gender:

Female

Male

200m, 400m or  
500m

200m (100m track)  
Group 3

Seed Time:

\_\_\_\_\_  
*(new racers only)*

400m (100m track)  
 500m (111m track)

Helmet #:

\_\_\_\_\_

**Name #3**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_  
mm/dd/yy

Age Class:

\_\_\_\_\_

Gender:

Female

Male

200m, 400m or  
500m

200m (100m track)  
Group 3

Seed Time:

\_\_\_\_\_  
*(new racers only)*

400m (100m track)  
 500m (111m track)

Helmet #:

\_\_\_\_\_

**Name #4**

\_\_\_\_\_

Date of Birth

\_\_\_\_\_  
mm/dd/yy

Age Class:

\_\_\_\_\_

Gender:

Female

Male

200m, 400m or  
500m

200m (100m track)  
Group 3

Seed Time:

\_\_\_\_\_  
*(new racers only)*

400m (100m track)  
 500m (111m track)

Helmet #:

\_\_\_\_\_

Club:

\_\_\_\_\_

Address:

\_\_\_\_\_

Phone:

\_\_\_\_\_

City:

\_\_\_\_\_

Province:

\_\_\_\_\_

Postal  
Code:

\_\_\_\_\_

**MANDATORY EQUIPMENT:**

All competitors must adhere to Speed Skating Canada regulation D3-100 in the SSC Red Book.

<http://www.speedskating.ca/events/rules>

**ENTRY DEADLINE:** Wednesday February 20, 2019

**WAIVER (Age 18 and older) and ASSUMPTION OF RISK (Under age 18):**

Must be on file with the OSSA Office. If you have not already completed these forms, they are available on the bottom of the [Racing Page](#) of the OSSA Website. Please submit any outstanding waivers to the OSSA Office prior to the competition.