



### Ontario Preseason Meet

**Hosted by: The Golden Horseshoe and Hamilton Speed Skating Clubs  
Hamilton, Ontario**

Date:	Saturday September 14, 2019 for ages 11-12 Saturday September 14 and Sunday September 15, 2019 for ages 13+
Location:	Chedoke Arena, 91 Chedmac Dr. Ontario. 905-546-3747
Type of Meet:	This is an All Points, Ability short track meet with Single Distance seeding. Refer to the 2018-2019 OSSA Technical Bulletin for details: <a href="http://ontariospeedskating.ca/technical-bulletins/">http://ontariospeedskating.ca/technical-bulletins/</a>
Meet Format:	Only the Ranking Distances for the Ontario Elite Circuit will be raced. 11-12 years old: 400m 13+ years old: 500m, 1500m
Skater Eligibility:	Skaters aged 11 years old and above. Times from this meet will count towards Ontario Elite Circuit invitations by time. Refer to Technical Bulletin page 6.
Sanctioned By:	The Ontario Speed Skating Association and Speed Skating Canada
Check In:	Saturday September 14, 2019 at 7:15am-7:45am in the Main Lobby Please check in by Club only! Club Cheque only – Payable to Hamilton Speed Skating Club
Coaches/Officials Meeting:	Saturday September 14 @ 7:45am in the Volunteers Room
Warm Ups:	8:00 am
Entry Fee:	\$50 per Individual skater aged 11-12 \$100 per Individual skater aged 13+ \$200 Family (3 skaters or more)
Entry Deadline:	Wednesday September 4, 2019 at 11:59pm. Late entries may be accepted until 12 noon on Friday, September 6, 2019 at the cost of double the entry fee. All OSSA competitions will have no refunds after the close of all entries. No exceptions including medical circumstances.
Entries Via:	Email club entries to: <a href="mailto:registrar@ontariospeedskating.ca">registrar@ontariospeedskating.ca</a> . Club entries ONLY! Please note that Meet Registrations forms are no longer being used. To register for an OSSA meet, contact your club's Meet Registrar.
Meet information:	Please contact Mike Murray at <a href="mailto:dts@d-t-s.ca">dts@d-t-s.ca</a>
Health Cards:	All skaters must travel with a copy of their health card number. It may be required in an emergency.
Equipment:	All skaters are required to follow safety regulations as per SSC - Red Book