



ONTARIO ELITE CIRCUIT #1

HOSTED BY: OTTAWA PACERS SPEED SKATING CLUB

OTTAWA, ONTARIO

Date:	September 28-29, 2019
Location:	Bell Sensplex (Mattamy Homes Arena), 1565 Maple Grove Road, Kanata, Ontario K2V 1A3
Type of Meet:	This is an all points ability, gender specific meet. Refer to the OSSA 2019-2020 Short Track Technical Bulletin for details: http://ontariospeedskating.ca/technical-bulletins/
Skater Eligibility:	Skaters selected for the 2019-2020 Ontario Elite Circuit. Out-of-Province skaters may be eligible to compete provided that their registration is approved by the OSSA Technical Committee.
Sanctioned By:	The Ontario Speed Skating Association Speed Skating Canada
Check In:	Saturday, September 28 th at 7:00AM – 7:45AM at Stanley’s Restaurant, Bell Sensplex, 2 nd floor Please check in by Club only
Coaches Meeting:	Saturday, September 28 th at 8:00AM at Stanley’s Restaurant
Officials Meeting:	Saturday, September 28 th at 8:15AM at Stanley’s Restaurant
Warm Ups:	8:00AM
Entry Fee:	\$110 per skater, \$250 for 3 or more skaters from one family Email president@ottpacers.ca to adjust invoice after registration.
Entry Deadline:	Registrations are due to the Provincial Registrar by Wednesday, September 18th at 11:59pm . Club entries only! Please note that Meet Registration forms are no longer being used for OSSA Meets. To register for an OSSA Meet, contact your club’s Meet Registrar. Late entries may be accepted until 12 noon on Friday, September 20th at the cost of <u>double the entry fee</u> . All Ontario Speed Skating Association competitions will have no refunds after the close of all entries. No exceptions including medical circumstances.
For more meet information contact:	Ainley McNamee, Meet Coordinator at meet@ottpacers.ca
Accommodations:	Best Western Plus – Ottawa/Kanata Hotel and Conference Centre 1876 Robertson Road Ottawa, Ontario K2H 5B8 Canada Website: Best Western Plus Ottawa/Kanata Rooms: double/queen beds at a rate of \$138 plus tax. No breakfast is available. Reservations can be made directly with the hotel at 613-828-2741 or 1-866-214-2139 or through the following link: https://www.bestwestern.com/en_US/book/hotel-rooms.66050.html?groupId=6M8LK3Q9 . The block booking is valid until September 13 at which point, the rooms will be released. Please quote group code Ottawa Pacers when making your reservation.

Health Cards:

Please be sure that all skaters travel with a copy of their health card number as it may be required in case of an emergency.

Equipment:

In accordance with Speed Skating Canada regulation D3-100 in the SSC Red Book, all competitors must wear hard shell helmets, bib-style neck protectors, even if are wearing a cut-proof suit, cut and water resistant gloves or mitts, knee protection, shin guards, ankle protection, and long sleeve clothing for this competition. The front and rear tips of skate blades must be rounded and shatter-resistant protective clear sport glasses or a complete visor must be worn. Glasses must be held on by an elastic strap.

**Sensplex has asked that no large coolers of food be brought in the arena.
Athletes are welcome to bring their own food.**