Hello Members,

Here are the latest OSSA news updates. If you have difficulty reading this message it can be viewed at speedskatingontario.org under the email news archive.

Since the Canada Cup #1 Long Track competition last weekend in Ste. Foy, there have been questions raised as to how the results of this meet would be applied in the unlikely event OSSA needs to use the results from Canada Cup #1 as our selection meet as a result of the December 18/19 CWG Selection Event not going forward.

As Canada Cup #1 afforded athletes the opportunity to skate a ranking distance more than once in certain distances their "best" time for that distance at the meet will be used as their "time" for ranking.

Taking the "best" times into account for each distance, a ranking list, by distance, will be developed. Then performance points will be applied following the order of ranking.

A team will then be named using this ranking in the event the results of the CWG Trials are incomplete or unsuitable to be used for team selection.

- The Kingston Striders are looking at running a Fundamentals Part B course, at a date to suit, conducted by Mike Rivet. Pre-requisites are having attended a Fundamentals Part A, an Intro to Competition Part A or a "Fundamental Leaders" course. "Fundamental Leaders" would have to take the Part A course at a later date to earn full coaching certification. If you have any members wishing to take up this opportunity please liaise directly with Steve Beattie of the Kingston Club.

  - Our insurance policies are now available for online viewing:
    - Liability
    - Sport Accident

Coach of the Month!

Do you think your coach deserves some recognition? We do!

The coach of the month program is designed to recognize our hard working coaches for everything they do. Skaters and parents can nominate a coach by filling in a nomination form. There is no criteria for nominating someone, just tell us why you think your coach is special.

Each month one nominee will be chosen at random and featured on our site and in a member email as the coach of the month.

Nominations will be kept until the end of each calendar year at which time they will expire and the process will start again. There is no limit to the number of times you can nominate your coach. Have a question? Email us!

November speed skating club highlight:

Today's clubs are using social networking as a tool to generate communication between members and also attract new members. This is a great tool for both new and old clubs and a great example can be found with the Hamilton Speed Skating Club. They have an excellent website that combines the content and updates of both SSC and OSSA for their membership with clear links to various social networking sites.

Check out their website, hamiltonspeedskating.ca, for more information

The following meet information and registration forms are now available on our website:

- [Western Regional #4 – Oakville – 01-09-11](#)
- [Ontario Cup #2 – Belleville – 01-22-11](#)
- [Western Regional #5 – Toronto – 01-29-11](#)

Please check our [online events calendar](#) often for more forms as they are posted.

Results:

- [Western Regional #1 – London – 10-16-10](#)
- [Eastern Regional #1 – Ottawa – 10-23-10](#)
- [Ontario Cup #1 – Cambridge – 11-6-10](#)
- [Eastern Regional #2, Kingston – 11-13-10](#)
- [Western Regional #2 – Brampton – 11-13-10](#)
- [Eastern Regional #3 – Markham – 12-4-10](#)
- [Western Regional #3 – Milton – 12-4-10](#)

If you use Google calendars you can also access various OSSA generated calendars at the following addresses:

- [In province racing](#) – Regional meets, Ontario Cups, etc.
- [Out of province racing](#) – Canada Cups, FPVQ races, etc.
- [Administration Calendar](#) – Committee meeting schedules, office closures, etc.

Please let us know if you would like to be removed from this mailing list.

Ontario Speed Skating Association
[www.speedskatingontario.org](#)
Find us on [Facebook](#) and [Twitter](#)!
PO Box 1179, 2 Queen Street, 2nd Floor, Lakefield ON K0L 2H0
Phone: 705-652-9490, Fax: 705-652-1227