

NATURE & NURTURE COSTA RICA RETREAT

MARCH 3 - 10, 2012

REGISTRATION

(separate form required for each traveler)

Name and expiration date as shown on passport:

Name.....Expiration.....

Date of birth: Gender: (M)..... (F).....

Email: Phone(s): (home)
..... (mobile)

Address:

City: State: Country: Zip:

Occupancy desired: Double/Triple ----- shared bath \$1399*
..... Oceanfront Double occupancy – private bath \$1799*
..... Single occupancy – shared bath \$1799*
..... Single occupancy – private bath \$1990*

* Transportation not included

Roommate request: Name:
queen 2 doubles

Traveling solo, please select a roommate for me:

Dietary restrictions: vegetarianveganallergy other*
*please specify

\$500 non-refundable deposit due with registration form. Balance due January 15, 2010.

Deduct \$200 if registration and complete payment is received by October 1, 2010.

I understand and agree that there will be no refund after January 15, 2010 unless my spot is
filled from a waiting list.

Signed..... Date.....

Make checks payable to: Yoga by Design
PO Box 1055
Birmingham, MI 48012

Once registration form has been received, details will be provided concerning items to pack,
flights to and within Costa Rica, accommodations in San Jose (if needed), & daily itinerary.
We look forward to sharing this experience with you! Barbara Prinzi & Lynn Medow