

Mary T. Gorski Findling, M.S.

Curriculum Vitae

CONTACT INFORMATION

ADDRESS: Harvard University
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EDUCATION

Ph.D. candidate HARVARD UNIVERSITY, Health Policy (expected graduation May 2018)
Dissertation: "Understanding Policy Opportunities to Improve Health in Schools, Health Care Settings, and Neighborhoods"

M.S. HARVARD SCHOOL OF PUBLIC HEALTH, Social and Behavioral Sciences, 2013

B.A. JOHNS HOPKINS UNIVERSITY, Public Health Studies, Phi Beta Kappa, 2008

PROFESSIONAL APPOINTMENTS

2014—2017 Research Fellow
Harvard Opinion Research Program, Harvard T.H. Chan School of Public Health

2015—2017 Research Assistant
Evidence-Based Research Group to Evaluate Nutrition Policy (EVERGREEN) Lab,
Harvard T.H. Chan School of Public Health

2014—2017 Research Assistant
Psychology of Eating and Consumer Health (PEACH) Lab, University of
Pennsylvania

2011—2014 Research Coordinator
NOURISH (Nutrition Opportunities to Understand Reforms Involving Student
Health) Study, Harvard T.H. Chan School of Public Health

2009—2011 Associate
Kids' Safe and Healthful Foods Project, The Pew Charitable Trusts

HONORS & GRANT FUNDING

2017—2018 Dissertation Completion Fellowship
Harvard University, Graduate School of Arts and Sciences

2015 STRIPED Travel Scholarship
Strategic Training Initiative for the Prevention of Eating Disorders

2013—2015	Health Services Research Training Grant Agency for Healthcare Research and Quality
2011—2013	Harvard Presidential Scholarship (M.S. full tuition) Harvard University
2012	RWJF Healthy Eating Research Grant, NOURISH (Nutrition Opportunities to Understand Reforms Involving Student Health) Study (PI: Eric Rimm)
2012	Derek Bok Center for Teaching and Learning Award for Teaching Excellence Harvard University
2011	The Pew Charitable Trusts Team Award of Distinction
2008	Johns Hopkins School of Public Health John Paul Stapp Prize for Injury Prevention Research
2007	Johns Hopkins University Woman’s Club Memorial Scholarship
2004—2008	Johns Hopkins University Hodson Success Scholarship
2004—2008	Johns Hopkins University Grant for Outstanding Academic Achievement

PEER-REVIEWED PUBLICATIONS AND BOOK CHAPTERS

1. Blendon RJ, **Gorski-Findling MT**, Benson JM, Justin M. Sayde. “Employees Assess Health Issues in the Workplace.” In William D. Nelson, ed., *Advances in Business and Management*, Volume 12, Chapter 4. New York: Nova Science Publishers, 2017.
2. Jowell T, **Gorski-Findling MT**. Why Do We Know So Much and Do So Little in Public Health? *Harvard Health Policy Review*. Published online April 10, 2017.
3. Rosenfeld L, Hoffman JA, Cohen LFW, **Gorski MT**, Lessing A, Rimm EB. How Do We Actually Put Smarter Snacks in Schools? NOURISH Conversations with Food Service Directors. *Public Health Nutrition*. 2017;20(3):556–564.
4. Cohen JFW, **Gorski MT**, Gruber SA, Rimm EB. The Effect of Healthy Dietary Consumption on Executive Cognitive Functioning in Children and Adolescents: A Systematic Review. *British Journal of Nutrition*. 2016;116(6):989–1000.
5. Cohen JFW, **Gorski MT**, Hoffman JA, Rosenfeld L, Chaffee R, Smith L, Catalano PJ, Rimm EB. Healthier Standards for School Meals and Snacks: Impact on School Food Revenues and Lunch Participation Rates. *American Journal of Preventive Medicine*. 2016;51(4):485–92.

6. **Gorski MT**, Cohen JFW, Hoffman JA, Rosenfeld L, Chaffee R, Smith L, Rimm EB. Impact of Nutrition Standards on Competitive Food Quality in Massachusetts Middle and High Schools. *American Journal of Public Health*. 2016;106(6):1101–8.
7. Blendon RJ, **Gorski MT**, Benson JM. The Public and the Gene-Editing Revolution. *New England Journal of Medicine*. 2016;374(15):1406–1411.
8. **Gorski MT**, Roberto CA. Public Health Policies to Encourage Healthy Eating Habits: Recent Perspectives. *Journal of Healthcare Leadership*. 2015;7:81–90.
9. Hoffman J, Rosenfeld LE, Cohen J, **Gorski MT**, Chaffee R, Smith L, and Rimm EB. Implementation of Statewide Competitive Food and Beverage Standards: The Massachusetts NOURISH Study (Nutrition Opportunities to Understand Reforms Involving Student Health). *Journal of the Academy of Nutrition and Dietetics*. 2015;115(8):1299–1307.e2.
10. Blendon R, Benson JM, **Gorski MT**, Weldon K, Pérez DJ, Mann F, Miller CE, Ben Porath EN. The Perspectives of Six Latino Heritage Groups about Their Health Care. *The Journal of Minority Health*; July 2014.
11. Blendon R, Benson JM, **Gorski MT**, Weldon KM, Pérez DJ, Mann F, Miller CE. The Economic Lives of Latinos in the United States. *Challenge*. 2014;57(2):5–25.

MANUSCRIPTS UNDER REVIEW

1. **Gorski Findling MT**, Wolfson JA, Rimm EB, Bleich SN. Differences in the Neighborhood Retail Food Environment and Obesity Among US Children and Adolescents by SNAP Participation.
2. Bleich SN, **Gorski Findling MT**, Blendon RJ, Ben-Porath E, SteelFisher GK. Parents' Perceptions of the Challenges to Helping their Children Maintain or Achieve a Healthy Weight.
3. Moran AJ, Musicus A, **Gorski Findling MT**, Brissette IF, Lowenfels AA, Subramanian SV, Roberto CA. Increases in Sugary Drink Marketing During SNAP Benefit Issuance in New York.
4. **Gorski Findling MT**, Werth PM, Musicus A, Bragg MA, Graham DJ, Elbel B, Roberto CA. Comparing Five Front-of-Pack Nutrition Labels' Influence on Consumers' Perceptions and Purchase Intentions.
5. Jahn JL, Cohen JFW, **Gorski Findling MT**, Hoffman JA, Rosenfeld L, Chaffee R, Smith L, Rimm EB. Product Reformulation and Nutritional Improvements After New Competitive Food Standards in Schools.

TEACHING EXPERIENCE

Spring 2017 Course Coordinator: Political Analysis and Strategy for U.S. Health Policy
 Department of Health Policy & Management, Harvard T.H. Chan School of Public Health

- Fall 2016 Teaching Fellow: Health Policy & Leadership—Why Do We Know So Much and Do So Little?
Department of Health Policy & Management, Harvard T.H. Chan School of Public Health
- Spring 2016 Course Coordinator: Political Analysis and Strategy for U.S. Health Policy
Department of Health Policy & Management, Harvard T.H. Chan School of Public Health
- Spring 2015 Teaching Fellow: The Science and Politics of Food
Department of Social and Behavioral Sciences, Harvard T.H. Chan School of Public Health
- Spring 2015 Course Assistant: Political Analysis and Strategy for U.S. Health Policy
Department of Health Policy & Management, Harvard T.H. Chan School of Public Health
- Spring 2014 Teaching Fellow: Political Analysis and Strategy for U.S. Health Policy
Department of Health Policy & Management, Harvard School of Public Health
- Spring 2013 Teaching Fellow: Political Analysis and Strategy for U.S. Health Policy
Department of Health Policy & Management, Harvard School of Public Health
- Spring 2013 Teaching Fellow: Life and Death in the USA: Medicine and Disease in a Social Context
Department of Sociology, Harvard University
- Spring 2012 Teaching Fellow: Life and Death in the USA: Medicine and Disease in a Social Context
Department of Sociology, Harvard University

GUEST LECTURES, PRESENTATIONS, and POSTERS

- 2017 Differences in Neighborhood Retail Food Influences on Childhood Obesity between SNAP and non-SNAP Children (co-author: Sara Bleich)
Healthy Eating Research Meeting, Robert Wood Johnson Foundation, April 2017
- 2017 The Policy Process and Public Health Politics
Course: Public Health Policy and Management, Merrimack College, February 2017
- 2017 Influencing Policy: The Role of the Media, Interest Groups, and Public Opinion
Course: Public Health Policy and Management, Merrimack College, February 2017
- 2016 Convenience Care: Comparing Patient Experiences at Urgent Care, Retail Clinics, and Emergency Departments
Health Policy Research Seminar, October 2016
- 2016 Putting Smarter Snacks in Massachusetts: Results from Middle Schools and High Schools
Healthy Eating Research Meeting, Robert Wood Johnson Foundation, April 2016
- 2016 Snacks in Schools: Evaluating New Nutrition Standards for Competitive Foods and Beverages in Massachusetts *Invited Lecture, Prevention Research Center, Harvard T.H. Chan School of Public Health, April 2016*
- 2016 Influencing Policy: The Role of the Media, Interest Groups, and Public Opinion
Course: Public Health Policy and Management, Merrimack College, February 2016

- 2016 Public Health Politics and the Policy Process
Course: Public Health Policy and Management, Merrimack College, February 2016
- 2015 Evaluating Compliance with the 2010 Massachusetts Competitive Foods Law
Webinar presentation for the Smart Foods Coalition (Washington, DC), August 2015
- 2015 School Food Politics and Policies
Course: The Science and Politics of Food, Harvard T.H. Chan School of Public Health
- 2014—2016 Developing a Political Strategy for Health Politics Part I: A Practical Guide to Political Analysis Research
Course: Political Analysis and Strategy for U.S. Health Policy, Harvard T.H. Chan School of Public Health
- 2014—2016 Developing a Political Strategy for Health Politics Part II: Writing a Political Strategy Memo/OpEd and Case Examples
Course: Political Analysis and Strategy for U.S. Health Policy, Harvard T.H. Chan School of Public Health
- 2014 Understanding the Food Safety Debate
Course: Political Analysis and Strategy for U.S. Health Policy, Harvard T.H. Chan School of Public Health

References

- Committee Chair: Robert Blendon, ScD
Richard L. Menschel Professor of Public Health and Professor of Health Policy and Political Analysis
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- Committee Member: Sara N. Bleich, PhD
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- Committee Member: Eric B. Rimm, ScD
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- Committee Member: Katherine Swartz, PhD
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