For more information about Montgomery County

**Family Mentor and Advocacy Network**

contact us at

700 East Main Street - 2 North
Norristown, PA 19401
Phone: 267-507-3486
Or 267-507-3487
Fax: 610-279-1746

Mental Health Association of Southeastern Pennsylvania

**Our Vision...**
Individuals challenged by mental health conditions are empowered to direct their recovery journeys, and family members are prepared to play supportive roles, all as members of informed and inclusive communities.

**Our Mission...**
To promote groundbreaking ideas and create opportunities for resilience and recovery by applying the knowledge learned from the people we support, employ, and engage in transformative partnerships.

**Our Values Include...**
- Hope
- Support
- Respect
- Cultural Sensitivity
- Strengths Based
- Education and Learning
- Self-Determination and Choice
- Empowerment

Montgomery County

**Family Mentor and Advocacy Network**

is funded by:
The Montgomery County Office of Behavioral Health
under the auspices of the Mental Health Association of Southeastern Pennsylvania

Family Mentor and Advocacy Network
A project of the Mental Health Association of Southeastern Pennsylvania
Family & Youth Division

Mental Health Association of Southeastern Pennsylvania

1211 Chestnut Street
Philadelphia, PA 19107-4103
267-507-3800
800-688-4226
www.mhasp.org

A United Way Agency

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WHO WE ARE

Family Mentoring and Advocacy
As Family and Youth Mentors we use our own experiences to inspire hope and provide support to others who are facing similar challenges. We help create connections at all levels of our community so that families and youth have a positive impact on their own lives and on organizations who offer services to families.

System Advocacy
We are a part of a community committed to creating an environment that meets the needs of young people and their families. We work collaboratively with county, community and provider advisory and policy groups. We can help parents, caregivers and youth use their strengths and build skills to affect change as it relates to the child serving systems.

Each of us is a resource . . .
Join with other families . . .
Together we can make a difference
Ask us how you can become involved!

WE ARE HERE TO:

- Help you navigate the public child serving systems – behavioral health, juvenile justice, child welfare, education
- Attend with you or help you prepare for treatment team meetings, grievances, juvenile justice hearings or other child serving system meetings
- Create support groups of mutual interest
- Provide information and referrals to community resources
- Help you learn to become your child’s best advocate
- Help you become involved in shaping child serving systems, including opportunities to serve on:
  - Family Advisory groups within provider agencies, managed care organization or other county programs or services
  - The Montgomery County System of Care (SOC) initiative, which helps to expand the voices of families and youth in all areas of the service and support system
- Listen, support, share concerns and provide hope

All services provided by the Family Mentor and Advocacy Network are FREE

MORE INFORMATION

Other programs offered to families and youth by the Mental Health Association of Southeastern Pennsylvania located in Montgomery County:

Family Empowerment Satisfaction Team (FEST) asks parents, caregivers and youth about their experience with behavioral health services so that services and supports are more family and youth driven. Your feedback matters! FEST uses your feedback to advocate with the county, providers and managed care organization to help create services and supports that meet the needs of youth and their families.

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Trail Guides is a mentoring program for young adults between the ages of 18-26 who experience mental health challenges. Our mentors provide encouragement and support to young people on their journey through recovery.

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