



BIO FOR JUDY SCHMIDT

Executive + Leadership Coach
Certified with the International Coach Federation and the Coaches Institute
Certified in delivering Centre for Creative Leadership Assessments

Judy is an experienced leader. She has experience at all levels of leadership including senior executive, director/stakeholder and general management within the private sector. She has also served in the not for profit sector in governance leadership.

Judy is a certified professional coach. She is certified with the International Coaches Federation and the Coaches Training Institute, both of which are world industry leaders. She draws on a wide variety of coaching techniques and development models that build awareness and motivation and drive action and strategy. Her commitment to the coaching process and the skills she brings to it, naturally brings about powerful conversations resulting in focused plans and sustainable change for her clients.

Coaching and Consulting Experience

Judy is the Principal of Bluewheat Inc, an executive and leadership coaching company that works with organizations, individuals and teams to develop leadership capacity. Through her experience working with many individual leaders, she has seen that all people want to make a difference and a significant contribution and are willing to courageously engage in the learning and growth this requires. She is passionate about the process of coaching that helps drives this forward.

Judy also supports team development by creating workshops and facilitating team meetings that focus on the organizations challenges and goals, while fostering a culture of transparency, courage and action that resonates.

Organizational Leadership Experience

Judy's variety of leadership roles have provided a breadth of knowledge and experience in human resources, management, business development, sales & marketing, production, strategic planning, business planning and finance.

As an external consultant Judy has facilitated corporate goal setting and action planning, and developed structures and forums for regular accountability.

Not for Profit and Volunteer Experience

Judy is past Chair of the Board of Trustees of one of Calgary's largest churches and managed a significant governance transition. Over the last 20 years she has led a variety of volunteer initiatives including charitable fundraising events.