

SHARON STEPHENS
Sharon@leadchangestherapy.com

CAREER OBJECTIVES:

Work as a pediatric physical therapist in an infant/toddler program.

Provide aquatic therapy.

EDUCATION:

1972 to 1974 Bachelor of Science, University of Maryland School of Physical Therapy, Baltimore, Maryland. Graduated with High Honors, Member of Phi Kappa Phi.

1971 to 1972 University of Maryland, College Park, Maryland. Major: Physical Therapy.

1969 to 1971 University of Delaware School of Nursing, Newark, Delaware. Dean's List; Member of Student Nurses' Association.

CLINICAL AFFILIATIONS:

2/74 to 3/74 Washington Hospital Center; acute general hospital, final 6 week affiliation.

1/74 to 2/74 Great Oaks Center, Silver Spring, Md., state pediatric facility, 6 week affiliation.

7/73 to 8/73 Cafritz Hospital, Washington, D.C., acute general hospital, 6 week affiliation.

PROFESSIONAL CERTIFICATIONS:

Virginia State Physical Therapy License #0105001402

Physical Therapy Certificate, Maryland #14305, granted 5/31/74. (Not active).

Maryland Department of Education Standard Professional Certificate, granted 1/1/90.

Commonwealth of Virginia; Early Intervention Professional Certificate, issued 10/19/09.

PROFESSIONAL EXPERIENCE:

04/10 to 12/10: Employed by Children's Therapy Center (Suzan Syron and Associates)

Providing evaluation and therapy for the patients of the private practice.

6/05 to 3/10: Contractor to Children's Therapy Center (Suzan Syron and Associates)

Providing evaluation and therapy for the patients of the private practice.

6/02 to 6/05 and 01/07 to 12/09: Contractor to Loudoun County P.I.E. Program.

Transdisciplinary service provision for children from birth to age three. Services are home-based and include therapy, IFSP participation and parent education.

9/96 to 10/01: Suzan Syron and Associates & Northern Virginia IDEA Center
Springfield, Va.

Pediatric treatment for patients of private physical therapy practice as well as transdisciplinary service provision for the families of the IDEA Center which served 65% of the birth to age three population of Fairfax County. Involved in IFSP development, care coordination and family education. Services are both center and home-based.

8/93 to 8/96: Prince Georges County Infant & Toddler Program.

Transdisciplinary assessment and service provision for children birth to age three. Services provided on home-based and center based basis. Involved in IFSP development and family education. Minimal aquatic therapy provided.

9/90 to 6/93: CHILD Center, 10611 Tenbrook Drive, Silver Spring, Maryland.

Provided direct service as part of a transdisciplinary team to population of developmentally delayed and disabled preschoolers, including assessment, hands-on therapy, adaptation of equipment, limited aquatic therapy, outreach to parents and medical professionals, and consultation to classroom staff. In 1993, early intervention services with IFSP development were added to the program.

6/90 to 9/90: Easter Seal Society of District of Columbia, Wash., D.C.

Provided direct and consultation PT services with the classroom as part of a transdisciplinary team. Also participated in pre-admission evaluations.

3/90 to 6/90: Prince Georges Co. Public Schools, Upper Marlboro, Maryland.

Evaluation and treatment of preschool, kindergarten and elementary school developmentally disabled children, writing Individual Education Programs (IEPs) and attending IEP conferences, adapting equipment, consulting to classroom staff.

6/78 to 8/78: Visiting Nurses Association of Suburban Maryland.

Provided physical therapy services to CVA and spinal cord injured adults.

9/77 to 3/78: Fairfax County Public Schools, Fairfax, Virginia.

Worked under a grant for the development of main streaming handicapped children into the normal classroom setting. Duties included: evaluation and treatment of students and consultation to classroom staff.

6/74 to 9/77: Great Oaks Center, Silver Spring, Maryland.

Neurodevelopmental evaluation and treatment approach of children with cerebral palsy, developmental disabilities and mental retardation at a State residential center; physical therapy consultation to members of interdisciplinary team; in-service training for staff; consultation to Montgomery County Association for Retarded Citizens (MCARC) infant stimulation program; consultation and direct physical therapy services to the Early Identification Project in Prince Georges County (beginning of infant/toddler program).

CONTINUING EDUCATION:

“Management Strategies for Motor Impairments in Children with Neuromuscular Conditions”, presented in Charlottesville, Va., by University of Virginia School of Continuing & Professional Studies, December 4-5, 2009.

“Clinical Instructor Education and Credentialing Program”, presented in Fairfax, Va., by American Physical Therapy Association, March 21-22, 2009.

“Myofascial Release I”, presented in Harrisburg, Pa., by John F. Barnes, June 13-15, 2008.

“Treating Gait Dysfunction in Children with CP”, presented in Baltimore, Md., by Marcia Stamer, PT, March 23-24, 2007.

“NDT Facilitation Techniques”, presented in Baltimore, Md., by Lois Bly, MA, PT, May 18-19, 2006.

“NDT and Sensory Treatment In Pediatrics”, presented in Milwaukee, Wisconsin, by Boehme Workshops, March 4-6, 2005.

“Vestibular, Oculomotor and Balance Rehabilitation”, presented in Alexandria, Va., by Gaye W. Cronin, MHE, OTR, February 4-5, 2005.

“Approach to Treatment of the Baby”, presented in College Park, Md., by Boehme Workshops, February 25-March 1, 2003.

“Shoulder and Pelvis Treatment for Dynamic Stability”, presented in Raleigh, N.C. by Cheryl Ginther, P.T. and Gail Ritchie, O.T., April 6-9, 2000.

“Craniosacral Therapy in Pediatrics”, presented in Philadelphia, Pa. by Regi Boehme, O.T., Nov. 4-7, 1998.

“Gross Motor Skills in Children with Down Syndrome”, presented at the Raleigh Plaza Hotel by Patricia C. Winders, P.T., March 20-22, 1998.

“Zero To Three - National Center for Infants, Toddlers, and Families”, 12th National Training Institute, Nashville, Tennessee, Dec. 5-7, 1997.

"Trans/Team Outreach Training" with Northern Virginia IDEA Center, Springfield, Va., Presented by Child Development Resources of Norge, Va., August 27, 1997.

“The Child with Special Needs”, Preconference-Autism: State of the Art Informed by State of the Science, Sponsored by Contemporary Forums, Washington, D.C., May 14-15, 1996. The conference followed on May 16-18, 1996.

“How to Recognize Emotional and Constitutional Problems in Infants and Young Children”, presented by Prince Georges County Health Department, Division of Maternal and Child Health, September 22, 1995.

“Shoulder Girdle: Treatment of the Shoulder Girdle for Reach and Weight Bearing”, presented by Boehme Workshops in College Park, Maryland by Regi Boehme, O.T., May 18-21, 1995.

“Making the Pieces Fit”, Annual Conference on Prevention and Early Intervention Services for Children, from Birth through Eight Years, and Their Families, Presented by Maryland Infants and Toddlers Program, Baltimore, Md., May 16-17, 1995.

“Trans/Team Outreach Training”, On-site training by Child Development Resources of Lightfoot, Va., at James Ryder Randall Elementary School, Clinton, Md., Nov. 1994.

“The Assessment and Treatment of Oral-Motor, Feeding/Swallowing, and Respiratory-Phonatory Function in the Young Child with Neuromotor Involvement”, presented by Children's National Medical Center in Rockville, Maryland by Rona Alexander, PhD., CCC-SLP, June 16-18, 1994.

“Team Building Workshop”, presented by Corinne W. Garland for Prince Georges County Infants and Toddlers Program, Prince Georges Community College, Landover, Md., April 11, 1994.

“Making the Pieces Fit”, The Second Annual Conference on Early Intervention Services in Maryland, Presented by Maryland Infants and Toddlers Program, Linthicum, Md., Nov. 18-19, 1993.

“Pediatric Myofascial Release Techniques”, presented by John F. Barnes MFR Treatment Centers in Rockville, Maryland by Kate Lyons, P.T. and Valerie M. Dejean, O.T., September 18-19, 1993.

“Clinical Gait Analysis for the Neurologically Involved Child”, presented by The Children's Hospital and Center for Reconstructive Surgery, Inc. in Baltimore, Maryland by Bennett Institute for Sports Medicine and Rehabilitation, May 22, 1993.

“Lower Extremity Biomechanics of the Neurologically Involved”, presented in Baltimore, Maryland by Susan Leger, M.S., P.T., March 4-7, 1993.

“Problem Solving Intensive”, presented at Boehme Center near Billings, Montana by Regi Bohme, O.T., September 30-October 4, 1992.

“Problem Solving Approach to Treating Children with Ataxia and Athetosis”, presented in Ellicott City, Maryland by Marcia Hombrook, P.T., May 8-9, 1992.

“Approach to Treatment of the Baby”, presented in Columbia, Maryland by Regi Boehme, O.T., March 20-22, 1992.

“Adaptive Equipment Services Presentation”, presented at Mount Washington Pediatric Hospital, Ashburton Center in Baltimore, Maryland by staff therapist, November 1991.

“Meningomyeloceles”, presented at the Centers for the Handicapped in Burtonsville, Maryland by Dr. Eng and Dr. McKay, November 27, 1977.

“Neurodevelopmental Treatment Workshop”, presented at Holly Center in Salisbury, Maryland by Christine Nelson and Barbro Slek, May 21-22, 1976.

“APTA Combined Sections Meeting”, presented at Hilton Hotel in Washington, D.C. by Pediatric Sections of APTA, February 5-7, 1976.

“Regional Course of Diagnosis, Assessment and Management of Cerebral Palsy”, presented at the Convention Center in Durham, North Carolina by the American Academy of Cerebral Palsy (Ralph Conrad, Chairman), June 19-20, 1975.

“OT/PT Special Interest Group on Mental Retardation”, presented by Surrey Place Center in Toronto, Canada by Suzanne Morris and Lorna Jean King, October 10-11, 1974.