



# Gold Country Community Services, Inc.

Senior Nutrition | Senior Firewood  
Activities • Classes • Events



## Community Activity Center – The LOVE Building Class Schedule for November 2018

*Line Dance Classes - 4 Week Mini Session starts Monday,  
October 22nd through Wednesday, November 14th, 2018*

### Monday

9:00-10:00am

*Line Dance Improver*

10:00-11:15am

*Line Dance Intermediate*

11:45am-12:45pm

*Tai Chi*

### Thursday

10:00-11:15am (No class

11/22)

*Yoga Therapy*

### Tuesday

10:00-11:15am

*Yoga Therapy*

5:00-6:00pm

*Line Dance Intermediate*

6:15-7:15pm

*Line Dance Beginner I*

7:30-8:30pm

*Line Dance Improver*

### Friday

No Classes at This Time

### Wednesday

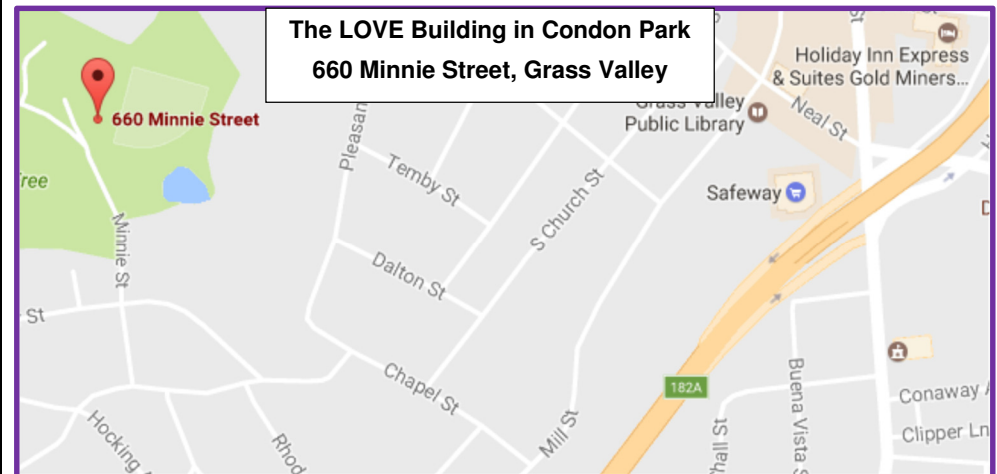
9:30-10:30am

*Line Dance Beginner I*

11:45am-12:45pm

*Tai Chi*

***Special Activities and  
Events for November are  
listed on the Menu on the  
reverse side of this page.***



**Classes are \$5.00, Activities are \$2.00. GCCS Members receive a \$1.00 discount. Bingo has an additional fee of \$0.50 per card.  
For further information, please call 273-4961 or visit our website at [www.goldcountryservices.org](http://www.goldcountryservices.org)**