







Congregate Lunch Café

December 2018

Lunch is served at 12:00 noon, Monday – Friday in the Nevada City Senior Apartments – 841 Old Tunnel Road

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Quiche Asparagus Green Salad w/Tomato WW Dinner Roll Sliced Peaches	 4 Open Face Turkey Sandwich Peas & Carrots Mashed Red Potatoes Lebanese Fruit Salad <i>1:00 Pinochle</i>	5 Sloppy Joe California Veggies Fruit Cocktail WW Hamburger Roll <i>12:30 Nancy Cunningham</i>	6 Chicken Fajita Pinto Beans Mandarins & Strawberries Butterscotch Pudding <i>1:00 CalFresh Enroll (appt)</i>	7 Turkey Chili Green Salad w/Tomato Mixed Berries Cornbread <i>1:15 Bingo</i>
10 Veggie Pizza Green Salad w/Beets Jell-O & Fruit Salad	11 Beef Tamale Pie Chuck Wagon Corn Mixed Berries <i>1:00 Pinochle</i>	12 Chicken Parmesan Italian Green Beans Green Salad Mixed Berries WW Dinner Roll <i>12:30 Kelly Fleming</i>	13 Sweet & Sour Pork Spinach Salad w/Mandarins Lebanese Fruit Salad Asian Brown Rice Butterscotch Pudding <i>1:00 HICAP (by appt)</i>	14 Swedish Meatballs Scandinavian Veggies Green Salad Strawberries & Bananas WW Bowtie Pasta <i>1:15 Bingo</i>
17 Honey Lemon Chicken California Veggies Roasted Red Potatoes Mixed Berries WW Dinner Roll	18 Turkey Tetrazzini Italian Green Beans Tropical Fruit Salad Garlic Bread <i>1:00 Pinochle</i>	19 Cube Steak w/Mushrooms Asparagus Roasted Red Potatoes Green Salad Mandarins & Strawberries WW Dinner Roll <i>12:30 Heather MacAdam</i>	20 Meatless Cheese Ravioli Italian Green Beans Green Salad Sliced Peaches WW Garlic Breadstick <i>1:00 CalFresh Enroll (appt)</i>	21 Open Face Roast Beef Sandwich Mashed Red Potatoes w/Gravy Whole Kernel Corn Citrus Cup <i>1:15 Bingo</i>
24 French Toast Brunch Sausage Whole Tangerine	25 CLOSED 	26 Asparagus Tuna Casserole Green Salad w/Tomato Tropical Mango Salsa <i>12:30 Birthday Celebration</i>	27 Spinach Lasagna Italian Green Beans Green Salad w/Mandarins WW Garlic Breadstick <i>1:00 HICAP (by appt)</i>	28 Chic Penne French Cut Green Beans Fruit Cocktail Garlic Bread <i>1:15 Bingo</i>
31 Honey Broccoli Beef Apricot Halves Asian Brown Rice Fortune Cookie Butterscotch Pudding	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>When you see this salt shaker, it indicates the meal is higher in sodium.</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>When you see this Happy Star, it indicates a new menu item.</p> </div> </div>			

Suggested contribution is \$3.00 for individuals 60 years of age and over. \$7.00 fee for guests 59 years of age or younger.
 For more information or to make a reservation, please call 273-4961

This program is Supported by:

