Q1 When veterinary school is in session, my average stress level is
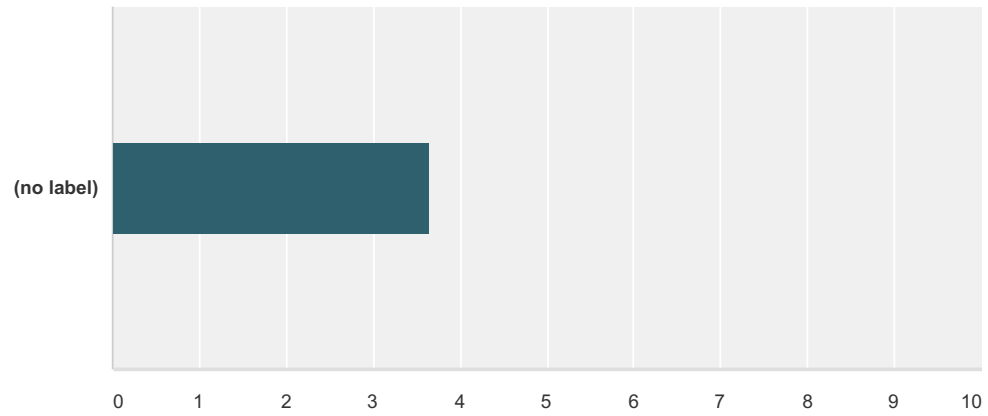
Answered: 3,888   Skipped: 0

	1 - No Stress	2	3 - Moderate Stress	4	5 - Unmanageable Stress	Total	Weighted Average
(no label)	**0.26%** 10	**3.73%** 145	**32.77%** 1,274	**57.59%** 2,239	**5.66%** 220	3,888	3.65

Q2 When veterinary school is not in session, my average stress level is:

Answered: 3,888   Skipped: 0
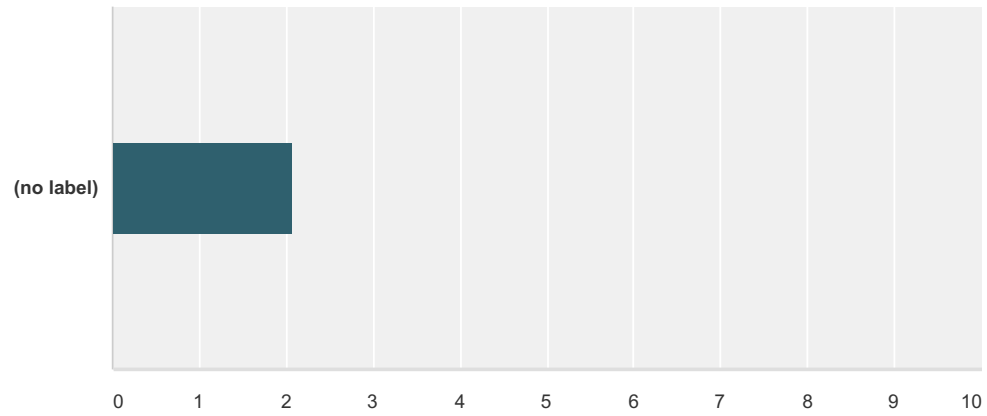
	1 - No Stress	2	3 - Moderate Stress	4	5 - Unmanageable Stress	Total	Weighted Average
(no label)	16.15% 628	64.35% 2,502	16.87% 656	2.47% 96	0.15% 6	3,888	2.06

## Q3 What are the biggest stressors of veterinary school for me?

Answered: 3,888   Skipped: 0
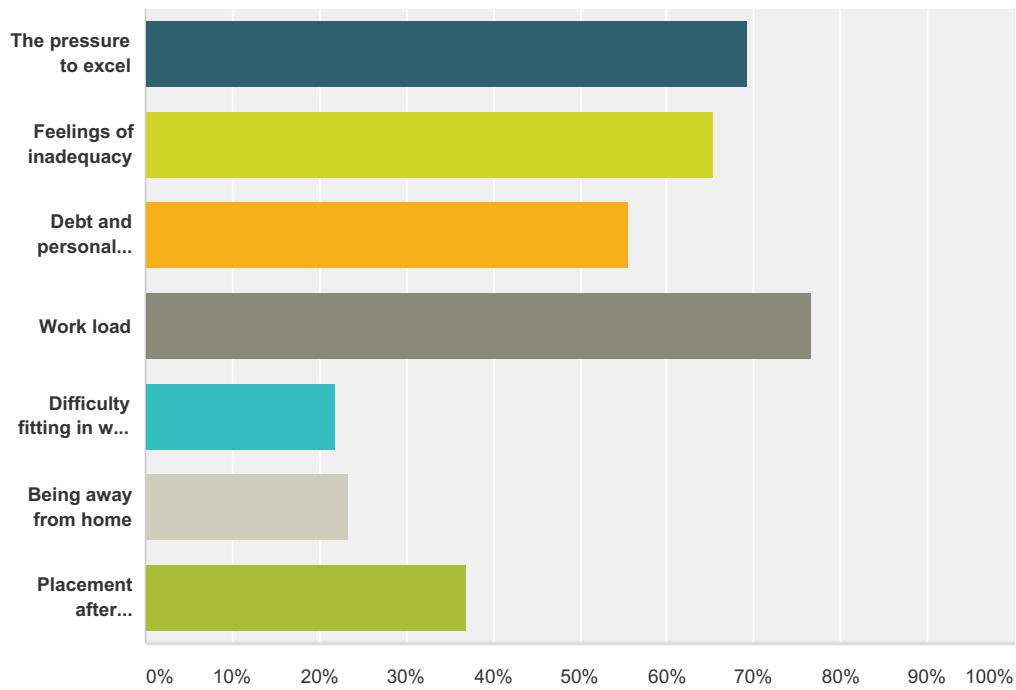
Answer Choices	Responses	
The pressure to excel	**69.37%**	2,697
Feelings of inadequacy	**65.43%**	2,544
Debt and personal finance	**55.63%**	2,163
Work load	**76.65%**	2,980
Difficulty fitting in with peers	**21.86%**	850
Being away from home	**23.41%**	910
Placement after veterinary school	**37.04%**	1,440
Total Respondents: 3,888		

Q4 My biggest stressors outside of veterinary school are:

Answered: 3,888   Skipped: 0
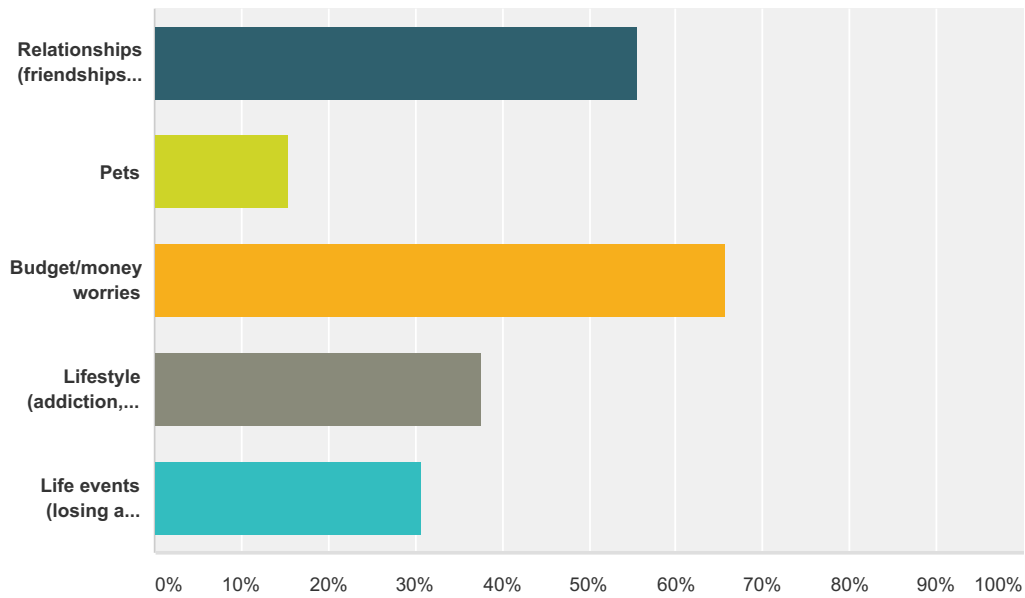
Answer Choices		Responses	
Relationships (friendships, partner, children, parents, etc.)		**55.48%**	2,157
Pets		**15.43%**	600
Budget/money worries		**65.72%**	2,555
Lifestyle (addiction, eating disorders, exercise habits, sleep, etc.)		**37.65%**	1,464
Life events (losing a family member, weddings, moving)		**30.76%**	1,196
Total Respondents: 3,888			

Q5 I use the following methods to manage my stress:

Answered: 3,888   Skipped: 0
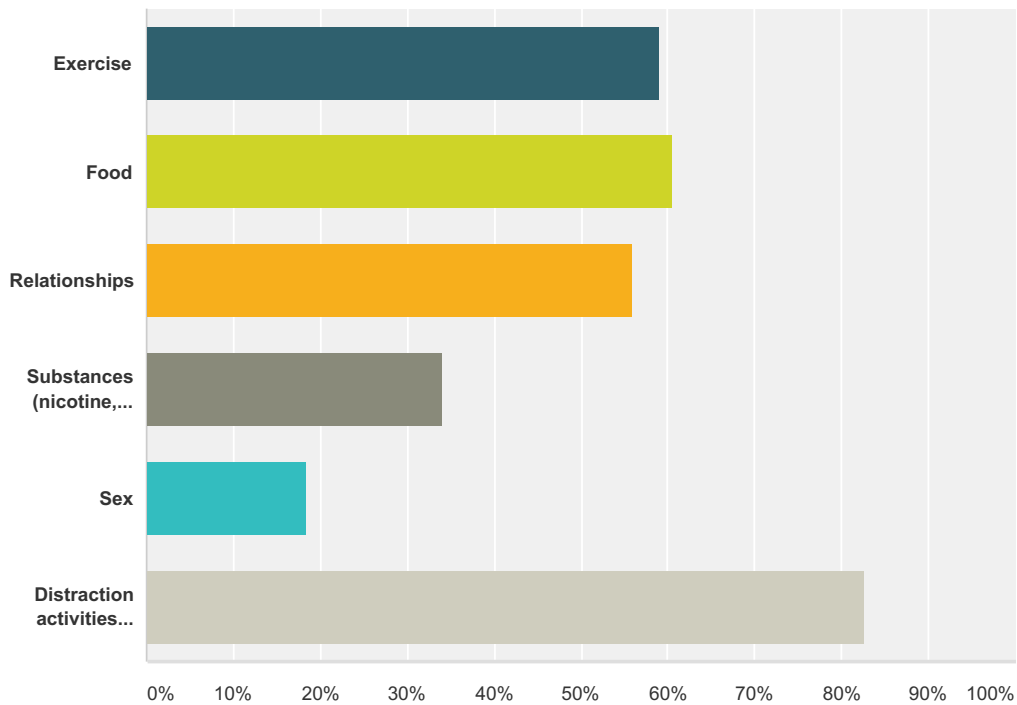
Answer Choices	Responses	
Exercise	**59.10%**	2,298
Food	**60.49%**	2,352
Relationships	**55.89%**	2,173
Substances (nicotine, coffee, alcohol, marijuana, energy drinks, caffeine pills, etc.)	**33.95%**	1,320
Sex	**18.39%**	715
Distraction activities (socializing, hobbies, gambling, pornography, video games, internet, Netflix, etc.)	**82.61%**	3,212
Total Respondents: 3,888		

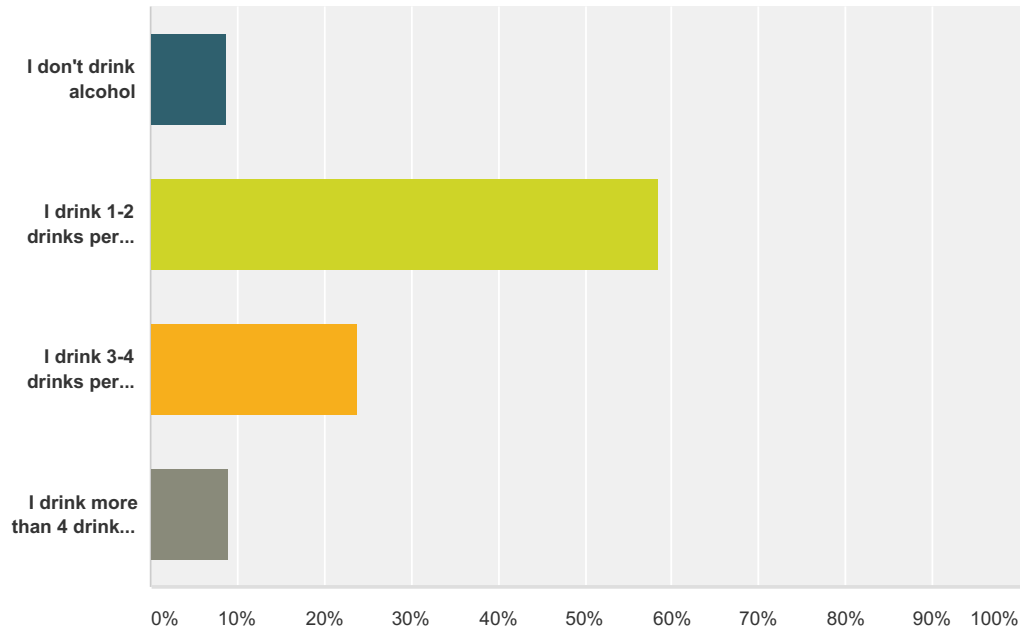## Q6 On average while in veterinary school, how frequently do I consume alcohol?

Answered: 3,888   Skipped: 0
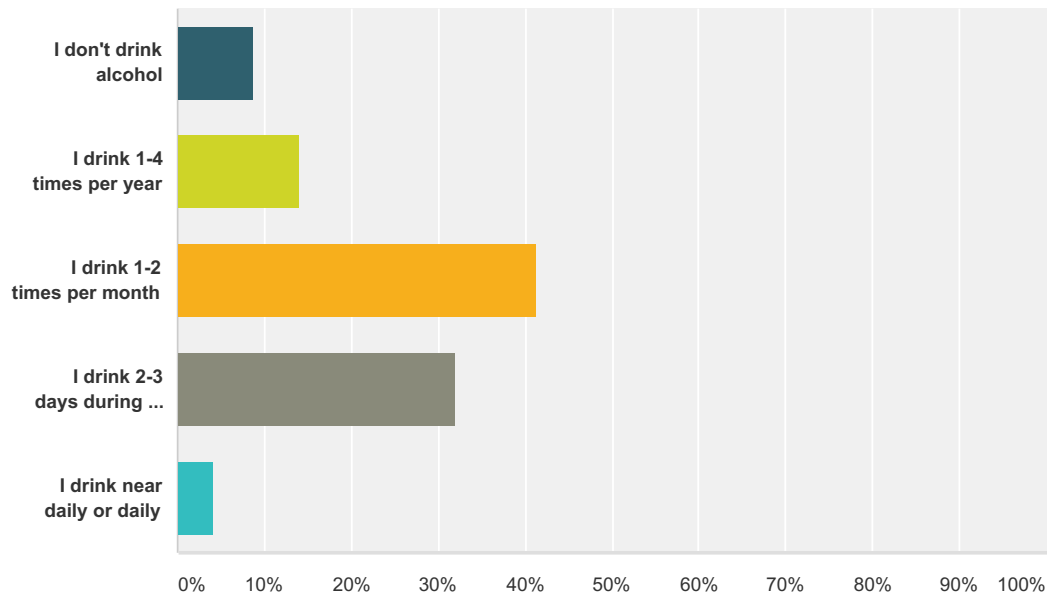
Answer Choices	Responses	
I don't drink alcohol	**8.67%**	337
I drink 1-4 times per year	**13.99%**	544
I drink 1-2 times per month	**41.28%**	1,605
I drink 2-3 days during the week or on the weekends	**31.92%**	1,241
I drink near daily or daily	**4.14%**	161
Total		3,888

Q7 On average, how much alcohol do I consume when I drink? (One drink consists of a standard size of one shot, one beer, or one glass of wine)

Answered: 3,888   Skipped: 0

Answer Choices	Responses	
I don't drink alcohol	8.69%	338
I drink 1-2 drinks per instance	58.51%	2,275
I drink 3-4 drinks per instance	23.84%	927
I drink more than 4 drinks per instance	8.95%	348
Total		3,888

Q8 During the weekdays while in veterinary school, I sleep an average of

Answered: 3,888   Skipped: 0
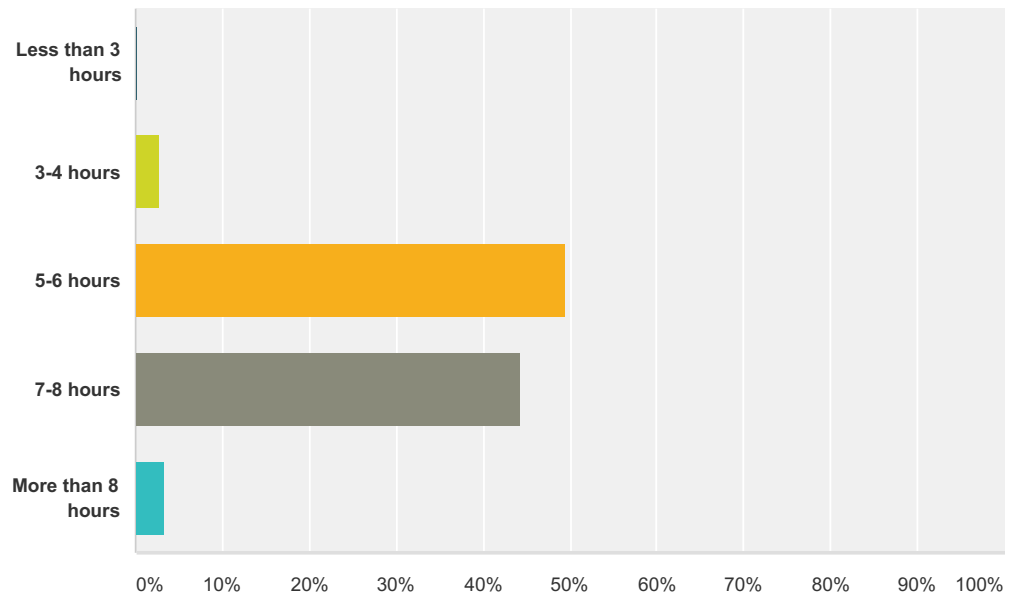
Answer Choices	Responses	
Less than 3 hours	**0.21%**	8
3-4 hours	**2.75%**	107
5-6 hours	**49.49%**	1,924
7-8 hours	**44.16%**	1,717
More than 8 hours	**3.40%**	132
Total		**3,888**

Q9 The night before a test, I sleep an average of

Answered: 3,888   Skipped: 0
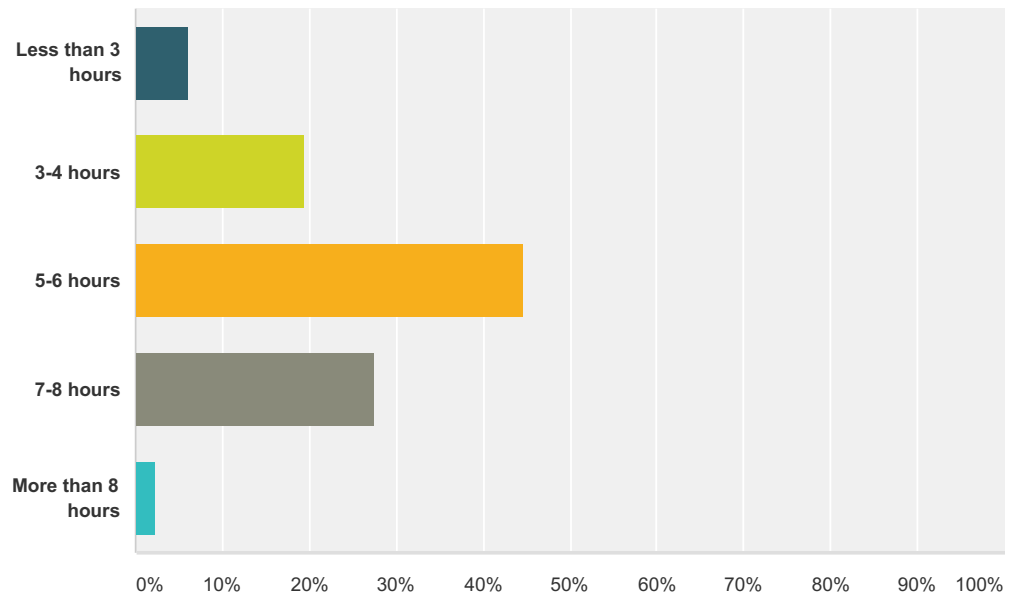
Answer Choices	Responses	
Less than 3 hours	**6.04%**	235
3-4 hours	**19.50%**	758
5-6 hours	**44.57%**	1,733
7-8 hours	**27.57%**	1,072
More than 8 hours	**2.31%**	90
Total		**3,888**

Q10 While in veterinary school, I exercise for at least 30 minutes or more...

Answered: 3,888   Skipped: 0
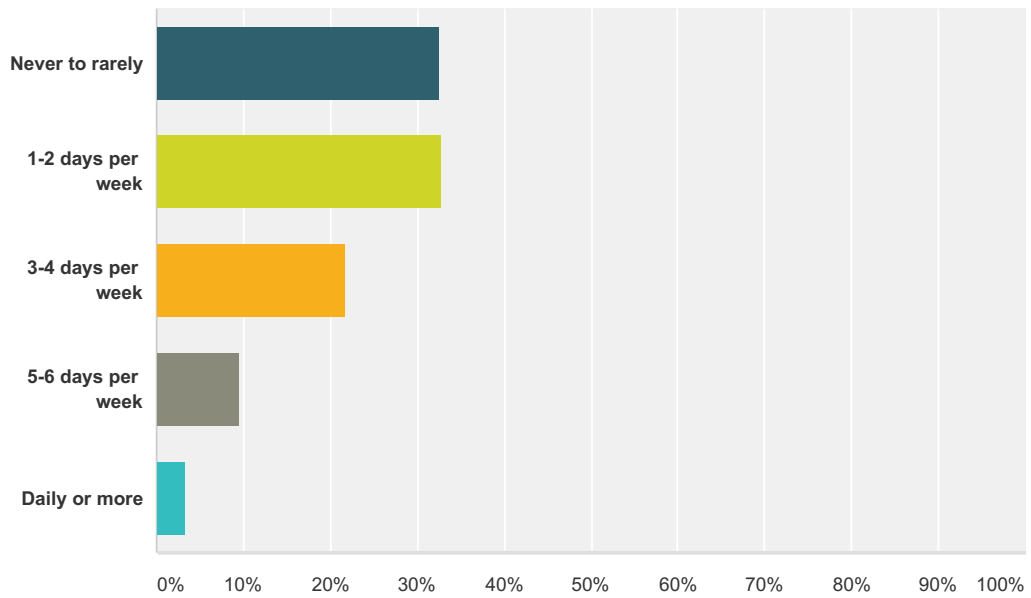
Answer Choices	Responses	
Never to rarely	**32.59%**	1,267
1-2 days per week	**32.87%**	1,278
3-4 days per week	**21.68%**	843
5-6 days per week	**9.57%**	372
Daily or more	**3.29%**	128
Total		**3,888**

Q11 While in veterinary school, how often do I eat healthy meals or snacks?

Answered: 3,888   Skipped: 0
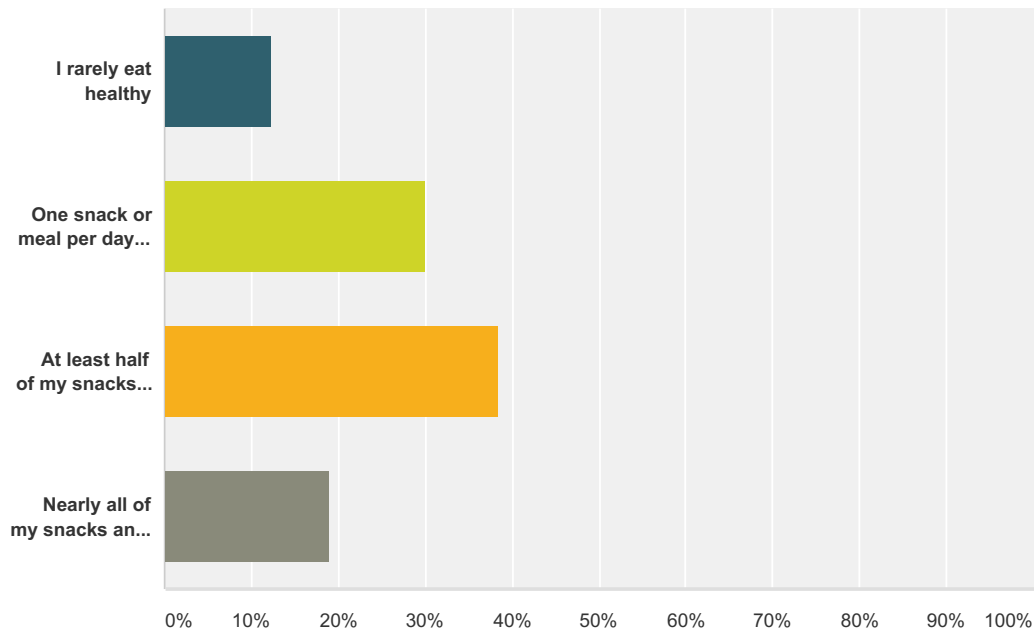
Answer Choices	Responses	
I rarely eat healthy	**12.37%**	481
One snack or meal per day is healthy	**30.09%**	1,170
At least half of my snacks or meals per day are healthy	**38.45%**	1,495
Nearly all of my snacks and meals per day are healthy	**19.08%**	742
Total		**3,888**

Q12 What has been helpful in maintaining my overall wellness?

Answered: 3,888   Skipped: 0
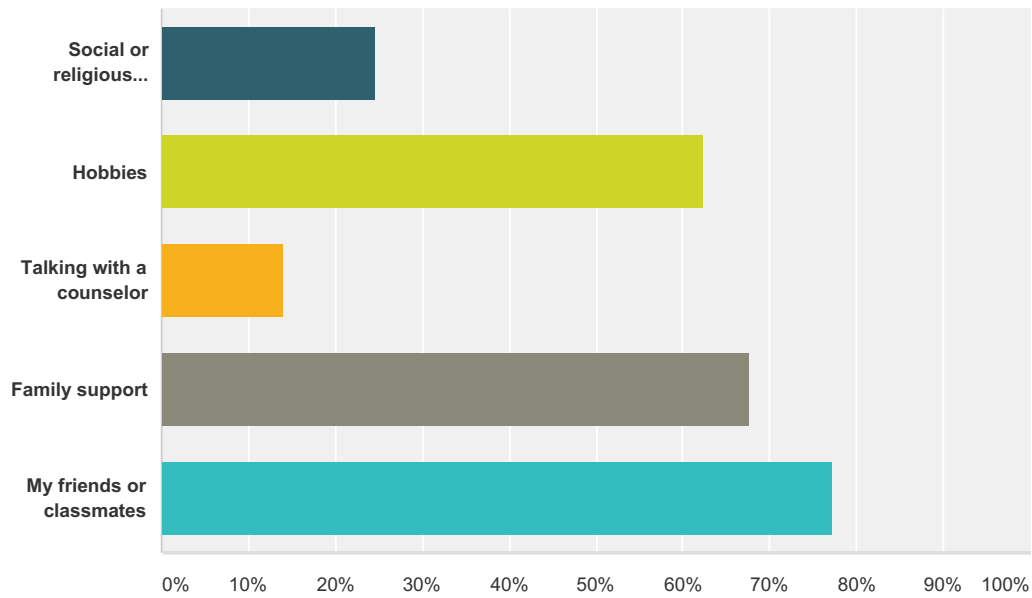
Answer Choices		Responses	
Social or religious groups outside of veterinary school		**24.67%**	959
Hobbies		**62.53%**	2,431
Talking with a counselor		**14.02%**	545
Family support		**67.59%**	2,628
My friends or classmates		**77.16%**	3,000
Total Respondents: 3,888			

Q13 What programs at school have been or would be helpful in maintaining my overall wellness?

Answered: 3,888   Skipped: 0
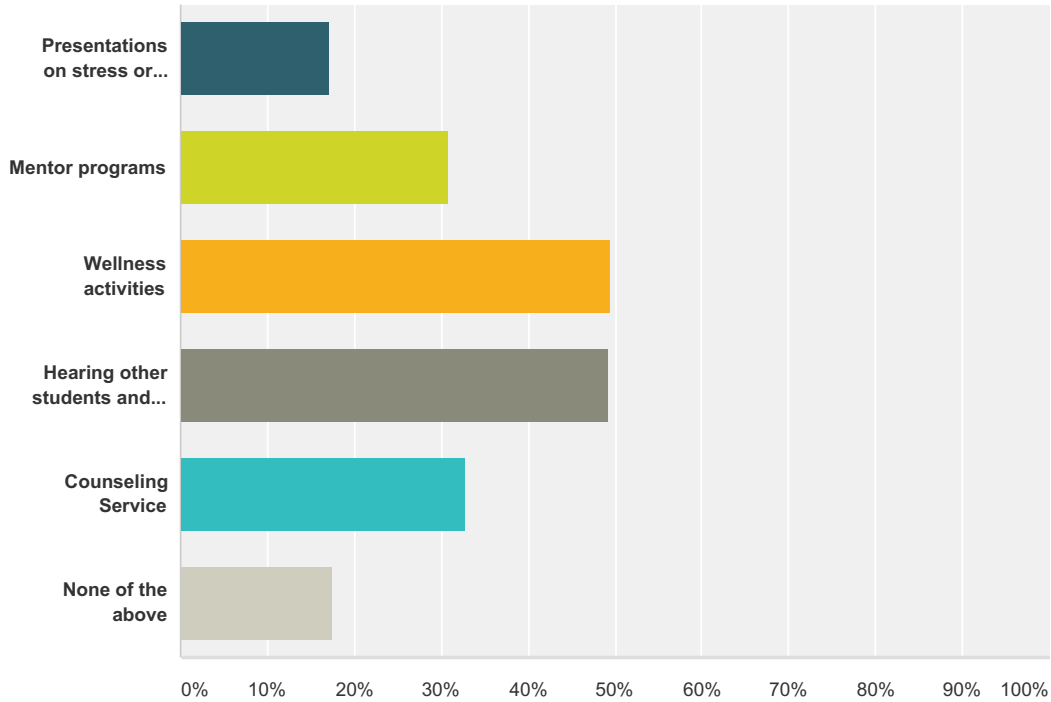
Answer Choices	Responses	
Presentations on stress or wellness	**17.08%**	664
Mentor programs	**30.97%**	1,204
Wellness activities	**49.41%**	1,921
Hearing other students and professors share their experiences	**49.33%**	1,918
Counseling Service	**32.69%**	1,271
None of the above	**17.49%**	680
Total Respondents: 3,888		

Q14 I feel adequately informed about the wellness resources available through my veterinary school.
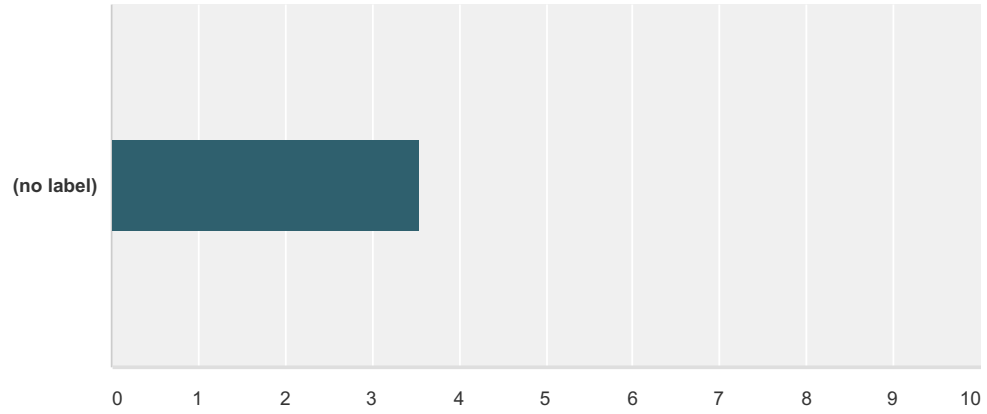
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**5.34%** 199	**14.17%** 528	**21.20%** 790	**38.75%** 1,444	**20.53%** 765	3,726	3.55

Q15 I feel comfortable seeking wellness assistance through my veterinary school.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**8.45%** 315	**21.23%** 791	**23.38%** 871	**30.30%** 1,129	**16.64%** 620	3,726	3.25

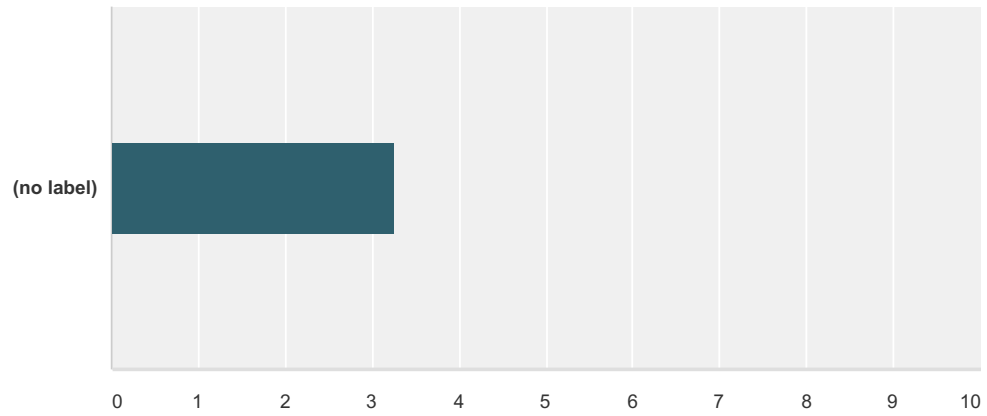## Q16 I feel that stress is a significant factor in my personal life.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**2.17%** 81	**8.11%** 302	**11.16%** 416	**35.48%** 1,322	**43.08%** 1,605	3,726	4.09

Q17 I feel that stress is a significant factor in my academic performance.
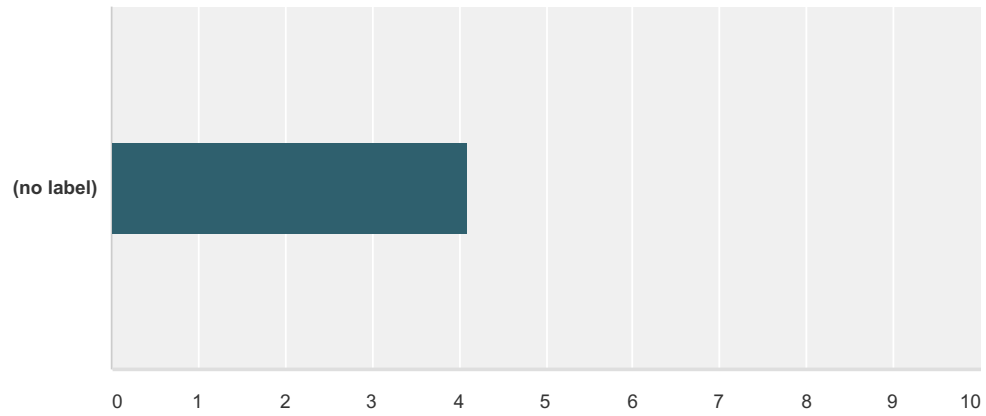
Answered: 3,726 Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**1.64%** 61	**7.09%** 264	**13.71%** 511	**40.02%** 1,491	**37.55%** 1,399	3,726	4.05

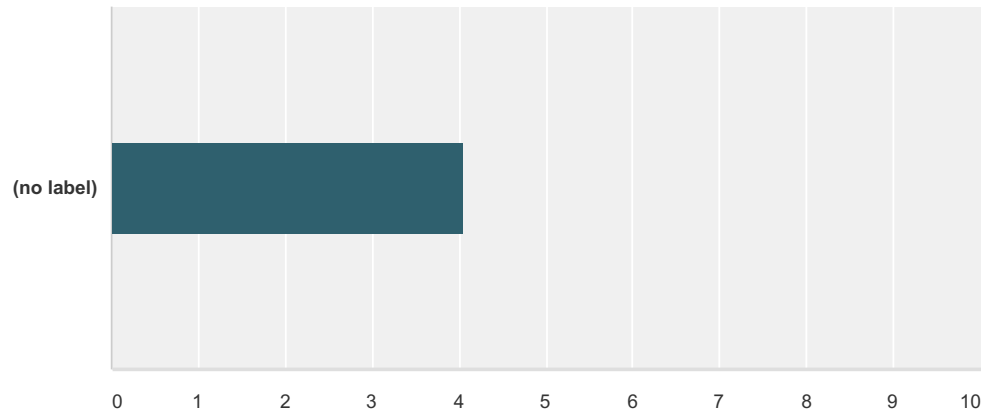## Q18 I feel energized while in veterinary school.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**21.07%** 785	**32.74%** 1,220	**25.04%** 933	**18.46%** 688	**2.68%** 100	3,726	2.49

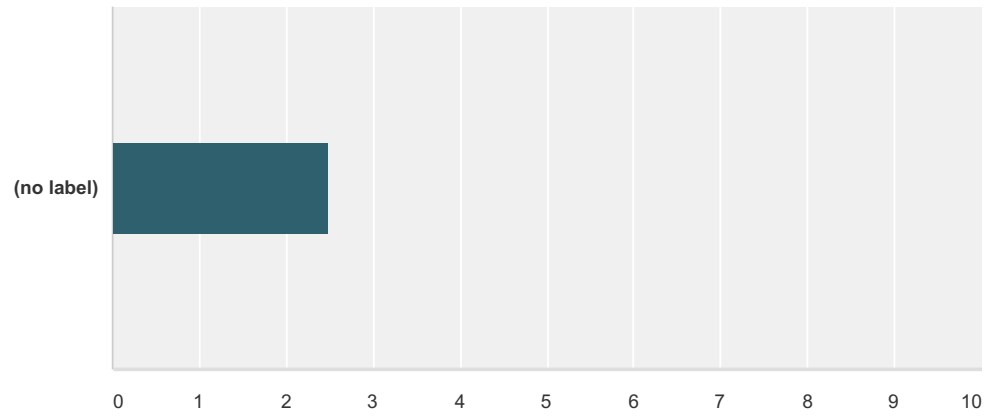## Q19 I have healthy, safe sexual practices.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**1.40%** 52	**3.22%** 120	**15.97%** 595	**19.46%** 725	**59.96%** 2,234	3,726	4.33

Q20 I sometimes worry I have an alcohol problem.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**69.27%** 2,581	**14.87%** 554	**7.76%** 289	**6.52%** 243	**1.58%** 59	3,726	1.56

Q21 I have tried to stop drinking in the past, but have been unable to do so.
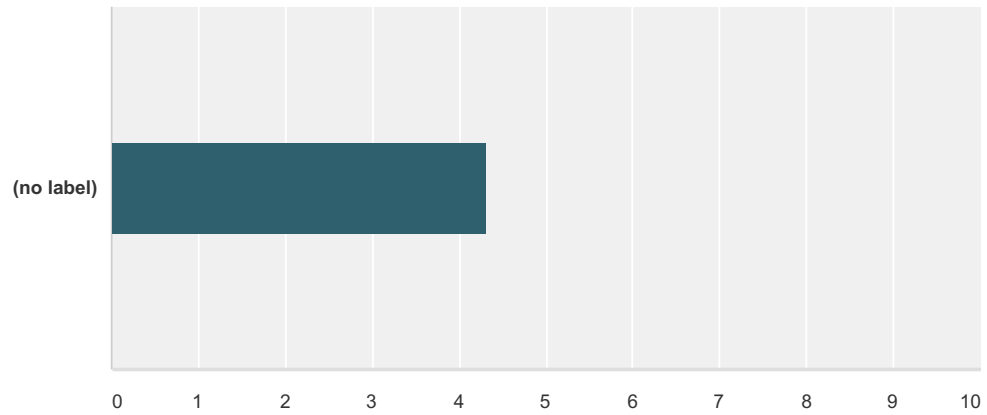
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**77.62%** 2,892	**6.25%** 233	**14.09%** 525	**1.53%** 57	**0.51%** 19	3,726	1.41

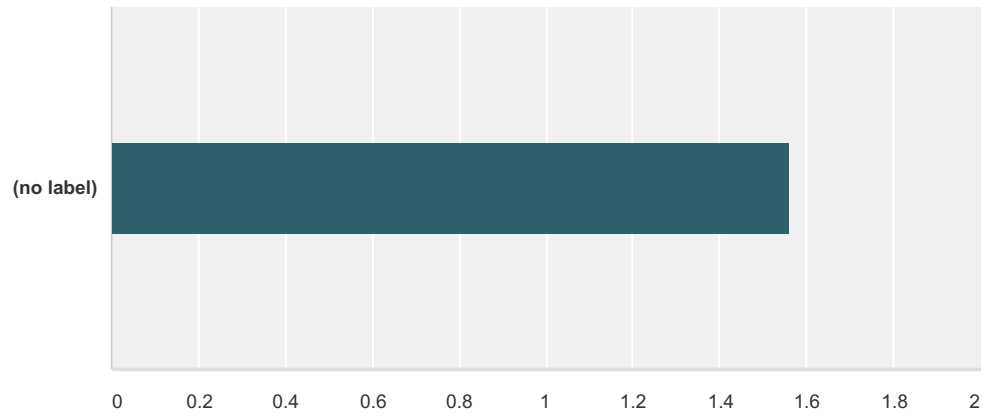## Q22 I feel satisfied with my social life.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**6.74%** 251	**24.29%** 905	**20.83%** 776	**36.23%** 1,350	**11.92%** 444	3,726	3.22

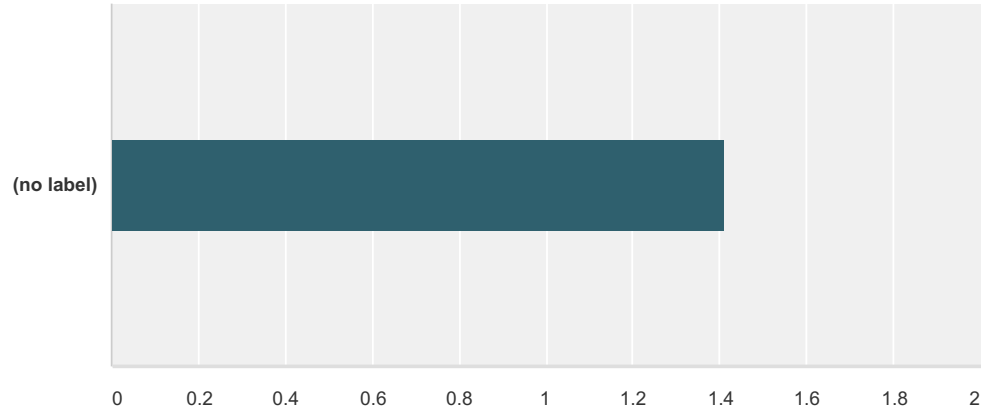## Q23 I feel satisfied with my romantic life.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**14.87%** 554	**20.24%** 754	**15.08%** 562	**23.86%** 889	**25.95%** 967	3,726	3.26

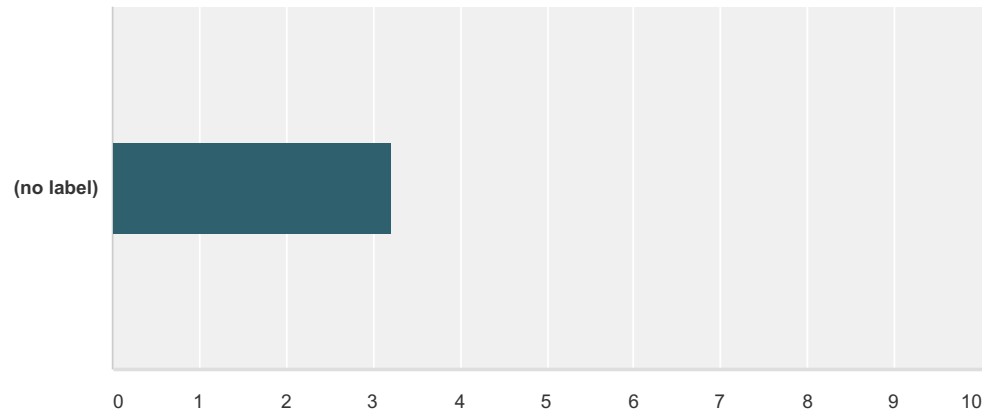## Q24 I feel satisfied with my spiritual life.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**4.00%** 149	**12.72%** 474	**38.84%** 1,447	**25.79%** 961	**18.65%** 695	3,726	3.42

Q25 I feel like I spend an adequate amount of time outside of veterinary school with personal relationships.
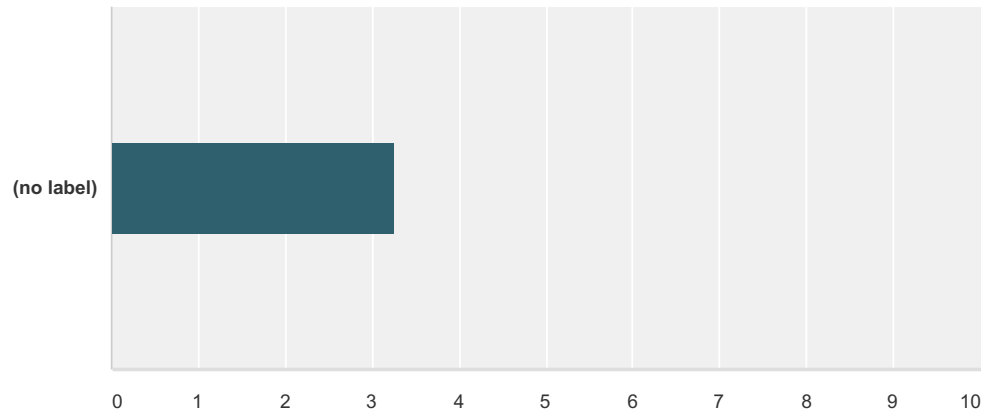
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**16.88%** 629	**33.98%** 1,266	**15.08%** 562	**26.22%** 977	**7.84%** 292	3,726	2.74

Q26 I feel like I spend an adequate amount of time on hobbies and interests outside of veterinary medicine.
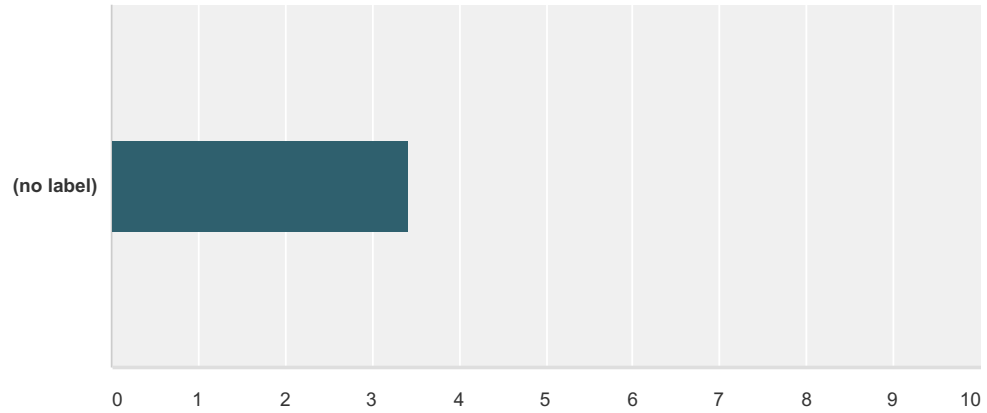
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**20.53%** 765	**36.58%** 1,363	**14.47%** 539	**23.05%** 859	**5.37%** 200	3,726	2.56

Q27 I feel comfortable saying no to obligations I am not interested in.
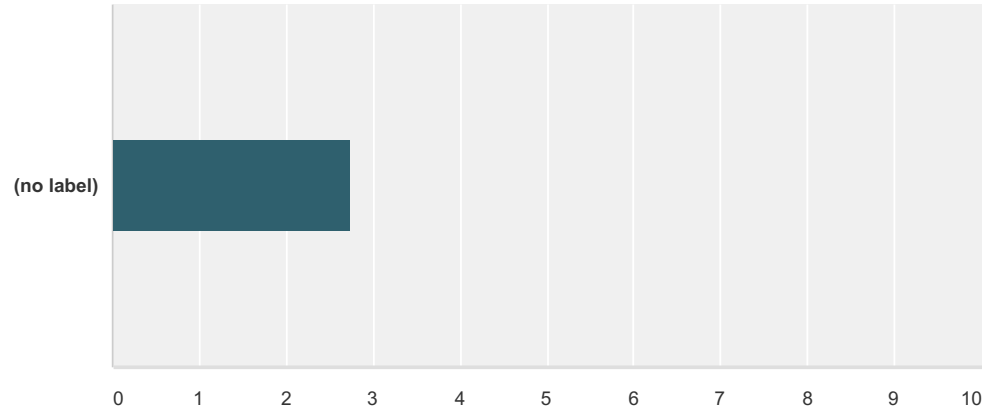
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**5.50%** 205	**19.19%** 715	**13.66%** 509	**37.20%** 1,386	**24.45%** 911	3,726	3.56

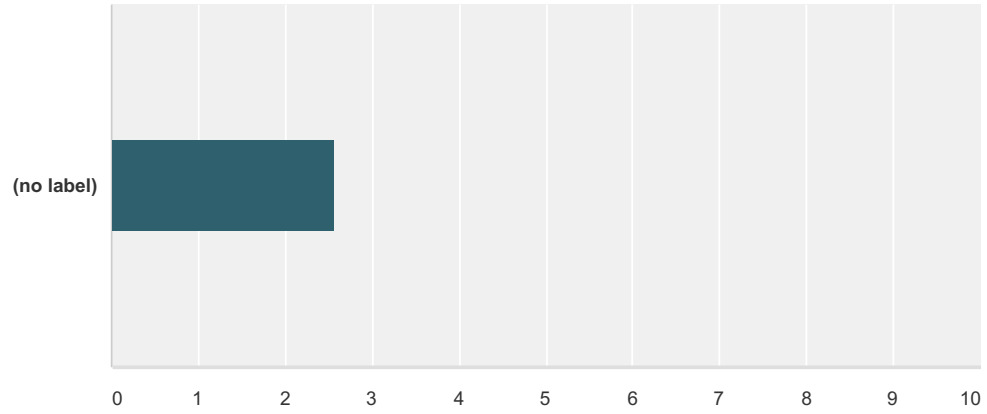## Q28 I have a sense of control over my own life.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**6.82%** 254	**18.76%** 699	**21.90%** 816	**39.96%** 1,489	**12.56%** 468	3,726	3.33

Q29 I respond to stressful or unfortunate circumstances with appropriate emotion.
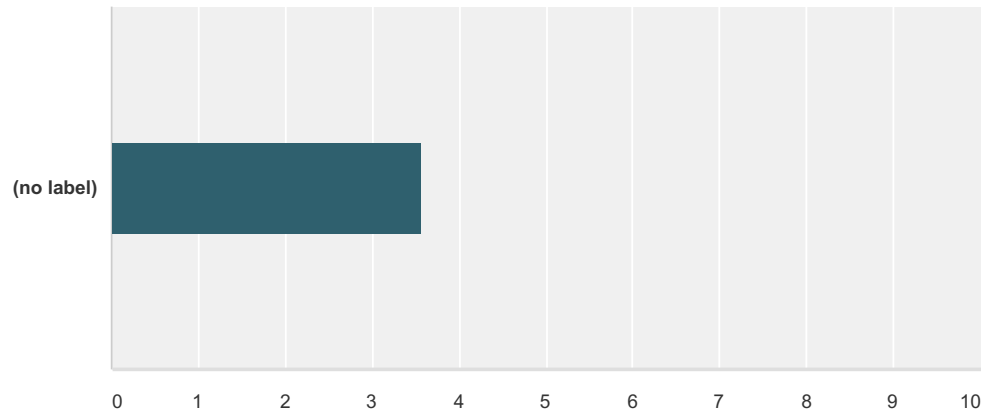
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**3.73%** 139	**17.63%** 657	**24.40%** 909	**45.12%** 1,681	**9.13%** 340	3,726	3.38

Q30 I am in control of my own emotions.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**3.11%** 116	**17.74%** 661	**21.55%** 803	**44.42%** 1,655	**13.18%** 491	3,726	3.47

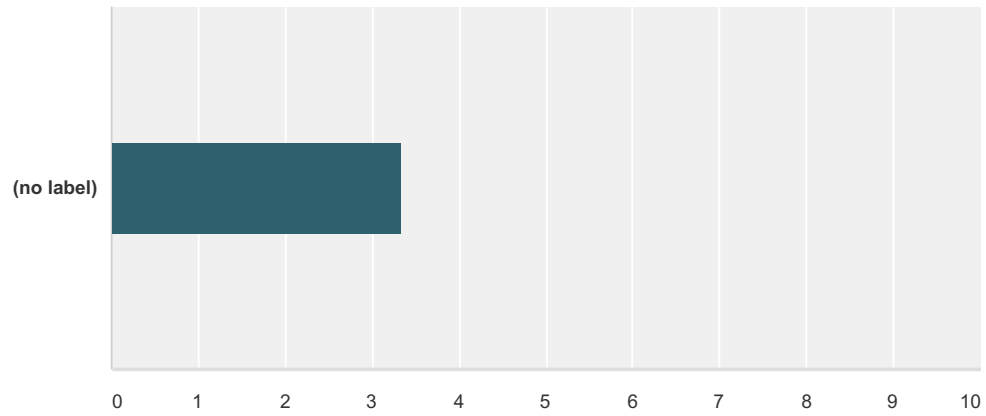## Q31 I feel overwhelmed more often than not.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**4.43%** 165	**20.64%** 769	**19.43%** 724	**34.86%** 1,299	**20.64%** 769	3,726	3.47

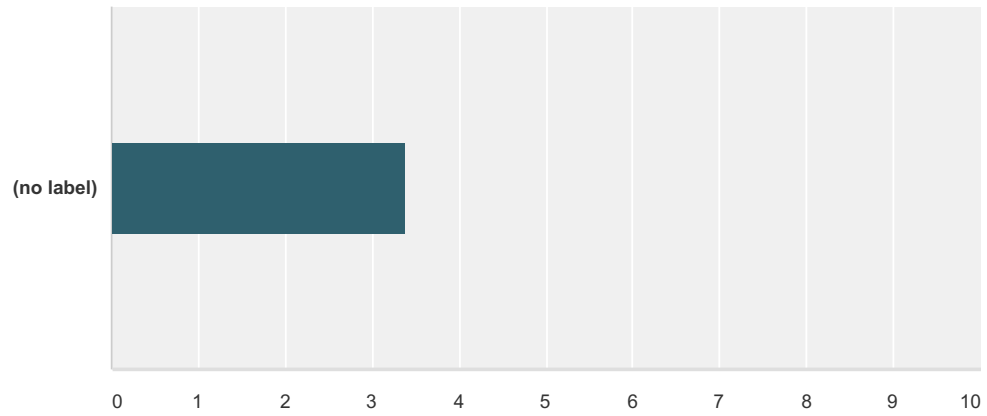## Q32 I worry that I will be a bad veterinarian.

Answered: 3,726 Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**10.41%** 388	**16.26%** 606	**12.21%** 455	**33.95%** 1,265	**27.16%** 1,012	3,726	3.51

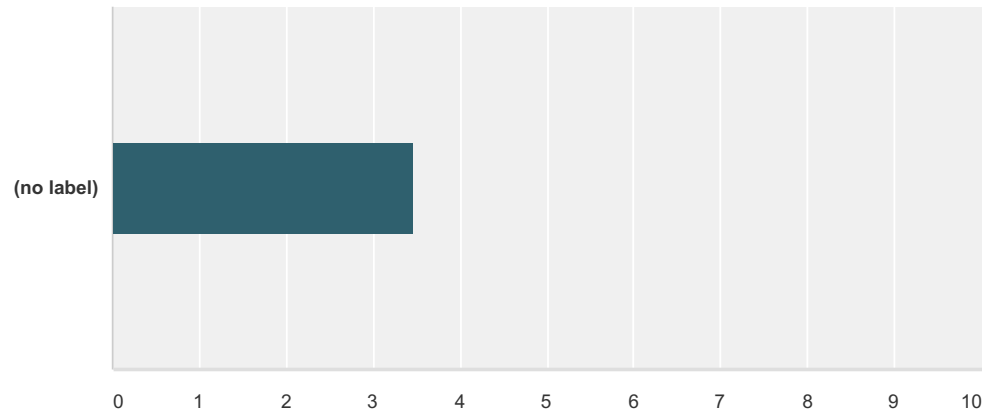## Q33 I feel like my professors care about my personal well-being.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**6.52%** 243	**13.77%** 513	**23.81%** 887	**38.06%** 1,418	**17.85%** 665	3,726	3.47

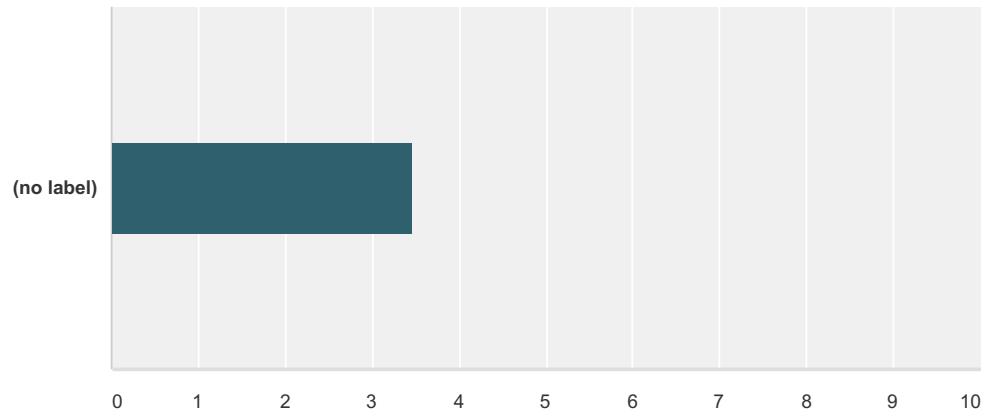## Q34 I feel like my professors treat me with respect.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**1.91%** 71	**6.76%** 252	**15.41%** 574	**51.69%** 1,926	**24.24%** 903	3,726	3.90

Q35 I feel like the clinicians I work with on rotations care about my personal well-being.
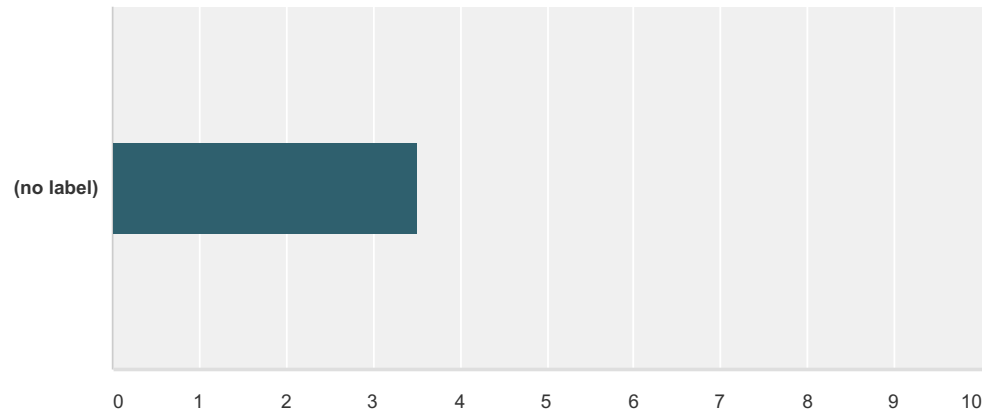
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	N/A	Total	Weighted Average
(no label)	3.33% 124	6.66% 248	21.18% 789	9.53% 355	5.42% 202	53.89% 2,008	3,726	3.15

Q36 I feel like the clinicians I work with on rotations treat me with respect.

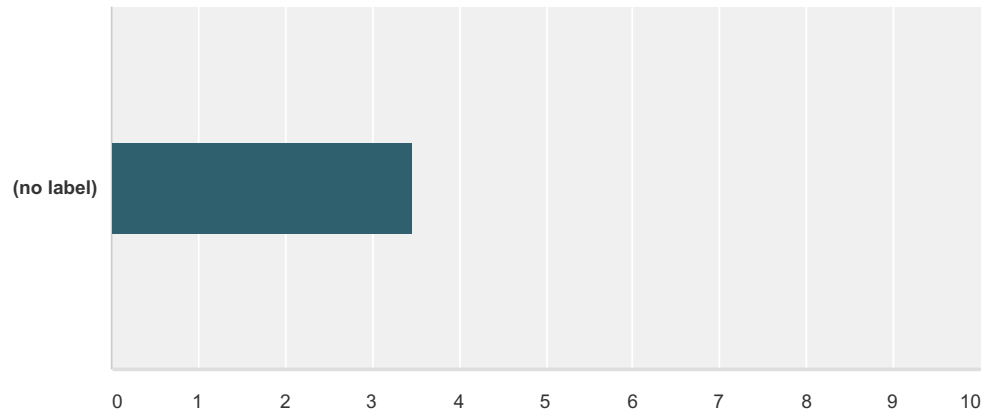|	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	N/A	Total	Weighted Average
(no label)	**1.56%** 58	**4.29%** 160	**19.91%** 742	**13.02%** 485	**7.09%** 264	**54.13%** 2,017	3,726	3.43

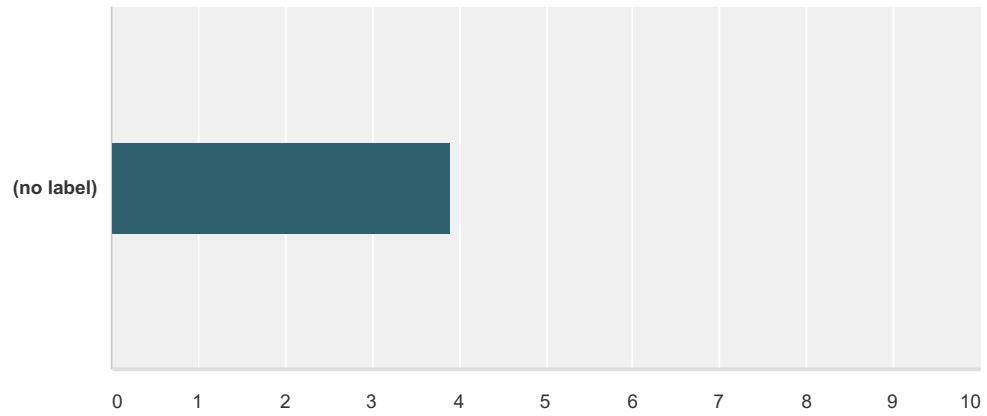# Q37 I have felt withdrawn from my classmates.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**13.12%** 489	**22.44%** 836	**19.59%** 730	**32.80%** 1,222	**12.05%** 449	3,726	3.08

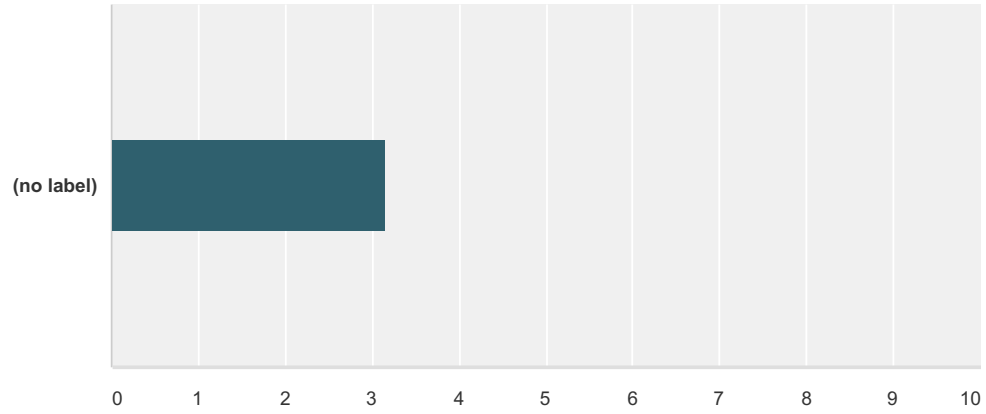## Q38 I have felt withdrawn from my interests.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**11.27%** 420	**22.87%** 852	**18.33%** 683	**35.08%** 1,307	**12.45%** 464	3,726	3.15

Q39 I have experienced periods of disinterest or depression.

Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**9.61%** 358	**12.10%** 451	**10.74%** 400	**36.63%** 1,365	**30.92%** 1,152	3,726	3.67

Q40 I have experienced periods of disinterest or depression that have lasted longer than two weeks.
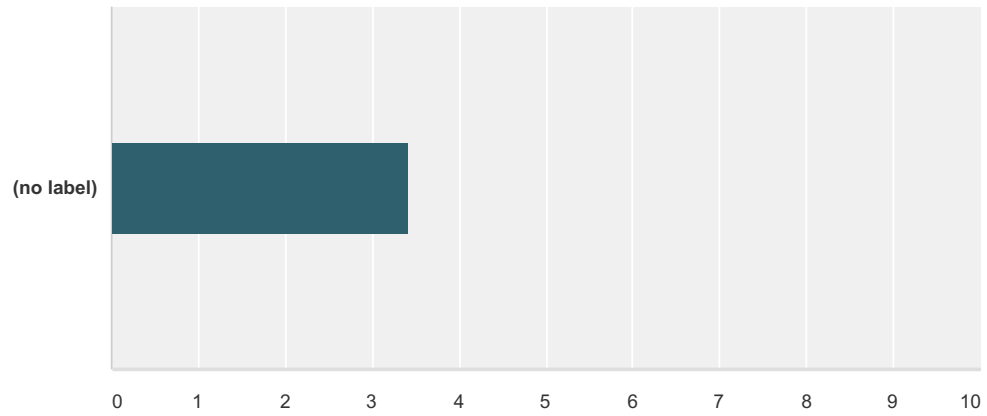
Answered: 3,726   Skipped: 162

	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**32.66%** 1,217	**21.60%** 805	**9.13%** 340	**16.29%** 607	**20.32%** 757	3,726	2.70

Q41 I have considered harming myself or have harmed myself by cutting, scratching, pulling hair out, etc.
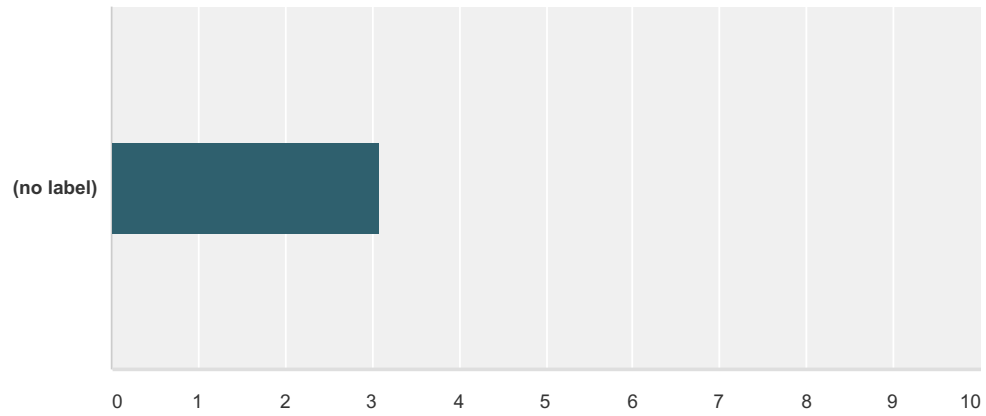
Answered: 3,726   Skipped: 162
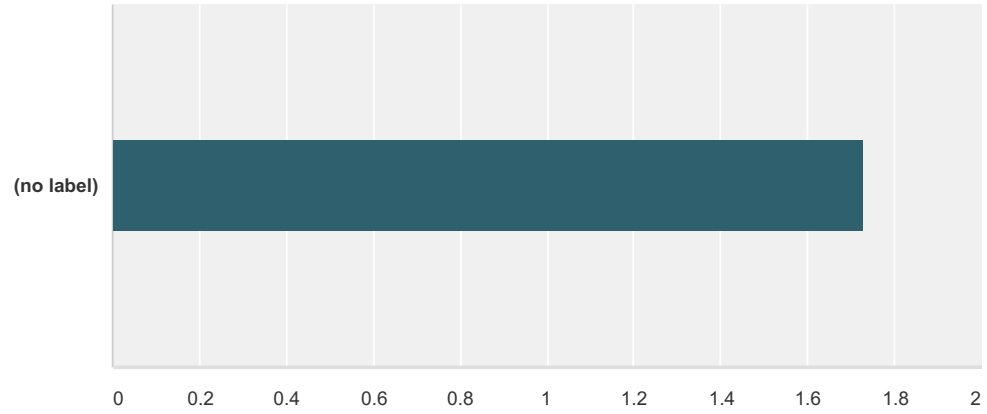
	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**69.00%** 2,571	**10.63%** 396	**5.82%** 217	**7.51%** 280	**7.03%** 262	3,726	1.73

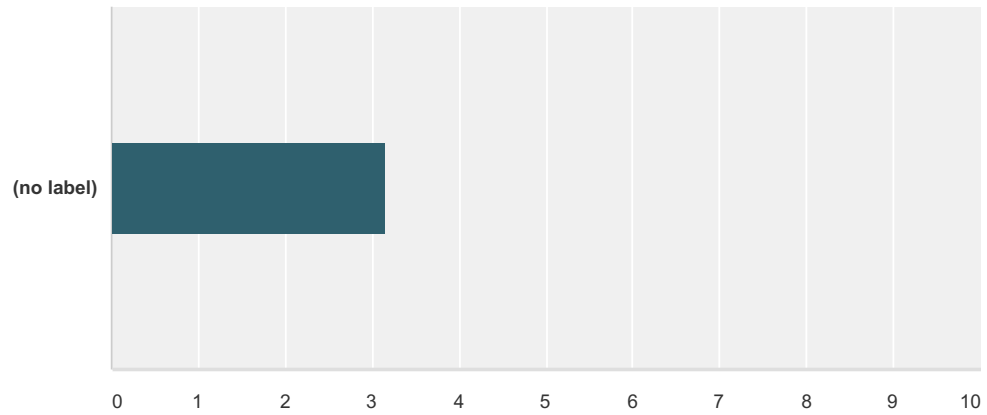## Q42 I have considered suicide to the point that I have put a plan together.
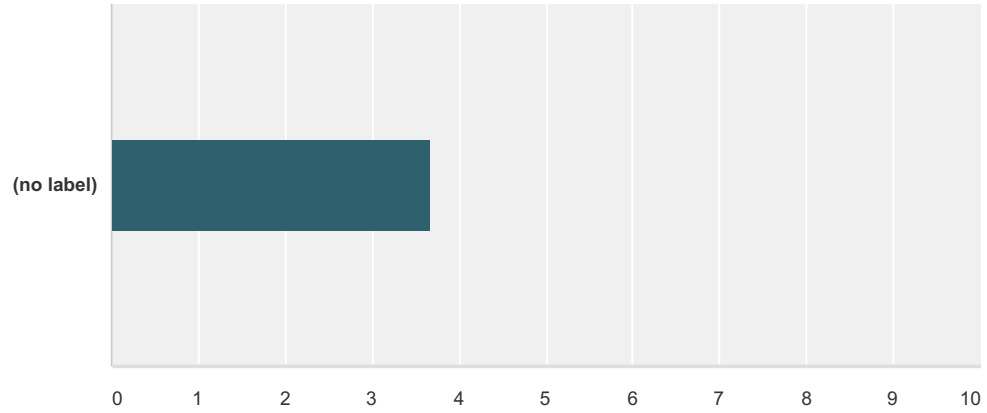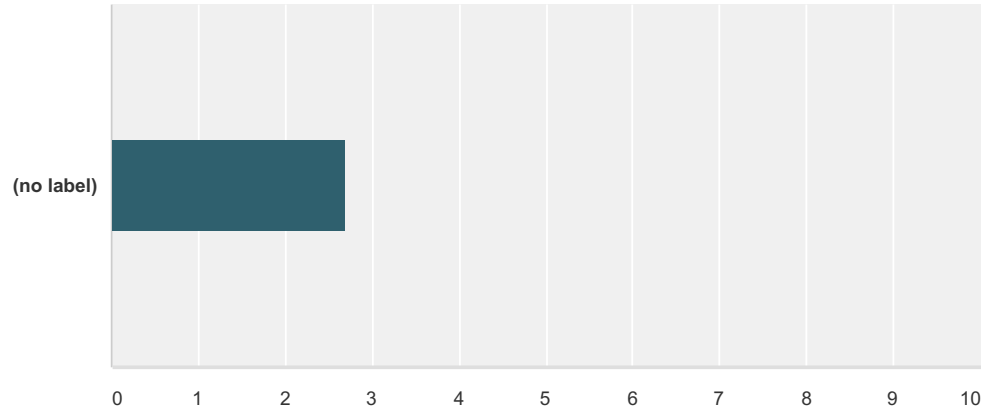
Answered: 3,726   Skipped: 162
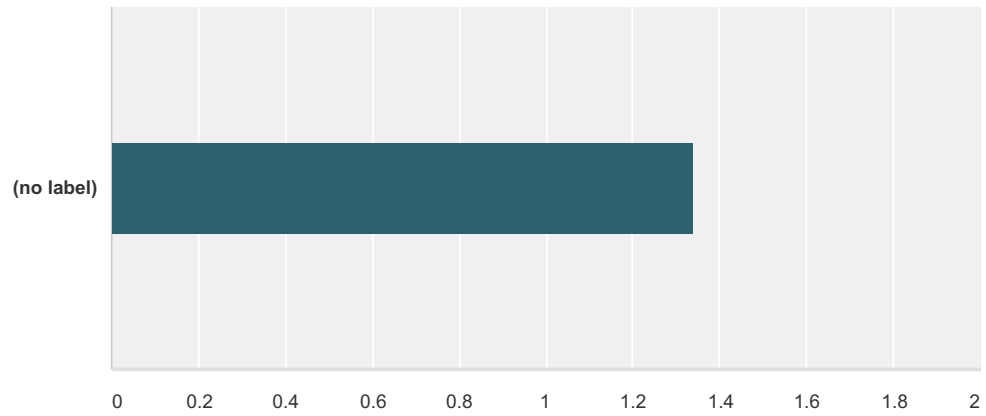
	Completely Disagree	(no label)	Neither Agree or Disagree	(no label)	Completely Agree	Total	Weighted Average
(no label)	**82.74%** 3,083	**7.60%** 283	**4.59%** 171	**2.90%** 108	**2.17%** 81	3,726	1.34

SAVMA Wellness Survey

Q43 My SAVMA or IVSA Chapter Is

Answered: 3,682   Skipped: 206

- SAVMA - Atlantic...
- SAVMA - Auburn University
- SAVMA - University o...
- SAVMA - Colorado Sta...
- SAVMA - Cornell...
- SAVMA - University o...
- SAVMA - University o...
- SAVMA - University o...
- SAVMA - University o...
- SAVMA - Iowa State...
- SAVMA - Kansas State...
- SAVMA - Lincoln...
- SAVMA - Louisiana St...
- SAVMA - Michigan Sta...
- SAVMA - Midwestern...
- SAVMA - University o...
- SAVMA - Mississippi...
- SAVMA - University o...
- SAVMA - North Carolina Sta...

SAVMA - The Ohio State...

SAVMA - Oklahoma Sta...

SAVMA - Oregon State...

SAVMA - University o...

SAVMA - Purdue University

SAVMA - Ross University

SAVMA - Royal Veterinary...

SAVMA - St. George's...

SAVMA - University o...

SAVMA - Texas A&M University

SAVMA - Tufts University

SAVMA - Tuskegee...

SAVMA - Virginia-Mar...

SAVMA - Washington...

SAVMA - Western...

SAVMA - University o...

SAAVMA - St. Matthew's...

IVSA - Batna, Algeria

IVSA - Blida, Algeria

IVSA - Austria

IVSA - Ghent

SAVMA Wellness Survey

IVSA - Bosnia and Herzegovina									
IVSA - Curitiba,...									
IVSA - Stara Zagora									
IVSA - Ngaoundéré,...									
IVSA - Nanjing, China									
IVSA - Croatia									
IVSA - Brno, Czech Republic									
IVSA - Denmark									
IVSA - Assiut, Egypt									
IVSA - Egypt									
IVSA - Estonia									
IVSA - Ethiopia									
IVSA - Finland									
IVSA - Alfort, France									
IVSA - Lyon, France									
IVSA - Nantes, France									
IVSA - Toulouse,...									
IVSA - Germany									
IVSA - Hannover									
IVSA - Berlin									
IVSA - Munich									

SAVMA Wellness Survey

IVSA - Munich

IVSA - Giessen

IVSA - Thessaloniki...

IVSA - Thessaly,...

IVSA - Accra

IVSA - Kumasi

IVSA - Hungary

IVSA - Iran

IVSA - Indonesia

IVSA - Napoli

IVSA - Milan

IVSA - Japan

IVSA - Irbid, Jordan

IVSA - Nairobi, Kenya

IVSA - Prishtina,...

IVSA - Macedonia

IVSA - Selangor,...

IVSA - Kelantan,...

IVSA - Namibia,...

IVSA - Nepal

IVSA - Netherlands

SAVMA Wellness Survey

- IVSA - Abeokuta,...
- IVSA - UNN, Nigeria
- IVSA - Ibadan
- IVSA - Abuja, Nigeria
- IVSA - Norway
- IVSA - Palestine
- IVSA - Philippines
- IVSA - Los Banos
- IVSA - Olsztyn, Poland
- IVSA - Wroclaw, Poland
- IVSA - Warsaw, Poland
- IVSA - Lublin, Poland
- IVSA - Poznan
- IVSA - Krakow
- IVSA - Portugal
- IVSA - Iasi, Romania
- IVSA - Timisoara,...
- IVSA - Cluj-Napoca,...
- IVSA - St Peresbourd,...
- IVSA - Belgrade,...
- IVSA - Kosice, Slovakia

SAVMA Wellness Survey

IVSA - Slovenia				48 / 73					
IVSA - South Africa									
IVSA - South Korea									
IVSA - Barcelona									
IVSA - Murcia									
IVSA - Madrid									
IVSA - Zaragoza, Spain									
IVSA - Leon									
IVSA - Sri Lanka									
IVSA - Sweden									
IVSA - Zurich									
IVSA - Bern									
IVSA - Taiwan									
IVSA - Tunisia									
IVSA - Thailand									
IVSA - Ankara									
IVSA - Bursa									
IVSA - Firat, Turkey									
IVSA - Istanbul,...									
IVSA - Konya, Turkey									
IVSA - Somsun, Turkey									

- IVSA - Makerere,...
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland - RVC
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland -...
- IVSA - UK & Ireland -...
- IVSA - Albania
- IVSA - Queensland
- IVSA - Bejing, China
- IVSA - Mansoura
- IVSA - Kazakhestan
- IVSA - CBSUA
- IVSA - Echague,...
- IVSA - Kayseri, Turkey
- IVSA - Kirikkale,...
- IVSA - Morocco
- IVSA - OTHER

SAVMA Wellness Survey
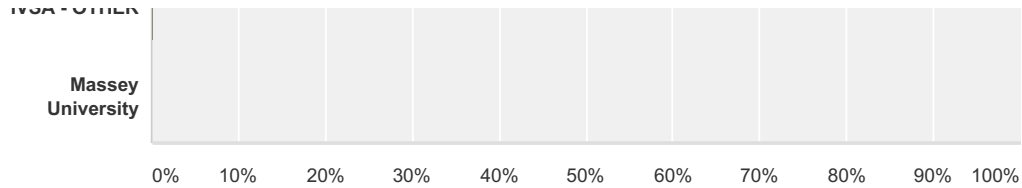
Answer Choices	Responses	
SAVMA - Atlantic Veterinary College	**1.44%**	53
SAVMA - Auburn University	**2.61%**	96
SAVMA - University of California, Davis	**3.34%**	123
SAVMA - Colorado State University	**1.68%**	62
SAVMA - Cornell University	**4.40%**	162
SAVMA - University of Florida	**3.01%**	111
SAVMA - University of Georgia	**1.41%**	52
SAVMA - University of Glasgow	**1.25%**	46
SAVMA - University of Illinois	**4.13%**	152
SAVMA - Iowa State University	**3.42%**	126
SAVMA - Kansas State University	**2.50%**	92
SAVMA - Lincoln Memorial University	**2.72%**	100
SAVMA - Louisiana State University	**1.30%**	48
SAVMA - Michigan State University	**3.45%**	127
SAVMA - Midwestern University	**0.54%**	20
SAVMA - University of Minnesota	**3.59%**	132
SAVMA - Mississippi State University	**2.36%**	87
SAVMA - University of Missouri	**2.31%**	85
SAVMA - North Carolina State University	**3.26%**	120
SAVMA - The Ohio State University	**6.98%**	257
SAVMA - Oklahoma State University	**1.20%**	44
SAVMA - Oregon State University	**0.92%**	34
SAVMA - University of Pennsylvania	**3.18%**	117
SAVMA - Purdue University	**2.06%**	76
SAVMA - Ross University	**6.00%**	221
SAVMA - Royal Veterinary College	**1.79%**	66
SAVMA - St. George's University	**1.47%**	54
SAVMA - University of Tennessee	**2.77%**	102

SAVMA - Texas A&M University	**5.95%**	219
SAVMA - Tufts University	**2.53%**	93
SAVMA - Tuskegee University	**1.82%**	67
SAVMA - Virginia-Maryland RCVM	**1.30%**	48
SAVMA - Washington State University	**2.25%**	83
SAVMA - Western University of Health Sciences	**2.50%**	92
SAVMA - University of Wisconsin	**3.78%**	139
SAAVMA - St. Matthew's University	**0.11%**	4
IVSA - Batna, Algeria	**0.00%**	0
IVSA - Blida, Algeria	**0.00%**	0
IVSA - Austria	**0.00%**	0
IVSA - Ghent	**0.03%**	1
IVSA - Bosnia and Herzegovina	**0.00%**	0
IVSA - Curitiba, Brazil	**0.00%**	0
IVSA - Stara Zagora	**0.00%**	0
IVSA - Ngaoundéré, Cameroun	**0.00%**	0
IVSA - Nanjing, China	**0.00%**	0
IVSA - Croatia	**0.00%**	0
IVSA - Brno, Czech Republic	**0.00%**	0
IVSA - Denmark	**0.62%**	23
IVSA - Assiut, Egypt	**0.00%**	0
IVSA - Egypt	**0.00%**	0
IVSA - Estonia	**0.03%**	1
IVSA - Ethiopia	**0.00%**	0
IVSA - Finland	**0.00%**	0
IVSA - Alfort, France	**0.00%**	0
IVSA - Lyon, France	**0.00%**	0
IVSA - Nantes, France	**0.03%**	1
IVSA - Toulouse, France	**0.00%**	0
IVSA - Germany	**0.00%**	0
IVSA - Hannover	**0.03%**	1
IVSA - Berlin	**0.03%**	1
IVSA - Munich	**0.00%**	0
IVSA - Giessen	**0.00%**	0

IVSA - Thessaloniki, Greece	**0.03%**	1
IVSA - Thessaly, Greece	**0.00%**	0
IVSA - Accra	**0.00%**	0
IVSA - Kumasi	**0.00%**	0
IVSA - Hungary	**0.05%**	2
IVSA - Iran	**0.00%**	0
IVSA - Indonesia	**0.03%**	1
IVSA - Napoli	**0.00%**	0
IVSA - Milan	**0.00%**	0
IVSA - Japan	**0.00%**	0
IVSA - Irbid, Jordan	**0.00%**	0
IVSA - Nairobi, Kenya	**0.00%**	0
IVSA - Prishtina, Kosovo	**0.00%**	0
IVSA - Macedonia	**0.00%**	0
IVSA - Selangor, Malaysia	**0.00%**	0
IVSA - Kelantan, Malaysia	**0.03%**	1
IVSA - Namibia, Namibia	**0.00%**	0
IVSA - Nepal	**0.00%**	0
IVSA - Netherlands	**0.00%**	0
IVSA - Abeokuta, Nigeria	**0.00%**	0
IVSA - UNN, Nigeria	**0.00%**	0
IVSA - Ibadan	**0.00%**	0
IVSA - Abuja, Nigeria	**0.00%**	0
IVSA - Norway	**0.00%**	0
IVSA - Palestine	**0.00%**	0
IVSA - Philippines	**0.00%**	0
IVSA - Los Banos	**0.00%**	0
IVSA - Olsztyn, Poland	**0.00%**	0
IVSA - Wroclaw, Poland	**0.00%**	0
IVSA - Warsaw, Poland	**0.03%**	1
IVSA - Lublin, Poland	**0.00%**	0
IVSA - Poznan	**0.00%**	0
IVSA - Krakow	**0.03%**	1
IVSA - Portugal	**0.03%**	1
IVSA - Iasi, Romania	**0.00%**	0

IVSA - Timisoara, Romania	0.00%	0
IVSA - Cluj-Napoca, Romania	0.00%	0
IVSA - St Peresbourd, Russia	0.00%	0
IVSA - Belgrade, Serbia	0.00%	0
IVSA - Kosice, Slovakia	0.00%	0
IVSA - Slovenia	0.00%	0
IVSA - South Africa	0.00%	0
IVSA - South Korea	0.00%	0
IVSA - Barcelona	0.00%	0
IVSA - Murcia	0.00%	0
IVSA - Madrid	0.00%	0
IVSA - Zaragoza, Spain	0.00%	0
IVSA - Leon	0.00%	0
IVSA - Sri Lanka	0.00%	0
IVSA - Sweden	1.41%	52
IVSA - Zurich	0.05%	2
IVSA - Bern	0.00%	0
IVSA - Taiwan	0.00%	0
IVSA - Tunisia	0.03%	1
IVSA - Thailand	0.00%	0
IVSA - Ankara	0.00%	0
IVSA - Bursa	0.00%	0
IVSA - Firat, Turkey	0.00%	0
IVSA - Istanbul, Turkey	0.00%	0
IVSA - Konya, Turkey	0.00%	0
IVSA - Somsun, Turkey	0.00%	0
IVSA - Makerere, Uganda	0.00%	0
IVSA - UK & Ireland - Dublin	0.03%	1
IVSA - UK & Ireland - Bristol	0.00%	0
IVSA - UK & Ireland - RVC	0.95%	35
IVSA - UK & Ireland - Cambridge	0.00%	0
IVSA - UK & Ireland - Glasgow	0.24%	9
IVSA - UK & Ireland - Edinburg	0.03%	1
IVSA - UK & Ireland - Notthingham	0.52%	19
IVSA - UK & Ireland - Liverpool	0.08%	3

IVSA - UK & Ireland - Surrey	**0.05%**	2
IVSA - Albania	**0.00%**	0
IVSA - Queensland	**0.00%**	0
IVSA - Bejing, China	**0.03%**	1
IVSA - Mansoura	**0.00%**	0
IVSA - Kazakhestan	**0.03%**	1
IVSA - CBSUA	**0.00%**	0
IVSA - Echague, Isabela	**0.00%**	0
IVSA - Kayseri, Turkey	**0.00%**	0
IVSA - Kirikkale, Turkey	**0.00%**	0
IVSA - Morocco	**0.00%**	0
IVSA - OTHER	**0.24%**	9
Massey University	**0.00%**	0
Total		**3,682**

Q44 My anticipated graduation year is

Answered: 3,682   Skipped: 206
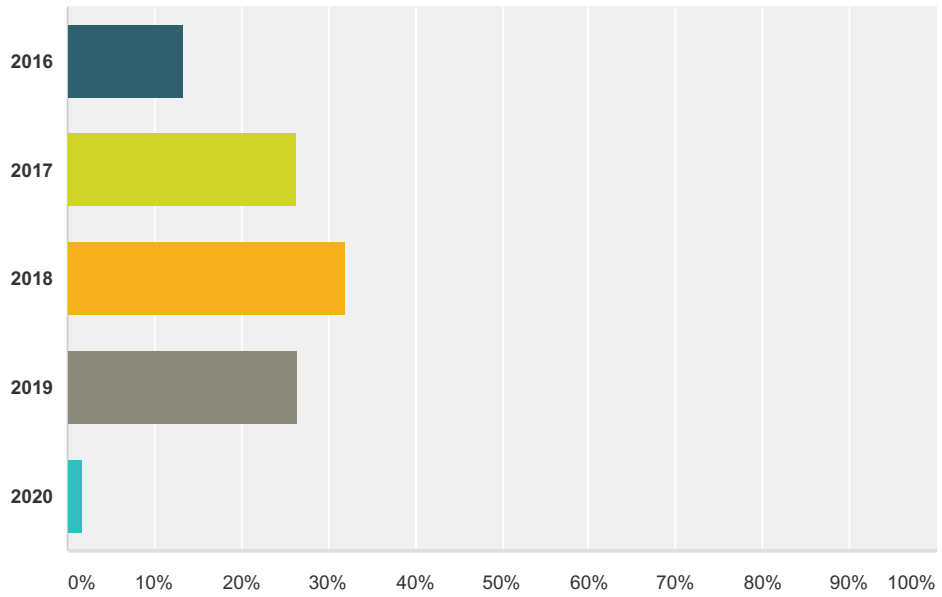
Answer Choices	Responses	
2016	**13.28%**	489
2017	**26.37%**	971
2018	**31.97%**	1,177
2019	**26.62%**	980
2020	**1.77%**	65
Total		**3,682**

Q45 My citizenship status is

Answered: 3,565   Skipped: 323
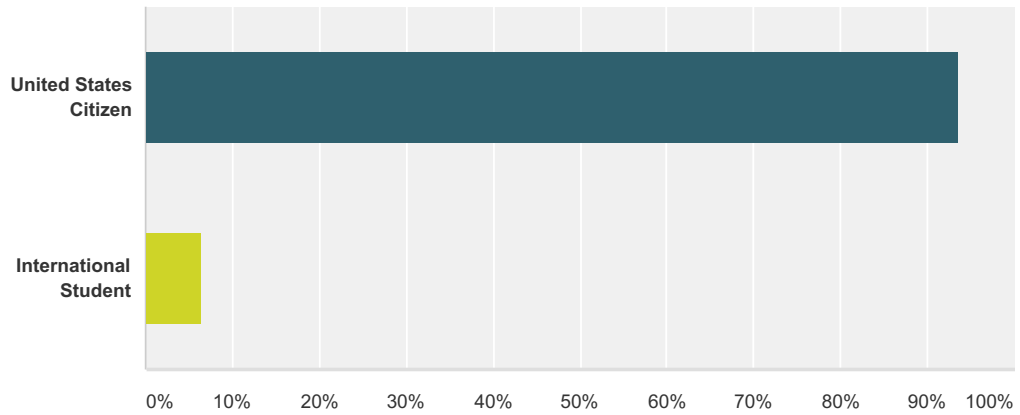
Answer Choices	Responses	
United States Citizen	**93.46%**	3,332
International Student	**6.54%**	233
Total		**3,565**

Q46 I am attending veterinary school

Answered: 3,625   Skipped: 263
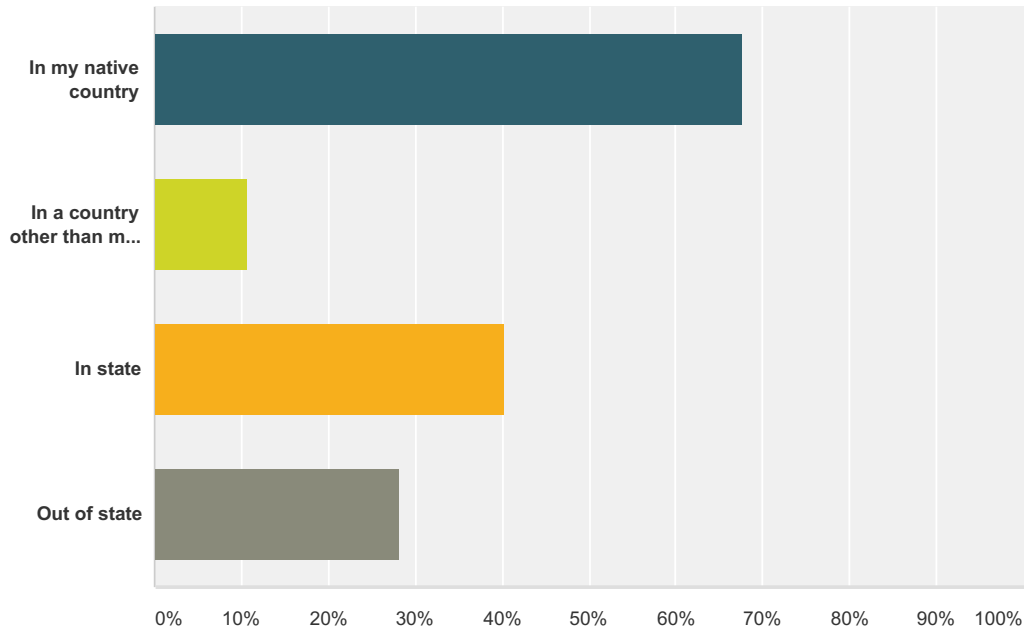
Answer Choices	Responses	
In my native country	**67.70%**	2,454
In a country other than my own	**10.70%**	388
In state	**40.19%**	1,457
Out of state	**28.08%**	1,018
Total Respondents: 3,625		

Q47 I identify my gender as

Answered: 3,609   Skipped: 279
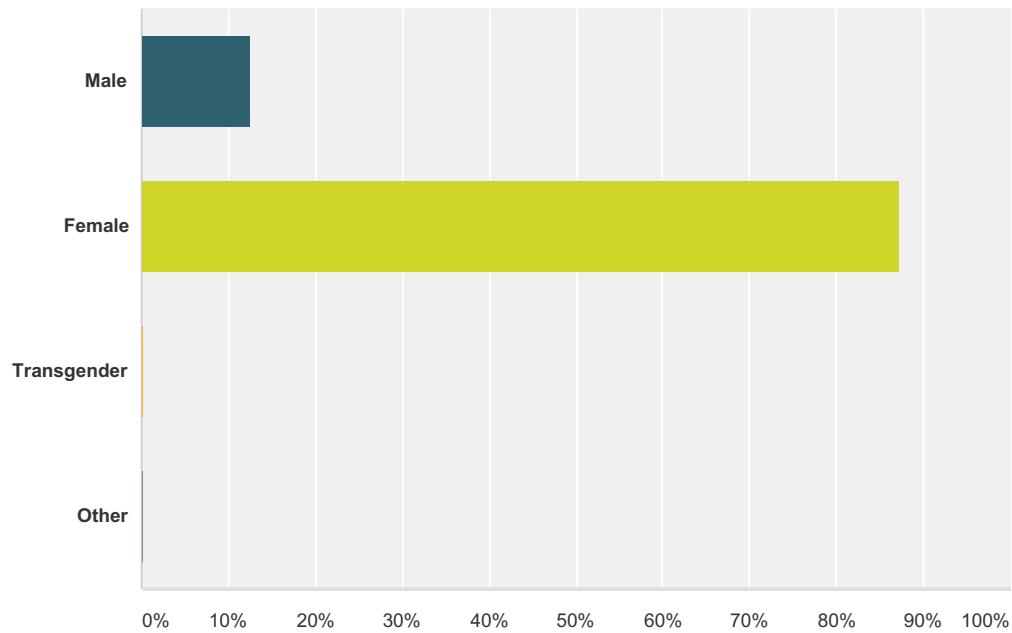
Answer Choices	Responses	
Male	**12.44%**	449
Female	**87.23%**	3,148
Transgender	**0.22%**	8
Other	**0.25%**	9
Total Respondents: 3,609		

Q48 I identify my race as

Answered: 3,567   Skipped: 321
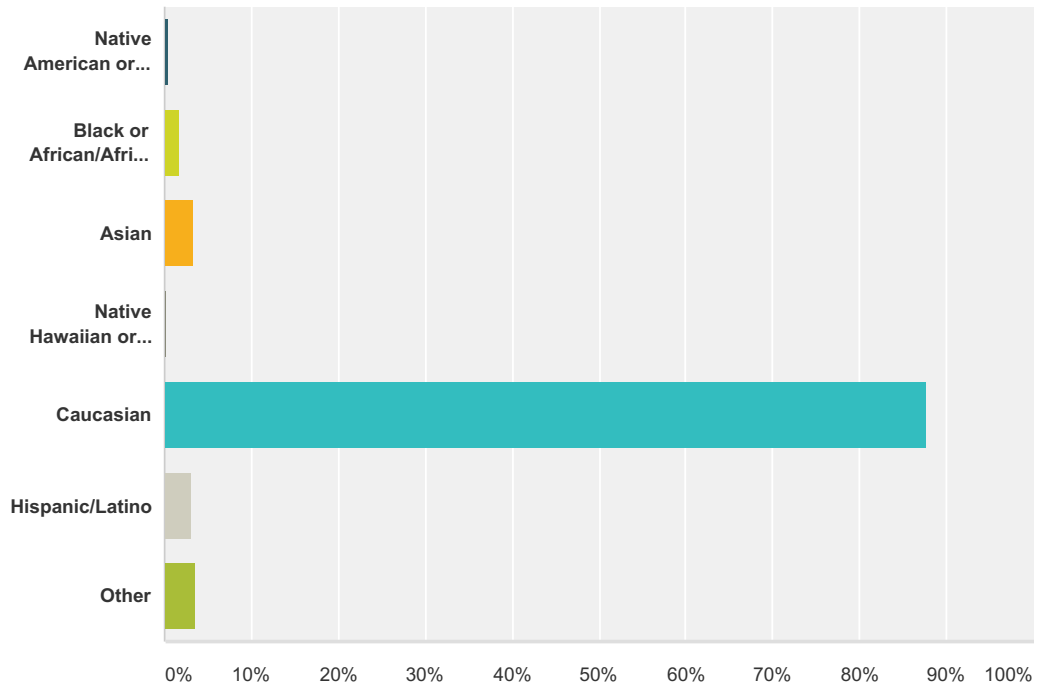
Answer Choices	Responses	
Native American or Alaskan Native	**0.45%**	16
Black or African/African American	**1.74%**	62
Asian	**3.25%**	116
Native Hawaiian or Other Pacific Islander	**0.14%**	5
Caucasian	**87.78%**	3,131
Hispanic/Latino	**3.03%**	108
Other	**3.62%**	129
Total		3,567

Q49 I identify my religious views as

Answered: 3,558   Skipped: 330
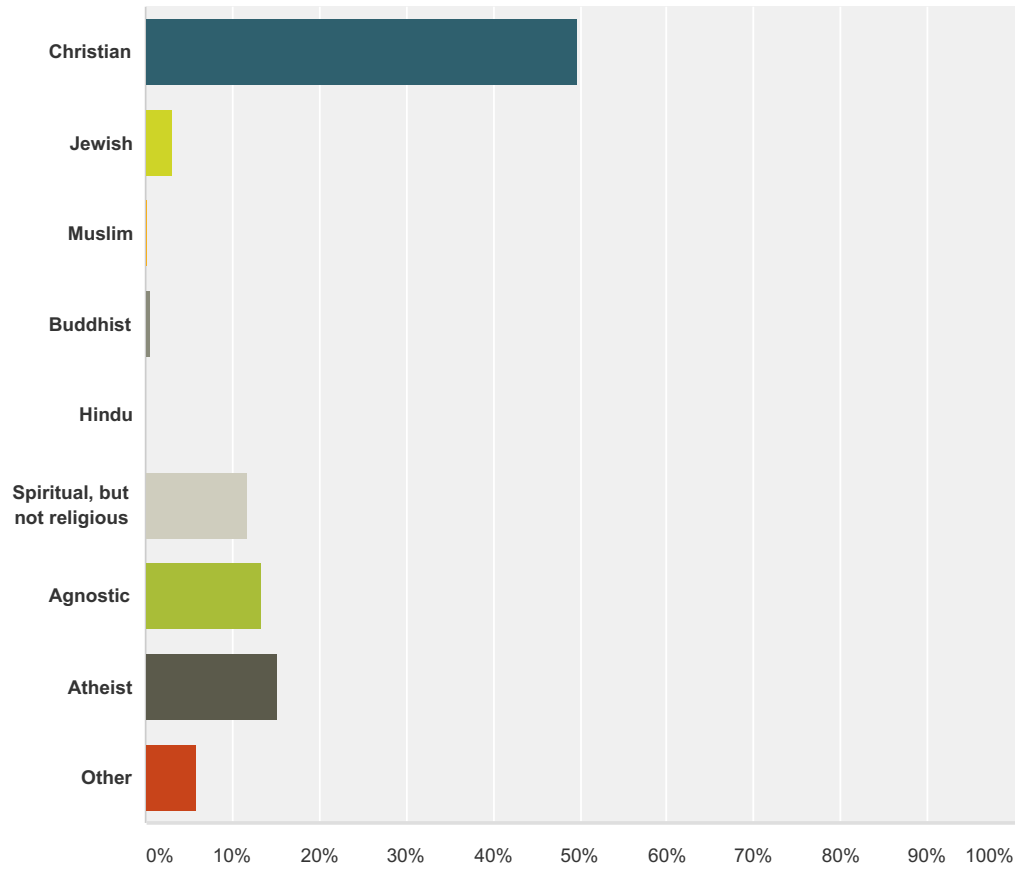
Answer Choices	Responses	
Christian	**49.78%**	1,771
Jewish	**3.18%**	113
Muslim	**0.14%**	5
Buddhist	**0.65%**	23
Hindu	**0.06%**	2
Spiritual, but not religious	**11.61%**	413
Agnostic	**13.46%**	479
Atheist	**15.29%**	544
Other	**5.85%**	208
Total		3,558

Q50 I identify my sexual orientation as

Answered: 3,606   Skipped: 282
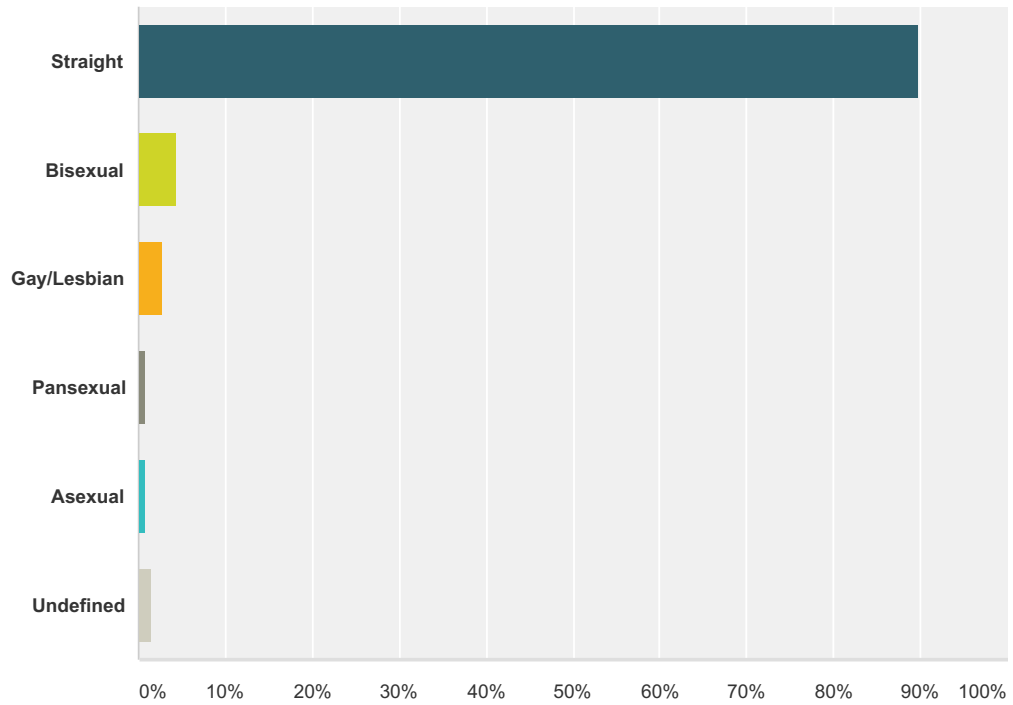
Answer Choices	Responses	
Straight	**89.74%**	3,236
Bisexual	**4.38%**	158
Gay/Lesbian	**2.75%**	99
Pansexual	**0.83%**	30
Asexual	**0.89%**	32
Undefined	**1.41%**	51
Total		**3,606**

Q51 My age is

Answered: 3,603   Skipped: 285
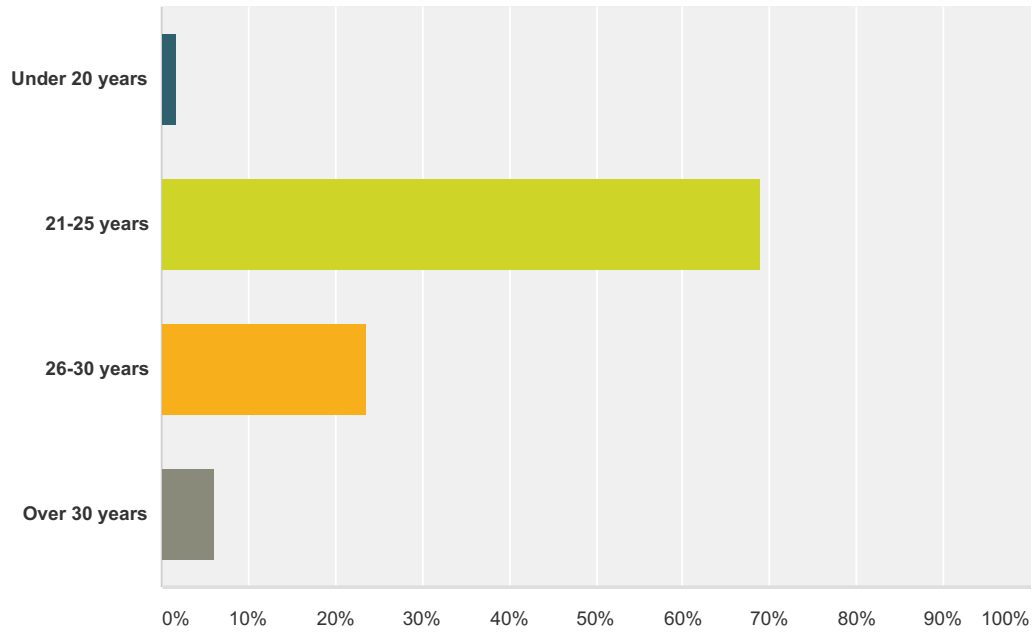
Answer Choices	Responses	
Under 20 years	**1.58%**	57
21-25 years	**68.80%**	2,479
26-30 years	**23.51%**	847
Over 30 years	**6.11%**	220
Total		**3,603**

Q52 My relationship status is

Answered: 3,613   Skipped: 275
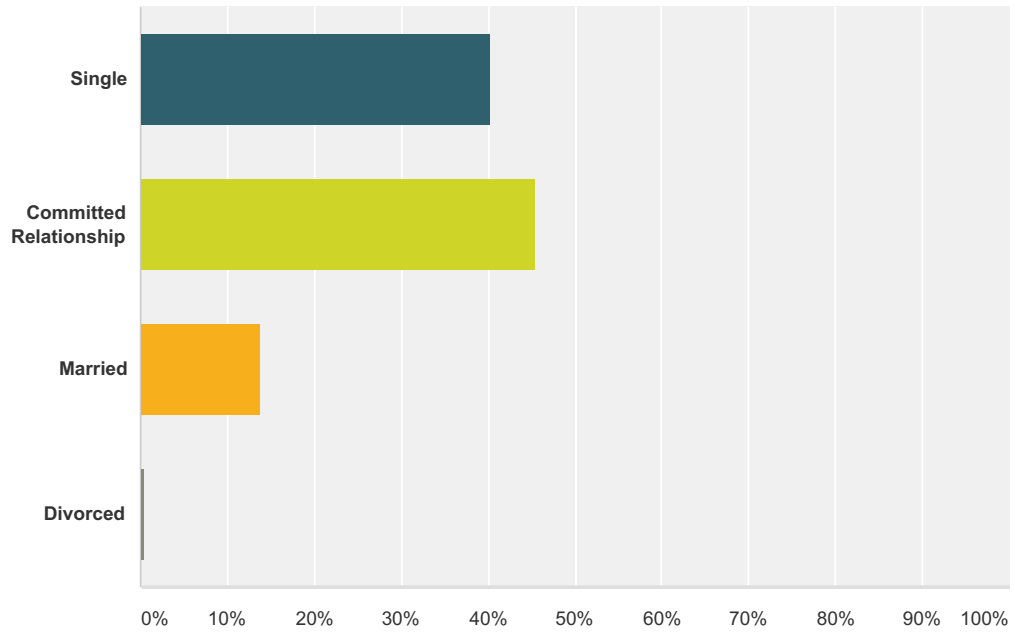
Answer Choices	Responses	
Single	**40.22%**	1,453
Committed Relationship	**45.53%**	1,645
Married	**13.76%**	497
Divorced	**0.50%**	18
Total		**3,613**

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Q53 I provide for and/or have parental involvement with the following number of children:

Answered: 3,614   Skipped: 274
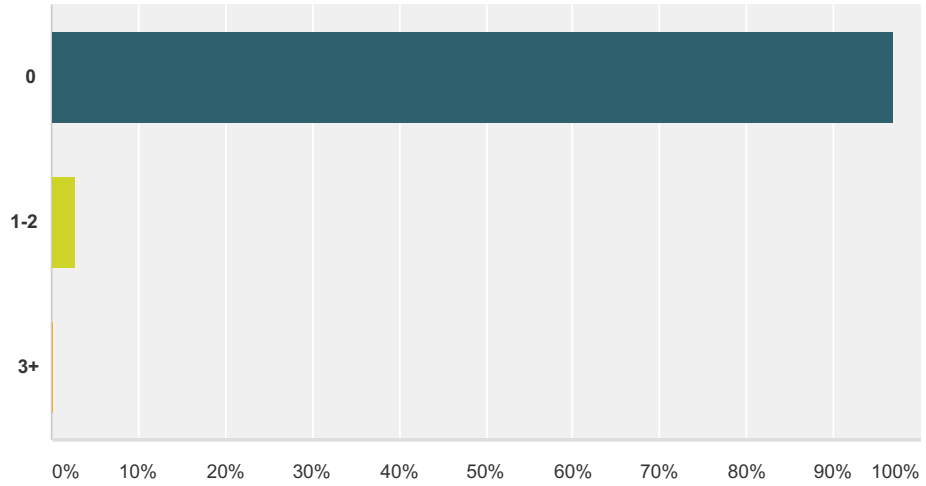
Answer Choices	Responses	
0	**96.96%**	3,504
1-2	**2.79%**	101
3+	**0.25%**	9
Total		**3,614**

Q54 My estimated student debt load at the time of graduation from veterinary school will be:

Answered: 3,581   Skipped: 307
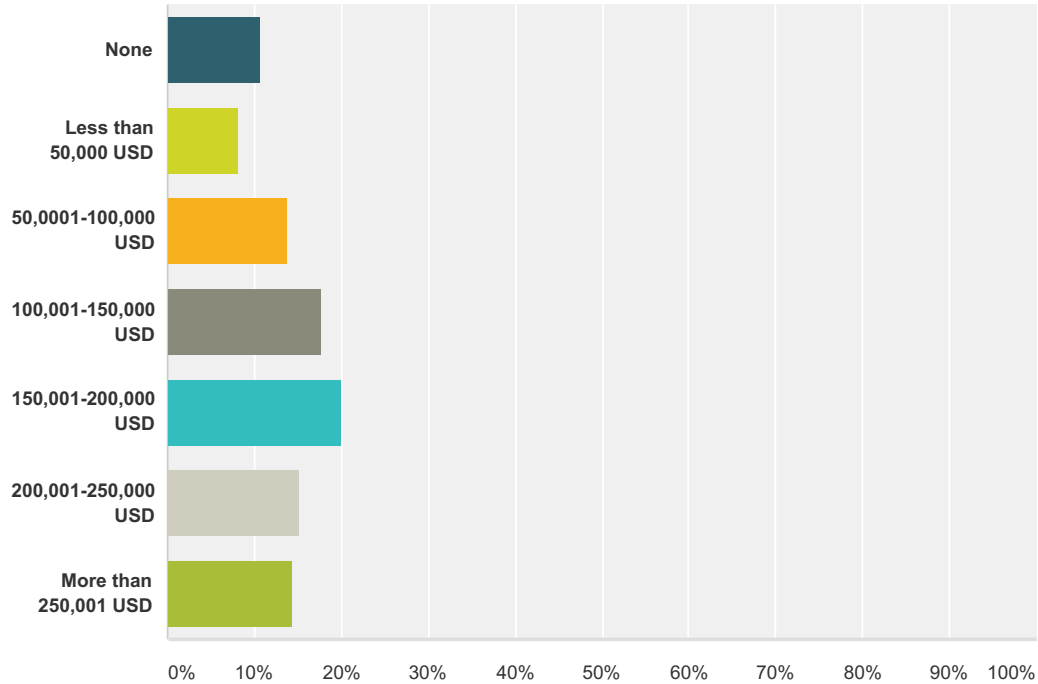
Answer Choices	Responses	
None	**10.61%**	380
Less than 50,000 USD	**8.10%**	290
50,0001-100,000 USD	**13.74%**	492
100,001-150,000 USD	**17.79%**	637
150,001-200,000 USD	**20.13%**	721
200,001-250,000 USD	**15.16%**	543
More than 250,001 USD	**14.47%**	518
Total		**3,581**

Q55 I have a personal history (suspected or diagnosed) of

Answered: 3,215   Skipped: 673
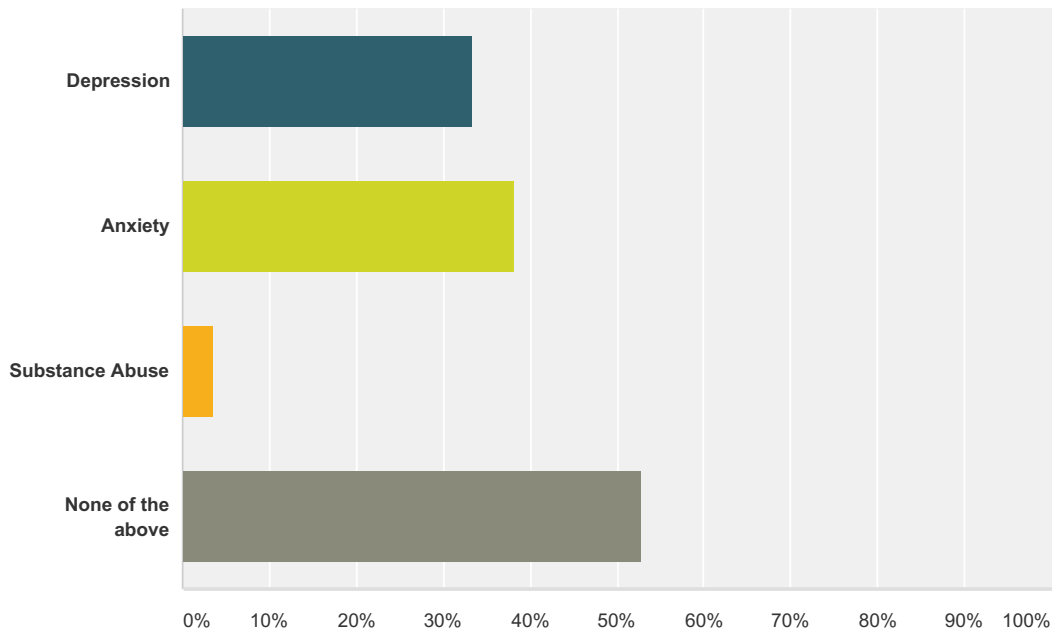
Answer Choices	Responses	
Depression	**33.34%**	1,072
Anxiety	**38.29%**	1,231
Substance Abuse	**3.61%**	116
None of the above	**52.91%**	1,701
Total Respondents: 3,215		

Q56 I have a family history (suspected or diagnosed) of

Answered: 3,197   Skipped: 691
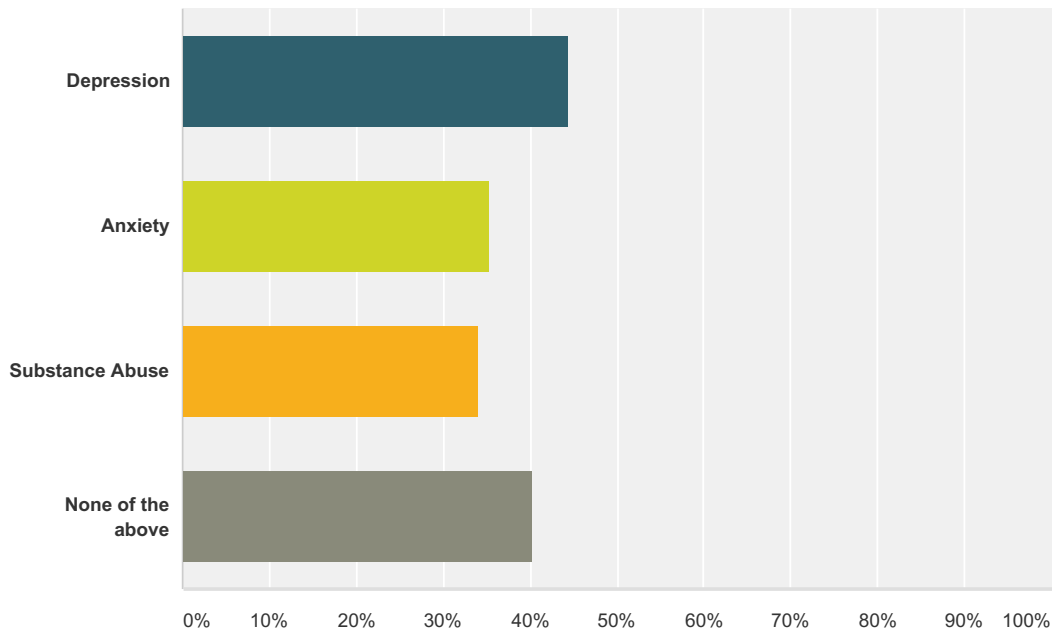
Answer Choices	Responses	
Depression	**44.42%**	1,420
Anxiety	**35.28%**	1,128
Substance Abuse	**34.09%**	1,090
None of the above	**40.26%**	1,287
Total Respondents: 3,197		

Q57 I currently take medication for the following diagnosed conditions:

Answered: 3,206   Skipped: 682
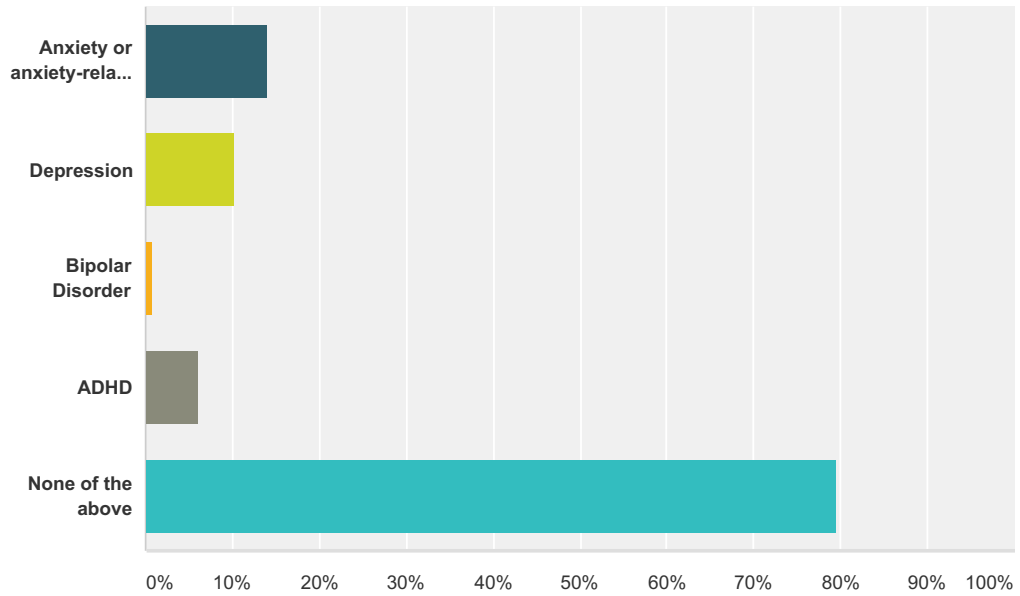
Answer Choices	Responses	
Anxiety or anxiety-related disorders	**13.94%**	447
Depression	**10.17%**	326
Bipolar Disorder	**0.90%**	29
ADHD	**6.14%**	197
None of the above	**79.54%**	2,550
Total Respondents: 3,206		

Q58 I am currently in a

Answered: 3,633   Skipped: 255
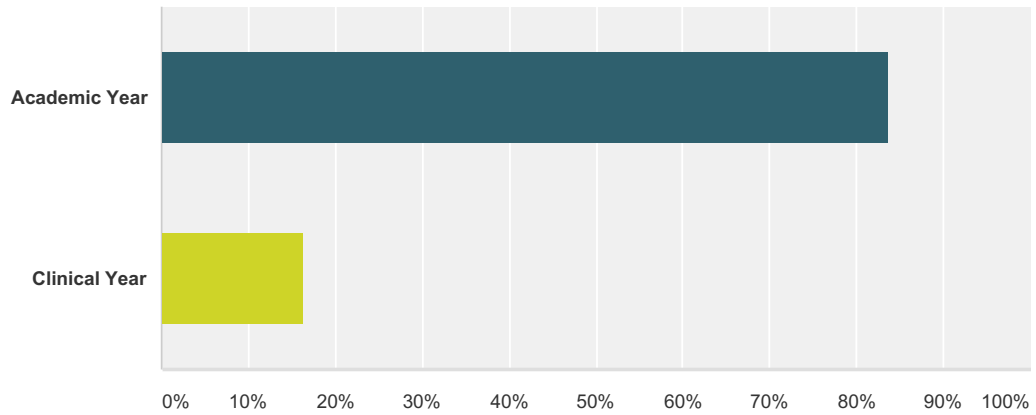
Answer Choices	Responses	
Academic Year	**83.79%**	3,044
Clinical Year	**16.21%**	589
Total		**3,633**

Q59 During my clinical year, the average amount of hours I work each week is:

Answered: 604   Skipped: 3,284
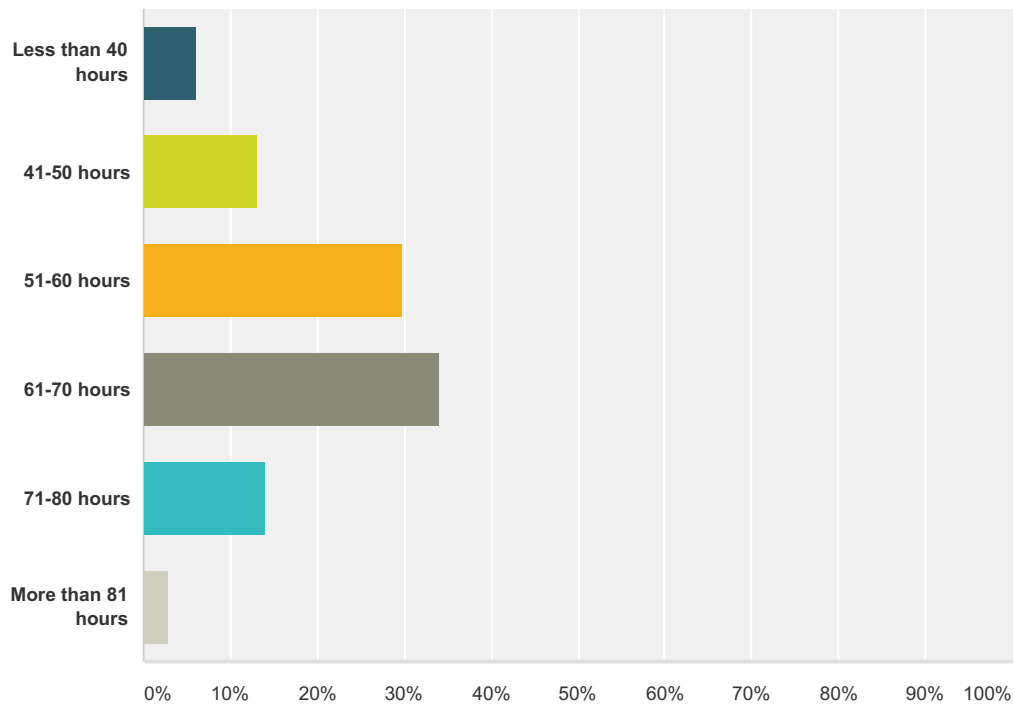
Answer Choices	Responses	
Less than 40 hours	**6.13%**	37
41-50 hours	**13.08%**	79
51-60 hours	**29.80%**	180
61-70 hours	**33.94%**	205
71-80 hours	**14.07%**	85
More than 81 hours	**2.98%**	18
Total		**604**

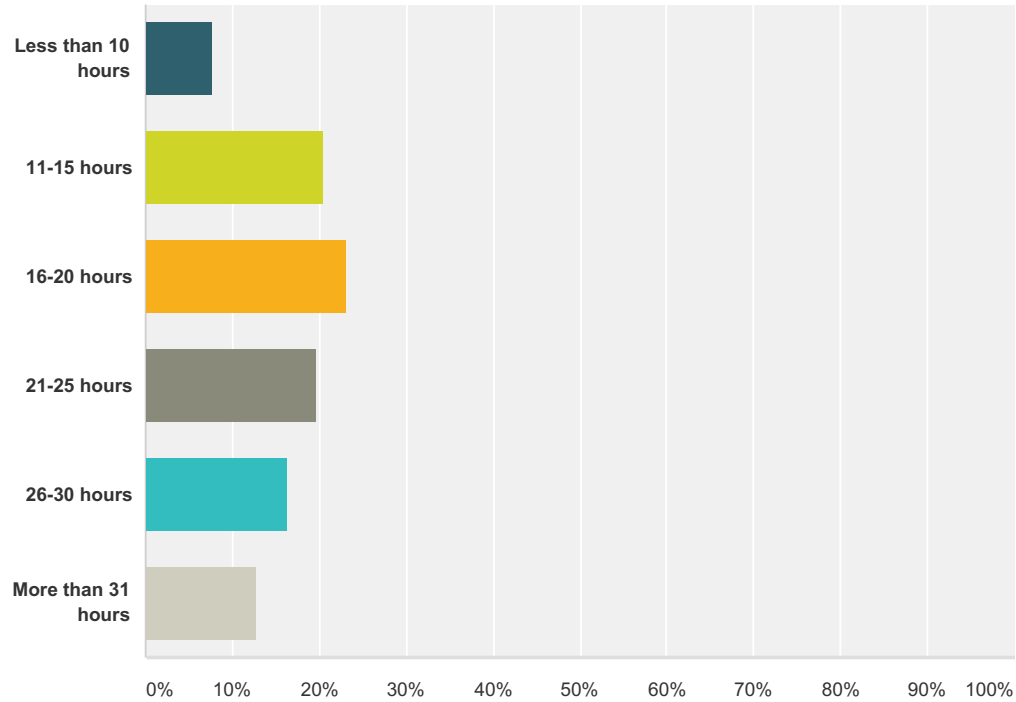## **Q60 During my clinical year, what percentage of my rotations require a work week greater than 60 hours per week?**

Answered: 583   Skipped: 3,305
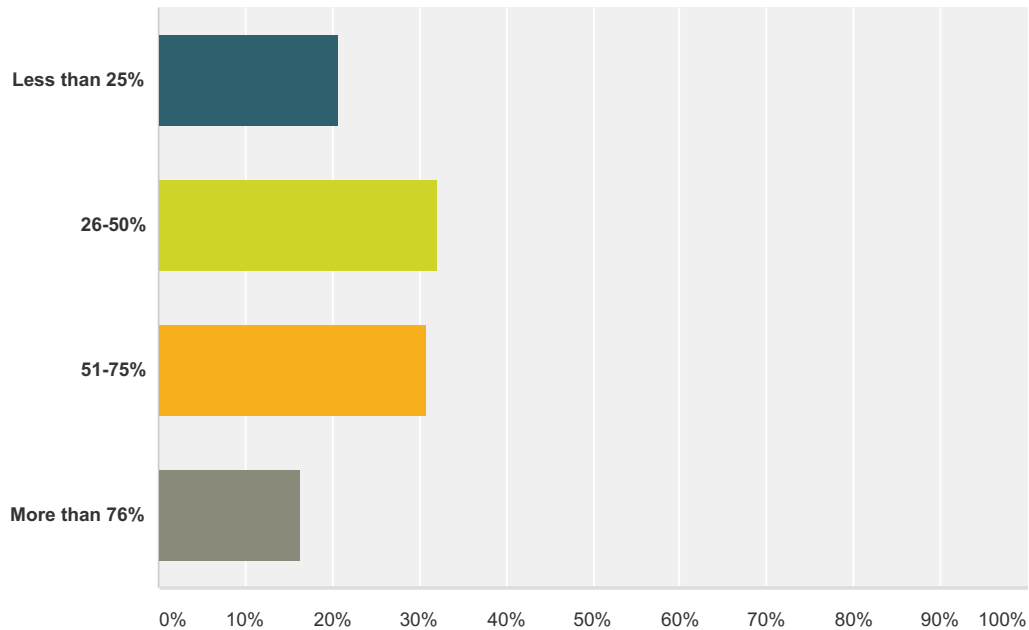
Answer Choices	Responses	
Less than 25%	**20.58%**	120
26-50%	**32.25%**	188
51-75%	**30.87%**	180
More than 76%	**16.30%**	95
Total		583

## Q61 On average, how many hours per week do I spend studying for veterinary school outside of class?

Answered: 3,636   Skipped: 252

Answer Choices	Responses	
Less than 10 hours	**7.65%**	278
11-15 hours	**20.38%**	741
16-20 hours	**23.24%**	845
21-25 hours	**19.72%**	717
26-30 hours	**16.34%**	594
More than 31 hours	**12.68%**	461
Total		3,636

Q62 On average, how many hours per week do I spend in extracurricular activities? (clubs, leadership roles, company representative positions, etc.)

Answered: 3,634   Skipped: 254
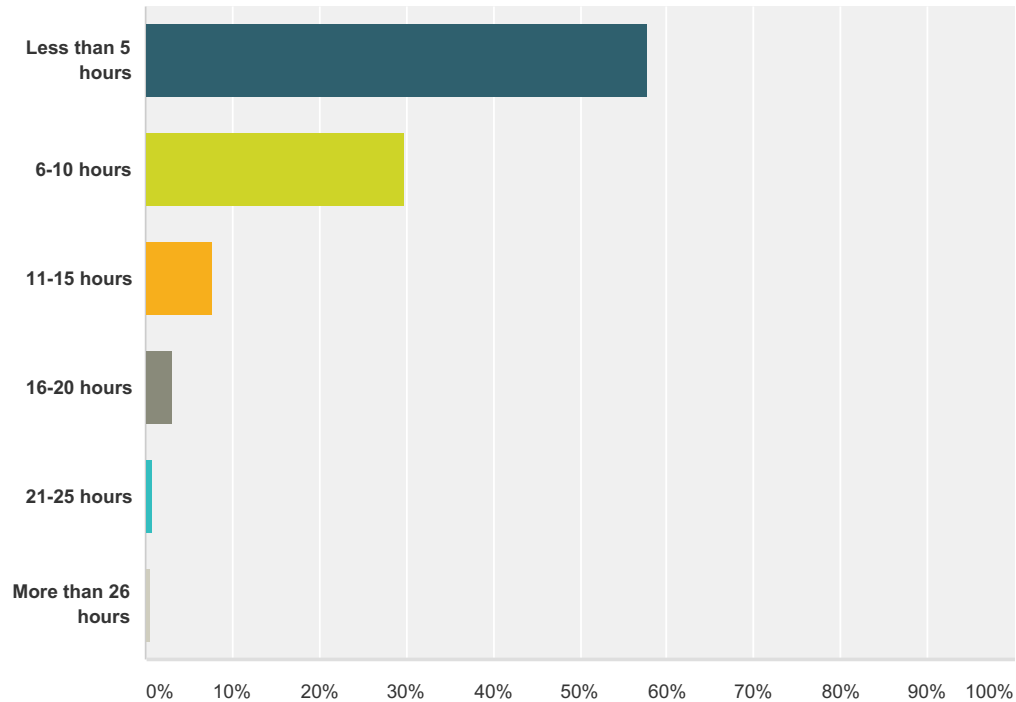
Answer Choices	Responses	
Less than 5 hours	**57.93%**	2,105
6-10 hours	**29.83%**	1,084
11-15 hours	**7.79%**	283
16-20 hours	**3.19%**	116
21-25 hours	**0.74%**	27
More than 26 hours	**0.52%**	19
Total		**3,634**