

Penultimate Throws Event - Sat. Sept. 14, 2013 - hosted by Ocean Athletics

Hammer												Best
3kg	W65-69	Rose	Hare	Kajaks	4845500	29.83m	27.22m	X	30.12m	27.62m	X	30.12m**
		** pending Canadian W65-69 record										
5kg	M16-17	Ben	Ingvaldson	Ocean Athletics	9641537	X	X	X	X	44.04m	X	44.04m

Discus												Best
750g	W11	Nikki	Duschene	Ocean Athletics	278808	27.19m	28.18m	26.47m				28.18m
750g	W11	Angela	Peters	Ocean Athletics	231624	22.35m	20.77m	20.73m				22.35m
750g	W11	Samantha	Ogbeiwi	Ocean Athletics	273223	20.22m	17.56m	18.76m				20.22m
750g	W12	Dollyy	Gabri	Ocean Athletics	139049	28.41m	32.93m	X				32.93m
1kg	W65-69	Rose	Hare	Kajaks	4845500	23.40m	24.10m	22.73m	23.99m	23.44m	23.79m	24.10m
1kg	M14	Connor	Sinclair	Ocean Athletics	9925901	37.58m	35.34m	35.98m	X	32.16m	X	37.58m
1kg	M15	Nolan	Schnieder	non member		31.78m	29.21m	X	X	X	28.63m	29.21m
1.5kg	M16017	Ben	Ingvaldson	Ocean Athletics	9641537	45.72m	X	X	X	44.19m	X	45.72m

Shot Put												Best
2kg	W11	Nikki	Duschene	Ocean Athletics	278808	9.23m	9.85m	8.75m				9.85m
2kg	W11	Samantha	Ogbeiwi	Ocean Athletics	273223	7.65m	7.82m	8.46m				8.46m
2kg	W11	Angela	Peters	Ocean Athletics	231624	7.60m	8.35m	8.33m				8.35m
3Kg	W12	Dollyy	Gabri	Ocean Athletics	139049	9.49m	9.84m	X				9.84m
3kg	W65-69	Rose	Hare	Kajaks	4845500	8.05m	7.75m	8.34m	8.43m	8.26m	8.24m	8.43m
2kg	M9	Michael	Ogbweigi	Ocean Athletics	447027	8.77m	8.57m	7.81m				8.77m
4kg	M14	Connor	Sinclair	Ocean Athletics	9925901	12.25m	11.73m	X	X	11.94m	X	12.25m
5kg	M16-17	Ben	Ingvaldson	Ocean Athletics	9641537	15.09m	14.76m	X	X	X	14.36m	15.09m