

DARE TO CHART AND TRACK YOUR SOUL'S 2ND JOURNEY.

A SOUL'S GUIDE FROM CONCEPTION TO DEATH.



GRIECO TOMMASO

DARE TO CHART AND TRACK YOUR SOUL'S 2ND JOURNEY

ORB, NUCLEUS, FATHER, HOLYTRINITY

HOME	#10 HEAVEN, BRILLIANT WHITE			
	9.9+ BRIGHT WHITE, TIRAMISU			
BIRTH	9.0 +SUMMIT/PLATFORM +			
SOUL'S	8.9 + SOFT			+
DEGREE	8.0 + WHITE++			+
OF	7.0 +	+	+	+
LIGHT	6.0	x	x	x
	5.9	x	x	x
	4.0 AMBER	x	x	x
	3.0 LIGHT	x	x	x
	2.0	xx	x	x
	1.0	x		
	.01 DARKNESS TO 0. NO LIGHT			
AGE	3/4318 212730404550556063			

TOMMASO GRIECO

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DEDICATION

*This book is dedicated to our BVMaria.
I hope that her Graces will be poured out to all that pray to her as
she has for my family's 2nd and 3rd Journeys.*



PREFACE

“The Soul is willing but the flesh is weak.” What do these infamous words of Christ mean? That our Soul can function apart from our body/flesh? That the two exist although one can pull apart from the other? That our mind, free will, can operate in our brain or outside of our brain? This book will explore these mysteries and many more concerning our Soul’s Heart and Mind in our body/flesh.

We have learned in science that as human beings, our brain emits an estimated measurable energy to be able to light up a 25 plus watt bulb .Hmmm, image that! Unknown to scientists is that the Energy is of Spiritual Light and of the Soul’s Mind working in the brain. Questions? What Energy? From what Light? From where? From whom? You see, the problem with us modern scientists and humanity as a whole is that we discover such phenomenon but cannot explain it. Our answer? We do not know!

Well, I believe that I have an answer. This Energy is a Spiritual Light Force, one that each of us are given at conception. I believe that what we are blessed/graced with is from ISL, Intellectual Spiritual Light. I believe that it is from this Source that all Light comes from, Natural and Spiritual. I believe that it is this Light within us, which started as a Spark, ignited and got us started into our 1st Journey. This magnificent Light is Spiritual and yet able to be detected through modern equipment in the body’s brain and heart. This discovery is a wonderful accomplishment for humanity. The Light Energy is centered within our Soul’s Heart and Mind but not fully understood by scientists.

The Renaissance painters had it right all along 500 plus years ago, in painting a Halo around the heads of some of the figures they painted. Imagine that! Furthermore, I believe that this Flame needs to grow within us. This occurs when our small Flame receives Oxygen from the Holy Spirit. How does this happen? Study the chart on this

book cover. The 2nd Journey is a climb up to the summit of Spiritual Knowledge and Wisdom. This climb includes all that any steep mountain climb would include. In being tested, at times even in misery, in Charity, in Love, we grow up into Light, as high as 9.99 on our summit platform.

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INTRODUCTION

Do we even have a Soul? In these modern scientific times, we could be such skeptics. We are educated people, scientific people of theories and hypotheses that have to be proven. Without it, could this book have legs to stand on? So, what proof? Are the images of human figures on negative films taken in a cemetery at night proof? Are people who have had out of body/flesh experience proof? Are witnesses who were in a physical coma observing what was occurring on themselves in the emergency room proof? Are the spiritual ghosts of departed ones returning to pay us a visit proof? Are witnesses that got a glimpse of all three 3rd Journeys proof? Are the living Souls of living saints apparitions, at times in multiple places, proof? Are the apparitions of Angels of Light to a few of us proof? Are the appearances of satanic spirits, those of evil darkness proof? Are the apparitions of our Blessed Virgin Mother Maria proof? Was the Spirit/Soul of Christ returning to be united to His Body/Flesh on the 3rd day after being put to death proof?

We will explore these areas throughout this book. We will have examples that are proof for those of us that have Faith. For those of us that are close-minded and close-hearted perhaps we need our own experiences as proof. Let us keep in Mind though that, as a closed Heart is not capable of receiving or giving Love, so also a closed Mind is not able to receive or share the Light of Spiritual Knowledge. Hence the dumbfounded that wander aimlessly in their 2nd Journey.

This whole book, as you will discover, has to do with Light. Natural

light yes, but more importantly, the Spiritual Light of our Souls. We will see that through our knowledge in Physics, that all is made of Light in our metaphysical world, even that of our flesh/body. This should help us open the door to Spiritual Light, the Knowledge within that Spiritual Light for our Soul's Mind. Our Soul is of Light from the Source of Light, that constantly needs the Holy Spirit to pull us through the 1st and 2nd Journey, into our 3rd Journey.

I write we because I am a small part of the equation, just a minor messenger that is attempting to do my best in writing this book. I have tried my best to put all that I have been given into words, into language for all age groups to understand. It has not been easy. So, this book is an invitation, a dare, a challenge, call it what you will. I think of it as a sharing of Grace.

The planning of this book probably started with my conception. I am just a trivial messenger, a vehicle. At the same time, I could not have written it if I did not believe in the contents. Writing this book has helped me in my own Journey, true, but the real reason is for the sake of those of us seeking answers to questions of our Soul's Mind. It is for all of us trying to understand the process in our Soul's climb to the summit of our chart as is the one on the cover of this book. Reading this introduction, you are probably beginning to have questions. This is a good start. It is good for us to question ourselves now and then. Such as, Where have I been? Where am I? What do I have? What do I really want? Where do I want to be? Do I even know where I am going in my Journey? Do I feel regrets in my life ?

I will attempt to make this book as easy as possible to follow, especially for those in their early teens. I remember full well the difficulties of those years and how I had so many questions but no adequate answers. This is the reason for the dare in the title. As teens, we appreciate a challenging dare. So, I dare anyone who has picked up this book to read through it. It does not matter if you are a practicing Hindu, Muslim, Buddhist or Jew. It does not matter if you are Christian Roman Catholic, Christian Russian or Greek Orthodox or

Christian Protestant. It does not even matter if you are atheist or agnostic. Please just try to read it before slamming it down. Of course you should not judge it until you are done with it. Afterwards you can critique it as you wish. This is my challenge to you, to challenge yourself.

Those of us that are older know that there are various stages in our Life's Journey that includes hardships and so many burdens. For the young, those of us still in middle school, who are willing to read this book, it is harder, much harder trying to understand stages that have not yet occurred. We need the experience. This is my greatest hope of all, that middle school children, could be spared as teenagers some of the burdens and unnecessary hardships of life if possible. Life is full of trials. I have had my share for sure. Writing this book has been one of them.

The intention of this book is to simplify the various stages and why we have them. More important, how best are we to deal with them? After reading this book, the reader should be able to chart and track their own Soul's Journey and know where he or she is now. This requires a little self quiz, but we will get to that later in this book.

In this 21st century, we know what is required of us to maintain a healthy body/flesh. We know that the right nutrition, sleep and reduced stress helps our development. This is all good. The question is, what about the development of our Soul? We will learn that the two, body/flesh and Soul are One and at the same time, also that the day will come when they will separate for a time.

This book will take you from conception to the death of the body/flesh and hopefully beyond. As you can see from the chart on the cover of this book, I believe that we all have at least three Journeys. The 1st starts at conception and ends at our birth. The 2nd starts at our natural birth and ends at the death of our body/flesh. This is the one that we will focus on the most. As the 1st determines the 2nd, the 2nd determines our 3rd Journey. We will go into all three. We will

learn also that with all that we do in our lives, it all has to do with our eventual 3rd Journey, whether we like it or not, whether we accept it or not.

This book has been the most difficult and challenging part of my 2nd Journey. It has asked me to COMMIT, DEVOUT, SACRIFICE and be RESPONSIBLE for the GRACES that I did not deserve yet received. I had forgotten about the important VIRTUES of my youth. Or, I should say, chose to put them aside. NO, this book is not about feel-good-only experiences. It is so much more than that. On the contrary, this book is all about the graphs inside and on the front and back book cover. This book will try to explain what it takes to climb up to the summit of Spiritual Knowledge and beyond. It is about what is needed of us to be pulled up, Tira Mi Su , into #10 , the Heavens.

Most graphs speak for themselves. But, when dumbfounded, as so many of us are, it needs to be explained. As an example, take the way that most of us have changed from our childhood due to the loss of innocence and Spiritual Light. Remember how as children we would hate for an intruder to come into our home and break up our family? Some of us as adults have become that intruder. From the summit, we see clearly each point where we lost Spiritual Light.

Yes, the summit in this book is comparable to a metaphysical summit on a high mountain. Only here it becomes our Soul's summit. The #10 is Heaven, one of three destinations for our Soul's 3rd Journey after the death of our body/flesh. Position 6.0 to 9.99 in the degree of our Soul's Light is purgatory. Position .01 to 5.99 is hell. The time periods, the degrees of Light, as we travel our 2nd Journey are started and better defined after we take our quiz in chapter 3. Our chart starts with our short 1st Journey but will quickly shift us into our 2nd Journey. I will explain more about each Journey in the chapters.

All that is in the following chapters of this book hopefully are within the Standards, Laws and Order of the Roman Catholic Church and the Gospels in the New Testament. If not, I stand to be corrected.

I sense that all that has been created has become polluted and defective to some extent. Yet, none more than humanity ,through which evil works. We cause all other forms of life to suffer in the process. How are we to change the current events that have caused so much harm to ourselves, to others and all forms of life on this wonderful earth? That is what we need to explore. I feel a sense of relief now that this book is done. From here it is mostly out of my hands. How it will affect its readers is hard to ascertain. I have done my part. The rest is up to the readers and the Holy Spirit. We can only hope for the best, whatever that may be. Regardless, tomorrow holds promise of a better life ahead for those of us that live our 2nd Journey in Faith ,Hope and Trust in the Holy Trinity. A 3rd Journey of Heaven is one without pain and suffering, one without regrets of memorable sins, a relief—this is what I believe, this is what I live for.

I am wishing that this book may be of a little help to at least a few of the 7 billion plus people currently on this planet. This in itself will be compensation for all of the time and energy that went into the book. I am also planning on giving to Saint Don Bosco Charity, my choice, 70 plus percent of all royalties present and in the future. All Graces, as we will learn, need to be shared. I also hope that after reading the book, readers will pass it on to others rather than put it on a bookshelf collecting dust. I also believe that it could become a gift, especially for our youth to read.



THE BEGINNING—LOVE—MARRIAGE— SEED—EGG—CONCEPTION—MOTHER— FATHER—OUR 1ST JOURNEY STARTS.

The beginning for all of us starts at our conception. For that, historically and traditionally, we needed a father and a mother. Today, much has changed, a little for the better, a lot for the worse. Man and woman, absolutely without any doubt whatsoever are the highest form of living art on earth. In all of creation, there are no masterpieces of life greater, the 3Ns: Nothing, Niente, Nada in the entire cosmos is our equal.

Meditate and Reflect on what we have done and continue to do with this art form. From ancient times to current times, study how often we have caused ruin and destruction of this art form . This is one of the greatest tragedy of tragedies. I will not get into who our first parents were or how they came to exist in Creation, although we geneticists have traced humanity back to one person, one man, Adam. You could study Genesis if you wish to. I think that we have enough to deal with in ourselves in our modern age.

To start with, let us think of our beginning at conception as one in an incubator, that of our mother. Even here we start having issues of the beginning, our beginning. The beginning of our human anatomy, physical body/flesh, our Soul and Spirit that sustains us is in constant debate although, it should not be. It is because we do not want to face the consequences of our Choices. From here on out when I write the 3Cs, it refers to the Choices, positive or negative of our free will, the Consequences, positive or negative in the tests that are the results for us, and Conditions that we have to endure in losing or gaining Light in

our Souls. Again, to continue, we look for excuses for negative results, Consequences, to try to justify our Choices/actions. We even bring our issues into the U.S. Supreme court, although I don't see anything supreme about the nine members. These nine so-called supreme justices hide behind the Constitution of America but should not have any moral authority over us. They think and vote as if they do.

So often, they also are playing politics with those that put them into their position. A vote to abolish them and let individual Republic States deal with their own Moral issues could be best for all. Think about it—we liberal New Yorkers are not the same as those of us from Moral-conscious Utah or conservative states. Each state should have the right to its own Constitutional State laws by the voters. I believe that a grassroots movement needs to be started to that effect.

I believe that, as children, we start and consist of three parts: Divine Spirit, our Soul and our body/flesh. All three may very well come from the seed of man, having been instilled there since our Omega man. All three originated in Spiritual Light with man entrusted ,with woman, to help reproduce new life. Notice that I wrote help to, not make new life in babies as some of us think. The same holds true of making Love. NO, we do not make Love, like making wine. Rather, man gives his Seed, that contains Life/Light with Love, also of Light, if we have Love , to woman. In return , men accept Love/Light, if we know how, from woman. We in ourselves make nothing, again the 3Ns: Nothing , Niente , Nada. All is from Grace/Light. We are most often undeserving yet given a part in the process of procreation. Yet here also we find ways to make a mess. This Seed of man is the most precious of seeds on earth, making the Seed also Holy. Even ancient civilizations believed in this. It should come as no surprise that when the Seed of man is wasted, defiled as in the case of pop culture, that mankind is degraded , after losing Grace/Light. But the Seed of man is of no value without the egg of a woman. Hence the importance of marriage between a man and a woman, elevating the institution by Christ to the highest ever. The bond is Holy. NO, not man to man, not woman to woman as in current corrupted pop culture.

As mentioned, I believe the human Seed to contain Spirit , that Spark of Light from our Creator for our Soul and our body/flesh. It is this Spark within both mother and child that sustains them—both the metaphysical body/flesh and their Souls. We are all children of Spiritual Light and only Spiritual Light sustains us all.

From the start, our Soul is perfect as Light is perfect. The metaphysical, our body/flesh being genetically inherited is imperfect, hence the innocent Soul of a child. But both need each other to develop and grow. Our character, our personality is genetically inherited. In Love, the Seed of man and the egg of woman are united as was intended by ISD, Intellectual Spiritual Design . We have tried to change this, with devastating results for all concerned. Note that the word coupling itself means male/female. As male threads into female threads and not two male or two female. We were created to be so. Our Creator could have easily created us to be unisex, we were NOT!!!

We already know that the seeds in nature could also be defective. Humanity is no different. Both work in similar ways: the seeds of nature needing all the natural elements to germinate and grow, we at conception needing all the elements of our natural mother in order to do the same. We will understand later how our free will distinguishes us from all other seeds. A good question to meditate on is this. Could Life, Spirit be withdrawn from any forms? Think about this, think about all of the species that we, humanity ,have caused to become extinct. Could the same happen to us? The answer of course is YES . All that has to occur is for that Spark, that Flame within our Soul to be disconnected from our Source. We will also learn more on how this could come to be.

We are not only flesh and blood, not only physical heart and brain with all other body parts. NO, we are so much more than that. We all also have from conception a Moral Imprint on our Soul's Heart as our ID and a Moral Voice instilled into our Spark.

I think of our Soul as having an Imprint on it, to be known and

recognized at all times during our 1st and 2nd Journey. Note on the chart that I placed conception at 9.99 in degree of the Soul's Light. There is a reason for this. The reason being that I believe that a child during conception is borderline between Heaven and earth. This has never changed in all humanities' history. In the Imprint are the mysteries to man and woman, and the many mysteries to our future. The Seed of man is not fully understood. The egg of woman is also not fully understood. But do we need to spend so much time, resources and energy on what was designed to be simple ? Apparently we think so.

There are literally thousands of mysteries in the cosmos, but none raise our curiosity as that of human life and rightly so. I believe also that all forms of life from plants to trees, sea life to all land life all contain a degree and form of Spiritual Light. If only we were able to communicate with them all. So many mysteries—for example, is it understood that all seeds, when suffocated die? An example of this is putting plant seeds into a sealed jar. In time the seeds die. Seeds need to be planted in mother earth in order to reproduce. So also, the Seed of man when not cared for, not treated as was intended becomes wasted. It should be noted that human Seed disintegrates when used for the wrong reasons. The full mysteries of man's Seed may remain a mystery to us until our 3rd Journey. Again, who as a whole has stressed out all forms of life on earth? Yes, humanity has and continues to do so. Not only that, we stress ourselves out even more so in the process. Study history to see what we have done to humanity. We have starved, imprisoned, enslaved, poisoned, executed and even buried people alive. Are there bad Seeds? Are we bad Seeds?

One of the major responsibilities as parents starts way before conception. This as we will discover actually becomes a serious part of our 2nd Journey. This part of our 2nd Journey is what will affect our child in their 1st and 2nd Journey both. Sexual intercourse between a man and a woman is or should be much more than lust and physical pleasures of the body/flesh.

Before continuing to conception, have we ever stopped for a moment

to meditate on this one most important aspect of conception, fertility? Few, so few of us, ever think about it until the time comes that we find out that as a married couple, one and sometimes both are infertile. For that 10% of married couples this seems like the end of the world. Before we found out, we never really stopped to give this much thought. In other words we never stopped to consider that maybe, just maybe we are in that 10% bracket that is, by the way, increasing due to our lifestyle. What was worse, we took conception for granted. The majority of us never even stopped for a few moments to pray for a healthy child. The Holy Spirit works in mysterious ways that have little to nothing(the 3Ns: Nothing, Niente, Nada) to do with our scientific or medical professionals. Those of us honest enough will attest to this fact.

At this point I think that all of us should reflect back. Were we really ready to be a part of the Creation process? Sad to say, and we should not be surprised, that a large percentage of us are not.

I recall a fictional story of the future, where humanity was incapable of reproducing. Everything else was possible through modern technology except conception! Scary thought is it not? Could this ever actually come to be? Just the thought of it is depressing. We take so much for granted. Few of us are sincerely grateful. We really believe that we deserve Grace and that we are entitled to all gifts. Think again! We are owned , the 3Ns: Nothing, Niente, Nada . Seriously, for the most part we are selfish, self confident, self centered , the 3Fs: Foolish, at Fault, Failures in regard to gratitude. Sadly, pop culture has never been worse that I could remember. Who among us is sincerely appreciative? Who among us practices the Virtues anymore? Virtues? What were those again?

Is it possible that we are of bad Seed? We have a way to test ourselves in this department as well. Isn't science amazing ? Of course I am being sarcastic. Besides, if our DNA were to be from bad genes, what do we do with this knowledge? Do we even want to go there? Do we want to feel handicapped or inferior? My whole point is that we are

all born equal in Soul, in Spiritual Light. We are all given that Spark, that Moral Imprint for our Soul with which to work. The imperfections of our genetic makeup could be dealt with. In the exercise of our free will and help from all associated with the Holy Trinity, our Soul also could be helped as well.

We should begin to comprehend at this point the seriousness of our 3Cs: Choices, Consequences and Conditions of conception. What conception is NOT: 1. It is not freezing your eggs until you are past the prime years of your fertile life to conceive. 2. It is not ever degradation of the Seed of man. 3. It is not being irresponsible by trial and error. 4. It is not, considering abortion due to a mistake, as an option. 5. It is not, spermicides or other forms of Seed extermination. 6. It is not about a perfect child. 7. It is not about planning to give up your child for adoption unless under extremely difficult situations. 8. It is not about, race, religion or nationality. 9. It is not about simply a boy to carry the gene into the next generation. As we can or should see, it is more about eliminating the negatives and evils than anything else.

The Seed of man and the egg of woman are already under severe stress. Both have suffered from pollution and toxins. Both are in need of a healthy lifestyle. From the summit all of this is clearly visible. It is sickening to see and write about the abominations that are taking place in our so-called Christian Community regarding sex, the Seed and egg of man and woman. We need to remember that NO, we are not so deserving. A little humility might do us some good. Above all else, we need to remind ourselves that conception is, after our own body/flesh and Soul, the next biggest responsibility of all. We as parents take part in and help Create the 1st Journey for our children. One that will require a tremendous amount of work, time and money into their future. The job we do will help shape their 2nd Journey for better or worse.

What conception is about: 1 . Love, that Love that is within our Soul's Heart. Love from Love for the sake of Love. 2. Acceptance of all of the sacrifices associated with the responsibilities of taking part in the

process of Creating new Life. 3. Being sincerely grateful every day for all of the Grace bestowed on our marriage . 4. Having full respect for new Life. 5. Understanding that in this imperfect world we may have to deal with the imperfections. In other words, we may not receive what we desire. 6. Accept the fact that we may not be able to conceive. 7. Keep in mind that there are alternatives, adoption of kids needing loving parents. 8. Pray, to all associated with the Graces of the Holy Spirit . 9. Listen to your Heart's Voice as husband and wife.

For our child , for whom we gave so much of ourselves. He or she was not an orphan, not an outcast having to depend on the Grace of others to develop and grow properly. No, he or she is a part of ourselves. Stop, take a good hard look at him or her before they grow out of their childhood and teens. How have we done as parents? Have we given them what they really need for the rest of their 2nd Journey? It is only a matter of time before our children are no longer children but adults. Have we prepared them well? As adults we know what is out there, away from home. We know of all the dangers, the pitfalls and hopefully the unknown evil spirits of darkness. Are they ready to leave the safety of our nest? They were so dependent on us for sustenance and survival. If they leave the nest too early, they may not be able to take the hardships. If they stay in the nest too long, they will not fly.

When they were growing up, the years seemed to pass slowly. But here we are already with them in their late teens. Hopefully, we are grateful that they made it this far and in such good shape. We all know of families where this was not the case. We witnessed the tragic events.

They are anxious to leave: to college, to military school, just to work and be on their own. It is not really about an Ivy League college or any other university or job. NO, it is about who they have grown up to be as persons. Did we help them with discipline to become self disciplined ? Did we help instill in them a true sense of right from wrong ? Do they understand a good Moral way of life? Did we help them to be responsible citizens? Did we explain the importance of

the Virtues to live by? All these questions that we ask ourselves...Did we at least do a decent job of parenting? If YES, we should not worry. If NO, let us pray that the Holy Spirit of Light may watch over them and protect them throughout their 2nd Journey.

Those of us that have climbed to the summit are fully aware that at times our study in and through college could hurt us more than help us. At times it could easily become a false liberalization when it causes us to drift away from our core Values if we ourselves had them.

It could actually become a trap into believing that academics and science are all that we really need in life. This is a false enlightenment. The majority of college students tend to track lower during their college years. I was no exception. A few of us spiral down with excessive blood alcohol, drugs and sexual explorations. If we study the so-called party schools where students have funds to play with, we find that they are the worst.

We, of course, need to remember what insurance companies tell us, that our grown up child will not really reach maturity until the age of 24, if all goes well. Hmmm, but they are only 18, what are we to do? Probably the worst thing that we do for them is to get them faraway where in an emergency it would take hours to reach them. Let us face it, our child, no matter what age, will always be our child. Others may help out, but when not their own child, can we rest assured?

Because of immaturity, before the age of 24, risks are readily available and taken. We as adults recall those years and the stupid things that we did. Will our child be an exception? Maybe, but don't count on it.

Let us recall what we did during those years. And mind you that as grown-up adults, as parents, those years were conservative compared to the pop culture of today.

1st, Sex, I am not sure why but it seems that as soon as our children leave home, they seem to think that now they no longer need to

follow the Moral standards that we gave them. Or, is it that we failed to give them the right Moral standards to begin with ?

In America, the sexual revolution began toward the end of the last century resulted (again, the 3Cs: Choices, Consequences and Conditions), in a massive loss of Soul Light for most of the coming generations. Also, the current LGBT revolution and false liberalization of this century will turn out to be even worse. Again the 3Cs, for all involved. We will talk more about this in the following chapters. From the summit, we see that the revolution of the last century was a revolution against Morality itself. It was a revolution that basically said and continues to say, 'we do not want standards, we do not want to be decent human beings. We would rather be like basic animals that follow instincts. We were not created to become animals and follow basic body/flesh instincts. Hence, since that time period human sexual activities without True Moral Standards have lost the Light of Love. All sexual activity between a husband and wife was Designed, ISD, to be the fulfillment of Love.

It is important to note that the so-called sexual revolution in America took place in a supposedly Christian country. In Western traditional Christian Europe this false liberalization did not take place as badly. It is also ironic that in atheist communist China this sexual revolution did not occur at all. Only since opening its doors to the West and being influenced in negative ways towards sex ,has the marriage institution taken a hit there. So much for Western values and freedoms in these areas.

The 3Cs have been in play seriously since the sexual revolution in America. Remember that the 3Cs deal with the Choices of our free will, the Consequences of those Choices, and finally the Conditions that are the end result.

Take as an example a young girl that so easily gives up her virginity, often to someone that is a minor acquaintance. I always wondered why. Why the giving up of the most precious part of womanhood

often without Love? Was it the upbringing? Was it the false revolution? Was it the friends? Was it the parents who themselves were promiscuous? Was it the environment, the atmosphere of being away from home? Or perhaps, this may have started much earlier, say high school, even middle school?

As adults, as parents, we have witnessed the exploitation of our youth by advertising agencies, corporate America, clothing brands, lingerie companies, cosmetics companies, etc.

Every decade, we have seen these advertisers push the envelope, and lower the limits of what they are legally, even privileged, to get away with. What is worse is that we did not put a stop to it. Why ? Because we were a part of the problem. We bought into pop culture. We did not want to be seen as out of fashion, out of style, and out of date. So we went along. This is actually guilt by omission which we will get into more in later chapters.

Let us get back to why a young girl easily gives up her virginity to an insignificant other person.

The reasons are numerous: peer pressure, boyfriend pressure, insecurity, lack of self respect, lack of self discipline, lack of self esteem, lack of intimacy, lack of values, lack of control, lack of Light within her Soul's Heart and Mind. It should be noted that the last reason, had it not happened ,would have taken care of all the previous reasons and whatever else was added.

These are the pitfalls that teenagers have to face. They are enticed, persuaded, drugged, and under certain circumstances even raped. The scars on a young girl when these things happen go much deeper than her flesh and body, they scar her very Soul. As parents we never think that this will happen to our little girl; we are fooling ourselves. What is happening to our young girls in America is an assault from all sides from all sorts and none of them good, including the feminist front which has little to do with femininity. Only a solid foundation

based on strong Christian Moral Values of Light within them—within their Soul will suffice.

A young girl that is given this foundation is always aware that her body/flesh is a gift of Grace that needs to be cherished, respected and treated as a temple of her Soul. The body should never be defiled or degraded by any means. Sex needs to be the fulfillment of Love between herself and her husband, not just an act of lust and desire of the flesh/body. After all, her Sacred womb is the womb for new Life brought into the world. A man may have the Seed, but what is the Seed without the fertile healthy womb of his wife? A womb that has been polluted with STDs, (sexual transmitted diseases), toxic viruses by a willingness, the 3Cs: Choices, Consequences and Conditions, of an ignorant young girl is sad enough. The willingness by an older, young woman, in her negative 3Cs due to her 3Ss: Stubbornness, Stupidity, Sickness is far worse. A stupid pussy as the Italian people reference her, for her degrading herself for M&M, Money and Material things . These are the tragedies of women who use their gifted bodies/flesh for the wrong reasons . The 3Cs are at these times devastating, often with results of abortion, infertility and psychological damage. No woman should have to endure such burdens and yet, as we have discussed, so easily give in when tested to accept the temptations.

Young men are just as guilty if not more so. A piece of advice that a wise older man gave me during my college years was that, “A stiff cock has no conscience, “ a great piece of advice for a young guy whose hormones were out of control. Problem was, it did not fully register. Recall that a young man does not really reach a degree of maturity until age 24. Most young men are this way. Even if acting mature, it’s just acting. Physically , mentally and emotionally, we are the 3Fs: Foolish, at Fault young guys who Fail our good Moral Voice, (Conscience) and follow our bodies/flesh sexual desires.

So, from the summit, does a stiff cock have no Conscience? Of course, a young man’s cock has to do with his flesh/body that was by ISD, Intellectual Spiritual Design and ESD, Emotional Spiritual Design to

procreate in marriage. There are the 3Ns: Nothing, Niente, Nada wrong with this. It is in fact the positive process . The positive 3Cs of Choice, give positive Consequences and contributes to the positive Conditions in the miracle of new Life. The problem is that outside the bond of marriage, his good Conscience, that positive inner Voice of his Soul's Heart Spark is hushed , even buried into his subconscious and kept silent . With the assistance of demons, the negative voices, man tempted without Moral Values, easily becomes a victim. Women are no different when their body/flesh vaginal area is stimulated by various means or it is their time of the month when they are fertile. They also ignore their good Conscience outside the bond of marriage. But men, especially young men are more vulnerable. This is taking place in our teenagers at a younger and younger age . Hence, middle school children, little girls, are getting pregnant in their very early teens.

The whole educational system on sex in America is for the most part the 3Fs: Foolish, at Fault, Failure. We are telling our children, you are going to follow your basic negative animalistic instincts, so here is how you should go about it. Teenagers could prevent all the problems that they encounter with sexual abstinence until they are mature adults ready to get engaged for marriage. This worked well in the past thousands of years. The right standards should not have been thrown in the toilet.

And what have we adults, we parents, told our young girls and boys about dating? Play it safe. Hmmm, remember what the insurance companies tell us? The reason that teenagers' insurance rates are astronomically high is that teenagers do not play it safe. Not when driving. For example, I remember full well that time on a double date to my high school prom after-party. We decided to go to Niagara Falls from Youngstown, Ohio. We went in my Impala Chevy SS convertible car. Teenagers want to get everywhere fast, this time was no exception. I recall being pulled over by the NY Highway Patrol, not wearing seat belts and clocking over 115 miles per hour. From the summit I now see the madness in this and what might have happened that day with a tire blowout. Play it safe? This is the biggest joke of all. Excited

teenagers most often do not play it safe, not when driving and not when having sex. The fad on certain college campuses now is group sexual activities, almost orgies. Alcohol flows until you pass out, with the risk of high blood alcohol death. Depending on the college, drugs are readily available from weed, grass, to cocaine for anyone with the dare to try, and not to be a boring wall flower. Is this what we want our child to experience? Do we seriously want to take these risks?

Again, the problem is that we as parents have forgotten what we were like at the same age.

Other phrases that we use: “be responsible,” “be trustworthy,” “be sensible.” I like this one, “be sensible,” not realizing that sensibility has to do with body/flesh senses and not-yet-discovered Senses of our Soul which I will cover later in this book. People, listen to the insurance companies. They have the statistics, the facts. They basically have the 3Cs: Choices, Consequences and Conditions for teenage drivers and they are horrible.

I have given a glimpse of the worst case scenario for a child. But this is something to meditate on. There are numerous party schools in America that pride themselves not in academics but in getting and being crazy. These are not creative or entrepreneurship schools that help bring out the best in students. With their low standards, they help bring out the worst.

Of course, there are also great colleges in America, many of which are the best rated in the world. To have some peace of mind and play it safe, I think that colleges with an affiliation to a Christian church could reduce the risks. For example, I spent some time on the campus of the University of Toronto, where the various colleges were directly affiliated with various Christian denominations. A wonderful campus and university, but I know that there are plenty in America as well as even Europe.

Finally, outside of the standards of True Faith, sexual involvement is

so often and becoming more often, lawless, corrupt and humiliating with what is happening over the Internet. This tends to be worse for young girls more than the boys. But both are affected by the 3Cs that have lasting effects long into the 2nd Journey. This is the sexuality of pop culture currently in our youth.

I could spend much more time on this most important chapter because I recall the turbulence in my own teens. I would have to say that this decade which all of us need to pass through could make or break our entire 2nd Journey.

When we do not grow into who we were created to be, it makes us want to put a sledge hammer to that image we see in the mirror in front of us. Part of this has to do with the expectations that others put on us—parents and others. Part of it has to do with peer pressure. Part of it may have to do with the American model of what is considered success. There are so many factors and outside variables. As an example, the suicide rate of teenagers in China is high in colleges, high schools, even middle schools. It is due to the extreme pressure and stress placed on the child early on, almost from the time that he or she, especially he, is born.

What are children to do until they reach maturity and are able to make adjustments in their Lives? Make the best of “it”? I see that “it” does not matter whether “it” is in Asia, parts of Europe or America, the models of success are similar. They are based on M & M, (money and material) things and power to attain M& M. This is perhaps the reason why only 25% of people are happy working in the field that they are in. Will our child be different? Maybe, maybe not, it depends on so many factors. The most important one is the progress of their climb up to their Soul’s summit. Have we helped with that? Have we helped ourselves?

Do we ever stop to wonder why we, humanity individually, have so many different talents, personalities, characteristic values? For example, the Arts: some of us were created to be artists in various mediums. What has happened to the Arts in America? Funding cuts after

funding cuts year after year. A few people have decided that the Arts are not that essential to the success of our Soul's 2nd Journey. Even sports have a higher priority. Yes, sports, where injuries are probable and a career is highly improbable. How much team spirit do we need? The Arts and the Artists are much more appreciated and respected in Europe than America. It has to do with the lifestyle in Light and a good sense of what is important for the quality of Life.

Without a reasonable foundation based on sound true Moral Values, our child is going to struggle. Regardless of the degrees, the job, the income, the connections . If their Soul is not tracking upwards on the chart of their Soul's 2nd Journey, they will encounter many difficulties.

Most often, our child will bring those difficulties back home to us. This is sad but at least at home we are still able to help them. In the hands of strangers, pimps, con men/women and the endless users out there, they may end up in some rat-infested gutter. We hear of the abandoned child. We hear of horror stories of teenagers totally out of control. We hear of teenagers that turn physically violent on their elderly parents or, these days, on grandparents. We hear too often of these same parents and grandparents having to call professional people to come to the house in the middle of the night to take this troubled child off to some faraway place to discipline and make them come to their senses. YES, these stories are becoming more and more frequent and they are costing us dearly. They are taking their toll on our health and well being. Again, this is a worst case scenario. But meditate on this. Do not imagine that this happens only to others. We could easily become the others.

I know that this sounds so cliché but it also holds true. Take the preventive measures when the child is young, the younger the better. The longer we wait the harder it becomes on ourselves and our child to correct matters. Understanding the charts in and on this book cover about the child's and our 2nd Journey could be helpful. It all has to do with Spiritual Light, the Light of our Soul.