St. Demetrios Greek Orthodox Church, 57 Brown Street, Weston, MA 02493

Jesus saíd,
"I am the vine;
you are the
branches.
If a man remains
in me and I in him,
he will bear
much fruit."
(John 15:5)

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Fr. NICK'S MESSAGE

# Come and See—Come to the Liturgy



Dear Parishioners,

Several years ago, we invited Bishop Kallistos Ware, an internationally recognized Orthodox bishop, author, theologian and truly an inspiring speaker, to visit with us. You may remember his visit as our Church was filled to capacity to hear his words. Recently, in an interview, he said the following:

"To me, the most important missionary witness that we have is the Divine Liturgy, the Eucharistic worship of the Orthodox Church. This is the life-giving source from which everything else proceeds. And therefore, to those who show an interest in Orthodoxy, I say, "Come and See. Come to the Liturgy." The first thing is that they should have an experience of

Orthodoxy—or for that matter, of Christianity—as a worshiping community. We start from prayer, not from an abstract ideology, not from moral rules, but from a living link with Christ expressed through prayer."

His words, I believe, are so crucial for us as we strive toward being a Christ-centered vibrant worshiping community. While all activities of our Church serve some of our spiritual and fellowship needs, worship, especially through the Divine Liturgy, is the "<u>life giving source from which everything else proceeds</u>." The Divine Liturgy is the place where we all gather to offer up our prayer of thanksgiving, of glorifying God, of being that one Body of Christ that St. Paul often speaks of. The directive to "Come and See—Come to the Liturgy" is vital to our spiritual lives and the feeding of our souls especially as we begin a "new year." It is not only an invitation to those who wish to learn and experience the Orthodox faith for the first time but to us all who wish to live our lives in the faith consistent with the teachings of Christ and the Apostles.

This new year and beginning in September, we will offer new opportunities for young and old alike to witness the treasure that is the Divine Liturgy. We invite you to be part of the "Eucharistic" community through our St. Demetrios Church. You will deepen your understanding by your participation, and your prayer life, expressed through the Divine Liturgy, will become more meaningful! Again, as Bishop Kallistos tells us, "...it is the life-giving source from which everything else proceeds."

I pray you will make Sunday worship with your family a priority this year. It is at the Liturgy where it all begins and where we will build the Christian values and the faith that will sustain us each week and throughout our lives.

With Love in the Lord, Fr. Nick



SCHEDULE OF CHURCH SERVICES

SUNDAY SERVICES
ORTHOS, 8:30; DIVINE LITURGY, 9:30

**September 4** *12th Sunday of Matthew* 

**September 11** Sunday before Holy Cross

**September 18** Sunday after Holy Cross

**September 25** *1st Sunday of Luke* 

MIDWEEK SERVICES
ORTHOS, 9:00; DIVINE LITURGY, 9:30

**Thursday, September 8** *Nativity of the Theotokos* 

Wednesday, September 14 *Elevation of the Holy Cross* 

VESPERS, 5 PM Tuesday, September 13 at Holy Cross, Brookline



# THE CROSS

For over 1900 years the cross has been a beloved symbol for the believing Christian. We view the cross in two ways. It is, first of all, a sign of Christ's love for us, for it reveals the extent of his suffering and the stark reality of death for our sakes. St. Paul speaks of Jesus humbling Himself: "...and (He) became obedient unto death, even the death of the cross." This is to say, Christ accepted the most extreme form of suffering and death. Could there be a greater display of love and sacrifice than to live for man and then die for him by crucifixion?

NATIVITY OF THE THEOTOKOS: A DAY OF JOY Each year on Sept. 8, we commemorate the birth of the

Theotokos, whose appearance in the world was not only

God is a time of universal joy, for through her, the entire

human race was renewed, and the sorry of Eve, our first

by joining us for Divine Liturgy on Sept. 8!

mother, was transformed into joy." Please share in this joy

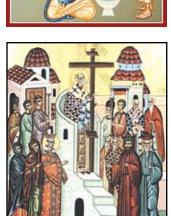
a reason to rejoice for her parents, Joachim and Anna, but for all creation as well. Many of the Church Fathers stressed the spiritual joy brought about by the birth of Mary. In a sermon in honor of her feast, St. John of Damascus wrote, "The feast of the Nativity of the Mother of

In the ancient world, crucifixion was the most horrible form of capital punishment; it was used only for the worst

of criminals. Who can describe the physical pain of hanging on the cross? Who can describe His spiritual pain in those darkest of hours? It is no wonder that, upon the cross, He cried out to His Father, "My God, My God, why hast Thou forsaken Me?"

The cross is, secondly, intimately connected to our own lives. Orthodox Christian must never associate the cross only with Christ, for there is a cross for every believer in the Lord. "Whosoever will come after Me," Christ said, "let him take up his cross, and deny himself and follow Me." So there is a cross for each of us.

Now it is one thing to glorify and praise the cross as a symbol of Christ's great love and devotion, but it is another thing to accept the cross as central to our daily lives. This is precisely what the cross must be for us—a way of life. For us, to come into the world and be baptized is to become a cross-bearer.



### SEPTEMBER GLORY!

William Wordsworth (Composed Upon Westminster Bridge, Sept. 1802)

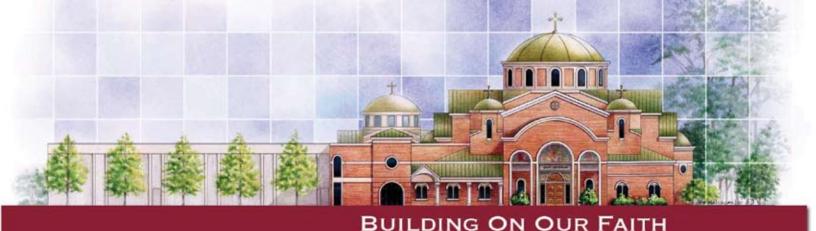
Earth has not anything to show more fair: Dull would he be of soul who could pass by A sight so touching in its majesty:

This City now doth, like a garment, wear
The beauty of the morning; silent, bare,
Ships, towers, domes, theatres, and temples lie
Open unto the fields, and to the sky
All bright and glittering in the smokeless air.



Never did sun more beautifully steep In his first splendour, valley, rock, or hill; Ne'er saw I, never felt, a calm so deep!

The river glideth at his own sweet will: Dear God! the very houses seem asleep; And all that mighty heart is lying still!



# A BUSY SUMMER

When many of us return to our fall schedules and to our regular church activities, we will find some dramatic changes at St. Demetrios. Our existing church building is no longer there, and the land is being prepared for the next stage of construction. Our "new" place of worship in the hall, where we will spend the next year or so, has been warmly and tastefully transformed (see below).

A beautiful, bright and cheerful hall (our new St. Demetrios hall) is ready to receive us. Finally, our new offices on the second floor, along with our classrooms, have been prepared to serve our stewards and children. Thanks to all whose hard work and effort made this first phase possible. For more information, go to www.stdemetriosweston.org and click on Building on Our Faith.



# St. Demetrios Greek Orthodox Church

57 Brown St. Weston, MA 02493 (781) 237-5561 (781) 237-8612 (fax)

### www.stdemetriosweston.org

Fr. Nicholas Krommydas Proistamenos frnick@stdemetriosweston.org

Fr. Alex Chetsas Presbyter fralex@stdemetriosweston.org

CHURCH SECRETARY
Cathy Smith
csmith@stdemetriosweston.org

# ST. DEMETRIOS CONNECTIONS 781-237-5561 | www.stdemetriosweston.org

Fr. Nicholas Krommydas, Pastor Fr. Alex Chetsas, Co-Pastor Cathy Smith, Secretary Peter Gramenelles, Sexton Chris Pappas, Parish Council President Joanna Krasinski, Philoptochos President

Bookstore, Carol Loridas Choir, Chris Tzellas, Athena Marken, Jeannie Leussis Fifty-Something Club, Phil & Sandi Chomo Faith and Works Ministries

A Suitable Image, Nancy Savage
Brown Bag Sunday, Lydia Santangelo
Habitat for Humanity, Elaine Fischer
Helping Hands, Kathy Bakes
St. Nicholas Angel Tree, Nancy Savage
Hospitality/Fellowship Hour, Mary Ellen Paravalos

Library, Cindi Dabrowski
Orthodox Life Series, James Skedros
Outreach and Evangelism, Stacey Kalivas
Philoptochos Care Ministries

Hellenic Nursing Home, Pam Brody Miracle Kitchen, Dorothea Ocnos Prayer-Shawl, Tilda Mitsakos Quiltathon, Debbie Morakis

**Prosfora Ministry**, Fr. Nick Krommydas **Senior Guild**, Artemis Martakis **Stewardship**, Dean Coclin

### YOUTH

Altar Service, Chris Kourlos
Basketball, Matt Little
Church School, Stavroula Gurguliatos
Church School Outreach, Gloria Moskos
Church School Music Director, Jane Kourtis
GOYA, Alexey and Stephanie Petrides

Greek Folk Dancing, Margaret Talmers Galatano
Greek Language School, Avra Parpos
HOPE, Donna Markis, Stacy Katsikaris
JOY, Jill Kovatsis
OCF, Fr. Alex Chetsas









# **CHURCH SCHOOL NEWS**

### Church School 2011/2012 Begins!

We look forward to the upcoming Church School year. Classes begin on Sunday, Sept. 11 at 9:30 am, with the start of the Divine Liturgy. A productive Church School program must incorporate the Divine Liturgy, so we pray and ask that all our students make every effort to arrive by the start of the Liturgy.

During the Ministry Fair, there will be an opportunity to register any new student(s) and/or update parent/student contact information. Please stop by so we can meet. There will be a calendar of events and information to take home.

We would like to thank our teachers for their devotion and commitment to our youth and to the parents for their continued support. We are looking for individuals who might be interested in teaching/assisting in the Church School program (PK and 1st grade). If you have a love for children, patience and a strong understanding of our Faith, please contact Stavroula Gurguliatos, Church School Director: stdemetrioschurchschool@verizon.net

We look forward to a wonderful academic year together.

### **Prayer for the 1st Day of School**



We wish all of our St. Demetrios children a wonderful year back at school, and we wish good strength to their parents. We ask that all of our parishioners remember our youth in

their prayers, and we offer this simple prayer for them as the school year begins:

Heavenly Father,
We ask that you would bless
the youngest and littlest of learners,
the most helpless and powerless of persons,
with Your infinite and loving mercy,
granting them the strength to learn, concentrate,
and act appropriately towards
their teachers and fellow students.
We also ask that You would watch over them,
at home and at school
and grant them proper direction so that they may learn
of Your wonderful virtues.

Amen.

### GREEK LANGUAGE & CULTURAL SCHOOL

Come Share & Create with Us a Year of Beautiful Memories... with the St. Demetrios Greek
Language & Cultural School!

Fr. Nick, Fr. Alex, and the staff are enthusiastic about welcoming you back to another year full of educational lessons and enriching activities. We now welcome 4 year-old children to participate in the Pre-K program.

Please mark your calendars with these important dates:

Tuesday, September 6 4:00 pm - 5:30 pm Registration

Sunday, September 11 Registration following Liturgy, Church Hall

Monday, September 12 4:00 pm - 5:00 pm Teachers' Meeting

Tuesday, September 13 4:00 - 6:00 pm Classes Begin, Agiasmos Service

For additional information please contact Avra Parpos at 508.875.2103.

### ARE YOU SMARTER THAN A 7TH GRADER?

Throughout the 2010–11 Church School year, our 7th graders worked to compile a list of questions and answers concerning the major aspects of our Orthodox Faith. Thanks to our children for teaching us, and here is our September challenge:

True or False: Holy Myron is made and blessed once a year by the Patriarch of Constantinople.

**Answer: True!** 

Each year, on Holy Thursday, His All Holiness consecrates the Myron. This holy oil is then distributed to all of our Metropolises and churches, where it is used to anoint babies and adults within the Sacraments of Baptism and Chrismation. Holy Myron (or Chrism) is the visible sign of the transmission of the Holy Spirit upon those entering the Orthodox Christian Faith.

...but set an example for the believers in speech, in life, in love, in faith and in purity" (1 Timothy 4:12)



### **ALEX LAVRENTIOS TO PLAY AT CORNELL**



We congratulate Alex and his family on this wonderful achievement and wish him an excellent first semester at Cornell this fall. Through high school, he was a lineman for Needham High and later the Salisbury School and distinguished himself both athletically and academically. Alex is, of course, a

life-long parishioner of St. Demetrios and we are all very, very proud of him!

### **FAMILY NIGHT SEPT. 30**

To kick off our 2011-12 program, we will welcome Eric Landry, former San Diego Charger and New England Patriot—and current strength coach with the New England Patriots.

In addition to his accomplishments in the NFL, Eric has coached and trained hundreds of high school and college athletes, as well as professional athletes, including Mia Hamm and

Tiger Woods. Eric will join us for dinner and engage our children, parents and parishioners on a wonderful topic: "Finding My Place: Building Confidence, Friendship & Community through Teamwork." HOPE, JOY, GOYA, parents and all parishioners are invited. Let's also support our friends at Chesterbrook Learning Center, by bringing water bottles and juice boxes to Family Night on the 30th!

HOPE (K - 2nd)

Donna Markis: dmarkis@boston.k12.ma.us Stacy Katsikaris: stacy.katsikaris@comcast.net

JOY (3rd - 6th)

Jill Kovatsis: ja.k@verizon.net

GOYA (7th - 12th)

Alexey & Stephanie Petrides: alexey.petrides@gmail.com

DINNER COORDINATION
Gina Spencer: gina@pdillc.com

### **GOYA**



The St. Demetrios GOYAns started this year with a trip to Kimball's Farm in Westford. Including chaperones, 14 people attended the trip where we saw exotic animals, ate hearty dinners,

and enjoyed ice-cream. We got soaking wet on the bumper boats and lost several golf balls in the river while mini-golfing! It turned out to be a fantastic start to our GOYA year.

We look forward to having many more trips and activities. Especially to our incoming GOYAns, don't forget to sign up at the Ministry Fair on Sept. 11, 18 and 25.

Finally, please save these 2 important dates:

Sept. 11: our 1st GOYA General Assembly, following Liturgy

Sept. 25: our CAR WASH fundraiser, during the Welcome Back BBQ

More details to follow on these events. God bless and we look forward to another terrific year!

Lee Condakes President



### HOPE & JOY: Parent Mtg. and More

After Liturgy on Sept. 18, please join us for a brief parent meeting, so we can share our fun plans for 2011-12, including our Family Night with Eric Landry on Sept. 30. After the service, while your children enjoy the Basketball Ice Cream Social, please get your coffee (or ice cream!) and meet us in the Conference Room—we look forward to seeing everyone!

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### **OCF WELCOMES COLLEGE STUDENTS**



St. Demetrios is always delighted to welcome college and graduate students, whether they are St. Demetrios parishioners studying locally or out-of-town students. We hope they know our parish loves them, embraces them and is here for them throughout the semester. Our OCF college ministry has planned a host of fun, engaging and meaningful events for 2011-12., including a fall BBQ and our November outreach to local veterans. To learn more about OCF, and get on our contact list, please contact Fr. Alex (fralex@stdemetriosweston.org). Parents with children at school out of state are asked to contact Stacey Kalivas (skalivas@ bryant.edu), so they may be connected with a local OCF program. We wish all our students a wonderful semester!

# BASKETBALL ICE CREAM SOCIAL AND REGISTRATION SEPT. 18



It's time for another season of fun, learning and friendship. Last season, our teams made amazing progress in every way. Our players, parents and coaches expect an-

other banner year. Once again, we'll be offering our ice-cream social/registration event. On the 18th during Fellowship Hour, come see us for a delicious ice-cream and sign-up for our 2011-12 season. Practices will begin in mid-October—details to follow shortly. If you'd like to help with registration, have questions or would like to get involved as an assistant coach, please contact Matt Little: mattlittle@northeastia.com.

### **ALTAR SERVERS: SHARING THE EXCITEMENT SEPT. 18!**

With last spring's graduations, our Altar teams and leadership have been adjusted accordingly. Please review the updated rosters, and contact Chris Kourlos with any questions (508.380.8220). As each year, on Sept. 18 Altar representatives will visit our 6th grade classroom, in order to share the excitement and importance of Altar service with potential new servers. We thank our Church School for allowing us this opportunity; we hope this event plants the seed of interest with our 6th grade boys. An Oct. 16 training/outing is in the works. Details to follow!



### September Schedule

ST. LAWRENCE: Sept. 4 & 18

Captain: Jason Theoharis, Vice Captain: Alex Santangelo
Anthony Houhoulis, Walker Littlehale, Kosta Pappas, Nick Spinale

ST. STEPHEN: Sept. 11 & 25

Captain: Lee Condakes, Vice Captain: Alex Camp Anthony Chirban, Matt Gatzunis, Thomas Gatzunis

### **SAINTLY LIVES**

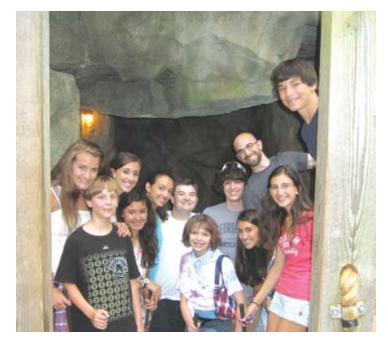
# **EUPHROSYNE OF ALEXANDRIA Commemorated September 25**

St. Euphrosyne (408 – 450) was a person of great faith, even from her early childhood. Her Father, Paphnutius, was wealthy and offered her a luxurious, comfortable life. But this did not sit well with Euphrosyne; she felt as if she were being called to a more humble life. So she made a promise to God to live quietly in prayer and be married only to His Church. But Paphnutius wanted what he thought was "best" for his daughter, so he began pressuring her to marry a wealthy young man. To avoid breaking her sacred vow, she had to act. So she renamed herself "Smaragdus," disguised herself as a man, and entered a monastery. In later years, her father, who was bereaved at losing his precious daughter, came to the monastery in search of advice and comfort. Though he didn't recognize her, he received consul from his very own daughter, who had been living as a monk all this time. Shortly before her passing, she revealed the long-kept secret to her father, assuring him that she had indeed lived the "best" life possible, one lived close to God.

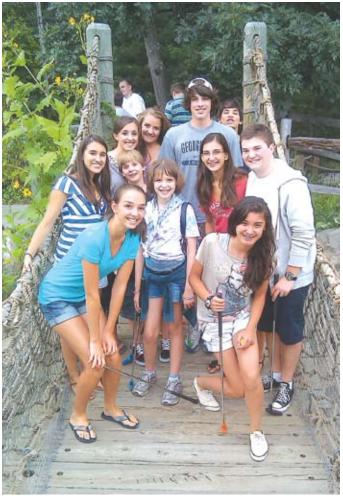
Getting Practical: So often in life, we know that God is guiding us in a certain direction. Oftentimes, this direction is not the easiest one, and it is very easy to instead follow our own will, even if this new "path" is not good for us. The story of Euphrosyne inspires us to follow our "holy instincts," to listen to God when He speaks and to take action in life! Share this story with your children and grandchildren: they will be reminded that children, too, are capable of great spiritual wisdom—and that spiritual truths are worth fighting for in life.



# GOYA trip to Kimball Falls









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# SEPTEMBER 2011



SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
Back to Schoo				1 Ecclesiastical Year begins	2	3
4 12th Sunday of Matthew	5 LABOR DAY	6 Greek School Registration, 4-5:30 pm	7	8 Nativity of the Theotokos Liturgy, 9:30 am Choir Rehearsal, 7:30 pm	9	10
Sunday Before the Holy Cross Church School begins Ministry Fair GOYA general assembly HOPE/JOY parent meeting	Greek School Teachers Mtg., 5-6 pm	EPOCH Outreach, 10:30 am Greek School Agiasmo and classes begin, 4-6 pm Vespers, Holy Cross, Brookline, 5 pm	Elevation of the Holy Cross Liturgy, 9:30 am Senior Guild Luncheon Parish Council Meeting, 7 pm Philoptochos Board Meeting, 7:30	15 Choir Rehearsal, 7:30 pm	16	Bingo at Hellenic Nursing and Rehabilitation Center, 2-3:30
Sunday After the Holy Cross Altar Servers visit 6th grade class Ministry Fair HOPE/JOY parent meeting Basketball Ice Cream Social	19	Greek School, 4-6 pm	21	Choir Rehearsal, 7:30 pm	23 Salvation Army Miracle Kitchen, 4-7	OCF Welcome Dinner and Movie Night
25 - 1st Sunday of Luke Feastday of Euphrosyne of Alexandria Ministry Fair Welcome Back BBQ and GOYA Car Wash Orthodox Life	26	27 Greek School, 4-6 pm	28	29 Choir Rehearsal, 7:30 pm	30 Family Night	

# Sept. 1 is the Beginning of the Church Year

"Maker of the universe, O Lord who alone have power over seasons and times: bless this year with your bounty, preserve our country in safety and keep your people in peace, through the prayers of the Mother of God, and save us."

# PHILANTHROPY and SOCIAL ACTION

#### Brown Bag Blitz is Oct. 2

With help from our GOYAns, we will once again pass out those familiar brown bags that bring so much help to so many in need. Our Oct./Nov. beneficiary will be our own Salvation Army Miracle Kitchen. Please receive your bag on the 2nd (reserve bags may be found in the drop-off bin) and fill it with any and all canned/non-perishable goods and return it to the Church by Nov. 20. To help with this ministry, please contact Lydia Santangelo: lydiaeventspclst@aol.com.

### VISITING AT EPOCH: SEPTEMBER 13, 10:30 AM

We have a substantial Orthodox community at EPOCH Rehab in Weston, and these wonderful seniors would welcome a visit from you! Join Fr. Nick and Fr. Alex every 2nd Tuesday of the month at 10:30 am. Next visit: Sept. 13. Please contact Fr. Alex to learn more.

#### CLERGY VISITS

When a family member is ill and would like a clergy visit at home, hospital or otherwise, please contact the Church office to make arrangements with Fr. Nick or Fr. Alex.

### STEWARDSHIP UPDATE

A warm welcome back to all our Stewards. As you can see, summer has been non-stop activity at St. Demetrios, not only from the physical standpoint of our Church building but also with regard to our Stewardship program. Here are the latest figures on Stewardship:

Year-To-Date: Aug 11, 2011

Pledges Received: 357 Pledge totals: \$340,936 Amount received: \$198,217

Non-Pledged: 132 Non-Pledged \$: \$48,416

Total: 489

Total \$ received: \$246,633

This represents 20 pledges less than last year at this time but our overall totals are higher by \$13,000. Considering that we are in the midst of our building campaign, this is quite impressive and a testament to the dedication of our Stewards to our St. Demetrios community. We still have a long way to go to meet our goal of over \$500,000 so please take a moment to submit your pledge cards if you haven't done so already.

An increasing number of Stewards are choosing to submit their Stewardship donations online. Our system allows for automatic recurring payments or just one time submittals from either your bank account or credit card. So if you would like to have \$20 debited every week, \$100/month or \$1,200 debited one time, our system supports multiple methods. And once you setup your account, you can easily log back in to make a quick payment or see a history of your online contributions. There is no minimum or maximum payment and you can also make other donations for special events or the building fund. For more information, please visit the Stewardship section: www.stdemetriosweston.org.

Dean Coclin Stewardship Chairman

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# MASQUERADE BALL OCTOBER 21 SAVE THE DATE!

On Friday, October 21, our St. Demetrios Community will host a Masquerade Ball at the Sheraton Hotel, Framingham. Cocktails at 6:30 pm followed by dinner at 7 pm. The ball will include a silent auction, live auction, dancing with music by the Orfeas Band, and community fellowship. All proceeds will support our St. Demetrios Church ministries.

The Dance Committee invites all parishioners, and your friends, to attend the Masquerade Ball, become a sponsor, contribute an item for the auction, or place an ad in the program book. For more information please contact Gina Spencer at: gspencer@stdemetriosweston.org / 508.655.1427.

In September parishioners will receive formal invitations by mail and tickets will be available for purchase along with decorative masks during fellowship after the Liturgy each Sunday.

We look forward to being together as a Community on Oct. 21 for an enjoyable evening and to help support our St. Demetrios Church ministries.

—THE ST. DEMETRIOS DANCE COMMITTEE

### **ADULT EDUCATION: ORTHODOX LIFE RESUMES SEPTEMBER 18**



Our fall series is entitled "Through the Lens of the Liturgy: Being Human," and will be led by Dr. Jim Skedros and our clergy. Together, we will explore what it means to be sons and daughters of God: our spiritual strivings, the meaning of "good" and "evil," what it entails to be "in" the world but not "of" the world—all through the lens of the Divine Liturgy.

To make the series accessible to as many parishioners as possible, Orthodox Life will take place on Sundays throughout the fall at the close of Liturgy.

Robert Krantz's *Guide to the Divine Liturgy* will be our supplementary text and will provide a concrete basis for our presentations. Please join us for this unique series, which will inform our Liturgical life as well as our sense of who we are and what we are made for. As Fr. Nick reminds us in his article this month, "come and see—come to the Liturgy"! Divine Liturgy at St. Demetrios is where **worship and learning** will meet this fall!

To Participate Fully in "Being Human"

- Purchase Guide to the Divine Liturgy in the Bookstore or Church office.
- Read recommended pages in preparation for each session.
  Check *The Vine* for details on coming sessions, and see the weekly bulletin, parish emails and our "Reflections" blog for session study questions.

#### September Sessions:

Sunday the 18th: "A Bold Statement of Faith," led by Dr. Jim Skedros. Jim will introduce the program and explore the introductory elements of the Divine Liturgy, focusing on the spiritual instincts and basic human needs that lead us to prayer and Liturgy. For the 18th, participants are asked to read up to pg. 18 in the Krantz book.

**Sunday the 25th:** "A **God Who Listens," Ied by Fr. Alex.** The Great Litany, even with such sparing words, covers a great breadth of the concerns and problems of humanity, from the individual to the largest community. It is a cry for mercy to a God who loves, hears and acts on our behalf. **Please read to pg. 32 in the Krantz book.** 

### **EVENTS AND ANNOUNCEMENTS**

### YOU ARE INVITED—PROSFORA MINISTRY!

At each Divine Liturgy, prosfora (offering bread) is used in the blessing and consecration of Holy

Communion. Members of our community prayerfully bake the bread, and bring it to Church as an offering before our Sunday or weekday services. Along with it, they give our priests a list of their family and friends, living and asleep in the lord, and these names are commemorated before the Liturgy

begins. In this way, the prosfora becomes a truly profound aspect of our spiritual lives, on both a personal and communal level—all of those dear to us being prayed for within the loving embrace of our Church family. We are all invited to participate in this ministry and learn more about baking prosfora. For details on our baking schedule, please contact Fr. Nick.

### **FELLOWSHIP HOUR IS BACK!**

Please see our sign-up sheet in the new hall, and connect to this terrific program. Hosting a Fellowship Hour is a great way to meet new people and serve our parish family. All supplies are provided. To learn more or reserve your Sunday, contact Mary Ellen Paravalos (781.349.8077) or Julie Kavas (781.762.1647).

### MINISTRY FAIR: SEPT. 11, 18 & 25

It's time, once again, to take a close look at the ministries and programs of St. Demetrios and see where you fit in. Whether it's outreach, committee involvement, youth work, or music, there is something happening at St. Demetrios that is a perfect fit for your interests and talents. During Fellowship Hour in September, we hope you will visit our fair in the hall and learn about our 2011–12 offerings. Ministry representatives, as well as flyers and contact information, will be available. For further information on finding your place in the ministries and programs at our parish, contact Fr. Nick or Fr. Alex anytime.

### **SENIOR GUILD LITURGY & LUNCHEON SEPT. 14**

Here ye, hear ye... come one, come all, to the first meeting of the Senior Guild in celebration of the Elevation of the Holy Cross. Bring your stories on "how you spent your summer." Contact Artemis Martakis at 508.785.0045.

### WELCOME BACK BBQ IS HERE



Our Parish Council invites us all to this muchanticipated yearly event. The BBQ will take place following Divine Liturgy on Sunday, Sept. 25. Bring family, friends and fellow parishioners for terrific

food and excellent company. Our children are encouraged to bring frisbees, balls and other outside toys. While you eat, support our GOYAns by letting them spruce up your car or truck with their annual car wash. Spread the word and see you on the 25th!

### **METROPOLIS CLERGY LAITY**

Join His Eminence Metropolitan Methodios, clergy and lay-leaders from our New England sister parishes on Sat., Oct. 1 for this most important assembly. This year's theme is timely and is focused on the health of our programs and ministries: "The Ministries of our Church: Archdiocese, Metropolis and Parishes." All interested St. Demetrios parishioners are invited to participate and should contact the Church office to register by Sept. 23.

### PHILOPTOCHOS TEA & SOCIAL



To welcome members back from the summer season, we will host an afternoon Tea and Social at the home of Dorothy Sophocles, 127 Buckskin Drive, Weston on Sat., Oct. 1, 2 – 5 pm. RSVP to Athena Marken (781.718.5264/akmarken@ comcast.net) or Amalie George

(781.444.7659/amalie@aageorgecpa.com). New members are welcome! We look forward seeing you.

Do you receive our seasonal mailings, e-communications and updates, including reminders about the weekly bulletin and *The Vine*? If not, and if you have recently changed your permanent address and/or email, please contact the office.

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51. Demetrios Greek Orthodox Church \$7 Brown Street Weston, MA 02493