



THE VINE

ST. DEMETRIOS GREEK ORTHODOX CHURCH, 57 BROWN STREET, WESTON, MA 02493

FR. NICK'S MESSAGE

Promises, Promises

Dear Parishioners,

We all make promises. Most of us just made promises a few months ago in the form of those famous (or infamous) New Year's resolutions. And most of us won't keep these promises. The issue is not intentions—these are usually good—but what we might call “sustainability.” Can we sustain our efforts long term? Is this something we can grow into, live with and really actualize for months and years to come? Whether we're talking about eating better, going to the gym or reading more our eyes are usually bigger than our stomachs.

But some promises are more important than others, and these can't be dismissed with a smile and shrug. These are promises made to our spouses, children, parents, friends and those close to us, and they pertain to the long-term viability of our important relationships. These are “no brainers”; we must follow through. This is a positive thing. We need clear and sensible priorities and to respect the serious promises we make.

But what about promises to God? How much effort do we put into these?

He, too, is “dear” to us. And our relationship with Him must be nurtured to remain viable. With this in mind, we might all ask ourselves how we've fared in the promise/follow-through department lately. Have we allowed ourselves to engage Him over the last few years, through prayer, Liturgy and Confession? When was the last time you or I prayed to Him, right from the heart? What have you done to grow His Church: are you teaching, leading, supporting and helping in His ministries? Have I striven to obey His Gospel by serving those in need—have I been a “healer” to others? Further, is there no connection between those promises to our families and dear ones and those we've made to God, even though every good thing in our lives starts with God?

If these things smack of the truth, why so? When did the wall go up ... when did you decide this relationship wasn't a priority—or maybe you've come to feel, somehow, that you are not a priority to Him. What happened to your relationship with God?

Like any relationship, ours with God may be in need of rejuvenation and rediscovery. Lent is the perfect opportunity, the perfect spiritual weapon to battle our complacency and reconnect with our Father who loves us, reaches out to us and never forgets us. We are, forever, His children, sons and daughters; we need only to come home to Him.

Through Lent at St. Demetrios, many relationship-building tools are at our disposal. From our parish retreat on March 3, to our host of youth events, to our online resources, to the poignant services of Holy Week—please engage and take the time to build and nurture your relationship with Christ. This deserves your attention; it's worth the work.

He has promised to nurture us, heal us, forgive us, guide us, love us and save us. He has never given up on us. He has never forgotten us. He is true to His promises.

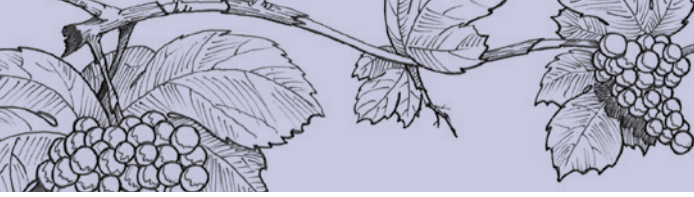
How will we respond?

*Wishing you a profound Lent,
Fr. Nick*

Jesus said,
“I am the vine;
you are the
branches.
If a man remains
in me and I in him,
he will bear
much fruit.”
(John 15:5)

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LITURGICAL SCHEDULE

SCHEDULE OF CHURCH SERVICES

SUNDAY SERVICES

ORTHOS, 8:30; DIVINE LITURGY, 9:30

March 4

Sunday of Orthodoxy

March 11

Sunday of St. Gregory Palamas

March 18

Sunday of the Holy Cross

March 25

Annunciation

MIDWEEK SERVICES

Sunday of Orthodoxy Vespers

March 4, 5 pm
at Annunciation, Brockton

3rd Saturday of Souls

March 3
Orthos, 9 am, Divine Liturgy, 9:30 am

Salutations

Fridays, 7 pm
March 2, 9, 16, 23 & 30 (Akathist Hymn)

PreSanctified Liturgy

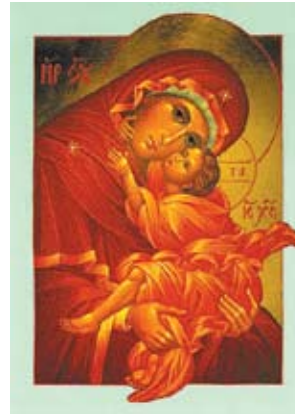
March 7, 6 pm
at St. Nicholas, Lexington

March 14, 6 pm
at St. Demetrios

March 21, 6 pm
at Taxiarchae, Watertown

March 28, 10 am
at St. Demetrios

THE MEANING OF THE ANNUNCIATION



Each year on March 25, we commemorate both the divine initiative of God, by taking on flesh from the Virgin for our salvation, and the human response, how Mary freely accepted the vocation offered to her. He elected to become man, and He desired to do this with the willing agreement of Mary. She could have refused, for she was not a passive instrument, but an active participant with a free and positive part to play in God's plan for our salvation. *The importance of this feast is, then, not just that God chose her—but because she herself chose to follow His will.*

VENERATION OF THE HOLY CROSS



On the 3rd Sunday of Lent, this year March 18, we celebrate the Holy Cross with a moving service following Divine Liturgy. The service prepares us for the Cross of passion week, and it also reminds us that throughout the entire Lenten period, we are crucified with Christ. But it is through participation in His pain and suffering that we will also participate in His resurrection. Through the Cross, Christ's mission is fulfilled; through the Cross, salvation comes to us all.

“Save, O Lord, Your people and bless Your inheritance; grant victory to the faithful over their adversaries. And protect Your commonwealth, by the power of Your Cross.”

—*Hymn of the Veneration of the Holy Cross*



LENTEN WISDOM

“When thoughts of passing judgment on another person cross your mind, pray God to take them away at once, so that you may love this person as He does. . . . We must love people and accept them in our hearts as God presents them to us.”

—Mother Gavrilia, from “The Ascetic of Love”

BUILDING ON OUR FAITH



ST. DEMETRIOS GREEK ORTHODOX CHURCH

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fnick@stdemetriosweston.org

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fralex@stdemetriosweston.org

CHURCH SECRETARY

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ST. DEMETRIOS CONNECTIONS

781-237-5561 | www.stdemetriosweston.org

Fr. Nicholas Krommydas, Pastor
Fr. Alex Chetsas, Co-Pastor
Cathy Smith, Secretary
Peter Gramenelles, Sexton
Chris Pappas, Parish Council President
Joanna Krasinski, Philoptochos President

Bookstore, Carol Loridas
Choir, Chris Tzellas, Athena Marken, Jeannie Leussis
Fifty-Something Club, Phil & Sandi Chomo
Faith and Works Ministries

A Suitable Image, Nancy Savage
Brown Bag Sunday, Lydia Santangelo
Habitat for Humanity, Elaine Fischer
Helping Hands, Kathy Bakes
St. Nicholas Angel Tree, Nancy Savage

Hospitality/Fellowship Hour, Mary Ellen Paravalos
Library, Cindi Dabrowski
Orthodox Life Series, James Skedros
Outreach and Evangelism, Stacey Kalivas
Philoptochos Care Ministries

Hellenic Nursing Home, Pam Brody
Miracle Kitchen, Dorothea Ocnos
Prayer-Shawl, Tilda Mitsakos
Quiltathon, Debbie Morakis

Prosfora Ministry, Fr. Nick Krommydas
Senior Guild, Artemis Martakis
Stewardship, Dean Coclin

YOUTH

Altar Service, Chris Kourlos
Basketball, Jack Markis
Church School, Stavroula Gurguliatos
Church School Outreach, Anthony Houhoulis
Church School Music Director, Jane Kourtis

GOYA, Alexey and Stephanie Petrides
Greek Folk Dancing, Margaret Talmers Galatano
Greek Language School, Avra Parpos
HOPE, Donna Markis, Stacy Katsikaris
JOY, Jill Kovatsis
OCF, Fr. Alex Chetsas

OUR FAITH LIVES

Is there any doubt why we are motivated as a parish of over 600 families, and a building committee of 80 dedicated and extremely competent volunteers, to fulfill our promise? We all promised to design and build a traditional Orthodox church—a sanctuary to serve the sacraments and ministries of generations of Greek Orthodox Christians to come. Our faith lives.

When we do this, we are in the service of God. This act crystallizes the lessons we have learned and provides an incomparably clear path, no a boulevard, to convert our knowledge to action. Such action gives life to our faith. Seeing progress—as we now reach for the heavens after so many months of planning and decisions—provides reaffirmation, regenerates good will and the true spirit of our St. Demetrios community of faith.

We have a lot more to do, but let's take a moment, a breath, to rejoice and to recharge our belief that what we are doing is so right, so necessary, so strong a statement to the world that our faith lives!

Welcome to the 25 members of our new Subcommittee on Interior Design and Church Aesthetics. They will meet Monday evenings as demands warrant.

—Peter Bassett

CHURCH SCHOOL NEWS

March	Second Grade Bulletin Board Display
March 2	First Salutations Service:
March 4	Junior Choir Participation
March 4	Sunday of Orthodoxy; Classes; Staff Mtg.
March 11	Classes
March 18	Classes
March 25	The Annunciation; Classes
April 1	Classes; Oratorical Festival; Staff Mtg.



ICON PROCESSION (March 4): Our entire Church School will participate in this moving procession. Please have your child bring an icon to Church.

SALUTATIONS SERVICES: These beautiful Lenten services are in honor of the Virgin Mary. We invite all students to attend.

ORATORICAL FESTIVAL: The Oratorical Festival for the Junior (grades 7 - 9) Division and Senior (grades 10 - 12) Division will take place on Sunday, April 1 during their scheduled class time.

OCF LENTEN CARE PACKAGES

Early this month, Lenten Care Packages will be mailed to our "away" college students, reminding them of the importance of Lent and our Church's ongoing presence in their lives. The decorated boxes include a prayer rope, icon of St. Demetrios, prayer booklet and a hand-written note from our GOYAns.

Thanks to Katerina Perez, our GOYA representative to Parish Council, for spearheading this effort!

MBC DATES ANNOUNCED!

Our Metropolis summer camp program combines the elements of traditional summer camp with a uniquely Orthodox outlook and program concentration. Sessions will fill very quickly, so please consider these dates and register early.

July 5 - 8: Family Camp	July 23 - 29: Session 4
July 9 - 15: Session 2	July 30 - Aug. 5: Session 5
July 16 - 22: Session 3	Aug. 6 - 12: Session 6

Online registration begins March 1.
Visit www.mbcamp.org.



GREEK LANGUAGE &
CULTURAL SCHOOL



Greek Independence Day Program: March 25

Join us following Divine Liturgy for a short program celebrating the Annunciation and Greek Independence Day. The program will take place in the Church, and our Greek School will also host Fellowship Hour. Our whole parish is invited to share this special moment and enjoy our meaningful program. For details or to help, contact Avra Parpos: 508.875.2103.

Γιορταζει η πατριδα
σε καθε μεργια
Μυριζουν οι δαφνες
Γελα η λευτερια
ΖΗΤΩ Η 25 ΜΑΡΤΙΟΥ 1821!

GREEK DANCING

Join us for dancing, friendship and fun: March 11, 18 & 25.

For details, contact Margaret Talmers:
Margaret.e.talmers@gmail.com.



...but set an example for the believers in speech, in life, in love, in faith and in purity" (1 Timothy 4:12)

YOUTH



GOYA Anticipates Lenten Activities



GOYA had a very exciting February with the instant success of our "Wing-A-Thon." Thanks to all of our combined efforts we made \$800 all to be donated for a

higher cause. None of this would have been possible without the cooperation of all of the GOYAns, as well as the fathers who put everything together. Looking to the Lenten period, a very important time of year for us all, we have our annual Lock-In on March 2 - 3rd. On March 14, we've also been invited to read Psalms during a special PreSanctified Liturgy. Anyone interested in reading during the service is asked to respond to Alexey Petrides: (alexey.petrides@gmail.com) by March 9. Join us in GOYA!

Lee Condakes
President

GOYA "LOCK-IN" MARCH 2 – 3 "Decide Your Own Adventure"



With the support of our GOYA advisors and Church School teachers, this year's event will be led by Hellenic College's Nick and Amanda Lionas, both originally of Rochester, Michigan. Nick and Amanda have worked extensively with youth and young adults in the Metropolis of Detroit, as well as locally since moving to Boston. We welcome them both and thank them for taking the time to lead our youth! **The "Decide Your Own Adventure" program will focus on helping our youth make Christ-centered decisions in their lives and will remind them how the decisions we make help form "who we are."**

The evening will begin with the Family Night dinner/mini-session at 6 pm. The Salutations service and Lock-In will follow. The next morning, Mrs. Typadis will lead us in a Koliva workshop, and the Lock-In will end by 11 am.

GOYAns should arrive at 6 pm Friday with sleeping bags, pillows, all necessary toiletries and medicines, as well as "Church clothes" for Friday evening and Saturday morning. All unnecessary electronics should be left at home; if brought, phones should only be used to contact parents or for special situations.

FAMILY NIGHT IS MARCH 2

February's event was a blast! Our GOYAns worked diligently on their Wing-A-Thon preparations, and our HOPE and JOY children made heart-warming cards for the clients of the Boston Rescue Mission. Our abbreviated program on the 2nd will feature a community dinner, mini-session, and then the 1st Salutations service. **Please confirm your meatless dinner offering with Gina Spencer:**
gina@pdillc.com.

Or simply confirm using the handy link found in our weekly E-blasts.

MARCH 2 SCHEDULE:

6 pm: Welcome/Dinner

6:45: Mini-Session

7 pm: 1st Salutations Service

HOPE (K – 2nd)

Donna Markis:

dmarkis@boston.k12.ma.us

Stacy Katsikaris:

stacy.katsikaris@comcast.net

JOY (3rd – 6th)

Jill Kovatsis: ja.k@verizon.net

The Jellybean Prayer List: A Lenten Activity

Looking for an easy, fun and thought-provoking Lenten activity for your children—one to be experienced throughout the whole 40 days? The Jellybean Prayer List might be just the thing. This activity involves creating a special prayer list that connects jellybean colors to specific Lenten ideas and strivings. Each day of Lent, your children can "earn" a jellybean—or more!—based on their response to their prayer list. It's easy and inexpensive. A full explanation can be found on our "Reflections" blog. Visit today and give this creative approach to Lent a try: www.stdemetriusweston.org/blog.





ALTAR SERVICE: LENT IS HERE!

Our servers look forward to another wonderful Lenten season, culminating with the services and spiritual power of Holy Week. An early April training session/lunch is being planned. In the meantime, we wish all our boys, and their families, a truly blessed Lent!

ST. STEPHEN: March 11, 25

Captain: Lee Condakes, Vice Captain: Alex Camp

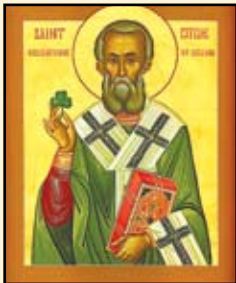
Anthony Chirban, Matt Gatzunis, Thomas Gatzunis, Nicholas Camp

ST. LAWRENCE: MARCH 4, 18

Captain: Jason Theoharis, Vice Captain: Alex Santangelo

Anthony Houhoulis, Walker Littlehale, Kosta Pappas

ST. PATRICK, THE ENLIGHTENER OF IRELAND Commemorated March 17



St. Patrick was kidnapped from his native Britain by Irish manufacturers when he was only 16 years old and kept as a slave. Though he was from a Christian family, it was not until his captivity that he seriously contemplated God with his whole heart. In his *Confessions*, he wrote: "After I came to Ireland, every day I had to tend sheep,

and many times a day I prayed—the love of God and His fear came to me more and more, and my faith was strengthened." After 6 long, perilous years of slavery, he escaped and traveled to Gaul where he became a monk. Many years later, his greatest spiritual test came: he was ordained a bishop and challenged to go back to Ireland—the place of his captivity—to convert and minister to the populace. With a spirit of forgiveness and hope, he fully embraced his task, and within 7 years, so many thousands had come to Christ that 3 more bishops were sent from Gaul to help him tend his growing flock. When he began his profound ministry, Ireland was a pagan country; by the time he fell asleep in the Lord some 30 years later, the Faith of Christ was established in every corner

Getting Practical: It may surprise some to learn that St. Patrick is recognized not only in the West but also the East as a saint of the Orthodox Church. In reality, we venerate saints from all over the world: Greece, Asia Minor, Egypt, Russia ... even America! Talk to your children about how the world of Orthodoxy is a very "big" one—how faith in Christ, and all that we hold so dear, transcends all boundaries and unites us in the loving embrace of our Lord.

Glendi



Soup Kitchen Volunteers



ON STEWARDSHIP: ARE WE BEARING FRUIT?

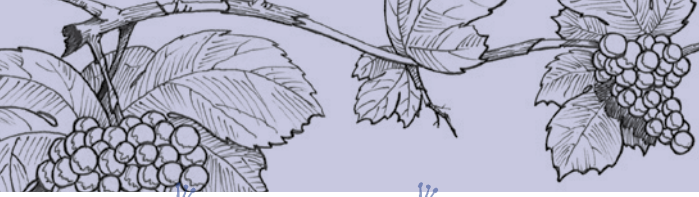
We all know the story of Jesus feeding the 5,000 in the wilderness — there was no food, except for 1 boy who had 5 loaves and 2 fish, not much when you consider the great crowd needing to be fed. But Jesus blessed the loaves, multiplied them and used them to feed 5000 men, women and children.

That boy did his best with what he had. And Jesus used his “fruits” to perform a beautiful miracle. Like this boy so long ago, who offered what he had, we are called to offer what we have — however great or small our gift. If we do this prayerfully and in humility, God will accept our gifts and multiply them in order to feed His people.

Family Night/Wing-A-Thon

“Wing-A-Thon” Thanks - \$800 Raised for Boston Rescue Mission!
Our GOYAns, their advisors and parents would like to thank our parish for supporting their 1st Annual Wing-A-Thon on Super Bowl Sunday. By all reports, the wings were terrific and flew off the shelves. Most importantly, our \$800 donation to The Boston Rescue Mission will make a tremendous impact on the lives of many.





CALENDAR

MARCH 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Choir Rehearsal, 7:30 pm	2 Family Night, 6 pm Salutations, 7 pm GOYA Lock-In	3 Saturday of Souls Orthros & Divine Liturgy, 9 am Parish Lenten Retreat
4 Sunday of Orthodoxy Youth Icon Procession Vespers, 5 pm	5 Basketball, 6 pm	6 Prayer Shawl Ministry, 1-3 pm Greek School, 4-6 pm Philoptochos General Assem- bly, 7 pm	7 PreSanctified Liturgy , 6 pm at St. Nicholas, Lexington	8 Choir Rehearsal, 7:30 pm	9 Salutations , 7 pm	10
11 Sunday of Gregory Palamas Brown Bag Blitz Greek Dancing	12 Basketball, 6 pm	13 EPOCH Out- reach, 10:30 am Greek School, 4-6 pm	14 PreSanctified Liturgy , 6 pm (GOYA readers) Parish Council meeting, 7:30 pm Philoptochos Board meeting, 7:30 pm	15 Choir Rehearsal, 7:30 pm	16 Salutations , 7 pm	17 St. Patrick Hellenic Nursing Home, 2-3:30 pm
18 Sunday of Holy Cross Greek Dancing	19 Basketball, 6 pm	20 Prayer Shawl Ministry, 1-3 pm Greek School, 4-6 pm	21 PreSanctified Liturgy , 6 pm at Taxiarchae, Watertown	22 Choir Rehearsal, 7:30 pm	23 Miracle Kitchen, 4-7 pm Salutations , 7 pm	24
25 Annunciation Greek Inde- pendence Day program Greek Dancing	26 Basketball, 6 pm	27 Greek School, 4-6 pm	28 PreSanctified Liturgy , 10 am Senior Guild Luncheon	29 Choir Rehearsal, 7:30 pm	30 Akathist Hymn , 7 pm Metropolis Women's Lenten Retreat	31 Metropolis Women's Lenten Retreat

STEWARDSHIP & PHILOPTOCHOS



PHILOPTOCHOS BOARD MEETING

March 14, 7:30 pm

PHILOPTOCHOS NEWS AND EVENTS:

Membership Drive. This is a reminder for current members to renew and submit their stewardship for the upcoming year—and a call for potential members, of all ages, to come forward and join this dedicated network of women. **This year we are offering a special incentive for current members able to recruit at least one person for Philoptochos.** Please see your weekly bulletin for details or contact Membership Chair Gina Spencer: gspencer@stdemetriosweston.org.

General Assembly: March 6, 7 pm. The General Assembly will include a presentation by Lisa Mancuso, a fellow parishioner and nurse of 29 years. The topic is *Heart Disease in Women*. We hope that the women of our St. Demetrios community can attend. All are welcome! Light refreshments will be served.



Palm Sunday Lamb Raffle & Bake Sale: April 8.

Lamb Raffle tickets will be mailed to parishioners, as well as available during Fellowship Hour. Tickets: \$2/1 or \$10/6. Contact Pam or Jenn Brody: 781.891.8269. Those

willing to offer baked goods for the Bake Sale should contact Jane Kourtis: 781.453.0759. All proceeds will benefit Philoptochos charities!

Looking Ahead: Scholarship Committee. This scholarship program gives our deserving young parishioners an opportunity to supplement their college and post-graduate costs. Please consider supporting the St. Demetrios Philoptochos Scholarship Fund. Donations can be sent directly to Philippa Condakes (28 Woodchester Drive, Weston, MA 02493). Contact her at 781.235.0759.



About Our March 6 Presenter, Lisa A. Mancuso, RN, BSN, PCCN, CCRN, LNC. Lisa has been a staff nurse for 29 years with experience in Cardiology, Nephrology, and Critical Care. We look forward to welcoming her and benefiting from her expertise!

STEWARDSHIP: A PROMISING 2012



For 2012, we are off to a good start with 227 pledges received, totaling \$242,122 and an additional 66 people who have contributed \$28,000 so far. Please, if you haven't yet submitted a pledge card and need one, please call or

stop by the office. **You can also download a pledge card here: www.stdemetriosweston.org/documents.**

The following table shows the distribution ranges of pledges in 2011:

RANGE \$	NO. OF STEWARDS	\$ PLEDGED
>\$10,000	2	\$35,000
\$5,000-9,999	6	\$40,600
\$2,500-4,999	13	\$38,000
\$1,500-2,499	24	\$44,510
\$1,000-1,499	69	\$79,986
\$600-999	72	\$52,160
\$300-599	110	\$45,585
\$0-300	86	\$15,255
TOTAL	382	\$ 351,096

***Note: there are an additional 163 families that did not make out a pledge card but contributed in 2011.

As you can see, the bulk of our stewardship income comes from families pledging \$1000 or more (68%). **Our budget gap last year would be erased if each family gave an extra \$10/month!**

Finally, we hope you will take advantage of our Stewardship donation page. **Just go to www.stdemetriosweston.org and click on "Online Donations" under "Stewardship."** Giving to our parish, especially during this holy time of year, couldn't be easier—or more important.

Dean Coclin
Stewardship Chairman



UPCOMING EVENTS AND ANNOUNCEMENTS

HOSTING FELLOWSHIP HOUR. We are grateful to all who have hosted so far this year. There are still some open Sundays in May and June. All supplies are provided. **See our sign-up poster in the hall, or contact Mary Ellen Paravalos (781.349.8077) or Julie Kavvas (781.762.1647).**



JOIN THE ST. DEMETRIOS CHOIR. Do you enjoy singing—why not join our choir? Rehearsals are Thursdays at 7:30 pm. We are now practicing hymns for Lent and Holy Week. Please contact Chris Tzellas (617.851.7297) or Athena Marken (781.718.5264; akmarken@comcast.net).

PRAYER SHAWL MINISTRY. Join us March 6 & 20, 1 – 3 pm, as we come together in our prayerful work and fellowship. All are welcome, and feel free to bring friends.

SENIOR GUILD RESUMES MARCH 28. Our meeting on the 28th will take place following PreSanctified Liturgy (service begins at 10 am), and we will be serving a Lenten meal. **During lunch, we will also be discussing the “Surprise” June 21 Trip.** Mark your calendars for this big event, and please wear a funny hat and dress in blue and white for March 28.

LENTEN RETREAT FOR WOMEN MARCH 30 – 31. The Metropolis of Boston Philoptochos is sponsoring this meaningful event. All women—mothers, sisters, aunts, daughters and friends—are warmly invited. The venue will be our lovely retreat center in Contoocook, NH. Suggested donation: \$50. To register or learn more, contact Philippa Condakes: 617.571.8539; pjcondakes@comcast.net.



75TH AT THE POPS BENEFIT. In honor of Holy Cross



George Gershwin

Seminary's 75th anniversary, a wonderful benefit concert is planned for Saturday, May 12. Join fellow supporters of our beloved school for a George Gershwin program at magnificent Symphony Hall in Boston. For reservations, contact Mrs. Arthur Dukakis: 508.545.2471; for program sponsorships, contact Mrs.

Dorothy Sophocles: dasoph@yahoo.com.

ADULT EDUCATION/ENRICHMENT

Parish Retreat March 3: “Strong In His Grace”

Our program, led by Fr. Maximos of Mt. Athos, will offer us good strength as we enter the Lenten season. It's still not too late to register! Contact Cindi Dabrowski (508.881.6598) or Fr. Alex (fralex@stdemetriosweston.org). The day begins at 9:30 am with Divine Liturgy and will finish by 3 pm. Light breakfast foods and a Lenten lunch will be offered. \$25 donation. Please make the time to join us—all welcome.



Our Presenter: Fr. Maximos is a monk at the Holy Monastery of Simonopetra on Mt. Athos (Greece). He is a well-known scholar and theologian. Before becoming a monk, he taught for many years at Holy Cross and Harvard Divinity School. Fr. Maximos is currently in residence at Holy Cross, where he has been invited to offer a number of courses. While teaching at Harvard, he served as the chanter

at our parish, and we are happy to welcome our dear friend back!

2012 GOLF TOURNAMENT



We are pleased to announce that the 2012 St. Demetrios Golf Tournament will be held at the Woodland Golf Club in Newton, one of the area's oldest and most prestigious private courses. **The date is Monday, May 21, 2012.**

This year's tournament is offered in memory of our beloved parishioner Peter James Condakes, who was a great supporter of all our previous tournaments.

Registration will begin at 10:30 am and the shotgun will start at 12:30 pm. In addition to golf, we are planning an exciting lunch and dinner—with some seating available for non-golfers at the dinner, where we will have both a silent and live auction. We are looking for sponsors as well as raffle and auction items if you would like to help out.

Please save the date, and tell your friends. We hope to sell-out this wonderful event for the benefit of our church ministries and programs. We will communicate more information in the coming weeks as we look for participants and sponsors.

Learn more and register online:
www.stdemetriosweston.org/golf.

MEDIA, WITNESS AND OUTREACH



SUPPORTING "TEAM KALIOPE" ON APRIL 1



For the 4th year in a row, Caroline Kyriakou is leading "Team Kaliope" for the Boston MS Walk. She asks for our loving support. To learn more visit her homepage: <http://main.nationalmssociety.org/goto/kaliope2012>. Thanks to all for your support!

GOIN' HUNGRY

"Hunger Strike" is a track released in 1991 by Temple of the Dog. It's steadily driving, almost hypnotizing, rhythm bolsters simple but profound lyrics:



*"I don't mind stealing bread
From the mouths of decadence
But I can't feed on the powerless
When my cup's already overfilled,
But it's on the table....
Blood is on the table
And the mouths are choking
But I'm growing hungry
But I'm goin' hungry...."*

A major part of our Lenten journey is concern for—and action on behalf of—those in need. If we take in these lyrics, think about what lies beneath, maybe there's something to be garnered. Images of decadence in contrast with the needy; power and manipulation in the face of conscience; plenty becoming "blood" and "choking" when the human condition is heartlessly ignored. The narrator, in the end, declares a hunger strike: "I'm goin' hungry." Decision, conviction, action on behalf of those in need....

Like to read more? Visit "Reflections" for more of "Goin' Hungry" and further blog entries: www.stdemetriusweston.org/blog.

ST. DEMETRIOS BOOKSTORE AND LIBRARY



This month, our bookstore has a host of Lenten offerings, focusing on everything from personal prayer to the meaning of our Sacraments. Our library also has much to offer, including *The Philokalia*, this month's featured book and a wonderful treasury of writings from the early Church Fathers. Take advantage of our bookstore and library this month!

RESOURCES FOR US ALL



Archdiocesan 2012 Lenten Guide:

<http://lent.goarch.org/>

Select Orthodox Life sessions:

www.youtube.com/user/StDemetriusWeston

Praxis Magazine Winter 2012/"Social Justice":

www.goarch.org/archdiocese/departments/religious/praxis

Journey Through Great Lent

Each week, our "Journey" handouts are available in the Narthex, highlighting the Sundays of Lent and various Lenten topics. This month, themes include the Sunday of Orthodoxy, Sunday of the Holy Cross and the meaning of the Salutations services.

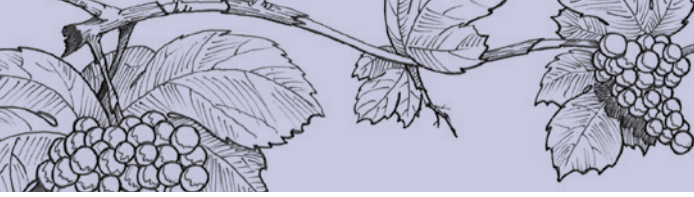
PHILANTHROPY and SOCIAL ACTION

BROWN BAG BLITZ MARCH 11: ST. BRIDGET'S SOUP KITCHEN



This Lent (March/April) we will turn our energy toward St. Bridget's Soup Kitchen, a ministry of Holy Resurrection Church in Allston. Since 1988, dedicated parishioners have been serving 50 – 60 guests each week—around 3,000 meals per year.

Please fill your bag (we've been asked to focus on canned protein products like beef stew and peanut butter) with any and all canned/non-perishable goods and return it to the drop-off bin in the coatroom. Please make Brown Bag Sunday part of your Lenten journey!



ANNOUNCEMENTS

ALTAR FLOWERS

Sunday, February 5

Martha Afentakis and Harold Chakiris, in remembering their parents, Peter and Eukratia.

Martha Afentakis, in loving memory of her husband, Angelo.

Arthur and Carol Loridas, in loving memory of their parents, Harry and Betty Rodes and Spyridon and Ekaterini Loridas.

February 12

The family of Stephen Souris.

February 26

The family of Maria Mandonas.



BAPTISMS

The daughter of George and Susan Mihailidis was baptized on Sunday, January 29, and named Stella Marie. The sponsor was Marina Mihailidis.

The son of Joe Begany and Elaine Theodore was baptized on Saturday, February 25, and named Rowan. The sponsor was Rebecca McCallum.

*May God bless them
with His divine grace!*

WEDDINGS

*Nicholas Mavro
and Jill Iacono were
united in marriage on Satur-
day, January 28th. The sponsor
was Maria Katsikaris.*



SAVE THE DATE!

Important St. Demetrios events:

March 25:

Annunciation/Greek Independence Day Program

March 30:

Akathist Hymn

April 7:

Lazarus Saturday Breakfast and Cross-Making

April 13:

Holy Friday Youth Retreat

April 15:

Easter Sunday/Agape Vespers

April 22:

Greek Independence Day Parade

FUNERALS

Fuad Abboud of Framingham, February 4.

May his memory be eternal!



ST. DEMETRIOS GREEK ORTHODOX CHURCH
57 BROWN STREET
WESTON, MA 02493

