

METROPOLIS OF BOSTON JOY BASKETBALL LEAGUE

PURPOSE: *To bring Orthodox Christian athletes closer to Christ by providing a mature, safe, moral and sportsmanlike environment in which a healthy level of athletic competition can be enjoyed.*

RULES & REGULATIONS

- 1) Executive Committee shall rule on all rights and claims pertaining to player eligibility and playing rules...
 - a. Players must be Orthodox Christians.
 - b. All players must be present and dressed for 60% of regular season games in order to be eligible for playoffs.
 - c. A player that turns 14 years of age before September 1st is no longer eligible.
 - d. Each team must submit a roster of eligible players, signed by the parish priest, signifying his approval of all names on the roster. The roster must also be stamped with the church seal.
 - e. The roster is to include the name, address, telephone number, age and birth date of players.
 - f. Roster unlimited as to number of ball players.
 - g. Only eligible players can dress for each individual game.
 - h. To be eligible, a player must be on his/her team's roster. If a player is not on the official roster he/she may not participate.
 - i. To be eligible to play in a game, a player should attend Church, Sunday School, and Divine Liturgy the Sunday before their respective game.
 - j. 20-minute halves, the last 30 seconds of the first half will be stop time and the last two minutes of the second half.
 - 7 team fouls before one and one
 - 6 personal fouls before disqualifications
 - 10 team fouls shooting two
 - k. Full court press is only allowed in the last 2 minutes of the second half of the game. Teams are allowed to press once the offensive team has successfully passed the half court line.
 - l. If an injury occurs, the player must obtain a medical note from his/her doctor and submit it to the Director of the League.
 - m. All eligible players must participate and receive playing time during game situations.
- 2) **It is the player's responsibility** to know and understand the rules and regulations governing this M.Y. B. L.
- 3) **UNIFORMS:** No player will be allowed on court without a numbered jersey (same basic design and color). The switching of jerseys will not be allowed. No cutoff jerseys are allowed.

- 4) **EJECTIONS:** Any player ejected from a game might potentially be disqualified from all further competition in M.Y. B.L.
- 5) **NO PLAYER ON ANY TEAM IS ALLOWED TO SWITCH TEAMS:** A team that uses such a player will incur a forfeit and said player will be given an indefinite suspension from M.Y. B. L.
- 6) Starting time for a game will be posted on the schedule. However, each team will be given five minutes beyond this time to place five roster members on the court before game time begins. After official game time has begun, one point will be added per minute to the opposing team until the end of the first half. Once the first half is over, said team will incur a forfeit.
- 7) Coaches shall be responsible for seeing that each player has been recorded in the scorebook prior to reporting to the official scorer for play. A technical foul will be called against any player who reports to the scorer for play without having been recorded present.
- 8) Officials shall act with full authority of M.Y. B. L. Any overt act (physical, verbal, etc.) against the person or property of an official or scorer-timer shall be considered an overt act against M.Y.B. L. Penalty for overt acts shall be prescribed by Commissioner. **Any team failing to attempt to restrain an abusive player will also be subject to penalty.**
- 9) Protests will NOT be considered on judgment call by a referee.
- 10) Any player(s) caught drinking, or in the official's judgment acting under the influence of alcohol or drugs, before, during, or after a game will be ejected from current and all future M.Y.B.L. games.
- 11) The Metropolis of Boston, Hellenic College or any of the Metropolis of Boston Parishes where all league organized activity (basketball games or practices) are being held assume no financial responsibility for Doctor or Hospital bills in connection with accident to players.
- 12) A prayer will be given before every game.
- 13) At the end of the game both teams should shake hands.
- 14) 16) In the case of a forfeit; the team must contact the league 48 hours prior to the game time in order to provide appropriate time to notify the opposing team.
- 15) In the case of **Severe Weather Conditions**, the coach of the team which is unable to attend must notify the Youth Director immediately (Sunday morning before Church so that the other team's coach can have enough time to notify his/her players.) If games are cancelled because of weather conditions then the

Youth Director will send out an email to all of the coaches, a text to all of the coaches, and a phone call if necessary. Coaches should reply back to the email or text so as to let the Youth Director know that he/she has received the message. If a coach is unsure of a cancellation then he/she should call the Youth Director at Eleni Kalioras at 603-344-4449.

16) **Abusive behavior** by members of the crowd, parents(s), fan(s), player(s), coach(es), or anyone from a given parish or parishes must be reported **IN WRITING** to the Athletics Director immediately following the incident. Complaints submitted in writing will be sufficient cause for review by the Athletics Director and the Council of Coaches, resulting in possible forfeiture of game(s) and/or suspension of the Parish from the League and/or other sanctions to individuals that are disruptive to the program.