

## **Motivating People to Action**

This program gives participants an understanding of how motivation works, and how to build motivation into your work environment.

### **Program Content:**

#### **Introduction**

- Session Objectives
- Your Objectives

#### **Working Together**

- Understanding and Working with People

#### **Motivating Others**

- You Are a Role Model
- Acquiring the State of Mind to Help Others Stay Motivated
- The Positive Work Environment Inventory
- Advantages to Having a Motivated Workforce

#### **Motivating Yourself**

- Analyzing What Motivates You
- Living Up to Your Potential
- Setting Life Priorities

#### **Successful Motivation**

- Motivation and Recognition
- Where Motivation Begins

#### **Motivational Traps**

#### **Keeping Motivated**

- How to Keep Motivated
- What's Attitude Got to Do with It?
- Maintaining a Positive Attitude
- Setting Goals for the Future