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## Critical Thinking

Typically, when presented with any form of information, we think about it in a very subjective way, and often not for any prolonged and/or conscious period of time. This program will help participants to recognize the essential components of critical thinking, and apply critical thinking skills to relevant information, decisions, and problems.

### Program Content:

#### Introduction

- Objectives

#### What is Critical Thinking

- Definition
- Critical Thinking in Your Role

#### Analyzing the Quality of Information

#### Critical Thinking – Core Components

#### Critical Thinking

- Interpretation
- Inference
- Analysis
- Evaluation

#### Explaining Your Reasoning to Others

- Explanation
- Know Who You Are Talking To
- Sending the Right Message

#### Applying Critical Thinking

- The Psychology of Persuasion

#### Continuous Improvement

- Self-Regulation

#### Critical Thinking Traps

- Information Overload
- Human Limitations
- Manipulated Information

#### Guiding Principles: A State of Mind

#### Practice

#### Learning Journal