

**Milwaukee Kickers Soccer Club
U13 & U14 League Rules**

LAW 1: THE FIELD

1. **Dimensions:** Each field of play should be rectangular, with a length of approximately 90-110 yards and a width of approximately 55-70yards.
2. **Field Markings:** The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of eight (8) yards is marked around it.
3. **Goals:** Goal size shall be 8 feet high by 24 feet wide
4. **Goal Area:** A goal area is marked on each end of the field as: Two lines drawn at right angles to the goal line six (6) yards from each goalpost for a distance of six (6) yards and joined by a line drawn parallel with the goal line.
5. **Penalty Area:** A penalty area is marked on each end of the field as: Two lines drawn at right angles to the goal line eighteen (18) yards from each goal post for a distance of eighteen (18) yards and joined by a line drawn parallel with the goal line. Within each penalty area a penalty mark is made twelve (12) yards from the midpoint of the goal line. An arc of a circle with a radius of ten (10) yards from the penalty mark is drawn outside the penalty area.

LAW 2: THE BALL

A size 5 soccer ball shall be used for all games.

LAW 3: NUMBER OF PLAYERS

1. Maximum number of players on the field is 11 (one which is a goalkeeper).
2. Minimum number of players on the field is 7.
3. Maximum number of players on the roster is 18.
4. **Playing Time:** Every player shall play a minimum of 50% of each game if they have participated and cooperated in practice.
(Recreational Teams Only)
5. **Substitutions:** May be made prior to a throw-in in favor of your team, prior to a goal kick by either team, following a goal by either team, following an injury to a player from either team or at half time. Substitutions may also be made for your team on the opposing team's throw-in if the opposing team also has a player at the half-way line.

LAW 4: PLAYERS EQUIPMENT

1. Players uniform consists of:
 - Shirt
 - Shorts
 - Socks
 - Shin guards completely covered by the socks and provide adequate protection.
 - Shoes – Tennis shoes or soccer shoes with cleats.
2. Jewelry is not permitted. Exception: Medical alert jewelry can normally be made safe by taping it to the body with medical tape (with the necessary information still showing).
3. **No casts are allowed**

LAW 5: REFEREE

U13-14 Games shall be officiated by USSF referees (assigned by the region). It is the home regions responsibility to hire and pay the official.

LAW 6: ASSISTANT REFERES

1. Assistant Referees (USSF Referees) may be assigned by the region for U13-14 Recreational Games. If Assistant Referees are not assigned, use parent volunteers on the sidelines to identify balls that have gone out of bounds.
2. USSF Referees acting as Assistant Referees shall be assigned by the region for all U13-14 Select Games.

LAW 7: DURATION OF THE GAME:

1. The game shall be divided into two equal periods of 35 minutes.
2. There shall be a (5) minute half-time break.

LAW 8: THE START OF PLAY

1. The referee will conduct a coin toss before the game. The visiting team calls the coin toss.
2. The winner of the coin toss chooses which goal to attack. The other team kicks off. The winner of the coin toss will kick off the second half of the match.
3. Teams switch ends of the field for the second half of the game.
4. Opponents must be ten (10) yards away from the ball while the kick off is in progress. Teams must be in their own half of the field prior to the kick off. The ball must move forward and the initial kicker may not play the ball a second time until it touches another player.

LAW 9: BALL IN AND OUT OF PLAY

The ball is in play until it entirely crosses the touchline or goal line or until the referee stops play by blowing the whistle.

LAW 10: METHOD OF SCORING

The ball must cross the goal line entirely while on the ground or in the air between the goal posts and under the cross bar.

LAW 11: OFF SIDE

Off-side rule does apply and conforms to USSF/FIFA.

LAW 12: FOULS AND MISCONDUCT

A direct free kick is awarded to the opposing team if a player commits any of the following:

1. Kicks or attempts to kick an opponent
2. Trips or attempts to trip an opponent
3. Jumps at an opponent
4. Charges an opponent
5. Strikes or attempts to strike an opponent
6. Pushes an opponent
7. Holds an opponent
8. Handles the ball deliberately (except for the goalkeeper within their own penalty area)
9. Spits at an opponent
10. Contacts the opponent before the ball when tackling.

An indirect free kick is awarded to the opposing team if:

1. Opponent plays in a dangerous manner
2. Opponent impedes the progress of an opponent.
3. Opponent prevents the goalkeeper from releasing the ball from their hands
4. Goalkeeper takes more than six seconds while controlling the ball with their hands before releasing it.
5. Goalkeeper touches the ball again with their hands after it has been released and has not touched another player.
6. Goalkeeper touches the ball with their hands after it has been intentionally kicked to them by a teammate.
7. Goalkeeper touches the ball with their hands after they have received it directly by a throw-in taken by a teammate.
8. Opponent commits any offense for which play is stopped to caution or dismiss a player.

LAW 13: FREE KICKS

The referee may award two basic kicks:

1. Direct free kick (a goal can be scored directly)
2. Indirect free kick (must touch another player before a goal can be scored).

The kicker may not kick/play the ball a second time until it is touched by another player. Opponents must be at least ten (10) yards away on all free kicks until the ball is put in play.

LAW 14: PENALTY KICKS:

Conform to USSF/FIFA

LAW 15: THROW-IN:

1. Throw-in restarts the game after the ball entirely crosses the touchline.
2. The team which did not touch the ball last takes the throw-in.

LAW 16: GOAL KICKS

1. A goal kick restarts play after the ball entirely crosses the goal line (and is not a goal) and is last touched by the attacking team.
2. The goal kick may be taken from any point within the goal area.
3. Opponents must remain outside the penalty and may not play the ball until it completely leaves the penalty area.
4. The ball is in play when it is kicked directly beyond the penalty area.

LAW 17: CORNER KICKS:

1. A corner kick restarts the game after the ball entirely crosses the goal line (and not a goal) having been last touched by the defensive team.
2. Opponents must remain at least ten (10) yards from the ball until it is in play.