

Apex Athletics

All Star Prep Teams

Why do All Star Prep at Apex:

*Have a competitive team experience with less time and financial commitment than a full year team

*Meet friends and be part of the Apex Family

*Improve your tumbling, stunting and jump skills

*Great for all level athlete ages 6 and 18.

We are excited to embark on another year of All Star Prep Cheerleading. This program has been so helpful introducing new kids to the sport! All Star Prep Cheerleading is a great way to get involved with all star cheerleading with less time and financial commitment from full year all star cheerleading. This is great for all skill levels and ages 6 and up!

Our prep teams are able to practice 90 minutes per week, plus enroll in a tumbling class at Apex. At these practices they will perfect a 2 minute routine that will consist of stunts, jumps, tumbling, dance and more! They will then get an opportunity to compete against other teams in their division at competitions!

Youth (ages 6-11) practice 90 minutes per week, plus attend a tumbling class of their choice.

Team practices will start August 8th and go thru March 31st. The team practice time is Tuesday from 6:15-7:45pm.

Please do not hesitate to contact us with any questions!

Costs Associated with All Star Prep

- Monthly Tuition - \$180
- Monthly Tuition is August to March--Due by 5th of the month
- Annual Registration Fee - \$50
- Uniform - \$165 (plus tax)
- Practice Shirt- \$20 (plus tax)
- Cheer Shoes (solid white) – can purchase thru us (\$110 plus tax)
- Optional Apparel is available but not required

**Tuition includes: practice fees, competition fees, USASF fee, Choreography and music fees, and incentives for the athletes

Schedule for 2017-2018 Season

Choreography—At Gym	TBA
Apex Showcase—Des Moines	TBA
UCA Hawkeye—Des Moines	12/2
American Heartland—Omaha NE	2/10
American Best—Des Moines	3/24
Purple Carpet Bash—DSM	April