



DAYTIME PLAYTIME

@APEX Athletics EVERY Wednesday and Friday 9:00am-12:00pm

Drop 'em off or stay and Play!

All ages welcome!



**Come learn and play
On the mats,
Trampoline, unique
Obstacle courses,
Games and more!**

**\$5 a family-
Cash Only!**

Waiver must be signed

Check website for closures for
weather or holidays

www.apexathletics.net

Phone: (515) 322-0677

3800 Merle Hay road,

Des Moines IA 50310

Email: info@apexathletics.net