

**Improving Mental Health and Wellbeing of
People with Intellectual Disability: A Research to
Action Day for Professionals and Carers**

Program outline

Time	Topic
9:00	Registration
9:30	Research to Action Day commences
9:50	Official launch by the Hon. Tanya Davies, MP
10:00	Resource specific presentations
12:00	Lunch
13:00	Workshop 1: Health care journey experience map
14:45	Afternoon tea
15:15	Workshop 2: Implementing resources to improve health care journey
15:45	Improving mental health wellbeing through lived experience and advocacy
16:15	Close