Peace4Tarpon began with City Government
There is no “trauma-free-zone” in the world
The many costs of trauma and violence.
• Individual
• Family
• Community
• State / Nation
• World
Broaden Our Language of what Trauma is

• Living through Katrina = Same trauma effect as experiencing sexual abuse.
• Thinking Up-Stream – Include housing and food security
• The Health Approach “Stuck Problems”
• Re-Understand our problems – Go to new models
Add Climate Change to the Equation...

• Sea Level Rise
• Extreme Weather Events
• Competition for Limited Food and Water
Trauma of “Things Out of Our Control”
Recent GSA Report Links Climate Change to Sinkholes
The Quest to Create a Resilient Community!
Alliances with Community Members, Service Providers and Agencies

- Police Department and Fire Rescue
- Education: Early Learning – College
- Mental Health Providers
- Faith Based
- Social Service Agencies
- Housing Authority
- Library
- Therapists
- Community Residents

It’s all about building relationships!
Building Teams

• C.O.A.T. (Community Outreach Action Team)
  P4T semester course study for graduate students in UF School of Public Health
• Training
• Education
• Marketing / Outreach
Evolution of the Marketing and Outreach Committee

Our first effort – building community awareness.
Time and talent of community members powers the P4T Marketing Committee.
Community Partner Sarah Edwards’ inspiration

“30 Days of Resilience” Facebook Campaign

The earth has music for those who listen.
- George Santayana

"You can’t stay mad at someone who makes you laugh."
Jay Leno @peace4tarpon

There’s a sunrise and a sunset every single day, and they’re absolutely free. Don’t miss so many of them.
- Jo Walton
A symbol of resiliency – the red mangrove.

Created by community partner and artist Kris Gregg.
The stance is, “Who else can we reach and include?”

Rather than:

“We can’t. It’s too big. It’s too broad. We can’t get anything done.”

Cathy Cave
What does resiliency look like?

- Basic needs are met
- Loving relationships
- Strong social connections
- Social / Emotional skills
- Ability to manage emotions
- Positive view of self
- Adaptability / Flexibility
- Confidence in one’s abilities
- Established self care tools
- Ability to bounce-back
- Trauma resolution

Resilient: (adjective) able to withstand or recover quickly from difficult conditions
The secret to resiliency?
It's a matter of opening yourself up to new possibilities.

Andrew Dane, AICP
Planner & Sustainability Specialist
I have not failed, I've just found 10,000 ways that won't work.

~ Thomas Alva Edison
“Creative thinking is inclusive thinking. You consider the least obvious as well as the most likely approaches, and you look for different ways to look at the problem. It is the willingness to explore all approaches that is important, even after one has found a promising one.”

Michael Michalko
Creativity

• “Creativity is just connecting things. When you ask creative people how they did something they feel a little guilty because they didn’t really do it, they just saw something.” Steve Jobs
An obvious solution can take a long time.....
Every big change doesn’t happen in a straight line. It zigs, it zags; it has forward steps and backward steps during its formation...

Assessment and reassessment.
We are all in this together.
(The illusion of separation)

“If you have come here to help me, then you are wasting your time. But if you have come because your liberation is bound up with mine, then let us work together.”

- Lila Watson