



## Action Planning

What **existing strengths and capabilities** can you, your program, and/or organization **capitalize on** to enhance your ability to **build individual and/or collective capacity** for Transformational Resilience?



Imagine it's 3 years from now and you, your program, and/or organization are actively and successfully building individual and collective Transformational Resilience:

- What in the ideal would you be doing?
- What is different—what has changed from today?
- What's made your efforts vibrant and successful?
- How have you contributed?



What would be the **closest approximation to the ideal** that you, your program, &/or organization can achieve in the **near term—1 week to 3 months—** to move **toward your ideal vision?**

Consider questions such as:

- What **existing work or programs** can be **expanded?**
- What **new programs** can be **launched?**
- What **people or groups** can be **engaged** or **partnered with?**
- What things you would **stop doing?**



What **specific commitments** are you willing to make **now** to begin to **achieve the closest approximation to the idea** to build individual and/or collective Transformational Resilience.

1.

2.

3.


4.

5.



## **Please Join the PNW Transformational Resilience Network** (on ACEs Connection Network Platform)

- Describe your program/efforts
- Ask questions
- Dialogue about key issues
- Problem solve
- Share successes
- Share resources
- Host education and training sessions
- Much more

An aerial photograph of a mountain range with a river valley. The mountains are covered in green vegetation, and the river valley is a mix of brown and green. The sky is blue with some white clouds.

**Let's make the PNW the  
First Trauma-Informed Resilience  
Enhancing Region in the U.S.  
for Climate Traumas!**