David Dooley: I'd like to share a free aces prevention resource...bumper stickers! Advancing Parenting, a Camarillo nonprofit, produces parenting tips bumper stickers and makes them available at no cost to organizations. There are fifty-one in a set and each sticker communicates a parenting behavior or practice generally recognized as supporting the healthy development of children. Just one will be read thousands of times!

Bumper stickers are a unique and powerful way to educate everyone about parenting and prevent child abuse five, ten, twenty years down the road. At stoplights drivers and passengers point, smile, and nod. Conversations begin and often a phone is used to take a photo of the sticker right at the stoplight. Presumably, they are being shared on social media. It's wonderful to see!

The stickers can be put in holders and placed on counters and tables so folks can select one for their cars. Visit www.advancingparenting.org to request this free resource.

Kisha Lendore (she/her): Good Day and Welcome Back! Please use this link to sign in https://forms.gle/m4THBeHMGZbxyLt98 Here is the link to today’s slide deck https://www.dropbox.com/sh/cfxikp0lx1wxnv5/AACdWzi_Yu0ps5syfiwrfF-wa?dl=0

Tim Neubauer: I am getting some buffering in the audio-is anyone else experiencing this or is it my internet?

Kristina Spaude: I'm getting it, too

Angela Glore: I'm getting it sporadically.

Rebecca MacKenzie: Not getting an audio distortion.

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Kisha Lendore (she/her): • WHO ARE YOU?
• WHAT ARE YOU FEELING RIGHT NOW?
• WHAT ARE YOU GRATEFUL FOR?
• WHAT IS YOUR GOAL?
• WHO CAN YOU ASK FOR HELP IN THIS CIRCLE TODAY?

Holly Gumz: Sorry to my group I didn’t mean to leave early!

Srividya Kalyanaraman: Jessica, thank you for a wonderful breakout. Feeling empowered with you!

Angela Glore: Wendy and Meera, I'm so sorry -- I was trying to shift that message screen out of the way and was lifted back to the group.

Jessica Bee: Thank you Sri! You enrich my experience here deeply.
Bob Doppelt: Please post how your experience in your breakout group went—were you able to answer the questions? If so, what was it like for you?

Danielle Humphreys: Yes, the unlearning can be tough, especially when trying to change an unhealthy organizational culture (from past experience!)

Kristina Spaude: Yes, we were all able to answer all the questions, which was a pleasant surprise for some of us. :) It was helpful for feeling connected and had us wanting more!

Linda Kruger: Great for making connections and identifying someone to call on to give and receive help.

CHRISTINE BRUGLER: It was a great learning experience to LISTEN and SHARE - the feeling of trust afterwards very much felt.

Danielle Humphreys: My group with Midge and Xavier was lovely! We answered all the questions and it did help us make connections with one another, knowing we can reach out for support!

Bob Lieberman: In our group of two we got through the questions in five minutes and then got to know each other a little better. Anna, great meeting you!

Peter Chien: really warm breakout to share with Alyssa and Cintha. So much variety in backgrounds, geographies. We learned all the way through the last question yet didn't really have time to ask for help.

Jul bystrova: no sound

Angela Glore: I'm still getting sound, Jul. Maybe on your end?

Jessica Bee: For minority inclusion in groups I have been studying this document with colleagues

Tim Neubauer: This is great stuff for working with groups! Thanks Sandra!

Srividya Kalyanaraman: Especially in the group polarisation context, it comes down often to where power is concentrated [rather than who holds most power]. There may be great power amongst the marginalised, but systems can be purposely set up to make that power more diffuse.

Jessica Bee: ^agreed Sri

Kathryn DeFilippo: thanks for sharing Jessica!

Danielle Humphreys: ^Yes

CHRISTINE BRUGLER: Thanks for sharing everyone!

Danielle Humphreys: Thanks for sharing, Jessica, that looks like a great tool that would be helpful for organizations

Jessica Bee: You bet Danielle!

Srividya Kalyanaraman: Jessica that looks like a wonderful and healing resource. Thank you!

Jessica Bee: You are welcome, Sri! Glad to have it to offer.

Srividya Kalyanaraman: Sandra, I find those words--"simple enough language"--can be somewhat othering. I know what you are trying to convey, and I also know it can be disempowering to those who need a different [rather than simple] language to have full and safe communication.

Srividya Kalyanaraman: I'm wondering how the "Moral" facet of the wellness plabln sits with folx here. I found myself
wincing at that word a bit, since morality has often been a vital tool in the toolbox of oppression. Acts or people or behaviours or media considered "amoral" have been policed. I'm wondering if something like "value-aligned" would resonate more?

02:02:31 Lisa Moulds she/they: I like "value-aligned"

02:02:45 Kristina Spaude: Value-aligned would definitely be better and more accurate

02:03:12 Cintha Archer: When I see the word morals I think in terms of personal values anyway

02:06:16 jul bystrova: I love the question on the word moral and I LOVE Sandra’s response to the question. We need to not shy from triggering words but instead reclaim them

02:07:08 Mona Delavan: Concept of moral injury has given new meaning in this area.

02:07:52 Kisha Lendore (she/her): Please take a few moments to complete a brief evaluation https://docs.google.com/forms/d/e/1FAIpQLSedT0NmKUUaeQ1n1AS-vD17Q1Y4ssWWjuLQ2BPuqGlosmV2Qw/viewform

Thank you for attending today and we look forward to seeing you next Tuesday. Please use this link to sign out https://forms.gle/m4THBeHMGZbxyLt98

02:09:01 Linda Kruger: This has been an amazing session. Thank you so much Dr. Bloom. Very clarifying information and useful tools.

02:11:42 Angela Glore: I think exploring people's desire to build group relationships AND achieve goals. That's an inherent polarity in many groups and you can have a conversation about what happens if you ignore one over the other, and the benefits of doing both at the same time.

02:12:51 jul bystrova: i recognize and honor Sandra’s upset with this subject of the health system. I feel more of us NEED to get upset and channel it to change it

02:13:14 Kisha Lendore (she/her): Please take a few moments to complete a brief evaluation https://docs.google.com/forms/d/e/1FAIpQLSedT0NmKUUaeQ1n1AS-vD17Q1Y4ssWWjuLQ2BPuqGlosmV2Qw/viewform

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02:13:18 Jessica Bee: This makes me think of my definition of kindness vs niceness. Kindness to me is honoring the group/other persons needs/wants in a shared space with our own individual needs/wants.

02:13:41 Angela Glore: Thank you so much, Dr. Bloom. I so appreciate your thoughts this morning.

02:13:42 Bob Lieberman: Sandy, and Bob, thanks so much!! A great session!!

02:13:49 Jessica Bee: Thank you Sandy and everyone!

02:13:50 Srividya Kalyanaraman: Thank you, Sandy, for this interesting presentation on biocracy. Gave me a lot to think about!