In this book Hans Steiner’s long-lasting experiences as outstanding academic teacher, clinician and researcher meet his great talent in creative writing to produce an unique book that I have read with continuously growing enthusiasm. It is written in a style that you would love to go on with reading even if you don’t have the time to do it. I am very sure that this excellent book will help enormously to attract students and young colleagues to psychiatry and to the fascinating territory of our unconscious inner world.

I highly recommend this extraordinary book to students, psychiatrists, psychologists and other mental health professionals and to everybody else who wants to know more about the way our secret mind works.

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